

## Hoarding Disorder in Older Adults

**DATE & TIME:**

**June 17, 2026**

**11:30AM – 12:30PM**

***Sign-in begins 15 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.***

**PLACE:** Web Broadcast – Microsoft Teams

**REGISTRATION:** [EventsHub - Registration Link](#)

**DESCRIPTION:** This training will provide an overview of hoarding disorder as it presents in older adults. Participants will review the diagnostic criteria, contributing factors, and the historical context of hoarding disorder, including its relatively recent recognition as a formal diagnosis. The training highlights the unique challenges faced by older adults who have lived with hoarding behaviors for decades without appropriate identification or intervention, as well as the impact of stigma and misinterpretation of symptoms. The course will focus on practical, field-based approaches to assessment and engagement, particularly in cases where individuals are reluctant to accept services and are often identified through environmental risks such as unsafe living conditions or potential eviction. Emphasis will be placed on evaluating decision-making capacity, differentiating hoarding disorder from cognitive impairment, and implementing evidence-informed interventions such as harm reduction and motivational interviewing. Participants will gain tools to navigate complex cases while balancing client autonomy, safety, and system requirements within a multidisciplinary framework.

**TARGET AUDIENCE:** DMH and contract providers currently serving Older Adult clients

- OBJECTIVES:** **As a result of attending this training, participants should be able to:**
1. Explore the diagnostic criteria for hoarding disorder and describe how it presents uniquely in older adult populations.
  2. Differentiate hoarding disorder from neurocognitive disorders (e.g., dementia) and other psychiatric conditions impacting functioning in older adults.
  3. Describe at least three barriers to engagement in treatment for older adults with hoarding disorder, including stigma and system-level challenges.
  4. Demonstrate at least two engagement strategies (e.g., motivational interviewing, harm reduction) appropriate for individuals reluctant to accept services.

**CONDUCTED BY:** Christina Nairn, LCSW  
DMH Edelman MHC and FSP

**COORDINATED BY:** Dustin Jones – Training Coordinator  
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**DEADLINE:** When capacity is reached.

**CONTINUING  
EDUCATION:**

**1.0 hour for BBS, BRN, CCAPP-EI  
1.0 CE for Psychologist**

**COST:**

**NONE**