

Los Angeles County Department of Mental Health
 API Underserved Cultural Communities (UsCC)
 Subcommittee Meeting Minutes
 Monday, 1/26/2026, 2:00 pm - 4:00 pm

Present: Dr. Tuan D. Nguyen, Violeta V. Leones, Yailin Noriega, Violeta Villareal, Sara Pol-Lim, Riku Matsuda, Payal Sawhney, Samantha Yu Korean Interpreter Sun, Alex, Richer San, Dr. Rocco Cheng, Ph.D., Chanthy Yi, Samantha Yu, Kieth Wells, Sheila Wu, Annie Chou, Michelle Wong, Dr. Chiyah Lawrence, Dr. Carla Jaramillo.

CART Captioner: Rhonda Leier

DMH Admin: Dr. Anna Yaralyan, Mirtala Parada Ward, Dr. Jessica Wiechec.

Agenda Items	Comments/Discussion/Recommendations/Conclusions
Welcome & Introductions	Co-Chairs and Subcommittee Members
Land Acknowledgment & Community Agreement	Co-Chairs, Anna Yaralyan LA County Land Acknowledgment: https://lacounty.gov/government/about-la-county/land-acknowledgment/
Review of Meeting Minutes	The meeting minutes of 11/23/2025 API USCC Subcommittee meeting were approved. Motion to approve by Richer San and seconded by Dr. Nguyen.
DMH Updates	Dr. Jessica Weichec and Mirtala Parada Ward DMH updates: As we are transitioning from MHSA to BHSA it is important for all USCC's, including the API USCC, to be involved with mental health and discuss their community's mental health and social needs because we are transitioning into a new era of different funding sources and different programming. All prevention programs are going away, and this will have an impact on our communities. As a result, this is the time for everybody to be fully involved and raise their voice at different platforms, including the Stakeholder Group Report to the Behavioral Health Commission (Bhc). This report will be submitted to the commission on

	monthly basis. It is an opportunity for community members to raise their concerns about funding, prevention programs, and community mental health needs. Also, talk about linguistic access, cultural needs, immigration challenges, and accessibility in the report. Inform the commission on how they could help your community. You can complete the report as a group in your monthly meetings as well and advocate for your communities. - Historically for marginalized immigrant communities who are culturally and linguistically isolated, prevention programs work well and show great outcomes. Unfortunately, these are the programs that are going away in the new BHSA program, as a result, it is important to know what services our communities need if the prevention funds are removed. API co-chairs attend CPT meetings on regular basis, and this is important. We encourage all community members to attend CPT meetings, lift your voices, and state how your commission can help you. - API USCC Subcommittee members expressed gratefulness for the information provided.
API USCC Subcommittee Flyers!	 The English version of the API USCC Flyers will be sent to subcommittee members for stakeholder feedback & suggestions. Logos will be changed from MHSA to BHSA.

Labor Acknowledgement	Dr. Anna Yaralyan read the Labor Acknowledgement
API USCC Subcommittee went DARK in the month of December 2025. Next Meeting is scheduled for: Monday, February 23, 2026 (2:00 pm-4:00 pm). more information about the API UsCC, please see its website: ://dmh.lacounty.gov/about/mhsa/uscc/asian-pacific-islander-api-	

