County of Los Angeles Department of Mental Health

Student Professional Development Program

San Fernando Mental Health Center



Psychology Practicum

MAT Treatment, Ketamine Treatment and TMS Treatment

DMH Agency:	**San Fernando Mental Health Center**	
DMH Agency Address:	10605 Balboa Blvd. #100 Granada Hills, CA 91344	**Service Area** **#2**
DMH Agency Liaison:	Jolene Acosta, PsyD	
New or Returning:	New	
Liaison Email Address:	joacosta@dmh.lacounty.gov	
Liaison Phone Number:	818.798.3141	
Liaison Fax Number:	818.484.3513	
Agency ADA accessible	Yes	

Student Requirements:

How many positions will you have?	2
Beginning and ending dates:	September – June

Student Schedule: Tuesday through Friday

Please indicate days and times students should be available to provide services, including mandatory staff meetings (SM), training seminars (TR), supervision (SUP), etc.

Monday	Any 8-5
Tuesday	Any 8-5

Wednesday	Any 8-5
Thursday	Any 8-5
Friday	NA

Total hours expected to be worked per week:	16-20
Number of direct client hours per week anticipated:	10
Expected average consumer caseload:	15-20
What cultural groups typically received services at your site?	Latino, African American, Asian, Middle Eastern

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Description of Site: *(Please describe the type of Agency setting and services offered)*

San Fernando Mental Health Center (SFMHC) is an adult outpatient clinic that provides individual therapy, group therapy, case management, medication services and crisis services. Our center is open Monday through Friday from 8:00am to 5:00pm. SFMHC serves approximately 2800 clients, being one of the largest outpatient clinics in the Department of Mental Health. SFMHC works with a multidisciplinary team of Psychiatrists, Psychiatric Nurse Practitioners, Psychiatric Nurses, Psychologists, Social Workers, Case Managers, Community Health Workers and Substance Abuse Counselors. We provide innovative treatment options such as Ketamine and TMS. We also use medication assisted treatment (MAT) when working with clients who struggle with substance use/abuse issues. Along with a Psychology practicum program, we also offer a residency program through UCLA and an MSW program affiliated with multiple universities. Our goal is to give our students the most all inclusive learning experience possible in mental health.

Target population and types of services provided: *(please check all that apply)*

X Individuals	**X Psychoeducational groups *(e.g. Parenting)***
X Groups	**Community Outreach**
X Families	**X Brief treatment to mid-term treatment**
Children & Adolescents	**X Long term treatment**
X Adults	**X Crisis Intervention**
X Older Adults	**X Screening and Assessment**
X Court/Probation referred	**X Psych Testing *(For psychology students only)***
X Consultation/Liaison	**Other** (*specify*):

What are the most frequent diagnostic categories of your client population?

Depression, Anxiety, Bipolar, PTSD, Schizophrenia

What specific (perhaps unique) training opportunities do students have at your agency?

MAT, Ketamine, TMS

What evidence based practices or theoretical orientations will students be exposed to at this site?

CBT, Seeking Safety, TFCBT

Do students have the opportunity to work in a multidisciplinary team environment that includes those with lived experience?

Yes, our Community Health Workers and WOW volunteers typically have lived experience.

List locations where students will be providing services **other than agency**?

Services will be provided solely at the clinic.

Does your agency allow students to videotape and/or audiotape clients for the purpose of presenting cases in their academic classes?

Yes

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Supervision:
What types of supervision will be provided for the students and what is the licensure/discipline of the supervisor? Please specify below.

Type	Hours Per Week	On Site Supervisor Degree/Discipline
Individual:	1-2	Jolene Acosta, PsyD
Group:	1	Jolene Acosta, PsyD

What is the minimum ratio of supervision to client contact hours? 10:1

Does your agency require a particular range of previous experience or specific prerequisite coursework? *If so, please explain*.

Second year practicum students

Agency Application Process

Mandatory requirements: *Only students from academic institutions who have a current affiliation agreement with the Los Angeles County Department of Mental Health may be extended a placement opportunity. All students are processed through Human Resources Bureau. All prospective interns must obtain live scan clearance. All interns are required to complete a mandatory HIPAA Compliance and Sexual Harassment Prevention Training (for line staff) as part as the terms of their internship.*

DMH Staff/Field Instructor completing this form:

Jolene Acosta, PsyD **Title**: CP II

Email joacosta@dmh.lacounty.gov **Date:**

Program Manager: Dina Nelli **District Chief:** Antonio Banuelos

X Both Program Manager and Chief agree to students accepted at this site.

Electronic Signature: