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DEPARTMENT OF MENTAL HEALTH

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TO: PEI Providers

FROM: Debbie Innes-Gomberg, Ph.D. 
MHSA Implementation Unit

SUBJECT: **OVERVIEW OF PEI OUTCOME COLLECTION AND REPORTING PROTOCOL**

As DMH contract and directly operated programs have embarked on implementing evidence-based practices (EBPs) as part of Los Angeles County's PEI Plan, DMH has sought input into the selection of outcome measures for our EBPs (including community-defined evidence practices and promising practices) via a DMH-provider workgroup. While this workgroup has focused on child and transition age youth practices and outcome measures, its attention will turn to adult and older adult practices and measures in the near future.

This memo serves to provide an overview of the outcome reporting requirements for providers of PEI services and will be updated as new agreements are reached.

Levels of Outcome Reporting

All providers of PEI early intervention EBPs, promising practices or CDEs will be required to collect pre-treatment and post-treatment outcomes for each client/family served. In order to be able to make comparisons across practices, a general measure has been selected; the Youth Outcome Questionnaire/Outcome Questionnaire. An additional outcome measure will be required, based on the focus of treatment. The attached table outlines the outcome measures selected by focus of treatment and practice. Wherever possible, the Department selected measures that were economical and in the public domain, brief and spanned age ranges in order to minimize the number of measures in use by any particular provider.

Schedule for Initiation of Data Collection and Reporting

The California Institute for Mental Health (CIMH), under contract with the Department, provides training on the practices and outcomes associated with Trauma Focused - Cognitive Behavioral Therapy (TF-CBT), Triple P Parenting and Managing and Adapting Practice (MAP). Accordingly, CIMH is currently providing webinar-based training on collecting outcomes for these practices. Once clinical staff are trained, and programs receive outcome measures, providers should initiate data collection, per DMH and CIMH direction. At this time, the Department and CIMH are only requiring data collection for TF-CBT, since the required outcome measures have been distributed by CIMH.

For all other practices, the Department is ordering the outcome measures, in all available languages, and will distribute those measures as they come in. The Department is also in the process of developing a database for PEI outcome data entry. Once the database development is complete, providers will be trained on its use and outcome data collection and transmission to the Department will begin. *For the practices not supported by CIMH, while you may begin collecting data as soon as you obtain the measures; however, the Department will not require the collection and submission of outcome data collection until the database and data transmission protocol is in the place, and agencies have been notified by the Department..*

If you would like additional information or immediate access to the outcome measures selected that are in the public domain, listed below are web links to those measures:

Revised Child Anxiety and Depression Scales www.childfirst.ucla.edu/resources.html
Patient Health Questionnaire – 9 www.phqscreeners.com

[www.phqscreeners.com/overview.aspx?Screeners=02 PH
Q-9](http://www.phqscreeners.com/overview.aspx?Screeners=02_PHQ-9)

For additional information on PEI outcome measures, please contact Robert Byrd, Psy.D. at (213) 251-6812.

Attachment

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COUNTY OF LOS ANGELES - DEPARTMENT OF MENTAL HEALTH
Program Support Bureau - MHSA Implementation Unit
Prevention & Early Intervention (PEI) Evidenced Based Practices (EBP) OUTCOME MEASURES

FOCUS OF TREATMENT	EBS, CDEs, PP	Age	GENERAL OUTCOME MEASURE	Age	AVAILABLE LANGUAGES	SPECIFIC OUTCOME MEASURE	Age	AVAILABLE LANGUAGES
ANXIETY	Managing and Adapting Practice (MAP) - Anxiety & Avoidance	3-19	Youth Outcome Questionnaire - 2.01 (Parent) Youth Outcome Questionnaire - Self-Report - 2.0 Outcome Questionnaire - 45.2*	4-17 12-18 18+	English Spanish	Revised Child Anxiety and Depression Scales (Parent & Child)	6-18	Chinese, English, Spanish
TRAUMA	Trauma Focused-Cognitive Behavioral Therapy (TF-CBT)	3-18	Youth Outcome Questionnaire - 2.01 (Parent) Youth Outcome Questionnaire - Self-Report - 2.0 Outcome Questionnaire - 45.2*	4-17 12-18 18+	English Spanish	UCLA PTSD-Reaction Index for Children and Adolescents	6/7-20+	Arabic; Chinese; English; Japanese; Persian; Russian; Spanish
	Seeking Safety (SS)	13-20						
	Cognitive Behavioral Intervention for Trauma in Schools (CBITS)	10-15						
	Managing and Adapting Practice (MAP) - Traumatic Stress	2-18						
	Child Parent Psychotherapy* (CPP)	0 - 6				*Trauma Symptom Checklist for Young Children	3+	Chinese, English, Korean, Spanish
DEPRESSION	Interpersonal Psychotherapy for Depression (IPT)	12-18	Youth Outcome Questionnaire - 2.01 (Parent) Youth Outcome Questionnaire - Self-Report - 2.0 Outcome Questionnaire - 45.2*	4-17 12-18 18+	English Spanish	Patient Health Questionnaire - 9	12+	Arabic; Chinese (Cantonese, Mandarin); English; Korean; Russian; Spanish
	Depression Treatment Quality Improvement (DTQI)	12-20						
	Managing and Adapting Practice (MAP) - Depression and Withdrawal	8-21						
	Triple P Positive Parenting Program (Triple P)	0-18						
PARENTING and FAMILY DIFFICULTIES	Incredible Years (IY)	0-12	Youth Outcome Questionnaire - 2.01 (Parent) Youth Outcome Questionnaire - Self-Report - 2.0 Outcome Questionnaire - 45.2*	4-17 12-18 18+	English Spanish	Eyberg Child Behavior Inventory Sutter Eyberg Student Behavior Inventory	2-16	Chinese; English (USA); Japanese; Korean; Russian; Spanish
	Parent – Child Interaction Therapy (PCIT)	0-12						

OUTCOME MEASURES BY TREATMENT FOCUS AND EBP

COUNTY OF LOS ANGELES - DEPARTMENT OF MENTAL HEALTH Program Support Bureau - MHSA Implementation Unit Prevention & Early Intervention (PEI) Evidenced Based Practices (EBP) OUTCOME MEASURES						
FOCUS OF TREATMENT	EBS, CDEs, PP	Age	GENERAL OUTCOME MEASURE	Age	AVAILABLE LANGUAGES	SPECIFIC OUTCOME MEASURE

DISRUPTIVE BEHAVIOR DISORDERS	Aggression Replacement Training (ART)	12-17	Youth Outcome Questionnaire - 2.01 (Parent)	4-17	English Spanish	Eyberg Child Behavior Inventory Sutter Eyberg Student Behavior Inventory
	Managing and Adapting Practice (MAP) - Disruptive Behavior	0-21	Youth Outcome Questionnaire - Self-Report - 2.0 Outcome Questionnaire - 45.2*	12-18 18+		
SEVERE BEHAVIORS / CONDUCT DISORDERS	Brief Strategic Family Therapy (BSFT)	10-18	Youth Outcome Questionnaire - 2.01 (Parent) Youth Outcome Questionnaire - Self-Report - 2.0 Outcome Questionnaire - 45.2*	4-17 12-18 18+	English Spanish	Revised Behavior Problem Checklist - PAR Edition
	Multidimensional Family Therapy (MDFT)	11-18				Revised Behavior Problem Checklist - PAR Edition
	Strengthening Families Program (SFP)	3-16				Revised Behavior Problem Checklist - PAR Edition
	Functional Family Therapy (FFT)	10-18				Developer Required: Clinical Services System Client Outcome Measure Therapist Outcome Measure
	Multisystemic Therapy (MST)	11-17				Developer Required: Therapist Adherence Measure Supervisor Adherence Measure

						Chinese; English (USA); Japanese; Korean; Russian; Spanish
						English
						English
						English
						English
						English

Data collection protocol will be disseminated at a later date