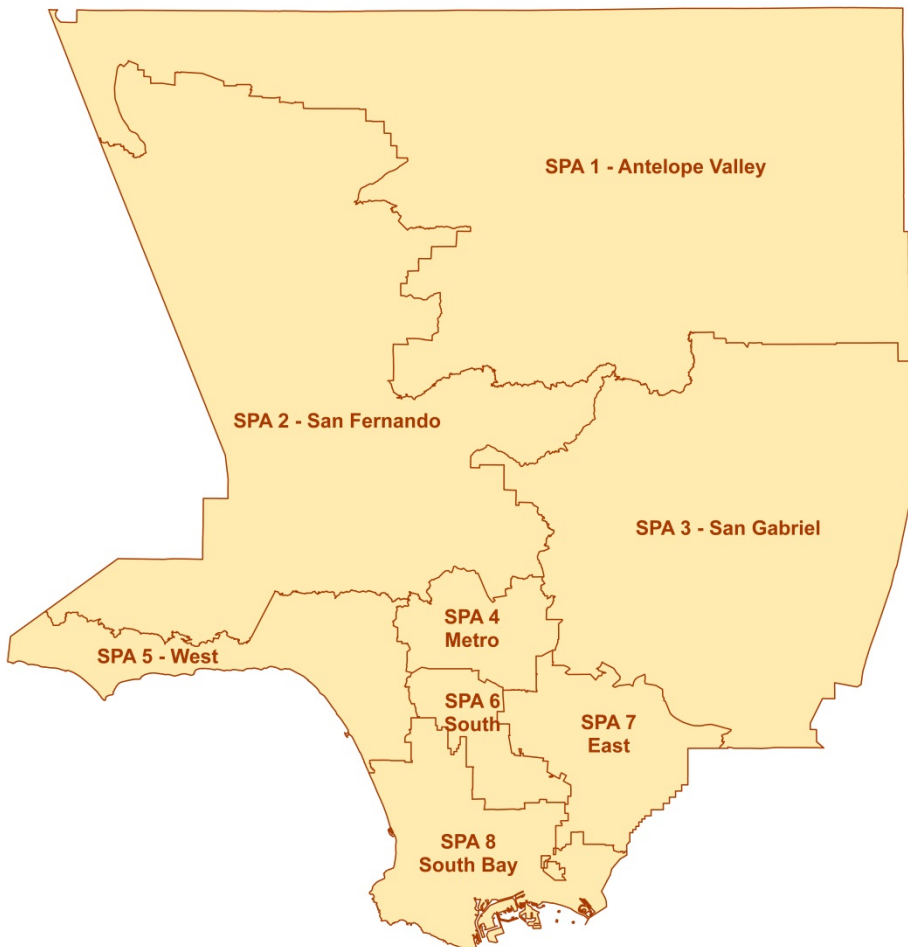


# Grief Support Resources for Parents and Families with Infant and Fetal Loss Los Angeles County

The resource is divided by eight Service Planning Areas (8).  
Please click to the SPA that you live in to go the resources available near you.



For more information, please contact Luz Arboleda-Babcock, BSN, PHN  
SIDS, FIMR & NBS Program Coordinator  
Maternal, Child, and Adolescent Health  
600 S. Commonwealth Ave, Suite 800  
Los Angeles, CA 90005  
P: 213.639.6413 F: 213.639.1034



# Grief Support Information

Los Angeles County Public Health Department

## ***SPA 1 - Antelope Valley***

Kaiser Permanente Bereavement, Lancaster

800-272-3500 Ext. 3528 / 661-729-7250

Meeting information: Fridays from 10:00-11:30am

43112 15<sup>th</sup> Street West (South Building, Room B)

Lancaster, CA 93534

Open to the community and free of charge

Kaiser Permanente Bereavement, Palmdale

800-272-3500 Ext. 3528 / 661-729-7250

Meeting information: Thursdays from 6:30-8:00pm

38600 Medical Center Drive, Palmdale, CA 93551

(Corner of Palmdale Blvd. & Tierra Subida Ave.)

Cactus Room, main entrance left of information desk.

Open to the community and free of charge

Compassionate Friends Grief Support, Lancaster

661-839-2849

Meetings are every 3<sup>rd</sup> Thursday of the month at 6:30pm

1608 West Ave., K-8 (The Willows Apartment)

Lancaster, CA 93534

[http://www.compassionatefriends.org/Find\\_Support/Chapters/Chapter\\_Locator.aspx](http://www.compassionatefriends.org/Find_Support/Chapters/Chapter_Locator.aspx)

Email: ouravangels@yahoo.com

Open to the community and free of charge

## ***SPA 2 – San Fernando***

Northridge Hospital Medical Center

Open to the community and free of charge

[http://www.northridgehospital.org/Who\\_We\\_Are/Community\\_Programs/190574](http://www.northridgehospital.org/Who_We_Are/Community_Programs/190574)

- The Healing Journey  
818-885-8500, Ext. 4560  
Select Wednesdays from 2:30 - 4:00pm  
18300 Roscoe Blvd., Northridge, CA 91328

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- **Bereavement Program**  
818-885-8351, Ext. 4560  
Tuesdays from 5:30-7:00pm  
22801 Ventura Blvd., Suite 112,  
Woodland Hills, CA 91364

## Verdugo Hills Hospital

Compassionate Friends

818-236-3635

Meeting information: 4<sup>th</sup> Thursday of each month at 7:30pm &  
3<sup>rd</sup> Thursday of each month in Nov. & Dec.

1812 Verdugo Blvd., Glendale, CA 91208

Note: Spanish speaking support 323-347-9469

[http://www.compassionatefriends.org/Find\\_Support/Chapters/Chapter\\_Locator.aspx](http://www.compassionatefriends.org/Find_Support/Chapters/Chapter_Locator.aspx)

Open to the community and free of charge

## Kaiser Permanente, Woodland Hills

Compassionate Friends

818-375-3528/818-832-7295

Meeting information: 2<sup>nd</sup> Monday of each month at 7:30pm

5601 De Soto Ave., Los Angeles, CA 91367

Burbank Blvd. & De Soto- Entrance 5

[http://www.compassionatefriends.org/Find\\_Support/Chapters/Chapter\\_Locator.aspx](http://www.compassionatefriends.org/Find_Support/Chapters/Chapter_Locator.aspx)

Open to the community and free of charge

## Providence/Holy Cross Medical center

818-496-4389

15031 Rinaldi St. Mission Hills, CA 91346

<https://california.providence.org/holy-cross/Pages/community-support-groups.aspx>

Open to the community and free of charge

## ***SPA 3 – San Gabriel***

Miss Foundation, Glendora

602-279-6477/ 888-455-6477

Meeting information: 2<sup>nd</sup> Monday of each month at 7:00pm.

1700 E. Palopinto Ave., Glendora, CA 91741

Glenkirk Church, Room 24

<http://missfoundation.org/support/groups/california>

Open to the community and free of charge



## Casa Cardenas and family Counseling (Spanish/English)

818-814-6400

Meets every Monday of the month from 10:00am-11:30am

4141 Maine Ave., Baldwin Park, CA 91706

Open to the community and free of charge

## Kaiser Permanente, Baldwin Park

323-783-4977

Meets every 1<sup>st</sup> and 3<sup>rd</sup> Thursday of the month from 09:00am-10:30am

1011 Baldwin Park Blvd., Baldwin Park, CA 91706

Open to the community and free of charge

## **4 – Metro**

### Los Angeles County Grief Healing Peer-Parent Support Group

Hosted by Peer-Parents: Christina Thiele and Myia Slaughter

707- 849-5347 (Thiele) & 909- 456-5420 (Slaughter)

[christina23thiele@gmail.com](mailto:christina23thiele@gmail.com) / [myslaughter84@gmail.com](mailto:myslaughter84@gmail.com)

600 S. Commonwealth Ave., Suite 800

Los Angeles, CA 90005

<http://publichealth.lacounty.gov/mch/sids/sids.htm>

Open to the community and free of charge

### Kaiser Permanente, Sunset

323-783-4977/323-783-7060

Meets every Monday of the month from 6:30pm-8:00pm.

4760 Sunset Blvd. (3<sup>rd</sup> floor conference room)

Los Angeles, CA 90027

Open to the community and free of charge

### Kaiser Permanente, Wilshire

323-783-4977/323-783-7060

Meets every Monday of the month from 11:00am-12:30pm

3699 Wilshire Blvd.

Los Angeles, CA 90010

Open to the community and free of charge



## **SPA 5 – West**

### Compassionate Friends Grief Support (Spanish/English)

310- 474-3407

Meeting information: 1<sup>st</sup> Thursday of each month at 8:00pm

Temple Emanuel, 8844 Burton Way, Beverly Hills, CA 90211

[http://www.compassionatefriends.org/Find\\_Support/Chapters/Chapter\\_Locator.aspx](http://www.compassionatefriends.org/Find_Support/Chapters/Chapter_Locator.aspx)

Open to the community and free of charge

### Miss Foundation, LA CITY

602-279-6477

11661 West Olympic Blvd., Los Angeles, CA 90064

Wilshire Boulevard Temple (at Olympic and Barrington)

<http://missfoundation.org/support/groups/california>

Open to the community and free of charge

### Comforting Hearts Family Bereavement Group

310-206-1771

Meeting information: Every other Monday of the month at 6:30pm

Alban's Episcopal Church in Westwood, located close to UCLA

580 Hilgard Ave., Los Angeles, CA 90024

[http://www.uclahealth.org/body\\_mattel.cfm?id=1510](http://www.uclahealth.org/body_mattel.cfm?id=1510)

Open to UCLA patients (at no cost)

## **SPA 6 – South**

### Compassionate Friends Grief Support, Los Angeles

323-546-9755

Meeting information: Last Tuesday of each month from 8:00 - 9:30pm

1801 E Century Blvd., Los Angeles, CA 90002 (Fire Station #65)

[http://www.compassionatefriends.org/Find\\_Support/Chapters/Chapter\\_Locator.aspx](http://www.compassionatefriends.org/Find_Support/Chapters/Chapter_Locator.aspx)

Open to the community and free of charge

### Center for Grief and Loss for Children

213-924-3510 / toll-free 866-744-7433

924 West 70th Street, Los Angeles, CA 90043

<http://www.hathaway-sycamores.org/programs/the-center-for-grief-and-loss-for-children/>

Open to the community and free of charge. Also, offers individual/family counseling for Medi-Cal recipients.



## **SPA 7 - East**

### Pathway Grief Support Group

562-531-3031

Meets every Tuesday at 6:45pm

3701 Michelson St.

Lakewood, CA 90712

<http://www.pathwayshealth.org/grief-support/>

Open to the community and free of charge

### Our Lady of Guadalupe (Spanish/English)

213-637-7833

4018 East Hammel Street

Los Angeles, CA 90063

Open to the community. Fee based on a sliding scale.

## **SPA 8 - South Bay**

### Compassionate Friends Grief Support

310-963-4646

Meets every Friday at 1:00pm

Mimi's Café- 25343 Crenshaw Boulevard

Torrance, CA 90505

[http://www.compassionatefriends.org/Find\\_Support/Chapters/Chapter\\_Locator.aspx](http://www.compassionatefriends.org/Find_Support/Chapters/Chapter_Locator.aspx)

Open to the community and free of charge

### Long Beach Memorial

562-933-1454

Meets every 2<sup>nd</sup> and 4<sup>th</sup> Monday of the month at 7:00pm

2801 Atlantic Avenue

Long Beach, CA 90806

<http://www.memorialcare.org/events-education/events/topics/bereavement-grief>

Open to the community and free of charge

### The Gathering Place

310-546-6407

Meets on Mondays (9 week series). Offers individual counseling and specialize in bereavement for children

514 N. Prospect Ave., Suite 115, Lower Level

Redondo Beach, CA 90277

<http://www.griefcenter.info/welcome.html>

Open to the community and donations accepted



## **Online Bereavement Support:**

**MISS Foundation** - Providing crisis support and long term aid to families after the death of a child from any cause (Online Support Group 24/7).

<http://www.misschildren.org/>

**First Candle-** Grief counselors are 24 hours a day, seven days a week. Please do not hesitate to contact us if you, or someone you know, needs help. 1-800-221-7437

<http://www.firstcandle.org/grieving-families/grief-resources/online-resources/>

**Bereaved Parents of the USA** - Offers support for parents, siblings, and grandparents.

<http://www.bereavedparentsusa.org>

**The Compassionate Friends** - Offers support for families after the death of a child of any age. Tel: 877- 969-0010

<http://www.compassionatefriends.org>

**Share Pregnancy & Infant Loss Support, Inc.**

<http://www.nationalshare.org>

Tel: 800- 821-6819

**Empty Cradle**

<http://www.emptycradle.org>

**Mother in Sympathy and Support (MISS) Foundation**

[www.missfoundation.org](http://www.missfoundation.org)

**New Hope Grief Support Community, Inc**

[www.newhopegrief.org](http://www.newhopegrief.org)

**Grief and Share.** Grief recovery support groups

<http://www.griefshare.org/findagroup/search>

<http://www.cjsids.org/grief-and-bereavement/if-youre-bereaved.html>

<http://www.californiasids.com/Universal/MainPage.cfm?P=32>

<http://www.sidsks.org/GriefSupport.html>

<http://www.sidsresources.org/>

<http://www.sidscenter.org/Bereavement/>

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