

JOIN US!

BAH UsCC is for us and about us!

Let's work together to create a healthier and more supportive community. Join us today and make a difference!

BAH UsCC meets virtually on the first Thursday of every month
10:00 a.m. – 12:00 p.m.

For more information, email:
BAHUsCC@dmh.lacounty.gov
or visit:

dmh.lacounty.gov/about/mhsa/uscc/black-african-heritage-uscc
or scan QR code below:



Together, we are stronger!

LACDMH Values

Integrity. We conduct ourselves professionally according to the highest ethical standards.

Respect. We recognize the uniqueness of every individual and treat all people in a way that affirms their personal worth and dignity.

Accountability. We take responsibility for our choices and their outcomes.

Collaboration. We work together toward common goals by partnering with the whole community, sharing knowledge, building strong consensus, and sharing decision-making.

Dedication. We do whatever it takes to improve the lives of our clients and communities.

Transparency. We openly convey our ideas, decisions and outcomes to ensure trust in our organization.

Quality and Excellence. We identify the highest personal, organizational, professional and clinical standards and commit ourselves to achieving those standards by continually improving every aspect of our performance.

If you are in crisis and need help right away, call our 24/7 toll-free Help Line: 800.854.7771

Those with hearing or speech disabilities may call 711 and ask the operator – who will serve as the interpreter between the caller and our staff – to call our Help Line.

dmh.lacounty.gov

Black and African Heritage UsCC

The Underserved Cultural Community (UsCC) subcommittee is committed to ensuring that the voices of Black, African and Afro-Caribbean people who reside in Los Angeles County are heard. As UsCC members, we join to address mental health issues impacting the unserved and underserved within our communities, bring awareness to the nature of services needed, and advocate for inclusion.



LOS ANGELES COUNTY
DEPARTMENT OF
MENTAL HEALTH
hope. recovery. wellbeing.



Black and African Heritage (BAH)

Surviving and thriving can be challenging. Everyday struggles can make life difficult, but you are not alone. The Black and African Heritage (BAH) Underserved Cultural Community (UsCC) subcommittee is here to support you.

About Us

Established under the Mental Health Services Act (MHSA), we are dedicated to enhancing mental health services for the Black, African, and Afro-Caribbean communities in L.A. County. By working together and sharing our strengths, we can create a robust support network.

Our subcommittee provides L.A. County Department of Mental Health (LACDMH) with community-driven and culturally specific project recommendations and/or concepts to increase mental health access, awareness, promotion, and decrease stigma. We also address Black, African, and Afro-Caribbean immigrants' unmet healthcare needs.

**We want to hear from
youth, parents, peers, clients,
and community partners!**

Get Involved!

Everyone identifying as Black, African, or Afro-Caribbean is welcome to join. By participating, you can help build community engagement around mental health and social support concerns. Our subcommittee also includes professionals and community organizations committed to providing culturally appropriate services.

We welcome the greater L.A. community to attend and participate including stakeholders: youth, parents, peers, clients, community, partners, etc. to attend our meetings and participate. Your input and suggestions are invaluable in shaping the future of mental health services for our communities.

Be A Volunteer Presenter!

Are you a provider, part of a community support group, or an agency interested in presenting on topics like community engagement, mental health, or social supports, and other concerns relevant to the Black, African or Afro-Caribbean communities? We welcome your expertise! To propose your presentation idea, email BAHUsCC@dmh.lacounty.gov, include "BAH Presenter" in subject line.

Interest Form

Full Name _____

Phone _____

Email _____

1. Please check all that apply:

- ☐ Student
- ☐ Community Member
- ☐ Consumer/Family Member/Peer
- ☐ LACDMH Contracted Agency
- ☐ County Employee
- ☐ Community Based Organization (Staff)
- ☐ Member of a special interest group
- ☐ Other (Specify) _____

2. Are you interested in being a Volunteer Presenter?

☐ Yes

Topic: _____

☐ No

3. Would you like to participate in community outreach?

☐ Yes

☐ No

Please email completed form to
BAHUsCC@dmh.lacounty.gov