County of Los Angeles Department of Mental Health

Student Professiona	l Development Prog	gra	m 2015-2016	Academic	Year
-	e this form for each disci _l	plin	e to be placed at this ager	ıcy:	Service Area
Psychology			Nursing	• .	4
• Practicum			Marriage Family Thera	ipist 🗆	
• Externship			Occupational Therapy		
• Internship			Other (specify):		
Social Work	N. (1.11 1.1				
-	Mental Health				
 Macro/Admini 	strative				
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DMH Agency:			Center- Prevention and Ea	iny interventi	IOII
	Program 224 E 6 th St.				
DMH Agency Address:		4			
	Los Angeles, CA 90014	ł			
DMH Agency Liaison:	Nicole Gutman				
New or Returning:	New New		Returning		
Liaison Email Address:	ngutman@dmh.lacount	y.go	0V		
Liaison Phone Number:	213-680-6314				
Liaison Fax Number:	213-895-6274	_			
Agency ADA accessible	Yes		No		
- •	If "No" identify:				

Student Requirements:

How many positions will you have?	1
Beginning and ending dates:	August- May

Student Schedule:

Please indicate days and times students should be available to provide services, including mandatory staff meetings (SM), training seminars (TR), supervision (SUP), etc.

Monday	8:00 a.m. — 4:30 p.mflexible per agreement	
	between supervisor & student intern	
Tuesday	8:00 a.m. — 4:30 p.mflexible per agreement	
	between supervisor & student intern	
Wednesday	9:00 a.m. — 5:30 p.mflexible per agreement	
	between supervisor & student intern, SUP 3-5	
	pm	
Thursday	8:00 a.m. — 4:30 p.mflexible per agreement	
	between supervisor & student intern	
Friday	8:00 a.m. — 4:30 p.mflexible per agreement	
	between supervisor & student intern	

Total hours expected to be worked per week:	20
Number of direct client hours per week anticipated:	13

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Expected average consumer caseload:	8-10
What cultural groups typically received services at your site?	Primarily African American (53%), Latino (23%), Caucasian (20%)
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Description of Site: (*Please describe the type of Agency setting and services offered*)

Downtown Mental Health Center is an outpatient mental health center in the Skid Row area of Downtown Los Angeles. The agency includes multiple programs across several sites, including Prevention and Early Intervention, Full-Service Partnership, Field Capable Clinical Services, CalWORKS, Crisis Recovery Services and Wellness.

The Prevention and Early Intervention Program works to reduce the psychosocial impact of trauma by reaching out to at-risk individuals and assist them in recovery and in building resiliency and strength to withstand future stressors. Services provided are individual and group therapy, psychiatric medication support, and case management.

Target population and types of services provided: (*please check all that apply*)

Individuals	Psychoeducational groups (e.g. Parenting
Groups	Community Outreach
Families	Brief treatment to mid-term treatment
Children & Adolescents	Long term treatment
Adults	Crisis Intervention
Older Adults	Screening and Assessment
Court/Probation referred	Psych Testing (For psychology students only
Consultation/Liaison	Other (<i>specify</i>):

What are the most frequent diagnostic categories of your client population? Major Depressive Disorders, PTSD, Anxiety Disorders, Adjustment Disorders

What specific (perhaps unique) training opportunities do students have at your agency? Training in Evidence Based Practices, such as CBT, Crisis Oriented Recovery Services, Interpersonal Psychotherapy, Seeking Safety, DBT, and Group CBT for Depression

What evidence based practices or theoretical orientations will students be exposed to at this site? CBT, Crisis Oriented Recovery Services, Interpersonal Psychotherapy, Seeking Safety, and Group CBT for Depression

Do students have the opportunity to work in a multidisciplinary team environment that includes those with lived experience?

Yes

List locations where students will be providing services **other than agency**? Possibly coordinating for referrals from community agencies in the area.

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Does your agency allow students to videotape and/or audiotape clients for the purpose of presenting cases in their academic classes? Yes \square No \boxtimes

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Supervision:

What types of supervision will be provided for the students and what is the licensure/discipline of the supervisor? Please specify below.

Туре	Hours Per Week	On Site Supervisor Degree/Discipline
Individual:	1.5	MSW/LCSW
Group:	2	MSW/LCSW

What is the minimum ratio of supervision to client contact hours?

1:10

Does your agency require a particular range of previous experience or specific prerequisite coursework? *If so please explain*.

This placement is appropriate for second year students.

Agency Application Process

<u>Mandatory requirements</u>: Only students from academic institutions who have a current affiliation agreement with the Los Angeles County Department of Mental Health may be extended a placement opportunity. All students are processed through Human Resources Bureau. All prospective interns must obtain live scan clearance. All interns are required to complete a mandatory HIPAA Compliance and Sexual Harassment Prevention Training (for line staff) as part as the terms of their internship.

DMH Staff completing this form: Nicole Gutman	Title: LCSW, PSWII	
Signature:	Date:	
Program Head: Leticia Guzman-Soydan	Phone #: 213-680-6374	
District Chief: Stacy Williams	Phone #: <u>213-922-8100</u>	
Electronic Signature: Nicole Gutman	Date:3/6/15	