`County of Los Angeles Department of Mental Health

Student Professional Development Program

West Central Family Mental Health Center

Psychology

☐**Internship/**☒**Practicum**

Specialization: Specialty Mental Health Services to Transitional Aged Youth (TAY) and Adults

DMH Agency:	**West Central Family Mental Health Center**	
DMH Agency Address:	3609 10th Avenue, 1st Floor, Los Angeles, CA 90018	**Service Area** **6**
DMH Agency Liaison:	Amber Liberty Washington	
New or Returning:	☒ New ☐ Returning	
Liaison Email Address:	ALiberty@dmh.lacounty.gov	
Liaison Phone Number:	(424) 358-5460	
Liaison Fax Number:		
Agency ADA accessible	☒ Yes ☐ No If "No" identify:	

Student Requirements:

How many positions will you have?	Up to 2 positions
Beginning and ending dates:	August– July

Please indicate days and times students should be available to provide services, including mandatory staff meetings (SM), training seminars (TR), supervision (SUP), etc.

Student Schedule: Monday - Friday

Monday	8am – 5pm
Tuesday	8am – 5pm
Wednesday	8am – 5pm
Thursday	8am – 5pm
Friday	8am – 5pm

Total hours expected to be worked per week:	Minimum of 16 hours per week
Number of direct client hours per week anticipated:	Minimum of 8-12 hours
Expected average consumer caseload:	10

What cultural groups typically receive services at your site?	Black/African America, LatinX

Student Professional Development Program

Description of Site: *(Please describe the type of Agency setting and services offered)*

West Central Family Mental Health Center provides Specialty Mental Health Services to children, transitional-aged youth, and adults to improve their overall mental health and well-being. In addition, West Central Family MHC has a CalWORKs program, Child/Young Adult Full-Service Partnership program, and TAY Full-Service Partnership Intensive Case Management Program that offers community-based services throughout South Los Angeles. Clients receive medication support services, individual and group psychotherapy, and targeted case management services.

Target population and types of services provided: *(please check all that apply)*

☒ **Individuals**	☒ **Psychoeducational groups** ***(e.g. Parenting)***
☒ **Groups**	☒ **Community Outreach**
☒ **Families**	☒ **Brief treatment to mid-term treatment**
☒ **Children & Adolescents**	☒ **Long term treatment**
☒ **Adults**	☒ **Crisis Intervention**
☒ **Older Adults**	☒ **Screening and Assessment**
☒ **Court/Probation referred**	☒ **Psych Testing** ***(For psychology students only)***
☐ **Consultation/Liaison**	☐ **Other** (*specify*):

What are the most frequent diagnostic categories of your client population?

We support consumers who present with a wide variety of mental health diagnoses including but not limited to Major Depressive Disorder, Generalized Anxiety Disorder, Bipolar Disorder, Schizophrenia, and Conduct Disorder. Our population includes individuals who are unhoused, individuals who experience challenges with substance abuse, and individuals who have experienced trauma.

What specific (perhaps unique) training opportunities do students have at your agency?

DMH offered trainings, individual, and group clinical supervision.

What evidence based practices or theoretical orientations will students be exposed to at this site?

Cognitive Behavioral Therapy, Seeking Safety, Motivational Interviewing, Dialectical Behavior Therapy.

Do students have the opportunity to work in a multidisciplinary team environment that includes those with lived experience?

Yes, our treatment teams across all programs are currently staffed with Community Health Workers. Some have lived experience.

List locations where students will be providing services **other than agency**?

Most services will be offered in the clinic. Some services may be delivered in the community within South Los Angeles (Service Area 6).

Does your agency allow students to videotape and/or audiotape clients for the purpose of presenting cases in their academic classes? Yes ☒ No ☐

Client must consent to being recorded

Student Professional Development Program

Supervision:
What types of supervision will be provided for the students and what is the licensure/discipline of the supervisor? Please specify below.

Type	Hours Per Week	On Site Supervisor Degree/Discipline
Individual:	1	Licensed Clinical Psychologist
Group:	2	Licensed Clinical Psychologist

What is the minimum ratio of supervision to client contact hours? 1 hour for up to 8 clients

Does your agency require a particular range of previous experience or specific prerequisite coursework? *If so, please explain.*

Previous experience is not required.

Agency Application Process

Mandatory requirements: *Only students from academic institutions who have a current affiliation agreement with the Los Angeles County Department of Mental Health may be extended a placement opportunity. All students are processed through Human Resources Bureau. All prospective interns must obtain live scan clearance. All interns are required to complete a mandatory HIPAA Compliance and Sexual Harassment Prevention Training (for line staff) as part as the terms of their internship.*

DMH Staff/Field Instructor completing this form:

Kimberly Green-Russell **Title**: MH Program Manager II

Email: KGreenRussell@dmh.lacounty.gov

Program Manager: Kimberly Green-Russell

District Chief: Jackiet Cox

☒ Both Program Manager and Chief agree to students accepted at this site.

Electronic Signature: Kimberly Green-Russell (e601593) Digitally signed by Kimberly Green-Russell (e601593) Date: 2026.10.19 22:14:42 -07'00'