

COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH

Service Area 1 Leadership Team Monthly Meeting

Palmdale Mental Health Clinic

2260 E. Palmdale Blvd., Suite J, Palmdale, CA 93550

March 19, 2026

3:00pm – 5:00pm

[Join Meeting via MS Teams](#)

Meeting ID: 215 193 088 578

Passcode: pJ96dh6i

SALT 1 Microsite | [Service Area Leadership Team 1 \(SALT 1\) - Department of Mental Health](#)

Email: SALT1@dmh.lacounty.gov

Agenda Items	Comments/Discussion/Recommendations/Conclusion	Action Item	Person(s) Responsible	Due Date
Welcome, Land & Labor Acknowledgement/ Introductions	<p>The meeting was called to order at 3:05 PM by Co-Chair Rudy Perez, who welcomed all attendees. Co-Chair Rudy Perez read the Land Acknowledgement, followed by the Labor Acknowledgement presented by Co-Chair Monica Olsen. Monica Olsen opened up for the introduction, which was made by all attendees.</p> <p><i>Disclosure</i> – Meeting recordings, transcripts and power point presentation will be made available on the SA 1 microsite but may be subject to delay in posting.</p>		Co-Chairs	Ongoing
BHSA Updates	<p>Dr. Darlesh Horn, Division Chief of the Behavioral Health Services Act (BHSA) Administration Division provided online updates and addressed co-chair elections. The session included discussions on monthly commission reports, revised and updated bylaws, voting privileges, stipend limits, and required</p>		Dr. Darlesh Horn, DPA, Division Chief	

	meetings and forms. Dr. Horn was available to respond to questions and provide clarification.			
Review and Approve Meeting Minutes from 2/19/2026	<p>Paper copies of the minutes were available for in person attendees and distributed via email prior to the meeting and displayed on-screen for online attendees.</p> <p>A motion to approve the minutes was made by Robert (Michael) Dutton, with a request to update the 2/19/26 draft minutes to include Ms. Cabil’s suggestion of creating a Black History Month Subcommittee. The motion was seconded by Nick Ashbaugh. Monica Olsen called the vote to approve the meeting minutes, as amended which passed with 0 objections and 0 abstentions.</p>		Co-Chairs(s), SALT 1 Voting members	Ongoing
Budget	<p>Gabby Muniz presented an itemized SALT budget, including year-to-date monthly utilization. Paper copies of the budget were distributed for those who attended in person and shared online for virtual attendees.</p> <p><u>SALT 1 Fiscal Year 2025-2026</u></p> <p>Budget Allocation: \$50,000 Utilized: \$22,423.13 Remaining: \$27,576.87</p> <p>The committee discussed the reallocation of funds for the upcoming senior event and considered inviting a culturally</p>		Gabriela Muniz, SALT 1 Voting Members	6/30/26

	<p>relevant keynote speaker with expertise in healing Afro-Diasporic and Latino communities. The reallocation was proposed due to the cancellation of the Black History Month event as a result of a personal matter. Monica Olsen called the vote to reallocate \$2,000, with \$1,000 designated for the Senior Event and \$1,000 for a keynote speaker (Coach Afi). Outcome: The motion passed with 14 approvals, 0 objections, and 0 abstentions. <i>A copy of the budget slides will be posted on the SA1 microsite.</i></p>			
<p>Report Out on DMH O&E and other Outreach and Engagement Activities</p>	<p>Diana Luna-Miller provided an overview of past and upcoming Service Area 1 events. She further reported that Gabriela Muniz was recognized by the Palmdale Women’s Club as a “Woman Who Inspires.”</p> <p><i>A copy of the event slides will be posted on the SA1 microsite.</i></p>		<p>Diana Luna Miller, Programs & Special Projects (O&E)</p>	<p>Ongoing</p>
<p>Committee Member Reports</p>	<p>Co-Chair Updates: Monica Olsen presented a summary of the recent Behavioral Health Commission meeting, addressing topics including community engagement, transportation barriers to care, the Psychiatric Mobile Response Team, the Antelope Valley Behavioral Health Urgent Care Center (BHUCC), the Behavioral Health Services Act mid-year funding reallocation, and state reporting. She highlighted both successes and challenges, including efforts to improve accessibility of complex reports through alternative formats such as audio adaptations. Monica Olsen also informed attendees that the underserved cultural committees will be inactive for one month and provided clarification regarding updates during this period.</p>	<p>A revision was made to replace the phrase 'several months' with 'one month' per a voting member's request.</p>	<p>Co-Chair(s), Committee Members</p>	<p>Ongoing</p>

	<p>UsCCs – <i>The following information is being carried over from the previous meeting for reference and to include the meeting date.</i></p> <p>Underserved Cultural Committees (UsCCs): <u>UsCC’s Meeting Schedule</u></p> <ul style="list-style-type: none"> • Access for all UsCC - Every second Wednesday of the month, 10:00 a.m.-12:00 p.m. • American Indian/Alaska Native UsCC - Every first Wednesday of the month, 2:00 p.m.-4:00 p.m. • Asian Pacific Islander UsCC - Every fourth Monday of the month, 2:00 p.m.-4:00 p.m. • Black and African Heritage UsCC - Every first Thursday of the month, 10:00 a.m.-12:00 p.m. • Eastern European / Middle Eastern UsCC - Every last Wednesday of the month, 2:00 p.m.-4:00 p.m. • Latino UsCC - Every third Tuesday of the month, 2:00 p.m.-4:00 p.m. • LGBTQIA2-S UsCC - Every first Thursday of the month, 2:00 p.m.- 4:00 p.m. <p>DMH Updates: James Coomes provided updates on housing, the Behavioral Health Services Act, Full-Service Partnership programs, Department of Mental Health funding, BH-CONNECT behavioral</p>	<p>The USCCs weblink will be included in the SALT 1 distribution through a post-meeting follow-up email.</p>	<p>Yvette Perez, SALT 1 liaison</p>	<p>3/20/26</p>
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	<p>health community-based networks, equitable care and treatment, and recent state initiatives. The discussion also covered outpatient services, the implementation of a level-of-care assessment tool, service provision in Los Angeles County particularly in the Antelope Valley, community advocacy initiatives, the need to expand senior services, and recognition of Black History Month.</p>		<p>James Coomes, SPA 1 District Chief</p>	<p>Ongoing</p>
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<p>Community and Family Member/Supporters Time</p>	<p>A community member shared experiences with housing challenges, rental agreements, and participation in support groups. They also noted not receiving the Client Activity Fund (CAF) stipend due to an outdated address and expressed appreciation for SALT.</p> <p>A community member described their experiences in group therapy, highlighting specific triggers, difficulties with living conditions, and challenges encountered in their employment.</p> <p>A committee member expressed concerns about how families stay informed and connected when a loved one receives behavioral health services in Antelope Valley while the family lives elsewhere (e.g., Los Angeles or Glendale). They highlighted communication challenges across regions and noted a lack of agencies that consistently provide updates to families. The member requested a presentation on this issue.</p> <p>A community member raised concerns about confidentiality in meetings, specifically regarding meeting dynamics and the sharing of contextual information.</p> <p>A community member expressed appreciation to the meeting attendees.</p> <p>A community member sought recommendations for supporting individuals in need of mental health services and resources and requested strategies to strengthen community support and improve mental health outcomes.</p>			
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Agency Updates and Community Announcements	Multiple agencies provided updates on upcoming events, meeting, and support groups within their programs or communities.	Events and resources will be compiled and distributed in a recap email.	Yvette Perez, SALT 1 liaison	3/20/26
Closing	The meeting was adjourned by Monica Olsen at 5:00 p.m. Service providers remained available afterward to respond to attendee questions.		Co-Chair(s)	

Respectfully submitted by,
 Corina Lara, MSW Intern
 Los Angeles County Department of Mental Health
 Service Area 1 Administration
Attendees: 65