

*Last Updated
February 2012.*

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|  <p>CHILD AND FAMILY GUIDANCE CENTER</p> | <p>CRS COMMUNITY RESOURCE SERVICES 9836 WHITE OAK AVENUE, SUITE 201 NORTHRIDGE, CA 91325 PHONE (818) 739-5182 FAX (818) 739-5522</p> |
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**INFORMATION & REFERRAL
DIRECTORY
2012**



**Supporting
Children**

**Strengthening
Families**

**Empowering
Communities**

**Changing
Lives**

www.childguidance.org

The **Child and Family Guidance Center** is a LA County Department of Mental Health (DMH) contractor that provides Specialized Prevention and Early Intervention (PEI) services to children, transition age youth, and adults utilizing evidence based treatment interventions (EBPs) that are consistent with LAC/DMH Mental Health services Act (MHSA).

The Center also provides families with access to a comprehensive continuum of services depending on the needs of the family ranging from once a week, time limited mental services (PEI) to intensive in-home services that are delivered several times a week with 24-7 availability for crises.

The **Community Resource Services** is a division dedicated to improving the quality of life for special needs children and their families by helping them to locate, access and effectively use essential community health and social services

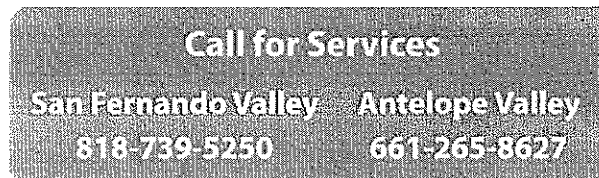


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Medical Emergency

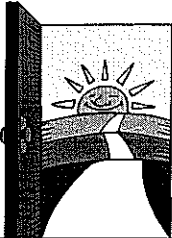
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| <p>Olive View-UCLA Medical Center – Hospital - 14445 Olive View Drive Sylmar, CA 91342 (818) 364-1555 Main number (818) 364-4340 Psychiatric (818) 364-4324 Medical Emergencies (818) 364-4324 Nurse’s Station (818) 364-4206 Fax www.uclasfp.org Provides comprehensive range of services, including: inpatient, outpatient, and surgical, 24-hour emergency medical, pediatric and psychiatric. Accepts Medi-Cal, Medicare, and fees are based on ability to pay Serves San Fernando and Santa Clarita Valleys.</p> | <p>Olive View-UCLA Medical Center – Clinic - Room 2B101 This is a medical walk-in clinic open to the public from Monday – Friday from 8:00am - 9:00pm, and Saturday from 8:00am - 4:30pm. It is available to urgent care patients or others seeking medical care. It has programs that can provide coverage for uninsured adults and children. You can show up as early as 6:00am in order to register and be aware that the wait time may be long. Patients will be seen by a doctor and can be provided necessary tests as well as medications if needed. If someone requires follow-up visits they will be assigned a primary care physician and will be able to continue receiving care.</p> |
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Psychiatric Crisis Evaluation for Children, Adolescents, and Adults

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| <p>Valley Coordinated Children’s Services (VCCS) Victory-Tampa Medical Square 19231 Victory Boulevard, Suite #110 Reseda, CA 91335 (818) 708-4500 (8:00 am to 5:00 pm) www.valleyccc.org This is a County Department of Mental Health facility that is responsible for crisis intervention for any youth in the San Fernando Valley that is experiencing an acute psychiatric emergency and needs to be assessed for possible hospitalization They provide telephone triage and phone crisis intervention To refer a child, contact the on-duty staff to review the case history and establish a crisis plan.</p> | <p>Psychiatric Mobile Response Teams (PMRT) (818) 832-24 10 (8:00 a.m. to 5:00 p.m.) (800) 854-7771 (after 5:00 p.m.) Access Line http://losangeles.networkofcare.org County Department of Mental Health can be contacted to discuss a psychiatric emergency for an adult or child that requires an assessment in the community When an adult or child needs an emergency psychiatric assessment but is unable to go to a crisis center, a psychiatric emergency team can be sent into the community if the individual is a threat to themselves or to others, or gravely disabled. These teams are also available when the local mental health centers are closed</p> |
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Psychiatric Hospitals For Children and Adolescents

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| <p>Northridge Hospital 18300 Roscoe Boulevard Northridge, CA 91328 (818) 885-8500 Main # (818) 885-5484 Intake Mental Health www.northridgehospital.org Accepts ages 13-17 only Does not accept Medi-Cal. Must have private insurance.</p> | <p>UCLA Neuropsychiatric Hospital 300 Medical Plaza Los Angeles, CA 90095 (310) 825-9989 www.mpi.ucla.edu Accepts ages 3-18. Accepts Medi-Cal</p> |
| <p>Kedren Community Mental Health Acute Psychiatric Hospital 4211 South Avalon Boulevard Los Angeles, CA 90011 (323) 233-0425 www.kedrenmentalhealth.com Accepts ages 5-12 only. No adolescents. Accepts Medi-Cal.</p> | <p>Las Encinas Hospital 2900 East Del Mar Boulevard Pasadena, CA 91107 (626) 795-9901 www.lasencinashospital.com Accepts ages 8-18. Accepts Medi-Cal</p> |

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| <p>Gateways Hospital and Mental Health Center 1891 Effie Street Los Angeles, CA 90026 (323) 644-2000 www.gatewavshospital.org Accepts ages 13-17 ½. Accepts Medi-Cal.</p> | <p>BHC Alhambra Hospital 4619 North Rosemead Boulevard Rosemead, CA 91770 (626) 286-1191 www.bhcalhambra.com Accepts ages 4-18. Accepts Medi-Cal.</p> |
| <p>Los Angeles County USC Medical Center 1200 North State Street Los Angeles, CA 90033 (323) 226-5581 www.lacusc.org Accepts ages 3-18 Accepts Medi-Cal Ages 14 and under: (323) 226-3601 Ages 15 and up: (323) 226-6707.</p> |  |

Adult Mental Health Centers (Psychiatric Evaluation)

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| <p>Los Angeles County Department of Mental Health (Child/Adult) Access Line (800) 854-7771</p> | <p>San Fernando Mental Health Center 10605 Balboa Boulevard, Suite #100 Granada Hills, CA 91344 (818) 832-2400 www.dmhlacounty.org Serves Sylmar, San Fernando, Mission Hills, Granada Hills, Panorama City, Sepulveda, and North Hills</p> |
| <p>Center For Family Living 14545 Sherman Circle Van Nuys, CA 91405 (818) 901-4854 www.sfvcmhc.org Serves Encino, Sherman Oaks, and Van Nuys.</p> | <p>Santa Clarita Mental Health Center 25050 Peachland Avenue, Suite H203 Newhall, CA 91321 (661) 222-2800 Serves Santa Clarita, Newhall, Valencia, Saugus, Val Verde, Canyon Country, Castaic, Agua Dulce, Sulpher Springs, and Bouquet Canyon.</p> |
| <p>Hillview Mental Health 12450 Van Nuys Blvd. Suite 200 Pacoima, CA 91331 (818) 896-1161 www.lahsa.org Serves Arleta, Pacoima, Lakeview Terrace, Sunland, Sun Valley and Tujunga, Kagel Canyon.</p> | <p>Verdugo Mental Health Center 1540 East Colorado Street Glendale, CA 91205 (818) 244-7257 www.vmh.org Serves Burbank (East of Buena Vista Street), Glendale, La Crescenta and La Canada/Flintridge, Montrose, Eaglerock (90041 only), Verdugo City.</p> |
| <p>MacDonald Carey East Valley Mental Health Center 11631 Victory Boulevard, Suite #203 North Hollywood, CA 91606 (818) 908-3855 www.sfvcmhc.org Serves North Hollywood, Studio City and Burbank (91505 area only-West of Buena Vista), Toluca Lake, and Universal City.</p> | <p>West Valley Mental Health Center 7621 Canoga Avenue Canoga Park, CA 91304 (818) 598-6900 www.valleyccc.org Serves Westlake Village, West Hills, Chatsworth, Porter Ranch, Canoga Park, Northridge, Winnetka, Woodland Hills, Tarzana, Calabasas, Reseda, Hidden Hills and Agoura.</p> |

Reporting Child or Elder Abuse

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| <p>Department of Children and Family Services (DCFS) Child Abuse Hotline (800) 540-4000 San Fernando Office 20151 Nordhoff Street Chatsworth, CA 91311 (818) 717-4000 A 24-hour hotline for reporting suspected child abuse or neglect or to consult with a DCFS staff member about a possible report.</p> | <p>Adult Protective Services Elder Abuse Hotline (800) 992-1660 or (877) 477-3646 This is a 24-hour hotline for reporting abuse of an elder adult (age 65 or older) or a dependent adult (a physically or mentally impaired 18-64 year old)</p> |
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Police Departments

For non-emergency police response call 1(877) 275-5273 or 1(877)-ASK-LAPD

For terrorist threats call 1(877) 284-7328 / (877)-A-THREAT

Spanish Line (213) 928-8222

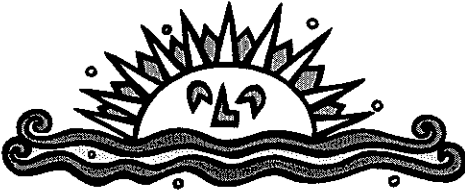
www.lapdonline.org

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| <p>Los Angeles Police Department S.M.A.R.T. Team (213) 485-3300 (6am-2am) The Los Angeles Police Department and the Department of Mental Health work cooperatively to handle psychiatric emergencies that have the potential for violence. A licensed mental health professional and a police officer will complete the psychiatric assessment in the community when a child or an adult is a threat to themselves or others.</p> | <p>North Hollywood Police Station 11640 Burbank Boulevard North Hollywood, CA 91601 (818) 623-4016 24-hour Office (For Emergency) Juvenile Detectives (818) 623-4045 Youth Services Officer (818) 623-4001 Serves: Cahuenga Pass, North Hollywood, Studio City, Sun Valley, Toluca Lake, Toluca Woods, University City, Valley Glen, Valley Village, and West Toluca</p> |
| <p>Devonshire Division 10250 Etiwanda Avenue Northridge, CA 91325 (818) 832-0633 Juvenile Detectives (818) 832-0609 Youth Services Officer (818) 756-8270 Serves: Canoga Park, Chatsworth, Granada Hills, Northridge, Porter Ranch, West Hills, and Winnetka.</p> | <p>Van Nuys Police Station 6240 Sylmar Avenue Van Nuys, CA 91401 (818) 374- 9500 Juvenile Detectives (818) 374- 0040 Youth Services Officer (818) 374-9404 Serves: Blythe Street, Lake Balboa, Sepulveda, Sherman Oaks, Valley Glen, Van Nuys, and Ventura District.</p> |
| <p>Foothill Area Community Police Station 12760 Osborne Street Pacoima, CA 91331 (818) 756-8861 Juvenile Detectives (818) 834-3115 Youth Services Officer (818) 756-7793 Serves: Arleta, La Tuna Canyon, Lake View Terrace, Pacoima, Shadow Hills, Sun Valley, Sunland, and Tujunga.</p> | <p>West Valley Police Station 19020 Vanowen Street Reseda, CA 91335 (818) 374-7611 Juvenile Detectives (818) 374-7730 Youth Services Officer (818) 374-7690 Serves: Canoga Park, Encino, Mandeville Canyon, Northridge, Reseda, Tarzana, Warner Center, West Hills, and Woodland Hills.</p> |
| <p>Mission Community Police Station 11121 Sepulveda Boulevard Mission Hills, CA 91345 (818) 838-9800 Juvenile Detectives (818) 838-9810 Youth Services Officer (818) 838-9860 Serves: Granada Hills, Knollwood, Mission Hills, North Hills, Panorama City, and Sylmar.</p> |  |

Counseling Centers for Children and Adults


The following is a list of private non-profit agencies that provide mental health services for children and adults. They do charge a fee for their service, but some accept Medi-Cal and Healthy Families, or have a sliding scale.

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| <p>Center For Individual and Family Counseling 5445 Laurel Canyon Boulevard, Suite #101 North Hollywood, CA 91607 (818) 761 2227 www.cifcl.org Services: Individual and group treatment for adults and children.</p> | <p>Asian Pacific Counseling and Treatment Center 5900 Sepulveda Boulevard, Suite #425 Van Nuys, CA 91411 (818) 267-1100 www.apctc.org Services: Mental health services for children and families, Full Service Partnership for children, adults and transitional age youth.</p> |
| <p>Bienestar 14515 Hamlin Street, Suite #100 Van Nuys, CA 91405 (818) 908-3820 www.bienestar.org Services: This agency provides services for HIV positive adults such as housing assistance, legal services, mental health and case management.</p> | <p>Center for Hope and Health 7334 Topanga Canyon, Suite #213 Canoga Park, CA 91303 (818) 704-8541 Services: They provide counseling for children and families. Fee is based on sliding scale fee. Anger management groups</p> |
| <p>El Nido Family Centers - Pacoima Location 13460 Van Nuys Boulevard Pacoima, CA 91331 (818) 896-7776 www.elnidofamilycenters.org - Mission Hills Location 10200 Sepulveda Boulevard, Suite #350 Mission Hills, CA 91345 (818) 830-3646 Services: Individual and group counseling for children and their families. Domestic violence and parenting groups. Programs for teens at-risk of gang involvement.</p> | <p>El Centro De Amistad - Canoga Location 6800 Owensmouth Avenue, Suite #310 Canoga Park, CA 91303 (818) 347-8565 www.elcentrodeamistad.com - San Fernando Location 566 South Brand Boulevard San Fernando, CA 91340 (818) 898-0223 Services: Mental health services, case management, and Juvenile Justice services.</p> |
| <p>Friends of The Family 15350 Sherman Way, Suite #140 Van Nuys, CA 91406 (818) 988-4430 www.fofca.org Services: Counseling center that serves children, and adults. Parenting classes. Services are provided on a sliding scale, based on family income.</p> | <p>Mitchell Family Counseling Clinic at CSUN 18111 Nordhoff Street Northridge, CA 91330 (818) 677-2568 www.csun.edu/coe/educ/centers/mitchell Services: Counseling services for children, teens and adults. They offer a sliding scale based on family income.</p> |
| <p>New Directions for Youth 7315 North Lankershim Boulevard North Hollywood, CA 91605 (818) 375-1000 www.ndfy.org Services: Gang prevention programs, individual and/or family counseling, delinquency prevention. Free 12-week parenting class, in English and Spanish. Classes offered at various sites in the Valley.</p> | <p>San Fernando Valley Counseling Center 8350 Reseda Boulevard Northridge, CA 91324 (818) 341-1111 http://sfvcc.org Services: Counseling for low-income adults and families. Sliding scale fee.</p> |

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| <p>Valley Family Center 302 South Brand Boulevard San Fernando, CA 91340 (818) 365-8588 www.valleyfamilycenter.org Services: Provides individual, family, and couples counseling. Services are provided on a sliding scale based on family income. Parenting classes.</p> | <p>Valley Women's Center 22110 Roscoe Boulevard, Suite #204 Canoga Park, CA 91304 (818) 713-8700 www.valleywomenscenter.com Services: They provide individual, couples and group counseling for women, who feel that substance abuse has had an impact on their life. Services are provided on a sliding scale based on family income. Parenting classes, self help groups and 12 step meetings.</p> |
| <p>Valley Center for the Prevention of Family Violence - 20944 Sherman Way #209 Canoga Park, CA 91303 818-883-2132</p> <p>- 13655 Victory Boulevard, Suite #201 Van Nuys, CA 91405 (818) 786-2079 www.preventionoffamilyviolence.com Services: Counseling for individuals, couples, family and children. Domestic violence, anger management, sex offenders, and parenting groups. These groups meet the requirements of court-ordered parenting education.</p> |  |

Parent Education Classes

The following is a list of organizations that offer parenting classes that are free or with sliding scale fee. Please contact the agency directly to verify that the class being offered is appropriate to the age of your child. Some classes also meet the requirements of Department of Children and Family Services (DCFS) or court ordered classes. We encourage parents of children attending schools in LAUSD to contact their Parent Center for free parenting classes.

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| <p>El Nido Family Centers 13460 Van Nuys Boulevard Pacoima, CA 91331 (818) 896-7776 www.elnidofamilycenters.org Classes are in English and Spanish. Classes are generally 8-10 weeks long and are offered at various sites throughout the San Fernando Valley.</p> |  |
| <p>Family Source Centers - <u>Canoga Park - New Economics for Women</u> 21400 Saticoy Avenue Canoga Park, CA 91303 (818) 887-3872</p> <p>- <u>South Valley - New Economics for Women</u> 6931 Van Nuys Boulevard, Suite # 201 Van Nuys, CA 91405 (818) 786-4098 www.neweconomicsforwomen.org</p> | <p>Family Source Centers offer a variety of educational, family, child and youth services including counseling, cultural, recreational and after school activities onsite or nearby through referrals. They also offer free parenting classes in English and Spanish, 12 sessions of 2-hour weekly meetings. El Centro de Amistad is facilitating the parenting classes.</p> |

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| <p>New Directions for Youth 7400 Van Nuys Boulevard, Suite #203 Van Nuys, CA 91415 (818) 375-1000 www.ndfv.org Classes are in English and Spanish. Classes are 1½ hour and are ongoing; you can join any time. It is a 12-week program. Classes offered at various sites in the San Fernando Valley.</p> | <p>Parents in Control Workshops Columbus Middle School Parent Center 22250 Elkwood Street Canoga Park, CA 91304 (818) 702-1270 Parents in Control Workshops are a series of classes during the school year. The classes are in English and Spanish at Canoga Park High School and Columbus Middle School. There are other school locations. Parents must attend an orientation workshop, which is offered once a month. Parents can attend weekly classes.</p> |
| <p>Penny Lane Family Centers 15305 Rayen Street North Hills, CA 91343 (818) 920-7070 www.pennylane.org Classes are in English and Spanish. They provide with a Certificate of Completion. It is a 20-week program for parents required to attend parenting classes by DCFS or court.</p> | <p>The H.E.L.P. Group 13130 Burbank Boulevard Sherman Oaks, CA 91401 (818) 781-0360 www.thehelpgroup.org Classes are in English and Spanish. Classes are 1 hour for 20-weeks. Free child-care is offered during the class. These classes meet the requirements for DCFS and court-ordered parents.</p> |
| <p>Van Nuys Community Adult School 6535 Cedros Avenue Van Nuys, CA 91411 (818) 778-6000 They offer parenting classes for children of all ages. The classes are in English and Spanish and they meet once a week. They serve parents whose children attend the following schools: Parthenia ES, Van Nuys ES, Liggett ES, Noble ES, Chase ES, Panorama City ES, and Van Nuys High School.</p> | <p>Van Nuys High School 6535 Cedros Avenue Van Nuys, CA 91411 (818) 781-2371 Ext. 274 and 374 www.vannuyshs.org Parenting Skills Classes (Transition to High School), Parenting the Adolescent (Ongoing), and Parent Project are held at the Parent Center at Van Nuys High School. It offers support to parents with parenting their teenager. Program goals include: reduce family conflict; improve school attendance and performance, intervene with drug and alcohol abuse and intercede in negative peer relationships and set more effective limits.</p> |
| <p>Community Adult Schools – LAUSD - Reseda Community Adult School 18230 Kittridge Street Reseda, CA 91335 (818) 758-3709 www.resedacas.net - El Camino Real Adult School 5440 Valley Circle Boulevard Woodland Hills, CA 91367 (818) 595-8000 www.elcaminoadultschool.org - Kennedy-San Fernando Adult School Rinaldi Campus 17450 Rinaldi Street Granada Hills, CA 91344 (818) 366-9171 www.kennedysanfernandocas.net</p> <p>They offer Mommy and Me Classes in English only. The classes are geared towards children ages 7 months to 5 years. Classes are 3 hours long and they meet once a week. The program is held in a preschool setting and children have the opportunity to socialize with same age peers, while being supervised by their parent. For 1 hour, program staff supervises children in outdoor playgroup, while parents participate in the parenting group. Fee: - Free to \$42 for 3 months - \$15 for materials</p> | |

Domestic Violence

- **Crisis Hotlines**

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| <p>Valley Trauma Center 7116 Sophia Avenue Van Nuys, CA 91406 (818) 756-5330 (818) 886-0453 (24-hour Hotline) (818) 908-8630 Sexual Assault Team (661) 253-0258 Santa Clarita http://www.csun.edu/vtc Sexual assault emergency response team, counseling, and prevention education for the San Fernando and Santa Clarita valleys Includes 24-hour hotline Group treatment is available and individual counseling available.</p> | <p>Domestic Violence Project – YWCA of Glendale 735 East Lexington Drive Glendale, CA 91206 (818) 242-1106 (24-hour Hotline) (818) 242-4155 Drop-In Center www.glendaleywca.org They provide services to empower women and children who are victims of domestic violence. They provide: 24-Hour Hotline with crisis intervention, counseling, community referral and information, and access to shelter services They also have a 45-Day Emergency Shelter, meals and clothing (Sunrise Village) Drop-In Center with case management and a food pantry and clothing distribution</p> |
| <p>Center for the Pacific Asian Family, Inc. 543 North Fairfax Avenue, Suite #108 Los Angeles, CA 90036 (323) 623-4045 (800) 339-3940 (24-hour Crisis Hotline) www.cpag.info Center for the Pacific Asian Family (CPAF) is a nonprofit agency specializing in assisting Asian and Pacific Islander women and families who are survivors of domestic violence and sexual assault CPAF provides a 24-hour help line, emergency shelter, transitional program, advocacy services, and counseling All services are free.</p> | <p>SAHARA (South Asian Helpline and Referral Agency) 888-724-2722 www.sahara-socal.org 24-hour Help line and community agency that provides services in: English, Hindi, Urdu, Punjabi, Farsi, Arabic and other languages The organization focuses on providing services for survivors of domestic violence, such as transitional housing, individual counseling, education support, and other components that facilitate empowerment and independence</p> |

- **Emergency Shelters**

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| <p>Antelope Valley Domestic Violence Council Valley Oasis Shelter (661) 945-OPEN (6736) (24-hour Crisis Hotline) (800) 282-4808 www.avdvc.org This agency is dedicated to eliminate violence in the home and community. The domestic violence hotline is available 24-hour a day, and is staffed by trained advocates prepared to discuss your individual situation and explain the options available to you The call is confidential and does not obligate you to participate in any program This agency also has a 60-day emergency shelter, <u>Valley Oasis Shelter</u>, available to victims of family violence and their children. The hotline staff will evaluate if the shelter is the best option for you, or if you require other referrals and other support</p> | <p>Domestic Violence Center of Santa Clarita (661) 259-8175 (8:30 am – 5:00 pm) (661) 259-HELP (24-hour Crisis Hotline) www.dvcsantaclarita.com This is a 30-day emergency shelter for battered women and their children 13 years old and younger, services are free. Services provided: outreach programs, 24-hr hotline, women’s support groups, training and education on domestic violence, and anger management classes A 52-week treatment group for perpetrators is also offered on a sliding scale fee.</p> |
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| <p>Family Violence Project of Jewish Family Service 13949 Ventura Boulevard, Suite #320 Sherman Oaks, CA 91423 (818) 789-1293 (818) 505-0900 (24-hour Crisis Hotline)</p> <p>This program offers 24-hour crisis assistance and a 30-day shelter for battered women and their children 16-year-old and younger. They also have six month transitional housing. Individual and group counseling are available on an outpatient basis. Services are free. Contact crisis line for referrals. Spanish speaking staff available.</p> | <p>Haven Hills, Inc. San Fernando Valley (818) 887-6589 www.havenhills.org</p> <p>A 30-day shelter and counseling center is provided for domestic violence victims and children. Provides 24-hour emergency shelter, crisis intervention, and counseling. Transitional housing is available for victims. Individual and group counseling are available on an outpatient basis. Spanish speaking staff available.</p> |
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• **Victims of Crime Resource Center (VOC)**

www.1800VICTIMS.org

Domestic violence is a crime. Under California law, if you have been a victim of a crime you may receive financial assistance for losses resulting from that crime. The Program may cover the following losses: medical/dental, mental health counseling, wage/income loss, financial support, funeral/burial, and job re-training. In order to qualify, the crime must be reported to law enforcement. Please call one of the following offices in the San Fernando Valley for assistance with the application process and advocacy services:

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| <ul style="list-style-type: none"> ▪ Van Nuys Branch Office 6230 Sylmar Avenue, Suite #201 Van Nuys, CA 91406 (818) 374-3075 | <ul style="list-style-type: none"> ▪ San Fernando Branch Office 900 3rd Street, Room 3rd Floor San Fernando, CA 91340 (818) 898-2406 |
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• **Legal Services**

San Fernando Neighborhood Legal Services

13327 Van Nuys Boulevard

Pacoima, CA 91331

(800) 433-6251

(818) 896-5211

www.nls-la.org


They provide free legal services and assistance to low income people in the following areas: Domestic Violence Advocacy, Immigration (V.A.W.A , U-Visa), Denial of Government Funding, Consumer problems, Disaster related problems regarding FEMA, Landlord/tenant problems, Custody issues and Divorce. They also have Domestic Violence Clinics that offer free assistance in filing restraining orders and filing out other court documents at the following locations:

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| <p>San Fernando Courthouse 900 Third Street, Room #1026 San Fernando, CA 91340 www.lasuperiorcourt.org Service Hours: Monday-Friday 9:00am-1:00pm</p> | <p>Van Nuys Courthouse 6230 Sylmar Avenue, Room #212D Van Nuys, CA 91401 www.lasuperiorcourt.org Service Hours: Monday-Friday 9:00am-1:00pm</p> |
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| <p>Burbank Courthouse 300 East Olive, Room #113 Burbank, CA 91502 www.lasuperiorcourt.org Service Hours: Monday-Friday 9:00am-1:00pm</p> | <p>Antelope Valley Courthouse 4th and Main Street, 3rd Floor, Room 3920 Lancaster, CA 93534 www.lasuperiorcourt.org Service Hours: Monday, Wednesday, and Friday 9:00am-1:00pm</p> |
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Health Care Services

The following is a list of county and county contracted health facilities. They provide health services regardless of ability to pay and immigration status

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| <p>Olive View-UCLA Medical Center – Hospital - 14445 Olive View Drive Sylmar, CA 91342 (818) 364-1555 (818) 364-4206 Fax www.uclasfvp.org Provides comprehensive range of services, including: inpatient, outpatient, 24-hour emergency medical, surgical, pediatrics and psychiatric services. Accepts Medi-Cal, Medicare, and fees are based on ability to pay Serves San Fernando and Santa Clarita Valleys</p> | <p>Olive View-UCLA Medical Center – Clinic - Room 2B101 This is a medical walk-in clinic open to the public from Monday – Friday from 8:00am - 9:00pm, and Saturday from 8:00am - 4:30pm It is available to urgent care patients or others seeking medical care. They have programs that can provide coverage for uninsured adults and children. You can show up as early as 6:00am in order to register, please be advised that the wait times may be long Patients will be seen by a doctor and can be provided necessary tests as well as medications if needed. If someone requires follow-up visits they will be assigned a primary care physician and will be able to continue receiving care.</p> |
| <p>Glendale Health Center 501 North Glendale Avenue Glendale, CA 91206 (818) 500-5785</p> | <p>Mid-Valley Comprehensive Health Center 7515 Van Nuys Boulevard Van Nuys, CA 91405 (818) 947-4000</p> |
| <p>North Hollywood Health Center 5300 Tujunga Avenue North Hollywood, CA 91601</p> | <p>Pacoima Health Center 13300 Van Nuys Boulevard Pacoima, CA 91331 (818) 896-1903</p> |
| <p>San Fernando Health Center 1212 Pico Street San Fernando, CA 91340 (818) 837-6969</p> | <p>South Antelope Valley Health Center 38350 40th Street East Palmdale, CA 93552</p> |
| <p>Canoga Park Health Center 7107 Remmet Avenue Canoga Park, CA 91304 (818) 340-3570 Appointments (818) 702-9578 Fax</p>  | <p>Los Angeles County Valencia Health Center 23763 Valencia Boulevard Valencia, CA 91355 (661) 287-1551 Appointments (661) 255-8037 Fax Monday – Friday 8:00am – 5:00pm, Saturday 8:00am – 5:00pm, Wednesday 9:00am – 5:00pm Health services provided include pre-natal, women’s health, family planning, pediatrics, and general medicine. Medi-Cal is accepted.</p> |
| <p>Mission City Community Network Incorporated 15206 Parthenia Street North Hills, CA 91343 (818) 895-3100</p> | <p>Pacoima Clinic 12756 Van Nuys Boulevard Pacoima, CA 91331 (818) 896-0531</p> |

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| <p>www.mccn.org Pediatrics, obstetrics, and general medicine for youth and adults. Consultation: \$25 and up. Sliding scale fee. Medi-Cal is accepted. Hours: Monday, Wednesday & Friday 8:00am-6:00pm, Tuesday & Thursday 8:00am-7:00pm, Saturday 9:00am-1:00pm.</p> | <p>(818) 896-5850 Fax Health services provided include pediatrics, adults, family planning, OB/GYN, and vaccinations. Medi-Cal is accepted. If no Medi-Cal coverage, there are other programs for which one can apply. Spanish-speaking staff is available.</p> |
| <p>Pediatric Health and WIC Center 7138 Van Nuys Boulevard Van Nuys, Ca 91405 (818) 778-6240 (818) 994-8005 Fax This center provides general health care for youth 18 years old and under. Medi-Cal and Ability to Pay Program are accepted. Hours: Monday-Friday from 8:00am-5:00pm.</p> | <p>San Fernando Health Center 1600 San Fernando Road San Fernando, CA 91340 (818) 365-8086 Appointments (818) 898-4856 Fax Health services include general medicine, pre-natal, family, dental, pediatrics, x-ray and lab work. Walk-in clinic available. Medi-Cal and private insurance are accepted. There are low-income programs for people without private insurance. Spanish-speaking staff is available. Hours: Monday-Saturday from 8:00am-5:00pm; Wednesday 8:00am-9pm.</p> |
| <p>Valley Community Clinic 6801 Coldwater Canyon Avenue North Hollywood, CA 91605 (818) 763-8836 Appointments (818) 755-8006 Fax www.valleycommunityclinic.org Primary healthcare including optometry and dental services provided for adolescents and adults. Free HIV/AIDS testing and counseling provided. Spanish-speaking staff is available. Medi-Cal accepted.</p> | <p>Valley Teen Clinic (part of <i>Valley Community Clinic</i>) 6801 Coldwater Canyon Avenue North Hollywood, CA 91605 (888) 763-4070 http://www.teen411.com E-Mail: mail@teen411.com or questions@teen411.com They provide health services for teens 12-19, male or female, of any age with information, counseling, basic birth control supplies, pregnancy testing, confidential testing for AIDS/HIV and other sexually transmitted diseases. Services are provided on a walk-in basis, and no appointment is needed to obtain condoms, spermicidal foam and vaginal contraceptive film without charge, at any time during regular clinic hours.</p> |
| <p>Victory Medical Group 12157 Victory Boulevard North Hollywood, CA 91606 (818) 755-8000 Appointments (818) 755-8006 Fax A health clinic with doctors that speak Spanish, Armenian and Russian. Health services provided include family medicine, obstetrics, gynecology, family planning, and pharmacy. Free and low cost immunizations. They accept Medi-Cal and if uninsured they have a sliding scale.</p> | <p>Planned Parenthood (800) 576-5544 www.plannedparenthood.org/los-angeles/ The agency provides health care and sexual health services to women, men and teens (without parent consent) in Los Angeles County. They provide information, counseling, basic birth control supplies, pregnancy testing, confidential testing for AIDS/HIV and other sexually transmitted diseases. All services are strictly confidential and their locations have bilingual staff available (English/Spanish). To make an appointment at the closest center to your home, please call (800) 576-5544. - 916 W Burbank Boulevard, Suite #M, Burbank, CA 91502 - 21001 Sherman Way, Suite #9 Canoga Park, CA 91303 - 7100 Van Nuys Boulevard, Suite #108 Van Nuys, CA 91405</p> |

Health Insurance

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| <p>Los Angeles County Child Health and Disability Prevention Program 9320 Telstar Avenue, Suite #226 El Monte, CA 91731 1(800) 993-2437 / 1(800) 993-CHDP (818) 834-3380 To locate the Healthcare provider closest to your home (626) 569-6027 Dental Providers http://publichealth.lacounty.gov/cms/chdp.htm Preventive health services provided include free health, dental, vision, and hearing check-ups. You are eligible if you are 18 years or younger and are low-income. They provide immunizations, lab tests, vision and hearing test, and health information. Child needs to be a legal resident. Parents do not have to show proof of immigration status.</p> | <p>Medi-Cal 1(888) 747-1222 www.medi-cal.ca.gov Provides free and low cost medical care for children up to age 19, and pregnant women. Eligibility is determined by ages and family income. It is available to citizens and qualified immigrants.</p> <p>Medi-Cal Assistance (213) 351-0100 Medi-Cal eligibility has been extended up to a foster youth's 21st birthday. When the youth's foster care status ends, the DCFS worker sends Medi-Cal eligibility information to the Department of Public Social Services (DPSS) and the case is assigned to an Eligibility Worker who contacts the youth by letter.</p> |
| <p>Healthy Families 1(800) 880-5305 Information line 1(888) 747-1222 To request an application www.healthyfamilies.ca.gov Low cost health insurance for children who do not qualify for Medi-Cal</p> | <p>California Kids (818) 755-9700 www.californiakids.org Affordable preventive and primary health care for children who do not qualify for Medi-Cal or Healthy Families. Eligibility is based on family size and income. Please call for more information.</p> |
| <p>Kaiser Permanente Cares For Kids 1(800) 255-5053 www.kaiserpermanente.org Provides medical and vision coverage for children who do not qualify for Medi-Cal or Healthy Families regardless of immigration status. Covers children who are enrolled in public schools within Kaiser Permanente Service area. Eligibility and cost are based on family size and income. *Currently not taking applications, call for more information.</p> | <p>Healthy Kids 1(888) 347-7855 Healthy Kids is a new program that provides affordable preventive and primary health care for children, ages 0 to 5 years, who do not qualify for Medi-Cal or Healthy Families. Eligibility is based on family size and income.</p> |
| <p>Healthy Way LA Program 1(877) 333-HWLA or 1(877) 333-4952 Healthy Way LA is a no cost health program that provides health care coverage to low-income uninsured adult legal residents who are current users of our LA County DHS health care system.</p> |  |

Food and Clothing

- **Food Pantries**

www.lafoodbank.org

www.healthycity.org

Food pantries are places that give food to people in need. Most food pantries are small and operated at churches or non-profit organizations. They each make their own rules about who can be served. Many food pantries can only serve people who live in the area near the food pantry. They often require some kind of identification (ID, birth certificate of children, proof of address)

and proof that you are low income. Most food pantries can only serve people once a month, or some similar limitation. To be referred to a food pantry, please call:

❖ **Info Line 211 (Dial 2-1-1)**

Food Stamps Program or CalFresh Program

(877) 597-4777

www.ladpss.org/dpss/calfresh/

The government program called CalFresh (or Food Stamps) gives you benefits to pay for food. You get an Electronic Benefit Transfer (EBT) card that you can use at most stores. Many people who qualify for food stamps do not get them because they do not think they qualify, are embarrassed, or do not know how to apply. If you need food, you should apply. To get food stamps, you or your children must be a U.S. citizen or a legal resident. You must also meet the limits on your income and resources. Please call the main number for information on the food stamps program and the nearest location to apply.

Women, Infants, and Children (WIC)

(888) WIC-WORKS or (888) 942-9675

www.cdph.ca.gov/programs/wicworks/

WIC is a nutrition program that helps **pregnant women and new mothers and children under age 5** eat well and stay healthy. To qualify you must be low to medium income. You will never have to pay for any WIC benefits. WIC provides: **special checks** to buy healthy food such as milk, juice, eggs, cheese, cereal, dry beans and peas, and peanut butter; **cash vouchers** to purchase fruits and vegetables; **extra vouchers** for women who are breastfeeding; **vouchers** for iron fortified infant formula and cereals for infants.

Summer Food Program

(818) 546-2383 City of Los Angeles Recreation and Parks

(213) 241-3366 Food Services Division (For Schools)

Children age 18 and under can get free, meals during the summer or any time when school is out for more than 15 days through the Summer Food Program. No application or other kind of paperwork is required for participants. The meals are served at schools, parks, and recreation centers. The children simply come and eat a free meal. Some sites serve lunch only, but others serve breakfast as well. Some programs operate year-round and can feed your children when they are “off-track” from a year-round school. Please call the main number to find out where your children can eat free when they are not in school.

Commodity Supplemental Food Program (CSFP)

1743 41st Street

Los Angeles, CA 90058

(323) 234-3030

www.lafoodbank.org

This program is targeted for seniors **60 years and older**, pregnant women, mothers postpartum for up to one year and children ages one to six. Each client must meet age and/or income qualifications required by the USDA. Qualified clients will receive one of six age-prescribed food kits on a monthly basis. The population served by CSFP is similar to that served by WIC, but CSFP also serves the elderly. The program provides food packages rather than the food

vouchers which WIC participants receive. Eligible people cannot participate in both programs at the same time.

| CSFP locations in the San Fernando Valley | | | | | | |
|-------------------------------------------|----------|---------------|----------------|----------|------------|----------------|
| Pacoima | Pasadena | Santa Clarita | South Pasadena | Van Nuys | West Hills | Woodland Hills |

Operation School Bell
1360 North Saint Andrew Place
Hollywood, CA 90028
(323) 469-6017

www.operationschoolbell.org

Provides clothing for children attending L.A.U.S.D middle and high schools. Students should see the school counselor, nurse, or principal for a referral to this program. Personnel from the school will make the appointment and drive the child to the location. No parents are allowed.



Meet Each Need with Dignity (MEND)
10641 San Fernando Road
Pacoima, CA 91331
(818) 896-0246

www.mendpoverty.org

MEND is a volunteer-based organization that services only the following areas: Pacoima, Arleta, Sepulveda, North Hills, Mission Hills, San Fernando, Sylmar, and Lake View Terrace. This agency provides food and clothing, medical, dental and vision care, and job training. The **Clothing Center** is a crucial resource for families and individuals in need. They receive necessary clothing, shoes, blankets and small household items. Baby items and children's clothes are also available.

Financial Services

- **CalWorks**

CalWorks is California's welfare program for people who have children under 19 years of age. They provide money for children and the relatives caring for them. Most parents are required to participate in a vocational training program, be seeking employment or be employed to be eligible for services. Adults can only get cash aid for five years in a lifetime. In addition to the monthly check, participants get Medi-Cal and most will also get food stamps.

You apply for CalWorks at the nearest Department of Public and Social Services (D.P.S.S.) office. There are three offices that serve the San Fernando Valley. Before you go, please call and be prepared to give your zip code to identify the closest DPSS office.


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| East Valley Office 14545 Lanark Street Panorama City, CA 91402 (818) 901-4198 You can apply for CalWorks, Food Stamps and Medi-Cal. | San Fernando Office 9188 Glenoaks Boulevard Sun Valley, CA 91342 (818) 837-2101 You can apply for General Relief and Food Stamps. | West Valley Office 21415 Plummer Street Chatsworth, CA 91311 (818) 718-5227 You can apply for CalWorks, Food Stamps and Medi-Cal. |
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Child Care Services

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| <p>California Children's Academy 12157 San Fernando Road Sylmar, CA 91342 (818) 367-3353 www.losangeleschildcare.org California Children's Academy programs include infant, toddler, and preschool age services. There are many locations in the San Fernando Valley, please call the Valley Office at (818) 367-3353 to enroll your child at the nearest preschool location.</p> | <p>Child Care Resource Center 20001 Prairie Street Chatsworth, CA 91311 (818) 717-1000 www.ccrcla.org Provides childcare resources and referrals to parents with children who are newborn to 12 years of age. They can provide referrals for special needs children as well.</p> |
| <p>Head Start Programs and Early Head Start State Preschool (562) 940-1770 www.caheadstart.org Head Start and Early Head Start are comprehensive child development programs that serve children from birth to age 5, pregnant women, and their families. They are child-focused programs and have the overall goal of increasing the school readiness of young children in low-income families. Call to locate the program nearest you.</p> | <p>Child Care Resource Center Head Start Department 20001 Prairie Street Chatsworth, CA 91311 (818) 717-4515</p> <p>Head Start & Early Head Start Maud Booth Family Center 11243 Kittridge Street North Hollywood, CA 91606 (818) 980-2287</p> |
| <p>Los Angeles Unified School District's Early Education Centers (213) 481-3341 www.lausd.net Provides full day and ½ day preschool programs and childcare for children ages 2-5, at children's centers located at LAUSD elementary schools throughout the San Fernando Valley. Children must be potty-trained. Parents must be working or in school. Fees are dependent on family income level or on a sliding scale. Call the above telephone number for a referral to the site nearest you.</p> | <p>Department of Public Social Services GAIN Office (818) 718-4201 www.ladpss.org The Department of Public Social Services has many programs that are available to GAIN recipients. These programs are designed to assist families in the transition from CalWORKS to work. To qualify for free childcare while you are working or at school, you must be receiving cash aid through CALWORKS for yourself, not just your children.</p> |

Legal Services

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| <p>Alliance for Children's Rights 3333 Wilshire Boulevard, Suite #550 Los Angeles, CA 90010 (213) 368-6010 www.kids-alliance.org Free legal representation for children in the areas of guardianship, foster care, dependency, emancipation, education rights, and adoption. Spanish speaking staff available.</p> | <p>Bet Tzedek Legal Services 12821 Victory Boulevard North Hollywood, CA 91606 (818) 769-0136 www.bettzedek.org Free legal services offered to low-income families and the elderly. Areas of legal expertise include housing, landlord and tenant disputes, home equity fraud, consumer protection, bankruptcy, conservatorship, guardianship (if uncontested), wills, nursing home issues, SSI, Social Security, Medi-Cal, and Medi-Care. Spanish speaking staff available.</p> |
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| <p>Legal Action Workshop (LAW) 15840 Ventura Boulevard, Suite #101 Encino, CA 91436 (818) 995-4224 www.laworkshop.com Provides low cost legal services including legal representation. LAW specializes in divorce, child custody and child support, bankruptcy, probate, personal injury, wills and trusts, adoption, name changes, guardianship, conservatorship, power of attorney, deeds, contracts, and wage assignments. Spanish speaking staff available.</p> | <p>Mexican American Legal Defense (MALDEF) 634 South Spring Street, 11th Floor Los Angeles, CA 90014 (213) 629-2512 www.maldef.org Provides free legal services. They mainly deal with civil rights law and immigration. Open to all ethnic groups. Spanish speaking staff available.</p> |
| <p>San Fernando Neighborhood Legal Services 13327 Van Nuys Boulevard Pacoima, CA 91331 (800) 433-6251 (818) 896-5211 www.nls-la.org They provide free legal services and assistance to low income people in the following areas: Domestic Violence Advocacy, Immigration (V A W A , U-Visa), Denial of Government Funding, Consumer problems, Disaster related problems regarding FEMA, Landlord/tenant problems, Custody issues and Divorce.</p> |  |

Information and Referral

211 L.A. County

Dial 2-1-1 or 1(800) 339-6993

www.healthycity.org

L.A. County 211 is a free 24-hour hotline providing information and referrals to numerous social service agencies in Los Angeles County.

Breathe California of Los Angeles

(323) 935-8050

www.breathela.org

Provides information, and referrals to help people quit smoking.

Covenant House California

(800) 999-9999

www.covenanthouseca.org

24-hour crisis hotline, which provides crisis intervention and referral and information services to homeless, runaway and other youth and their families.

Girls and Boys Town National Hotline

(800) 448-3000

www.girlsandboystown.org

The Girls and Boys Town National Hotline is a 24-hour crisis, resource and referral line. Trained counselors are available to respond to your questions.

National Runaway Switchboard

(800) 621-4000

www.1800runaway.org

24-hour hotline provides services for parents and youth. Offers crisis intervention, message service, educational information, referrals, and *runaway* searches.

National Suicide Prevention Lifeline

1(800) 273-TALK (8225)

1(888) 628-9454 (Spanish Line)

www.suicidepreventionlifeline.org

24-hour toll-free suicide prevention service available to anyone in a suicidal crisis. If you need help, please call and you will be routed to the closest possible crisis center in your area. Call for yourself, or someone you care about. The call is free and confidential.

TEEN LINE

(818) 432-2266 or (800) 852-8336

www.teenlineonline.org

TEEN LINE is a confidential telephone helpline for teenaged callers. It is a place to talk things out with another teen in a safe, non-judgmental environment. Hours of operation: 6:00pm-10:00pm.

Trevor Project

(800) 850-8078

www.thetrevorhelpline.org

24-hour suicide and crisis prevention helpline for LGBT youth (lesbian, gay, bisexual, and transgender /transsexual people).

The agencies on this document are listed for informational purposes only. No endorsement of the quality of service is intended by the Community Resource Services Department of the Child and Family Guidance Center