COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH

Service Area 1 Leadership Team Monthly Meeting

Palmdale Mental Health Clinic

2260 E. Palmdale Blvd., Suite J, Palmdale, CA 93550

September 17, 2026

3:00pm – 5:00pm

Join Meeting via MS Teams

Meeting ID: 215 193 088 578

Passcode: pJ96dh6i

SALT 1 Microsite| Service Area Leadership Team 1 (SALT 1) - Department of Mental Health

Email: SALT1@dmh.lacounty.gov

Agenda Items	Comments/Discussion/Recommendations/Conclusion	Action Item	Person(s) Responsible	Due Date
Welcome, Land & Labor Acknowledgement/ Introductions	The meeting was called to order at 3:02 P.M, by Co-Chair Cynthia Sanchez, who welcomed attendees, and reviewed the meeting reminders. Cynthia presented the Land Acknowledgement video, followed by a community volunteer reading the Labor Acknowledgement. Attendees then introduced themselves and participated in an opening icebreaker. *Disclosure* – Meeting recordings, transcripts and power point presentation will be made available on the SA 1 microsite but may be subject to delay in posting.		Co-Chair(s)	Ongoing
Review and Approve Meeting Minutes	*The previous month meeting minutes were distributed via email prior to the meeting, made available in print for in-person attendees, and displayed on-screen for virtual participants*. The minutes of the previous meeting on 8/20/26 were reviewed. Wendy Cabil requested a correction to the wording of Mental Health America of		Co-Chair(s), SALT 1 general voting members	Ongoing

	Los Angeles and Brilliant Corners. Nick Ashbaugh moved to approve the minutes as amended, and Wendy Cabil seconded. Monica Olsen called the vote, and the motion passed with 8 in favor, 0 opposed, and 1 abstention.			
Stakeholder Code of Conduct & Guiding Principles	Monica Olsen and Cynthia Sanchez reviewed the Stakeholder Code of Conduct and guiding principles for community-driven mental health service area leadership teams, emphasizing respectful behavior and professionalism. The Co-Chairs and Department of Mental Health will enforce these expectations and encourage attendees to report concerns arising in meeting spaces.		Co-Chairs	Ongoing
General Vote on Dinner Meeting	Cynthia Sanchez noted that the dinner meeting proposed for October 15 at Xalisco Restaurant has not yet been approved because of a lack of vendor response. A motion was amended to move the dinner meeting to November 19 at Xalisco Restaurant. Cynthia Sanchez called the vote, and the motion passed with 11 in favor, 0 opposed, and 0 abstentions.			
Planning Updates & Discussion	Cynthia Sanchez emphasized community collaboration and planning aligned with statewide behavioral health goals, particularly access to care and school engagement. She reviewed Antelope Valley data on mental health, suicide, graduation rates among Black and Latino students, socioeconomic challenges, absenteeism, and difficulties engaging professionals in school-based meetings. She also discussed HR-1 guidelines.			
Committee Member Reports	**Co-Chair Updates:** Co-Chair Monica Olsen reported that at the September 10 Behavioral Health Commission meeting, Dr. Horn discussed SALT 1 and UsCC		Co-Chair(s), Committee Members	Ongoing

	funding changes for review at the next Planning Committee meeting. Monica noted that the Department of Mental Health and Public Health also presented their shared approach to transition-aged youth services under the Behavioral Health Services Act. Monica Olsen highlighted delayed budget guidelines affecting the October dinner meeting and plans for a brief Measure of America training to support data-driven planning in the Antelope Valley. **Underserved Cultural Committees (UsCCs):** No representative present to report out. *The following information is being carried over from the previous meeting for reference and to include the meeting date.* **<u>UsCC's Meeting Schedule</u>** **Sub-Committee** / **Recurring Schedule** / **Time** **Access for all UsCC** / Every 2nd Wednesday / 10:00 a.m. – 12:00 p.m. **American Indian/Alaska Native UsCC** / Every 1st Wednesday / 2:00 p.m. – 4:00 p.m. **Asian Pacific Islander UsCC** / Every 4th Monday / 2:00 p.m. – 4:00 p.m. **Black and African Heritage UsCC** / Every 1st Thursday / 10:00 a.m. – 12:00 p.m. **Eastern European / Middle Eastern UsCC** / Every last Wednesday / 2:00 p.m. – 4:00 p.m. **Latino UsCC** / Every 3rd Tuesday / 2:00 p.m. – 4:00 p.m. **LGBTQIA2-S UsCC** / Every 1st Thursday / 2:00 p.m. – 4:00 p.m.	The USCCs weblink will be included in the SALT 1 distribution through a post-meeting follow-up email.	SALT 1 liaison	Ongoing

	DMH Updates: District Chief James Coomes shared upcoming dates for the clubhouse model presentation addressing community needs, with Fountain House participating in a clubhouse focus group. James Coomes noted that Department of Mental Health staff will provide application support for attendees applying for community health worker and supervisor positions at the clubhouse presentation meeting. He also discussed transition-aged youth services, emphasizing the importance of observing behaviors and understanding what occurs before them to guide services appropriately. **BHC Update:** No representative present to report out.			
Community and Family Member/Supporters Time	A community member shared that their son was hired through the Lost Angel program and expressed appreciation for the opportunity. They described his positive experience and progress from thoughts of ending his life toward hope and thriving. A community member raised concerns about available beds at their rehabilitation clinic and gaps in the system affecting access to appropriate care for youth in the community.			
Agency Updates	A comprehensive list of the upcoming events and resources shared during the meeting will be compiled and circulated via email/SALT 1 distribution list, to keep the minutes concise.		SALT 1 liaison	9/18/26
Closing	The meeting was adjourned by Monica Olsen at 4:46 P.M. Service providers remained available afterward to respond to attendee questions.		Co-Chair(s)	

Respectfully submitted by,
Corina Lara, MSW Intern
Los Angeles County Department of Mental Health
Service Area 1 Administration
Attendees: 66