

# Work Requirement Policy Changes

Effective June 1, 2026

Media Briefing Presented by:  
Supervisor Hilda Solis and Dr. Jackie Contreras, DPSS Director

May 20, 2026



# CalFresh Work Requirements

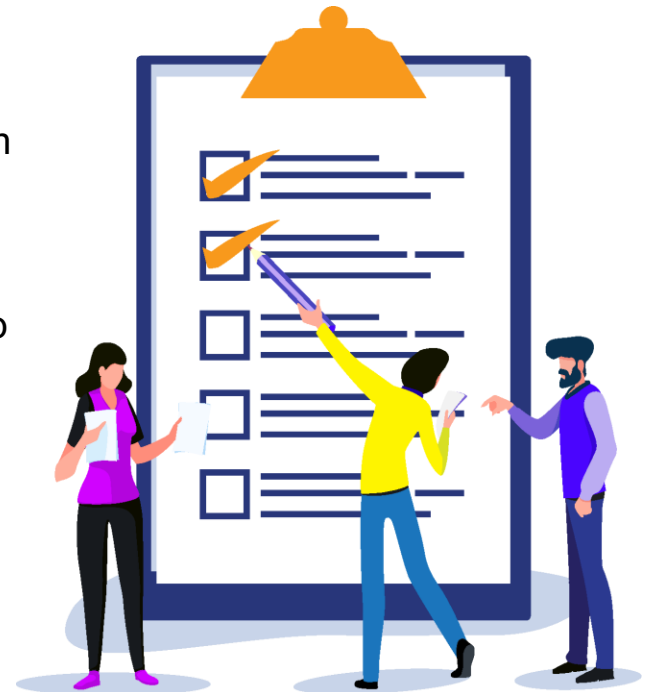
## Important changes to CalFresh work requirements that will take effect on June 1, 2026.

- These policy changes, due to the federal H.R. 1 bill, will have implications for residents receiving CalFresh in L.A. County.
- Starting June 1, 2026, individuals applying for CalFresh will be evaluated under the new CalFresh Work Requirement rules.
- Additionally, those currently receiving CalFresh will be evaluated under these new rules at their next renewal.



# Notable Policy Updates

- Expanded Age Range for CalFresh Work Requirement Compliance
  - Age range has expanded to include individuals 55 through 64 years old, unless they meet an exemption.
- “Child in the Home” Exemption Lowered to Age 14
  - CalFresh adults must be living with a child under age 14 to be exempt.
  - This means adults living with children aged 14 to 17 may need to meet work requirements.
- Removal of Certain Temporary Exemptions
  - Unhoused individuals, veterans, and former foster youth under age 25 will no longer be automatically exempt from the CalFresh Work Requirements.
- New Exemptions Added
  - New exemptions have been established for certain Native American populations, including those eligible for health services under the Indian Health Care Improvement Act (IHCIA).



# Work Requirement Options & Support

**To prepare for these upcoming changes, our department is promoting opportunities to help non-exempt customers meet work requirements.**

- **Workfare**
  - Allows customers to gain hands-on experience, build skills, and maintain their CalFresh benefits by volunteering with local non-profit organization.
- **Community Service / Volunteer Work:**
  - Customers may also meet requirements through doing approved community service or volunteering activities.
- **CalFresh Employment and Training (CFET) Program**
  - A voluntary program that provides educational, training, and work-based learning opportunities.



# Call-To-Action/Guidance for CalFresh Customers

**At this time, CalFresh customers do not need to take immediate action.**

DPSS will notify individuals before any status changes to your case.

In the meantime, we encourage customers to:

- Keep your contact information up to date
- Submit your SAR 7 and recertification forms on time
- Review all notices carefully



# CalFresh Facts



CalFresh LA COUNTY  
RECIPIENTS IMPACTED  
BY CalFresh WORK  
REQUIREMENTS  
**260,000**



CalFresh CALIFORNIA  
RECIPIENTS IMPACTED  
BY CalFresh WORK  
REQUIREMENTS  
**840,000**



CalFresh



LOS ANGELES  
NONCITIZEN

CalFresh LA COUNTY  
NONCITIZEN  
RECIPIENTS IMPACTED  
BY HR 1 POLICY  
**10,000**



CalFresh CALIFORNIA  
NONCITIZEN  
RECIPIENTS IMPACTED  
BY HR 1 POLICY  
**72,000**



LA COUNTY POPULATION  
THAT QUALIFY FOR CalFresh  
AND ARE RECEIVING CalFresh?

**83%** of CalFresh eligible  
are receiving CalFresh.  
**17%** are potentially eligible  
and not receiving CalFresh.



LA COUNTY  
RESIDENTS  
ARE RECEIVING  
CalFresh  
**1,454,496**

# Contact DPSS

Our department remains committed to keeping L.A. County informed on the new work requirement rules, while ensuring a smooth and phased implementation of the updated policy.

For more information, you may:

- Visit **[dpss.lacounty.gov](https://dpss.lacounty.gov)** for more information and to find local DPSS office
- Call the DPSS Customer Service Center: **866-613-3777** (that's 1-866-613-DPSS)
- Follow DPSS on social media:



INSTAGRAM:  
[@LACo\\_DPSS](https://www.instagram.com/LACo_DPSS)



TWITTER:  
[@LACo\\_DPSS](https://twitter.com/LACo_DPSS)



FACEBOOK:  
[@LACoDPSS](https://www.facebook.com/LACoDPSS)



TIKTOK:  
[@laco\\_dpss](https://www.tiktok.com/@laco_dpss)



YOUTUBE:  
L.A. County Department  
of Public Social Services