



Los Angeles County Department of Mental Health

Assisted Outpatient Treatment for Los Angeles (AOT-LA) Program

AOT Criteria

Each of the following criteria must be met for the AOT program:

- 18 years or older
- Has a mental illness
- Clinical determination that the person is unlikely to survive safely in community without supervision defined as:
 - Unable to provide for food, clothing or shelter in a manner consistent with preservation of reasonable physical health and safety: (1) Exposed to easy victimization and/or (2) exposed to environmental health dangers.
- History of lack of compliance with treatment for his/her mental illness demonstrated through at least one of the following:
 - Mental illness has, 2x within the last 36 months, been a factor in necessitating hospitalization, or receipt of services in a forensic or other mental health unit of a state or local correctional facility (excluding hospitalization or incarceration immediately preceding the petition
 - Person's mental illness has resulted in one or more acts of serious and violent behavior toward him/herself or others.
- Has been offered an opportunity to participate in a treatment plan and fails to engage in treatment
- The person's condition is deteriorating
- AOT would be the least restrictive placement to support recovery and stability
- The person is in need of AOT in order to prevent relapse or deterioration (serious harm to self or others)
- It is likely the person will benefit from AOT