

# GOOD NEWS!

## Effective June 1, 2019

SSI/SSP recipients are potentially eligible for CalFresh benefits!

## What is CalFresh?

- CalFresh is a food benefit that helps you buy food.
- Your CalFresh benefits are delivered electronically via the Electronic Benefits (EBT) Card.
- The EBT card works the same as your bank debit card.
- CalFresh benefits may be used at any participating restaurant, supermarket, and/or Farmer's market.



## You can apply in one of three ways.



**CALL** our Customer Service Center at (866) 613-3777



**CLICK** to apply online at [GetCalFresh.org](http://GetCalFresh.org)



**COME IN** to your nearest District Office to apply in person

## Income Limits and Possible Benefits

Number of eligible household members	1	2	3	4	5	6	7	8*
Monthly gross income limits	\$2082	\$2820	\$3556	\$4292	\$5030	\$5766	\$6502	\$7240
The household could receive up to this amount in benefits**	\$194	\$355	\$509	\$646	\$768	\$921	\$1018	\$1164

\*Each additional member + \$738 to gross income limit.

\*\*Actual amount depends on the household's specific case situation (Amounts Effective October 1, 2019 through September 30, 2020).

For more information on CalFresh or other programs offered by the Department of Public Social Services, visit [dpss.lacounty.gov](http://dpss.lacounty.gov).