

COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH
Service Area 1 Leadership Team Monthly Meeting
Palmdale Mental Health Clinic
2260 E. Palmdale Blvd., Suite J, Palmdale, CA 93550
May 21, 2026
3:00pm – 5:00pm
[Join Meeting via MS Teams](#)
Meeting ID: 215 193 088 578
Passcode: pJ96dh6i
SALT 1 Microsite| [Service Area Leadership Team 1 \(SALT 1\) - Department of Mental Health](#)
 Email: SALT1@dmh.lacounty.gov

Agenda Items	Comments/Discussion/Recommendations/Conclusion	Action Item	Person(s) Responsible	Due Date
Welcome, Land & Labor Acknowledgement/ Introductions	The meeting was called to order at 3:04 PM by Co-Chair Monica Olsen, who welcomed all attendees and read the Land and Labor Acknowledgement. The floor was then opened for attendee introductions and an opening icebreaker. <i>Disclosure</i> – Meeting recordings, transcripts and power point presentation will be made available on the SA 1 microsite but may be subject to delay in posting.		Co-Chairs	Ongoing
Review and Approve Meeting Minutes from 4/16/2026	The previous meeting minutes were distributed via email prior to the meeting, made available in print for in-person attendees, and displayed on-screen for virtual participants. A motion to approve the minutes was made by Nick Ashbaugh and seconded by Jazz Mitchell. Monica Olsen called the vote, and the motion passed with 11 votes in favor, 0 objections, and 2 abstentions.		Co-Chairs(s), SALT 1 Voting members	Ongoing

Co-Chair Nomination Overview & Call for Nominations	James Coomes and Jamie Walker, from the Behavioral Health Administration Department, walked attendees through the upcoming Co-Chair nomination and election process. They provided a comprehensive overview of the role's requirements, time commitments, and eligibility criteria. SALT 1 is now open for Co-Chair nominations, with formal elections scheduled to take place at the June 18, 2026, stakeholder meeting.	A nomination link and QR code will be sent out via the SALT 1 distribution list and will remain open until June 11, 2026.	James Coomes, SALT 1 liaison	6/18/26
Budget	In the absence of Gabby Muniz, Co-Chair Monica Olsen presented the itemized SALT 1 budget on her behalf, including year-to-date monthly utilization. Copies of the budget were distributed in print for in-person attendees and shared on-screen for virtual participants. <u>SALT 1 Fiscal Year 2025-2026</u> Budget Allocation: \$50,000 Utilized: \$49,995.15 Remaining: \$4.85 <i>A copy of the budget slides will be posted on the SA1 microsite.</i>		Gabriela Muniz, SALT 1 Voting Members	6/30/26
DMH Outreach & Engagement	Diana Luna-Miller recapped Service Area 1 events from April and early May and highlighted upcoming events. <i>A copy of the event slides will be posted on the SA1 microsite.</i>		Diana Luna Miller, Programs & Special Projects (O&E)	Ongoing

Committee Member Reports	Co-Chair Updates: Co-Chair Monica Olsen informed attendees that she was unable to attend the Behavioral Health Commission Meeting this month as it coincided with our Take Action Event. However, she provided an overview of the written report, which highlighted the successful allocation of the 2025-2026 budget and noted a presentation by commissioner Anna Lee on social model recovery programs. The report also addressed challenges in meeting all DMH guidelines during community partnerships, noting that SALT 1 is updating its informational flyers to clarify restrictions moving forward. Finally, the report announced the start of the 2026-2028 Co-Chair election process and emphasized a continued focus on strengthening collaboration across county SALT groups. Underserved Cultural Committees (UsCCs): No update provided. (UsCCs): <i>The following information is being carried over from the previous meeting for reference and to include the meeting date.</i> <u>UsCC’s Meeting Schedule</u> • Access for all UsCC - Every second Wednesday of the month, 10:00 a.m.-12:00 p.m. • American Indian/Alaska Native UsCC - Every first Wednesday of the month, 2:00 p.m.-4:00 p.m.		Co-Chair(s), Committee Members	Ongoing
		The USCCs weblink will be included in the SALT 1 distribution through a post-meeting follow-up email.	Yvette Perez, SALT 1 liaison	5/22/26

	• Asian Pacific Islander UsCC - Every fourth Monday of the month, 2:00 p.m.-4:00 p.m. • Black and African Heritage UsCC - Every first Thursday of the month, 10:00 a.m.-12:00 p.m. • Eastern European / Middle Eastern UsCC - Every last Wednesday of the month, 2:00 p.m.-4:00 p.m. • Latino UsCC - Every third Tuesday of the month, 2:00 p.m.-4:00 p.m. • LGBTQIA2-S UsCC - Every first Thursday of the month, 2:00 p.m.- 4:00 p.m. DMH Updates: James Coomes shared that the directly operated outpatient departments are currently being surveyed to determine staff placement preferences. He provided updates on the Level of Care Utilization System (LOCUS), the recent Take Action LA 2026 event at Antelope Valley College, the upcoming July 14 BHSA CPT meeting, the "AV Lighthouse" Clubhouse, and BHSA Transformation spending plans. Regarding BHSA, he noted that feedback is currently pending from the state on how certain program spending plans will look. BHC Update: Nothing to report		James Coomes, District Chief	Ongoing
Community and Family Member/Supporters Time	A community member expressed gratitude for the grief support services received through DMH and the in-house support group at the Palmdale Mental Health Center. They shared that their father passed away recently and announced plans to pursue			

	advocacy on his behalf. Lastly, they encouraged others to attend grief support and shared griefshare.org as a beneficial resource for those in need. A community member shared concerns regarding a recent incident that took place in a planning meeting. The community member announced that they will no longer attend SALT 1 meetings as a representative of their organization but will instead participate in an individual or community capacity. A board member from the OUTreach Center was introduced to represent that organization at future SALT 1 meetings. A community member shared a personal achievement, announcing that they completed their peer support specialist training and will be graduating this evening. They also shared a personal health update and expressed gratitude to the group for the supportive sessions and meaningful connections. A community member shared the impact of losing a friend to a drug overdose in 2020. They emphasized the ongoing need for expanded substance use education in the Antelope Valley. A community member shared that they attended the Take Action event and distributed SALT 1 resources. They also noted that the AV needs more community involvement and increased tabling to reach more consumers.			
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	A community member noted that the juvenile mental health urgent care center still lacks a service provider and requested that SALT 1 assist in addressing this gap. They also recommended that the group focus on cultural competencies, particularly regarding acceptance. Additionally, the community member highlighted that certain intake protocols, such as requiring LGBTQ+ youth to state or sign in with their legal names, can be triggering. They emphasized that sensitive questioning could cause distress for this population, which experiences higher rates of suicide. A community member commended SALT 1 for its resource sharing, noting that they enrolled in a Youth Mental Health First Aid course after receiving a SALT 1 distribution email. The member shared that they will soon complete their certification. A community member shared that the intergenerational population is equally important to keep in mind, emphasizing the need to continue including them when providing trainings or programs. A community member shared that they first attended a SALT 1 meeting in November of last year and noted that all the resources received since then have been immensely helpful to share at various events. They commended SALT 1 for its efforts, requested to continue receiving resource materials, and			
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	expressed appreciation to the DMH team for staying on top of resource distribution.			
Agency Updates & Networking	Multiple agencies provided updates on upcoming events, meeting, and support groups within their programs or communities. Marzette's House • Take Action Wellness Fair: May 30 10:00 AM – 1:00 PM • Contact: community.liaison@marzetteshouse.org Child Care Resource Center (CCRC) • Therapy Program for ages 3-21 • Trauma Focused, Free of Charge, no insurance required. Services are offered in the office, via zoom or in home. • Contact: 818-717-1000 ext. 9404 Parents Anonymous (SPA 1) • Offering: Peer Support Training • Parent Support & A light meal to take home & prep • Available 24/7 helpline 855-427-2736 • Contact: 661-461-7465 for further information on programming Community Member Wendy Cabil	Events and resources will be compiled and distributed in a recap email.	Yvette Perez, SALT 1 liaison	3/20/26

	• What: Youth Resource & Saturday Expungement Workshop For more information refer to the attached flyers Or contact griefshare.org Live Oak Mental Wellness Project • Workshop: "Supported Seedlings" for children (ages 3–5) and their caregivers. • When: May 27 9:00 AM – 11:00 AM • Where: All for Kids, Palmdale in the Resource Center • Contact: monica@liveoakmentalwellnessproject.com SALT 1 Reflect and Refocus Luncheon • When: June 25 11:30 AM – 2:30 PM - "open house style" • Where: Vinces Pasta & Pizza – Lancaster 2833 W. Ave L., Lancaster, CA 93536 • Contact: Yvette Perez at SALT1@dmh.lacounty.gov Generations Fashion Show • When: September 19, 2026 • Save the date, more information to come • Contact: Donna Hill, momshouse@momshouseav.org			
Closing	The meeting was adjourned by Monica Olsen at 4:40 p.m. Service providers remained available afterward to respond to attendee questions.		Co-Chair(s)	

SALT1 Minutes

May 21, 2026

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Respectfully submitted by,

Yvette Perez, MHA

Los Angeles County Department of Mental Health

Service Area 1 Administration

Attendees: 61