COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH

Service Area 1 Leadership Team Monthly Meeting

Palmdale Mental Health Clinic

2260 E. Palmdale Blvd., Suite J, Palmdale, CA 93550

July 16, 2026

3:00pm – 5:00pm

Join Meeting via MS Teams

Meeting ID: 215 193 088 578

Passcode: pJ96dh6i

SALT 1 Microsite| Service Area Leadership Team 1 (SALT 1) - Department of Mental Health

Email: SALT1@dmh.lacounty.gov

Agenda Items	Comments/Discussion/Recommendations/Conclusion	Action Item	Person(s) Responsible	Due Date
Welcome, Land & Labor Acknowledgement/ Introductions	The meeting was called to order at 3:01 p.m. by Co-Chair Monica Olsen, who welcomed attendees and read the Land Acknowledgement. Hannah Frank then read the Labor Acknowledgement. Following the acknowledgements, attendees introduced themselves and participated in an opening icebreaker. *Disclosure* – Meeting recordings, transcripts and power point presentation will be made available on the SA 1 microsite but may be subject to delay in posting.		Co-Chairs	Ongoing
Review and Approve Meeting Minutes from 7/16/2026	The previous meeting minutes were distributed via email prior to the meeting, made available in print for in-person attendees, and displayed on-screen for virtual participants. A motion to approve the minutes was made by Hannah Frank and seconded by Jill Blanks. Monica Olsen called the vote, and the motion passed with 10 votes in favor, 0 objections, and 0 abstentions.		Co-Chairs(s), SALT 1 Voting members	Ongoing

Stakeholder Bylaws Overview and Discussion	Dr. Darlesh Horn provided an overview of the revised Bylaws, including the purpose of Department of Mental Health stakeholder groups and the roles of elected co-chairs and Department of Mental Health liaisons. She welcomed the newly elected co-chairs, who introduced themselves to attendees. She emphasized that meetings are welcoming, community-driven spaces that encourage respectful participation and represent diverse community perspectives. Key topics included meeting procedures, the Code of Conduct, attendance and voting requirements, leadership responsibilities, virtual meeting safety protocols, and equitable participation. Monthly training for co-chairs was also announced. The annual budget and Client Activity Fund were briefly discussed, with a more detailed budget presentation planned for the August meeting. The meeting concluded with a question-and-answer session on conflict resolution, grievance procedures, and Bylaw implementation.		Dr. Darlesh Horn, Division Chief BHSA Administration Division	7/16/26
DMH Outreach & Engagement	Diana Luna-Miller will recap Service Area 1 events and highlight upcoming events next meeting as mentioned by co – chair Monica Olsen due to time constraints.		Diana Luna Miller, Programs & Special Projects (O&E)	Ongoing
Committee Member Reports	**Co-Chair Updates:** Co-Chair Monica Olsen shared appreciation for the opportunity to continue serving alongside Co-Chair Cynthia Sanchez and highlighted their commitment to strengthening collaboration and improving mental health services in the Antelope Valley.		Co-Chair(s), Committee Members	Ongoing

	She shared updates on the Community Planning Team meetings, which will now rotate quarterly across all Service Areas, beginning with Service Area 1. She also provided updates from the Behavioral Health Commission meeting, including the Co-Chair election, the Reflect and Refocus event, and stakeholder priorities focused on training, engagement, and addressing community needs. The meeting presentation featured the Licensed Adult Residential Care Association, which discussed the Community Marketplace Hub pilot and efforts to improve care coordination and support housing stability. Co-Chair Cynthia Sanchez provided updates from the Service Area Leadership Team 1 planning meeting. **Underserved Cultural Committees (UsCCs):** Wendy Cabil shared updates from all Leadership UsCCs and CCCs, including the return of four co-chairs, Department of Mental Health liaison requirements for cultural committees, upcoming funding requirements, and continued efforts focused on stigma reduction, access to care, stakeholder engagement, and access for all including individuals with disabilities. Wendy shared that the Department of Mental Health hired liaisons for the American Indian Alaskan Native and LGBTQIA2S+ groups and are recruiting for the Asian Pacific Islander and Access for ALL groups. Wendy shared that Client Activity Fund (CAF) application deadline have been extended to July 22, 2026. **(UsCCs):** *The following information is being carried over from the previous meeting for reference and to include the meeting date.*	Minute Amendment: Updated language from 'Black and African Heritage' to explicitly include all Leadership UsCCs and CCCs.	Liaison in lieu of MSW intern.	

	<u>UsCC's Meeting Schedule</u> • Access for all UsCC - Every second Wednesday of the month, 10:00 a.m.-12:00 p.m. • American Indian/Alaska Native UsCC - Every first Wednesday of the month, 2:00 p.m.-4:00 p.m. • Asian Pacific Islander UsCC - Every fourth Monday of the month, 2:00 p.m.-4:00 p.m. • Black and African Heritage UsCC - Every first Thursday of the month, 10:00 a.m.-12:00 p.m. • Eastern European / Middle Eastern UsCC - Every last Wednesday of the month, 2:00 p.m.-4:00 p.m. • Latino UsCC - Every third Tuesday of the month, 2:00 p.m.-4:00 p.m. • LGBTQIA2-S UsCC - Every first Thursday of the month, 2:00 p.m.-4:00 p.m. **DMH Updates:** District Chief James Coomes shared updates regarding a retiring colleague and a community celebration planned for the end of August, inviting members to participate in planning. He provided updates on the Behavioral Health Services Act implementation for 2026–2027, including	The USCCs weblink will be included in the SALT 1 distribution through a post-meeting follow-up email.	SALT 1 liaison James Coomes, District Chief	7/17/26 Ongoing

	clinic changes, referral tracking, and efforts to improve service coordination. Additional updates included LOCUS, clubhouses, memberships, Full-Service Partnerships (FSP), Intensive Case Management (ICM), Assertive Community Treatment (ACT), and outpatient services, with a formal presentation planned for August. **BHC Update:** Nothing to report			
Community and Family Member/Supporters Time	A community member shared experiences related to navigating social cues, neurodiversity, identity exploration, and depression. They highlighted personal strengths, including grit and ambition, and expressed appreciation for the SALT 1 platform as an opportunity to share experiences and connect with others. A community member shared their experience with grief following the loss of a family member. They expressed gratitude for Department of Mental Health support group opportunities and shared appreciation for the safe and supportive environment that allows individuals to be vulnerable. They also highlighted the value of available resources, discussed navigating legal challenges, and shared feelings of relief and reduced stress after gaining greater awareness and support.			
Agency Updates & Networking	Multiple agencies provided updates on upcoming events, meeting, and support groups within their programs or communities. ***Moms House*** • ***Generations Event***	Events and resources will be distributed in a recap email.	SALT 1 liaison	7/17/26

- ***When:*** *September 19, 2026 – 11:00am – 3:00pm*
- ***Where:*** *MOAH Cedar, 44857 Cedar Ave., Lancaster, CA*
- ***Contact:*** *Donna Hill @ momshouse@momshouseav.org if you'd like to attend or table at the event. Also looking for models.*
- Generations Fashion Show & Fundraiser by MomsHouse

Child Care Resource Center (CCRC)

- *Offering therapy program and are open to taking new referrals. Services offered for those who have experienced trauma and are 3-21 yrs.*
- Services are free of charge, no insurance necessary. Offer in home, zoom, or in office sessions.
- ***Contact:*** *Denise Torres, dtorres@ccrc.org*

E&E Love Foundation

- *Meal & A Moment will be held simultaneously with Tent Revival in August*
- Looking for models of all generations to be a model the generations event. Please connect with Donna Hill or Dr. Dey if interested.
- **Contact:** Dr. Dey Yusef @ eelovefoundation@gmail.com

United American Indian Involvement (UAII)

- Hosting a senior's field trip to the UAII's LA headquarters office. Transportation will be provided. Seniors will receive a tour of the UAII building.
- **When:** August 25, 2026 – 7a – 4p
- **Contact:** Betty Collings @ bcollins@uaii.org or 213-259-6639

Mental Health of America (MHALA)

	• Requesting backpack donations or resources for their TAY group ages 18-25 yrs. Also, discovery resource center at the Lancaster office is hosting BINGO, art therapy, and karaoke every Friday afternoon. They also offer field trips every month. • **Contact:** Hannah Frank @ hfrank@mhala.org • **Home | Mental Health America** ***Fundraiser (donations will go to Hillsides)*** • ***When:*** *July 29, 2026, 4-7p* • ***Where:*** *Jeni's Splendid Ice Cream - 5601 Figueroa St. # 100, Los Angeles, CA 90042 (see the attached flyer)* • ***Contact:*** *Misty Luna @ mistyluna.ca@gmail.com* ***Live Oak Mental Wellness Project*** • ***Workshop:*** *"Supported Seedlings Workshop" for children (ages 3–5) and their caregivers. Topic: Expanding Social Skills* • ***When:*** *July 29, 2026 | 10:00 AM – 11:00 AM* • ***Where:*** *All for Kids, Palmdale in the Resource Center* • ***Contact:*** *Monica Olsen @ monica@liveoakmentalwellnessproject.com*			
Closing	The meeting was adjourned by Monica Olsen at 4:50 p.m. Service providers remained available afterward to respond to attendee questions.		Co-Chair(s)	

Respectfully submitted by,
Corina Lara, MSW Intern
Los Angeles County Department of Mental Health
Service Area 1 Administration
Attendees: 55