

HEALTH NEIGHBORHOODS

Status Report
Fiscal Year 2014-15

Prepared by the
COUNTY OF LOS ANGELES
DEPARTMENT OF MENTAL HEALTH



DMH Mission

Enriching lives through partnership designed to strengthen the community's capacity to support recovery and resiliency is our Mission. DMH works with its stakeholders and community partners to provide clinically competent, culturally sensitive and linguistically appropriate mental health services to our clients in the least restrictive manner possible. We tailor our services and support to help clients and families achieve their personal goals, increase their ability to achieve independence and develop skills to support their leading the most constructive and satisfying life possible.

Executive Summary

Over the past several years, the Department of Mental Health (DMH) has been involved in extensive planning and implementation of projects to ensure that the residents of the County of Los Angeles have access to needed mental health services that are coordinated and responsive to the unique needs of the population. Additionally, DMH recognizes that even the highest quality, client-centered, coordinated, and culturally-competent clinical services are insufficient alone to support comprehensive health and wellness at both the individual and community level.

In 2013, as part of Health Care Reform planning, DMH convened workgroups to address different aspects of Health Care Reform. One such group focused on Health Neighborhoods, whose goal was to improve individual and population-based health and wellness. A Health Neighborhood may be best understood as two interdependent concepts, specifically:

Service Delivery Model*

- Improve access through integrated mental health, health, substance use disorder and public health services;
- Improve quality and coordination of services; and
- Contain costs through effective communication among providers

Community Change Model*

- Achieve community health and wellness;
- Address social determinants of health; and
- Community-driven, focused on policy and system change

*Health Neighborhoods, Summary of Workgroups Sessions, Rigoberto Rodriguez, 2013

The County of Los Angeles amended its Strategic Plan, Goal 2: Community Support and Responsiveness in 2014 to include an initiative aimed at using existing resources to address health and behavioral health issues of concern in Los Angeles. The Chief Executive Office tasked the Director of DMH to take the lead in this effort working with other County departments.

During the course of Fiscal Year 2014-15, considerable action has taken place to further the goal of improving the health and wellness of Los Angeles County residents. The following is a highlight of some of the activities that relate to both of the Health Neighborhood concepts:

Service Delivery Model

- Identification of 7 geographic areas for piloting Health Neighborhoods; and
- A Memorandum of Understanding (MOU) has been completed for 7 Health Neighborhoods including multiple service providers namely mental health, health, substance use disorder and public health.

Community Change Model

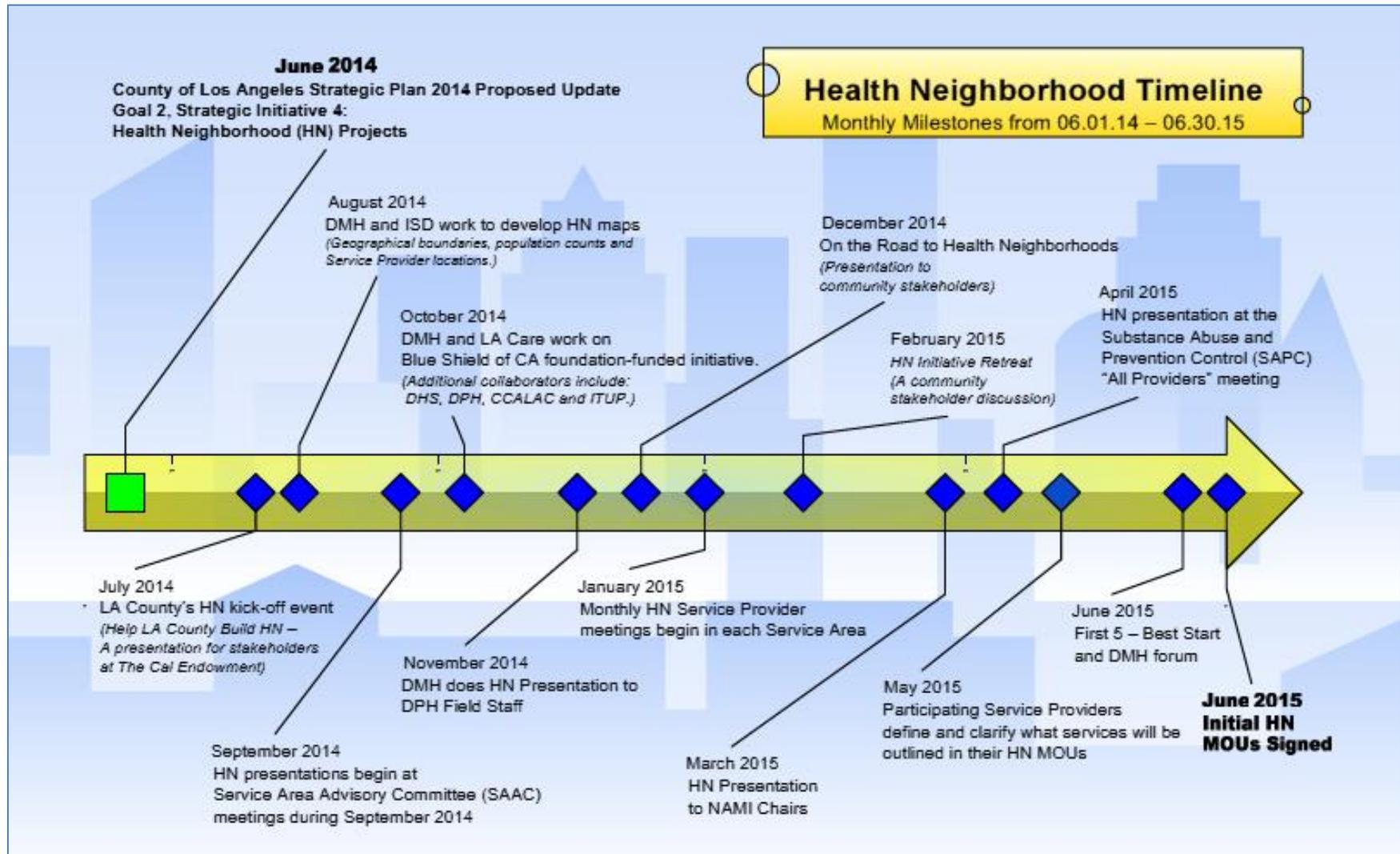
- 4 Community-based conferences held to strategize building Health Neighborhoods;
- Mental Health First Aid Trainings conducted across a wide array of agencies Community-based Organizations (CBOs), Colleges and School Districts, Probation, Faith-based, etc.; and
- Partnering with County Departments and Community Initiatives

Additional information is provided in the body of this report that further highlights some, but not all, of the activities that have taken place at the countywide and specific service area level. For additional information, please feel free to contact: Robin Kay, Ph.D. (213) 738-4108.

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Health Neighborhood Timeline



COUNTYWIDE HEALTH NEIGHBORHOOD ACTIVITIES

Service Delivery

- Health Neighborhood MOUs
 - Multi-party MOUs were established to formalize the collaborative working relationships between and among the parties. These MOUs establish each party's agreement and commitments for the creation of a Health Neighborhood Service Delivery model to improve access and coordinate care in specific geographic areas.

- Data Sharing
 - DMH and Department of Health Services (DHS) are working on an MOU with provisions that allow DMH direct access and the ability to communicate within the DHS electronic health records system and/or the DHS Intranet to improve care coordination and treatment.
 - Designated DMH staff will have access to DHS' facility health information for patients receiving services in both facilities to improve treatment and care coordination.
 - DMH and Tarzana Treatment Centers, Inc. finalized an MOU to integrate primary and behavioral health care services at the San Fernando Mental Health Center.
 - Primary goals include better coordination between mental health and health providers, reduced medical errors due to a lack of information sharing, improved accessibility, and improved client satisfaction.

- Partnering with L.A. Care Health Plan
 - DMH has been coordinating with L.A. Care Health Plan on the Health Neighborhood Joint Planning Collaborative (HNJPC) which is a Blue Shield of California Foundation-funded initiative.
 - The focus of this planning project is to develop plans and design Health Neighborhoods that will improve the "whole health" and social well-being for adults who are experiencing homelessness and have co-occurring health, mental health and substance use disorders.
 - The HNJPC is made up of partners from DHS, DMH, DPH, the Community Clinic Association of Los Angeles County, and L.A. Care Health Plan.
 - DMH and L.A. Care Health Plan have worked together to create tools to assist providers in understanding the current mental health benefits for Medi-Cal managed care members. These tools include two flow charts:
 - The first helps providers understand how new members can access specialty and non-specialty mental health services.
 - The second assists providers in transitioning existing members between specialty and non-specialty mental health services.
 - DMH and L.A. Care Health Plan have also conducted a joint mapping project to assist in identifying high volume Participating Physician Groups and Independent Practice Associations that serve the Health Neighborhoods for eventual inclusion in the service delivery component of the neighborhoods.

Supporting Community-based Efforts

DMH has engaged in countywide outreach and relationship building with the following:

- First 5 LA-Best Start Communities
- The California Endowment–Building Healthy Communities
- Los Angeles County School Health Policy Roundtable
- National Alliance on Mental Illness (NAMI)
- DMH Service Area Advisory Councils
- DMH Cultural Competency Committee
- Faith Communities

The focus of this involvement has been to:

- Learn about existing efforts;
- Develop collaborative relationships with these stakeholder groups;
- Help to support their existing goals;
- Connect them to the Health Neighborhoods; and
- Link these organizations to individuals and groups that may have similar goals or projects.

Trainings

Through the outreach and relationship-building efforts, organizations across the community have identified mental health training as a high need area. Between July 2014 and May 2015, DMH provided the Mental Health First Aid training to 1,404 individuals from various stakeholder groups, including but not limited to, community-based organizations, contract providers, probation, law enforcement, faith-based groups, and other County departments. Mental Health First Aid is an 8-hour course that introduces participants to risk factors and warning signs of mental health concerns, builds an understanding of their impact, and provides an overview of common treatments. There are two separate trainings for adults and youth.

Presentations

The Health Neighborhoods Presentations were given by DMH in conjunction with: Department of Public Health (DPH), Substance Abuse and Prevention Control (SAPC), LA Care, and Best Start Communities. The presentations focused on how the two interdependent conceptual models, Community Change and Service Delivery, work together to define Health Neighborhoods. In addition, an overview of the next steps for the Service Delivery Model was provided, as well as a discussion about how to join and support existing community-based efforts.

Faith Communities

As part of its Mental Health & Spirituality Initiative, DMH has continued to develop collaborative relationships with faith communities and notes the following accomplishments over the past year:

- DMH strengthened the structure and operation of its countywide Faith-Based Advocacy Council, a collaborative with faith community leaders, to focus on joint efforts that can enhance recovery and wellness for high-need/underserved populations.
- DMH hosted the 14th Annual Mental Health & Spirituality Conference that focused on examining the role that spirituality, spiritual practices and spiritual strengths play in

recovery and wellness. Members of the faith community, mental health staff, and individuals and families faced with mental health challenges attended.

- The DMH Clergy Roundtable has expanded from 6 to 8 services areas this year and promotes collaboration between the faith community and mental health providers to support both individuals and families with an integrated, spiritually relevant approach to wellness and recovery.
- Launched in FY 2013-14, the DMH Clergy Academy Program provides education and training covering 26 topics in mental health education to diverse faith community members, lay faith leaders and clergy. The Program has expanded to 10 sites (9 community locations) from its original 2 sites.

Additional outreach efforts are underway and service area specific activities are referenced in subsequent sections.

Service Area 1

Service Delivery

Neighborhood: Lancaster
Population: 169,767 (based on the American Community Survey by the US Census Bureau for 2013)

The following service providers have signed the Health Neighborhood MOU:

Mental Health Providers (14)	<ul style="list-style-type: none"> • DMH-Antelope Valley Mental Health Center • DMH-Antelope Valley Wellness Center • Child and Family Guidance Center • Children’s Bureau • The Children’s Center of the Antelope Valley • DMH/DHS Collaboration Program-High Desert Regional Health Center 	<ul style="list-style-type: none"> • Hathaway-Sycamores Child and Family Services • Heritage Clinic • Masada Homes • Mental Health America of Los Angeles • DMH-Palmdale Mental Health Center • Penny Lane Centers • Providence Community Services • Tarzana Treatment Centers, Inc.
Health Providers (3)	<ul style="list-style-type: none"> • Antelope Valley Community Clinic • DHS-High Desert Regional Health System • Tarzana Treatment Centers, Inc. 	
Substance Use Disorder Provider (1)	<ul style="list-style-type: none"> • Tarzana Treatment Centers, Inc. 	
Public Health Provider (1)	<ul style="list-style-type: none"> • Antelope Valley Partners for Health 	

The following agencies have also been participating in the Lancaster Health Neighborhood:

- County of Los Angeles Department of Public Health
- County of Los Angeles Department of Probation
- County of Los Angeles Department of Children and Family Services
- National Alliance for the Mentally Ill
- Desert Sands Charter School
- Best Start-Lancaster

Community Change

Health Neighborhood Presentations

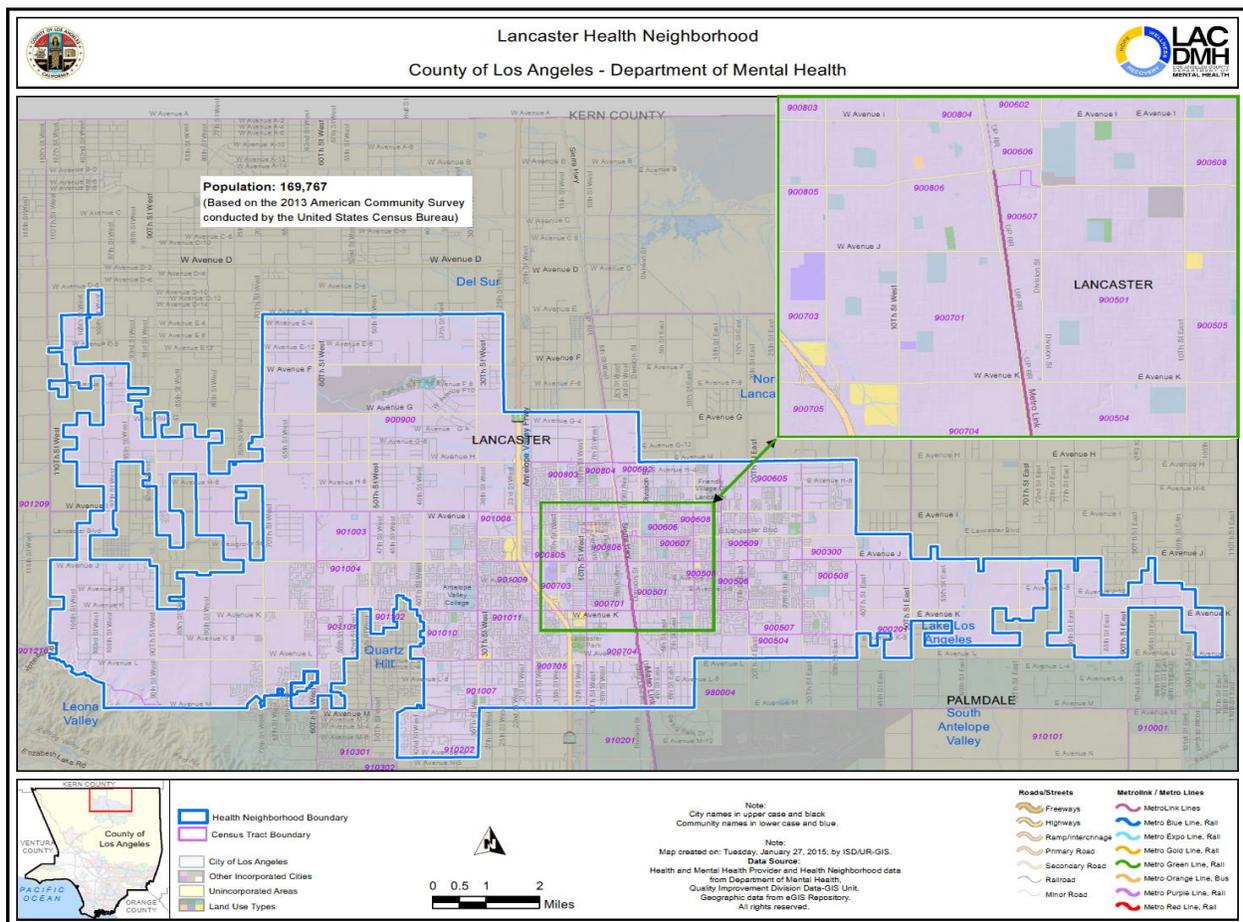
- DMH moderated the breakout session discussion on Mental Health and Emotional Wellbeing at the Antelope Valley Partners for Health Wellness Symposium. DMH presented the vision for the Lancaster Health Neighborhood and led the discussion about how to improve care coordination and increase collaboration between providers.

- DMH presented at the Kinship Caregivers Orientation Meeting for relative and non-relative extended family members raising children. DMH provided information related to Health Neighborhoods and local community mental health resources.

Supporting Community-based Efforts

- Best Start-Lancaster staff has been attending Lancaster Health Neighborhood meetings and sharing resources and input for the neighborhood including assistance with successes and challenges that they have experienced while implementing a place-based initiative in an under-resourced, rural area.
- DMH has also separately been in discussions with Best Start-Lancaster on how we can help to support their efforts. Both groups have been working together to plan several activities including having the Health Neighborhood providers present at Best Start-Lancaster meetings on their services as well as having a joint Department of Child and Family Services (DCFS) and DMH presentation at the Best Start meetings to help parents understand DCFS processes and DMH involvement.

Health Neighborhood Map



Service Area 2

Service Delivery

Neighborhood: Northeast San Fernando Valley (Pacoima)
Population: 74,419 (based on the American Community Survey by the US Census Bureau for 2013)

The following service providers have signed the Health Neighborhood MOU:

Mental Health Providers (8)	<ul style="list-style-type: none"> • Child & Family Guidance Center • El Centro de Amistad • Hathaway-Sycamores Child and Family Services • Hillview Mental Health Center • Mission City Community Network, Inc. 	<ul style="list-style-type: none"> • Northeast Valley Health Corporation • Phoenix House of Los Angeles, Inc. • San Fernando Valley Community Mental Health Center, Inc
Health Providers (5)	<ul style="list-style-type: none"> • All for Health, Health for All, Inc. • All Inclusive Community Health Center • Mission City Community Network, Inc. 	<ul style="list-style-type: none"> • Northeast Valley Health Corporation • San Fernando Community Health Center
Substance Use Disorder Providers (5)	<ul style="list-style-type: none"> • CRI-HELP, Inc. • Didi Hirsch – Via Avanta • El Proyecto del Barrio 	<ul style="list-style-type: none"> • Narcotic Addiction Treatment Agency, Inc. • The Teen Project, Inc.

Community Change

Health Neighborhood Presentations

- DMH did a presentation with First 5 LA about mental health services and stigma. This was a large community group that has roughly 75 attendees.
- DMH did a presentation to 20 parents on how to maintain good mental health and learn how to recognize early signs and symptoms of mental health issues in children at El Nido Family Services.
- DMH did a presentation about mental health services and mental health issues including the problem of stigma to residents at the Pacoima Projects community meeting.
- DMH did a presentation with *Madres Unidas* including information about mental health services and issues. In addition, a Parent Partner from DMH has attended regularly their bi-monthly meetings to provide support and linkage services. DMH is working in creating a partnership with DCFS to include their Parent In Partnership (PIP) workers in these bi-monthly meetings.

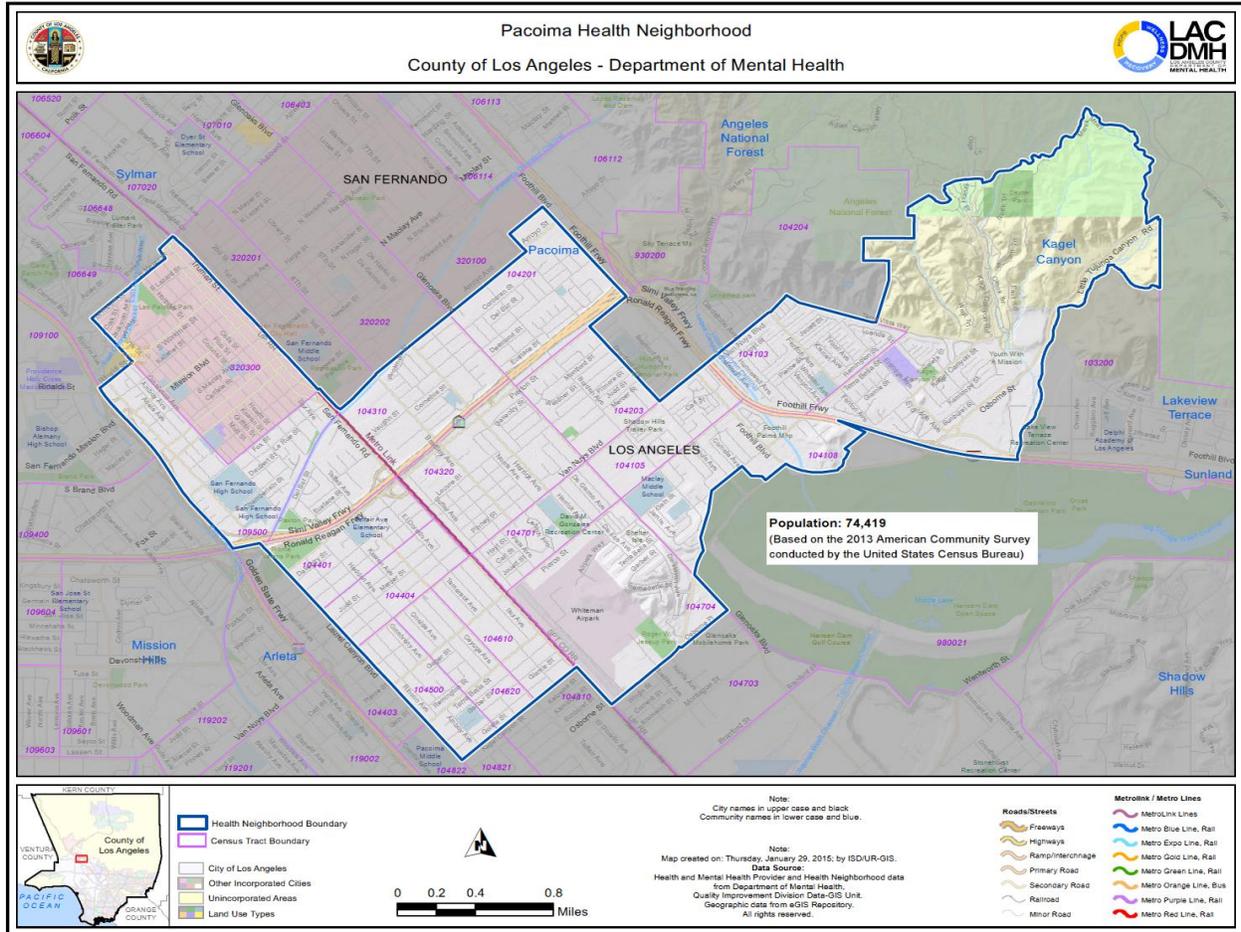
Supporting Community-based Efforts

- A Transitional Age Youth Resource Fair at Pacoima City Hall. This event was led by DMH personnel with an organizing committee consisting of partners from Hillview Mental Health, Providence Parish Nurse Program, and Village Family Services. Participants included the Pacoima Chamber of Commerce, Pacoima Beautiful, City of Los Angeles Police Department, DCFS, Department of Public Social Services, El Nido Family

Services, Meet Each Need with Dignity (MEND), *Tia Chucha's* and a variety of other service providers. Attendance was roughly 90 people.

- DMH participated in the Youth Policy Institute (YPI) which has a grant to provide some mental health services in several local Pacoima schools; DMH is working with YPI to coordinate services with mental health providers.

Health Neighborhood Map



Service Area 3

Service Delivery

Neighborhood: El Monte
Population: 124,825 (based on the American Community Survey by the US Census Bureau for 2013)

The following service providers have signed the Health Neighborhood MOU:

Mental Health Providers (12)	<ul style="list-style-type: none"> • Alma Family Services • DMH-Arcadia Mental Health Center • DMH-DHS Collaboration Program at El Monte Comprehensive Health Center • Enki Health & Research Systems, Inc. • Five Acres • Foothill Family Services 	<ul style="list-style-type: none"> • Hathaway-Sycamores Child & Family Services • Heritage Clinic • Pacific Clinics • Social Model Recovery Systems • SPIRITT Family Services • Violence Intervention Program
Health Providers (2)	<ul style="list-style-type: none"> • AltaMed Health Services Corp 	<ul style="list-style-type: none"> • DHS-El Monte Comprehensive Health Center
Substance Use Disorder Providers (3)	<ul style="list-style-type: none"> • Aegis Treatment Centers, LLC. • Social Model Recovery Systems 	<ul style="list-style-type: none"> • SPIRITT Family Services
Public Health Provider (1)	<ul style="list-style-type: none"> • DPH-Monrovia Health Center 	

Community Change

Health Neighborhood Presentations

- DMH conducted a Health Neighborhood presentation during the Health Consortium of the Greater San Gabriel Valley’s Behavioral Health Roundtable.
- DMH did a talk on the aim behind developing a Health Neighborhood in El Monte. It was facilitated by the Mountain View School District in the City of El Monte, during a Magnolia Learning Center Collaborative Meeting held at the Mountain View School District Headquarters.
- Planned Health Neighborhood Presentations for the summer of 2015.
 - Two are planned for the First 5 LA Best Start Community in El Monte/South El Monte. The two attendee groups are:
 - The Best Start Community-El Monte/South El Monte Advisory committee members; and
 - The El Monte/South El Monte Best Start Community Partnership.
 - Presentations to each of the three El Monte school districts, in which a variety of key School Administrative staff will be the target audience:
 - El Monte City School District;
 - El Monte Union High School District; and
 - Mountain View School District.

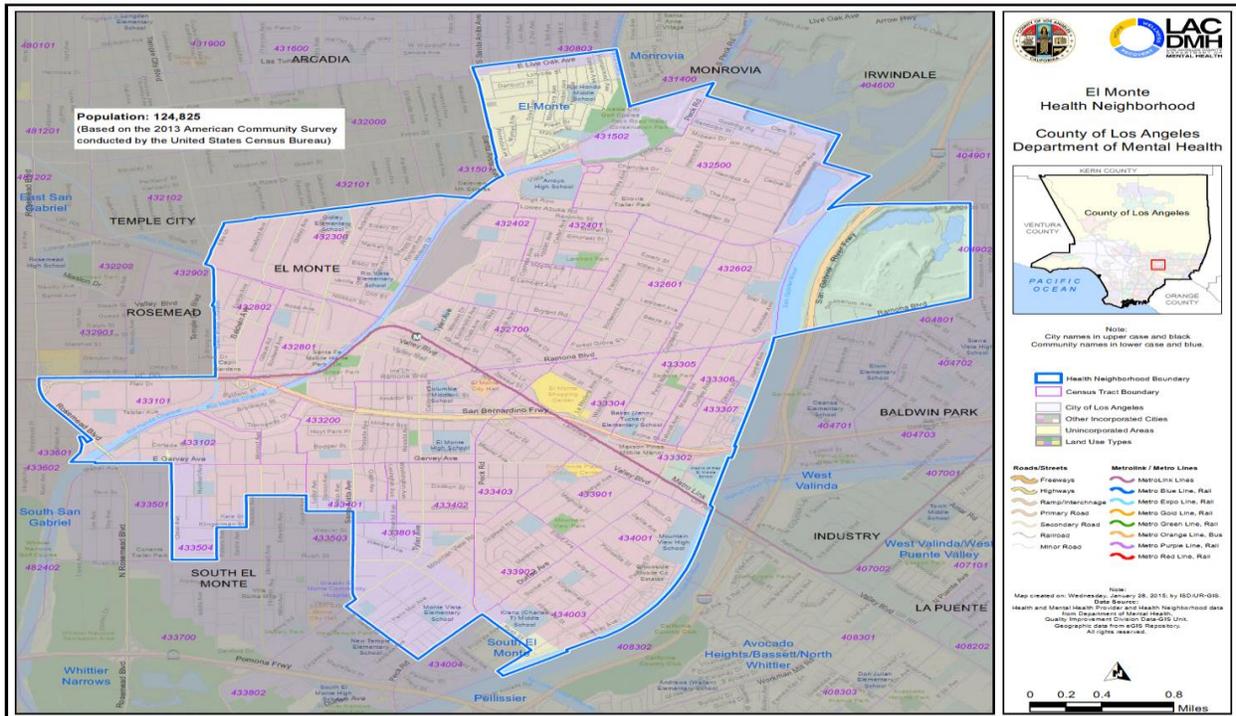
- A collective presentation to the various clergy of the 12 faith-based organizations cited here which have congregants in the El Monte Health Neighborhood:
 - El Monte Apostolic Church
 - *Iglesia Bautista Hispana De Cristo*
 - El Monte First United Methodist Church
 - Community Church of El Monte
 - The United Pentecostal Church of El Monte
 - Calvary Chapel
 - New Hope Community Church
 - Church of Our Saviour
 - El Monte First Christian Church
 - Bethel Church
 - Our Lady of Guadalupe Catholic Church
 - El Monte Valley Community Foursquare Church

- A presentation to the El Monte Police Department and the LA County Sheriffs from Temple City Station.

Supporting Community-based Efforts

- DPH has its regular Community Health Improvement Plan Regional meetings in Service Area 3 looking at Health Indicators across the San Gabriel Valley. Both DMH and DHS participate in these meetings.
- DMH’s Full Service Partnership Family Advocate conducted a 10–12 week presentation for Spanish speaking parents at the Seymour Family Resource Center (formerly the Mulhall Family Center). The presentation/training was done utilizing the Educate, Equip, and Support (EES) model to train Parent Advocates on mental health issues, as part of the collaboration with the El Monte schools and their School Attendance Review Board.

Health Neighborhood Map



Service Area 4

Service Delivery

Neighborhood: Boyle Heights
Population: 90,694 (based on the American Community Survey by the US Census Bureau for 2013)

The following service providers have signed the Health Neighborhood MOU:

Mental Health Providers (10)	<ul style="list-style-type: none"> • Alma Family Services • Behavioral Health Services, Inc. • Children’s Institute, Inc. • DHS-USC Medical Center • ENKI Health & Research Systems, Inc. 	<ul style="list-style-type: none"> • Exodus Recovery • Hathaway-Sycamores Child and Family Services • Pacific Clinics • Para Los Ninos • Violence Intervention Program
Health Providers (2)	<ul style="list-style-type: none"> • AltaMed Health Services Corporation 	<ul style="list-style-type: none"> • JWCH Institute, Inc.
Substance Use Disorder Provider (1)	<ul style="list-style-type: none"> • Behavioral Health Services, Inc. 	
Public Health Provider (1)	<ul style="list-style-type: none"> • DPH-Central Health Center 	

Community Change

Health Neighborhood Presentations

- Building Healthy Communities–Boyle Heights (BHC-BH) hosted a forum titled “Cafecito with the Mental Health Department” where DMH presented on available services in the area and the plans for the Boyle Heights Health Neighborhood.

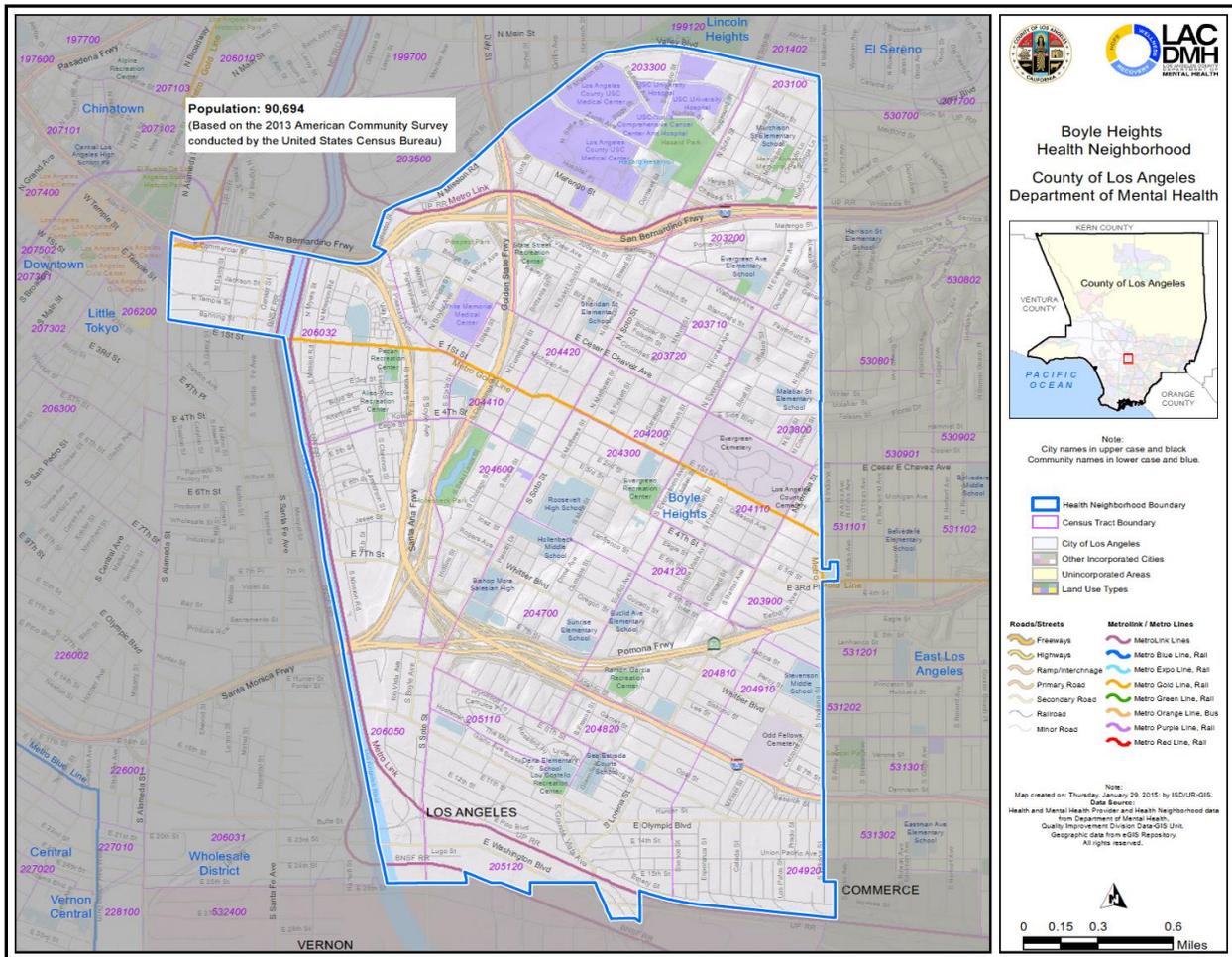
Supporting Community-based Efforts

- DMH is partnering with BHC-BH’s Health Happens in Schools Committee to: (a) develop school based services in the Los Angeles Unified School District schools that need them, (b) make those mental health services better known to the community and (c) integrate the school-based services at Roosevelt High School with other BHC-BH initiatives in Boyle Heights.
- DMH has been working with the Women, Infants, and Children Program service area-wide to partner their centers with DMH providers. DMH has provided their staff training on Mental Health First Aid and intend to link their centers in Boyle Heights to the Health Neighborhood.
- DMH has used the SA 4 Faith Community bi-monthly meetings to discuss with their Boyle Heights representatives the role the Faith Community could play in the Health Neighborhood.
- DMH has a liaison to the Metro Best Start Community which borders the Boyle Heights area and draws some people from the Boyle Heights community to educate their

participants on the Mental Health and Health Neighborhood resources available and how they can access them.

- DMH has been serving on the steering committee for the SPA 4 DPH Community Health Improvement Plan (CHIP) process that is focused on mental health issues including access to care and increased collaboration and communication between providers and the community.

Health Neighborhood Map



Service Area 5

Service Delivery

Health Neighborhood: Focus Area of Service Delivery Model to be determined

- In the initial Health Neighborhood meeting, DMH presented the MOU and signing process to obtain feedback from providers. Participants included representatives from LA Care Health Plan, City of Santa Monica, DPH, and various other agency providers.
- Westside Access to Care is a grant-funded collaboration lead by Venice Family Clinic to better coordinate health, mental health, and substance use disorder care in the community. Although most of the population now has insurance, there is still a heavy reliance on emergency room (ER) visits. Most of the hospitals in SA 5, as well as LA Care and Health Net Health Plans, participate in this collaboration to explore ways to reduce over utilization of ER.
 - DMH actively participates in the collaborative which completed the initial phase of pilot project where mental health staff worked in Saint John's Hospital ER to evaluate the high utilizers and how they got to the ER. At the end of initial phase, it was concluded the ER staff need better information to link the high utilizers to neighborhood resources. This effort has been extended for another year.
 - The work group is currently in the process of defining another pilot project to look at how to better connect ER patients to their health and behavioral health homes.
- DMH initiated a series of meetings with City of Santa Monica staff and discussed how to align DMH's effort to establish Health Neighborhoods with the City's Wellbeing Project.
 - The City of Santa Monica is funding a Wellness Center at Santa Monica High School. Opportunities for collaboration were discussed.

Community Change

Health Neighborhood Presentations

- DMH presented information to Service Area Advisory Council, Westside Mental Health Network, DPH, and the City of Beverly Hills on the rationale for forming Health Neighborhoods. Feedback was elicited from participants.

Supporting Community-based Efforts

- City of Santa Monica Wellbeing Project funded by the Bloomberg Foundation uses data to provide a shared understanding of Santa Monica's community strengths and needs, encouraging collaboration among City leaders, local organizations and residents to improve collective well-being.
 - DMH has been involved in several focus groups in the data collection process.
 - DMH attends monthly Youth Resource Teaming focused on 25 high need families in the Pico Neighborhood.
 - DMH attended Rand Corporation presentation of the City of Santa Monica Wellbeing Project baseline data.

- DMH Mobile Triage Team has been conducting homeless outreach in Venice with local law enforcement agencies on a regular schedule.
- DMH has been participating in various homeless and housing initiatives.
 - DMH has been participating in the leadership team of Venice Forward, an initiative led by LA City Councilman Mike Bonin to end homelessness in Venice.
 - Venice Forward is interested in forming a Health Neighborhood; their collaborative includes faith-based organizations, the Neighborhood Council, health providers, mental health providers and substance use disorder providers, and some businesses as well as a strong collaboration with the City of Los Angeles Police Department.
 - DMH has been an active participant in Los Angeles Homeless Services Authority Coordinated Entry System, which prioritizes eligibility for supportive housing in SA 5, and coordinates homeless outreach efforts. Further, DMH has been actively participating in meetings with the Veteran Surge, which proposed the goal to end veteran homelessness by the end of the year.
- DMH has been conducting various meetings and trainings related to Community Change. Topics included, but were not limited to the following:
 - Asset-based Community Development and Outreach/Engagement
 - Counseling 101
 - Depression and Anxiety
 - Effective Communication skills
 - Mental Health 101
 - Moral Injury
 - Complementing Caring Congregations

Service Area 6

Service Delivery

Neighborhood: MLK/ Watts-Willowbrook

Population: 149,798 (based on the American Community Survey by the US Census Bureau for 2013)

The following service providers have signed the Health Neighborhood MOU:

Mental Health Providers (17)	<ul style="list-style-type: none"> • Child and Family Guidance Center • DMH-A.F. Hawkins Mental Health Center • Barbour & Floyd Medical Associates • DMH/DHS Collaboration Program MLK • Drew Child Development Corporation • EMQ Families First, Inc. • Exodus Foundation • Exodus Recovery, Inc. • Hathaway-Sycamores Child and Family Services 	<ul style="list-style-type: none"> • Los Angeles Guidance Clinic • Personal Involvement Center • Southern California Health and Rehabilitation Program • SHIELDS for Families, Inc. • St. John's Well Child and Family Center • Star View Community Services • Tessie Cleveland Community Services • Telecare Corporation
Health Providers (4)	<ul style="list-style-type: none"> • DHS-Dollarhide Health Center • DHS-Martin Luther King, Jr. Outpatient Center, OASIS Clinic 	<ul style="list-style-type: none"> • DHS-Martin Luther King, Jr. Outpatient Center • St John's Well Child and Family Center
Substance Use Disorder Providers (2)	<ul style="list-style-type: none"> • SHIELDS for Families, Inc. 	<ul style="list-style-type: none"> • St. John's Well Child and Family Center

The following agencies have also been participating in MLK/ Watts-Willowbrook Health Neighborhood.

- Children's Institute International, Inc.
- County of Los Angeles Department of Public Health
- Special Service for Groups-Asian Pacific Recovery
- Watts Labor Community Action Committee
- 1736 Family Crisis Center

Community Change

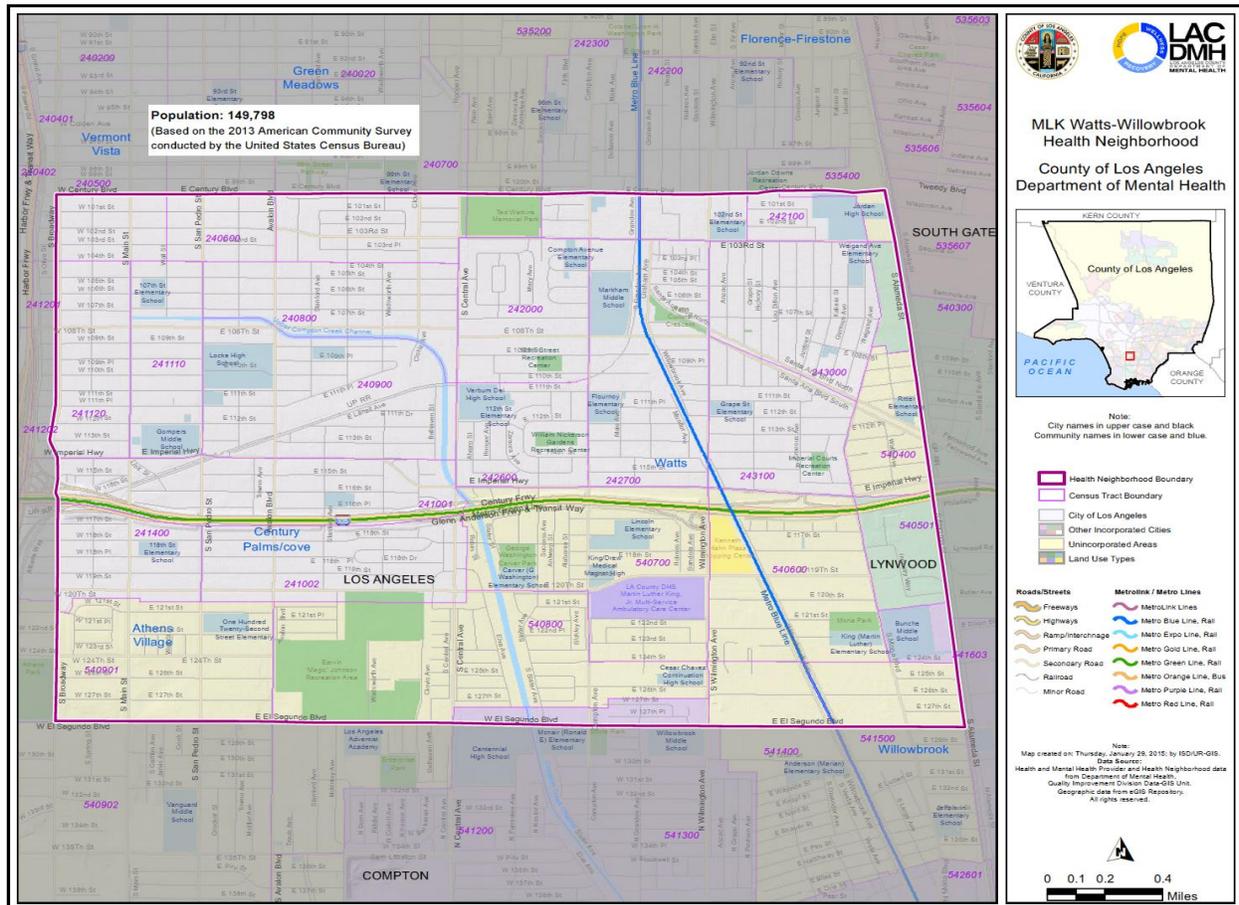
Health Neighborhood Presentations

- DMH conducted a series of Health Neighborhood presentations to the Service Area Advisory Council.

Supporting Community-based Efforts

- DMH had a series of meetings with Program Officers from three Best Start Communities that geographically overlap with the Watts-Willowbrook Health Neighborhood. The meeting focused on improving access and coordinating community services.
- DMH participated in the Health Equity Roundtable, a DPH SPA 6 community-sponsored event and provided information about DMH services and Health Neighborhoods.
- DMH met with the LA Reintegration Council, an organization focused on jail diversion, to provide information re: DMH operations, services, and how jail diversion strategies could be integrated into the MLK/Watts-Willowbrook Health Neighborhood.
- DMH met with staff of the Women's Community Reintegration Services and Education Center to discuss their program services, needs, and share information about Health Neighborhoods.
- DMH met with DHS administration to develop a team-based approach to homeless inpatients being discharged from County hospitals.

Health Neighborhood Map



Service Area 7

Service Delivery

Neighborhood: Southeast Los Angeles (SELA)
Population: 204,106 (based on the American Community Survey by the US Census Bureau for 2013)

The following service providers have signed the Health Neighborhood MOU:

Mental Health Providers (12)	<ul style="list-style-type: none"> • DMH-American Indian Counseling Center • Alma Family Services • Almansor Center • DMH-Centro De Bienestar • CHCADA Inc. • ENKI Health and Research Systems Inc. 	<ul style="list-style-type: none"> • Hathaway-Sycamore Child and Family Services • Penny Lane Centers • DMH-San Antonio Mental Health Center • SPIRITT Family Services • Telecare Corporation • The Village Family Services
Health Providers (5)	<ul style="list-style-type: none"> • AltaMed Health Services Corporation • Avanti Hospitals • Family Health Care Center of Greater Los Angeles, Inc. 	<ul style="list-style-type: none"> • JWCH Institute, Inc. • South Central Family Health Center
Substance Use Disorder Providers (2)	<ul style="list-style-type: none"> • Mela Counseling Services Center 	<ul style="list-style-type: none"> • Southern California Alcohol & Drug Programs, Inc.
Public Health Provider (1)	<ul style="list-style-type: none"> • DPH-Whittier Health Center 	

The following agencies have also been participating in the SELA Health Neighborhood:

- Los Angeles Center for Alcohol and Drug Abuse
- Best Start Community-Southeast Los Angeles

Community Change

Health Neighborhood Presentations

- DMH presented information on Health Neighborhoods to Service Area Advisory Council.
- DMH presented information on Health Neighborhoods to DMH *Promotores de Salud Mental* (Community Health Workers).
- DMH will present on mental health services and plans for the Southeast Los Angeles (SELA) Health Neighborhood at the upcoming DPH Service Planning Area 7 Community Health Improvement Plan Meeting.

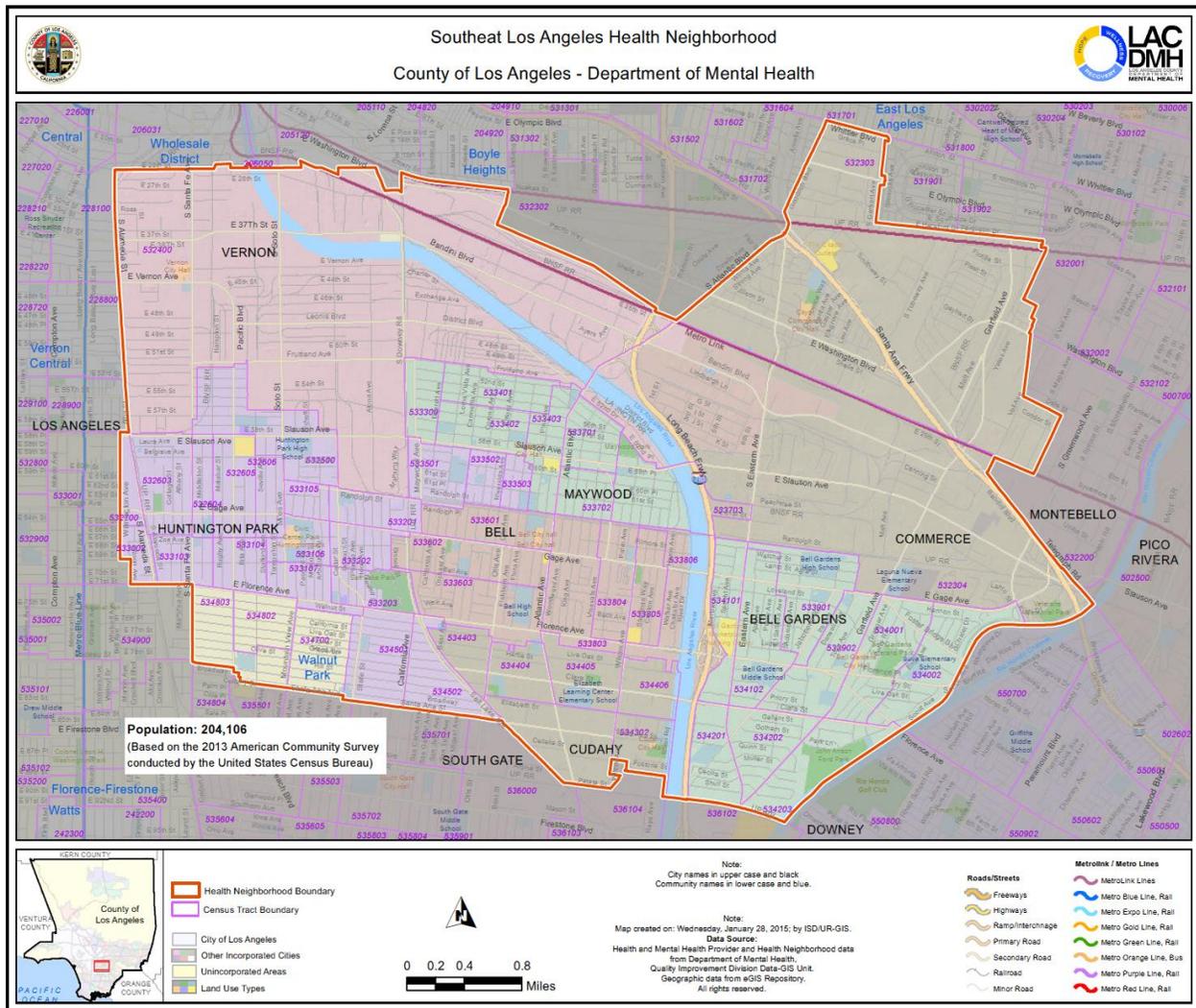
Supporting Community-based Efforts

- DMH *Promotores de Salud Mental* are trained and present on a series of mental health topics, such as: Mental Health Stigma, Grief and Loss, Domestic Violence Prevention, Drug and Alcohol Prevention, Symptoms and Treatment of Depression, Anxiety Disorders, Child Abuse, Childhood Disorders, and Suicide Prevention. Presentations

were made to: Communities Organized for Resources and Education (CORE), a neighborhood mental health collaborative in Huntington Park, transition age youth, Domestic Violence survivors, consumers, parents, and families.

- DMH has been collaborating with Best Start Community-Southeast Los Angeles (BSC-SELA) and DMH has recently signed an MOU with YWCA of Greater LA, Walnut Park (BSC-SELA meeting location). DMH SA 7 *Promotores de Salud Mental* has begun providing mental health trainings (topics listed above) to BSC-SELA participants.
- DMH has been serving on the steering committee for the SA 7 DPH Community Health Improvement Plan process that is focused on increased collaboration and communication between providers and the community.

Health Neighborhood Map



Service Area 8

Service Delivery

Neighborhood: Central Long Beach
Population: 170,259 (based on the American Community Survey by the US Census Bureau for 2013)

The following service providers have signed the Health Neighborhood MOU:

Mental Health Providers (5)	<ul style="list-style-type: none"> • DMH-Long Beach Asian Pacific Islander Family Mental Health Center • DMH-Long Beach Child Adolescent Program • DMH/DHS-Collaboration Program Long Beach Comprehensive Health Center 	<ul style="list-style-type: none"> • DMH-Long Beach Mental Health Center • Mental Health America of Los Angeles
Health Providers (2)	<ul style="list-style-type: none"> • DHS-Long Beach Comprehensive Health Center 	<ul style="list-style-type: none"> • The Children’s Clinic
Substance Use Disorder Providers (2)	<ul style="list-style-type: none"> • Behavioral Health Services, Inc. 	<ul style="list-style-type: none"> • Safe Refuge
Public Health Provider (1)	<ul style="list-style-type: none"> • Long Beach Department of Health and Human Services 	

The following agencies have also been participating in the Central Long Beach Health Neighborhood:

- Pacific Asian Counseling Services
- The Guidance Center
- For the Child, Inc.

Community Change

Health Neighborhood Presentations

- DMH presented on Health Neighborhoods to Service Area Advisory Council.
- DMH presented on Health Neighborhoods to the Best Start Community-Central Long Beach Leadership team.
- DMH presented on Health Neighborhoods to Long Beach Department of Health and Human Services (LB-DHHS), Building Healthy Communities-Central Long Beach (BHC-CLB), Mental Health America Los Angeles (MHALA) at the Central Long Beach Health Neighborhoods Community Forum.

Supporting Community-based Efforts

- DMH has collaborated with LB-DHHS, BHC-CLB, & MHALA to support the City of Long Beach’s aim to improve the quality of life for community residents and co-facilitated a community forum on Health Neighborhoods in which representatives from LB-DHHS,

BHC-CLB, & MHALA discussed ideas focused on improving health and wellness in Central Long Beach.

- In Central Long Beach, DMH SA 8 is replicating the St. Joseph-DMH Partnership in which the DMH Clergy Academy provides mental health trainings, including Emotional CPR and Mental Health First Aid, to faith-based communities.
- DMH has participated with local homeless service providers, including: LB-DHHS Multi Service Center, Harbor Interfaith Services, and the South Bay Homelessness Coalition to evaluate community needs and plan for potential collaboration with LB-DHHS, Long Beach Police Department, and the City of Long Beach Prosecutor, for a pre-booking diversion population pilot effort.

Health Neighborhood Map

