

Have you noticed these changes in someone you know between the ages of 12 - 40?

- Feeling suspicious or fearful of others including people they have trusted before
- Hearing sounds or voices, seeing visions or experiencing strange sensations that others do not perceive
- Odd or unusual behaviors or beliefs that are new and uncharacteristic for the person
- Increased sensitivity to light, sound or touch
- Difficulty with concentration, memory and attention
- Difficulty communicating with and understanding others
- Difficulties in school or work that are new, significant and progressive
- Social withdrawal from friends and family

If so, they may benefit from a confidential screening by a trained EPI-LA staff member to determine if Early Psychosis services can help. Please email the DMH Early Psychosis team at EarlyPsychosis@dmh.lacounty.gov

LACDMH Values

Integrity. We conduct ourselves professionally according to the highest ethical standards.

Respect. We recognize the uniqueness of every individual and treat all people in a way that affirms their personal worth and dignity.

Accountability. We take responsibility for our choices and their outcomes.

Collaboration. We work together toward common goals by partnering with the whole community, sharing knowledge, building strong consensus, and sharing decision-making.

Dedication. We will do whatever it takes to improve the lives of our clients and communities.

Transparency. We openly convey our ideas, decisions and outcomes to ensure trust in our organization.

Quality and Excellence. We identify the highest personal, organizational, professional and clinical standards and commit ourselves to achieving those standards by continually improving every aspect of our performance.

If you are in crisis and need help right away, call our 24/7 toll-free Help Line: [800.854.7771](tel:800.854.7771)

Those with hearing or speech disabilities may [call 711](tel:711) and ask the operator – who will serve as the interpreter between the caller and our staff – to call our Help Line.

For general inquiries about the Los Angeles County EPI-LA Program, please contact EarlyPsychosis@dmh.lacounty.gov



►► EPI-LA Early Psychosis Program

Formerly PIER Early Psychosis Program



LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
hope. recovery. wellbeing.

About the EPI-LA Program

Psychosis is described as any number of behaviors or changes an individual experiences indicating a different experience of reality. When these behaviors and changes emerge and start to affect an individual's ability to meet their life goals, they may benefit from support through the LACDMH EPI-LA Program.

The Early Psychosis Intervention – Los Angeles (EPI-LA) Program provides early intervention through Outpatient Services for individuals aged 12-40 experiencing the early signs and symptoms of psychosis or who have experienced their first episode of psychosis within the last 5 years. The goal of the program is to help participants meet their life goals while learning how to manage their symptoms. Individuals and their families typically receive services and support in the program for 2 to 5 years.

Using the Coordinated Specialty Care (CSC for FEP) treatment model, the EPI-LA program includes multifamily group, individual therapy, medication services, peer and parent support, supportive education and employment services, and case management. Individuals and their self-defined families will learn how to build their coping skills, learn ways to manage stress that can trigger symptoms of psychosis and receive the support they need to stay on track with their life goals.



EPI-LA Providers

Service Area 1 – Star View TEAMMATES
Email: EPILA@starsinc.com
1216 West Avenue J, Suite 300
Lancaster, CA 93534
Phone: (661) 341-3495

Service Area 2 – SFVCMHC Inc.
Email: pier@sfvcmhc.org
14535 Sherman Circle
Van Nuys, CA 91405
Phone: (818) 901-4930

Service Area 3 – IMCES
Email: pier@imces.org
1730 W. Cameron Ave., Suite 200
West Covina, CA 91790
Phone: (213) 381-1250

Service Area 4 – IMCES
Email: pier@imces.org
3580 Wilshire Blvd., Suite 2000
Los Angeles, CA 90010
Phone: (213) 381-1250

Service Area 5 – The Help Group
Email: EPI-LA@helpgroup.org
12099 Washington Blvd., Suite 200
Los Angeles, CA 90066
Phone: (818) 288-0244

Service Area 6 – The Help Group
Email: EPI-LA@helpgroup.org
301 N. Prairie Ave., Suite 511
Inglewood, CA 90301
Phone: (323) 291-5003

Service Area 7 – The Whole Child
Email: pier@thewholechild.org
10155 Colima Road
Whittier, CA 90603
Phone: (562) 692-0383

Service Area 8 – Star View TEAMMATES
Email: EPILA@starsinc.com
649 E. Albertoni St., Suite 100
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