

Supplemental COD Assessment: Instructions for Alcohol Screening Score in IBHIS

Alcohol Screening Questions

How often do you have a drink containing alcohol?

Never Monthly or less
 2-4 times a month 3 times a week
 4+ times a week

How many drinks containing alcohol do you have on a typical day when you are drinking?

1 or 2 3 or 4 5 or 6 7 to 9 10+

How often do you have six or more drinks on one occasion?

Never Less than monthly
 Monthly Weekly
 Daily or almost daily

Alcohol Screening Score?

Was a Brief Intervention Provided?

Yes No

How to Calculate the Alcohol Screening Score:

1. Select client's responses to alcohol screening questions.
2. Add up numbers next to the responses using the guide below.
3. Type total score into text box.

Alcohol Screening Questions

How often do you have a drink containing alcohol?

Never **0** Monthly or less **1**
 2-4 times a month **2** 3 times a week **3**
 4+ times a week **4**

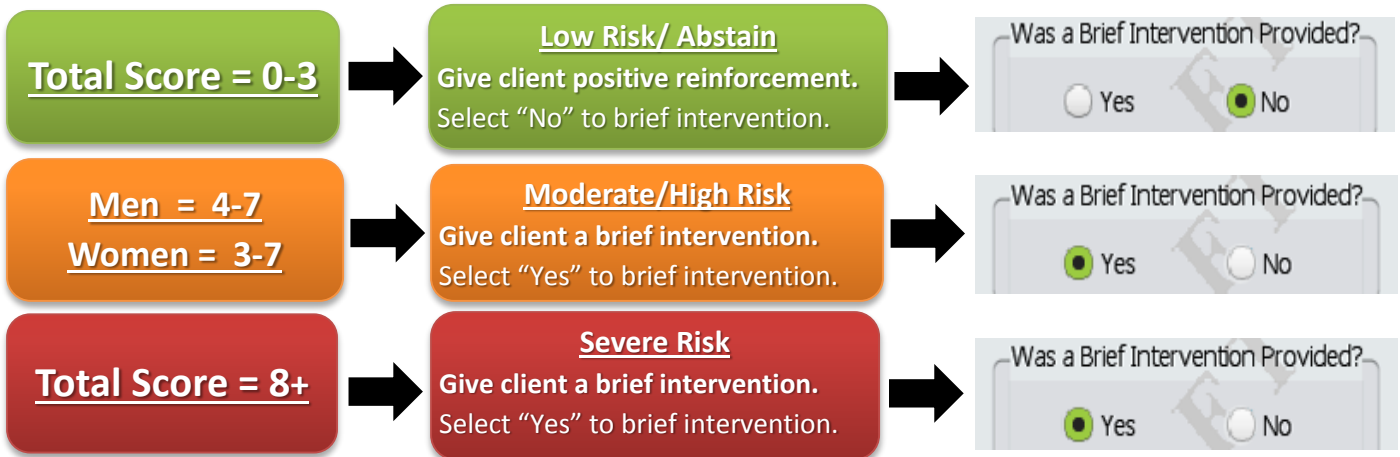
How many drinks containing alcohol do you have on a typical day when you are drinking?

1 or 2 **0** 3 or 4 **1** 5 or 6 **2** 7 to 9 **3** 10+ **4**

How often do you have six or more drinks on one occasion?

Never **0** Less than monthly **1**
 Monthly **2** Weekly **3**
 Daily or almost daily **4**

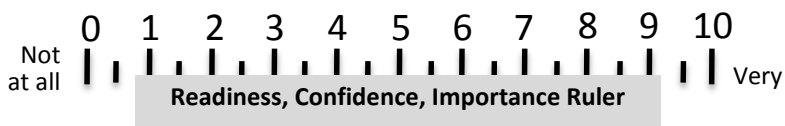
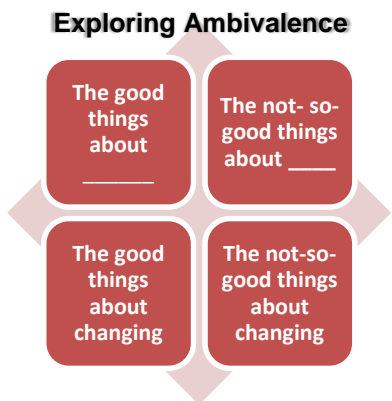
4. Compare total score to the risk chart below.



How to Conduct a Brief Intervention:

If client's score is in the Moderate/High or Severe Risk level, then provide a brief intervention using the three steps of the F.L.O. ↓ (more details available at www.uclaisap.org/dmhcod)

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|------------------------------|---|
| Feedback | <ul style="list-style-type: none"> • Ask for permission • Provide feedback on screener results and interpret • Elicit client reaction |
| Listen and Understand | <ul style="list-style-type: none"> • Explore Pros and Cons → • Use Readiness/Importance/Confidence Ruler ↓ • Use reflections and summarize |
| Explore Options | <ul style="list-style-type: none"> • Create a menu of options • Elicit agreement on selected option • Schedule follow-up |



- Summarize pros and cons
- Use open-ended questions