

COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH

**Service Area 1 Leadership Team Monthly Meeting**

**Palmdale Mental Health Clinic**

**2260 E. Palmdale Blvd., Suite J, Palmdale, CA 93550**

**April 16, 2026**

**6:00pm – 8:00pm**

[Join Meeting via MS Teams](#)

**Meeting ID: 215 193 088 578**

**Passcode: pJ96dh6i**

**SALT 1 Microsite** | [Service Area Leadership Team 1 \(SALT 1\) - Department of Mental Health](#)

Email: [SALT1@dmh.lacounty.gov](mailto:SALT1@dmh.lacounty.gov)

Agenda Items	Comments/Discussion/Recommendations/Conclusion	Action Item	Person(s) Responsible	Due Date
Welcome, Land & Labor Acknowledgement/ Introductions	<p>The meeting was called to order at 6:00 PM by Co-Chair Rudy Perez, who welcomed all attendees. Co-Chair Rudy Perez read the Land Acknowledgement, followed by the Labor Acknowledgement presented by Co-Chair Jill Blanks. Rudy Perez opened up for the introduction, which was made by all attendees.</p> <p><i>Disclosure</i> – Meeting recordings, transcripts and power point presentation will be made available on the SA 1 microsite but may be subject to delay in posting.</p>		Co-Chairs	Ongoing
Review and Approve Meeting Minutes from 3/19/2026	<p>Paper copies of the minutes were available for in person attendees and distributed via email prior to the meeting and displayed on-screen for online attendees.</p> <p>A motion to approve the minutes was made by Rudy Perez with a request to update the 3/19/26 draft minutes to include Ms.</p>		Co-Chairs(s), SALT 1 Voting members	Ongoing

	<p>Cabil’s suggestion of creating a Black History Month Subcommittee. The motion was seconded by Wendy Cabil and Jill Blanks. Rudy Perez called the vote to approve the meeting minutes, as amended which passed with 0 objections and 1 abstention.</p>			
<p>Commissioner, Introduction &amp; Stakeholder Dialogue</p>	<p>Commissioner Anna Yun Hee Lee, LCSW, introduced herself and shared her professional background in social work along with lived experience related to recovery and overcoming challenges such as homelessness, trauma, and legal system involvement. She described her work in residential treatment, prevention, and Skid Row community services, as well as her experience in clinical practice, substance use counseling, grant writing, and technology. Dr. Lee emphasized culturally responsive care, expanding access for underserved communities, and addressing gaps in behavioral health services, including the use of technology to improve access and reduce burnout. The session concluded with a brief Q&amp;A.</p>		<p>Commissioner, Anna Yun Hee Lee</p>	
<p>Budget</p>	<p>Gabby Muniz presented an itemized SALT budget, including year-to-date monthly utilization. Paper copies of the budget were distributed for those who attended in person and shared online for virtual attendees.</p> <p><b><u>SALT 1 Fiscal Year 2025-2026</u></b></p> <p><b>Budget Allocation: \$50,000</b>  <b>Utilized: \$36,078,44</b>  <b>Remaining: \$13,921,56</b></p> <p><i>A copy of the budget slides will be posted on the SA1 microsite.</i></p>		<p>Gabriela Muniz, SALT 1 Voting Members</p>	<p>6/30/26</p>



	<p><b>DMH Updates:</b> Amber Anderson provided updates on the Behavioral Health Services Act (BHSA) transformation, including improvements to centralized scheduling, streamlined post-hospital discharge coordination, and efforts to improve continuity and quality of care. She noted the system is planned to go live in May and responded to questions from community members.</p> <p><b>BHC Update:</b> Jean Harris updated the group on the Behavioral Health Commission and her attendance at the recent meeting. She reported that Los Angeles County will receive behavioral health care funding for the unhoused and individuals with substance use disorders. She also identified dual diagnosis as a major concern and encouraged active participation in Behavioral Health Commission meetings.</p>			
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<p>Community and Family Member/Supporters Time</p>	<p>A community member expressed appreciation for ongoing advocacy efforts and the passion demonstrated by other participants in supporting the community.</p> <p>A community member shared concerns about ongoing challenges accessing appropriate and consistent care for family members and requested additional support and resource guidance.</p> <p>A community member described a recent experience related to their child’s Individualized Education Program (IEP), including a request for one-on-one support and concerns about how the request was addressed. They emphasized the importance of respectful and mindful communication from professionals.</p> <p>A community member shared that there is a need for increased ADHD-related resources in the Antelope Valley.</p> <p>A community member noted the need for additional IEP advocacy and legal support resources in the Antelope Valley and referenced organizations as well as local advocacy supports.</p> <p>A community member requested that resource information be shared, and it was noted that SALT 1 liaisons will distribute resources in a follow-up email.</p>			
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<p>Agency Updates and Community Announcements</p>	<p>Multiple agencies provided updates on upcoming events, meeting, and support groups within their programs or communities.</p> <p><b>Caring Minds for Youth (TAY Program)</b></p> <ul style="list-style-type: none"> <li>• <b>Focus:</b> Transitional Age Youth (ages 18–25)</li> <li>• <b>Event:</b> Psychosis Awareness Event</li> <li>• <b>When:</b> TODAY, April 17   4:00 PM – 7:00 PM</li> <li>• <b>Where:</b> Children’s Center of the Antelope Valley (CCAV)</li> </ul> <p><b>Marzette’s House</b></p> <ul style="list-style-type: none"> <li>• <b>Free Produce Distribution:</b> April 20 at 3:30 PM (First-come, first-served basis; see attached flyer).</li> <li>• <b>Wellness Fair:</b> May 30   10:00 AM – 1:00 PM</li> <li>• <b>Contact:</b> <a href="mailto:community.liaison@marzetteshouse.org">community.liaison@marzetteshouse.org</a></li> </ul> <p><b>National Alliance on Mental Illness (NAMI)</b></p> <ul style="list-style-type: none"> <li>• <b>Support Groups:</b> * <b>In-Person:</b> 1st and 3rd Monday   6:00 PM – 7:30 PM</li> <li>• <b>Online:</b> 2nd and 4th Monday   7:00 PM – 8:30 PM</li> <li>• <b>Opportunities:</b> Seeking facilitators for free training.</li> <li>• <b>Contact:</b> Jean Harris at <a href="mailto:jharris.nami@gmail.com">jharris.nami@gmail.com</a> (flyers attached)</li> </ul> <p><b>Live Oak Mental Wellness Project</b></p>	<p>Events and resources will be compiled and distributed in a recap email.</p>	<p>Yvette Perez, SALT 1 liaison</p>	<p>3/20/26</p>
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	<ul style="list-style-type: none"><li>• <b>Workshop:</b> "Supported Seedlings" for children (ages 3–5) and their caregivers.</li><li>• <b>When:</b> April 29   10:00 AM – 11:00 AM</li><li>• <b>Where:</b> All for Kids, Palmdale</li><li>• <b>Contact:</b> <a href="mailto:monica@liveoakmentalwellnessproject.com">monica@liveoakmentalwellnessproject.com</a></li></ul> <p><b>PennyLane SUD Program</b></p> <ul style="list-style-type: none"><li>• <b>Details:</b> Substance Use Disorder (SUD) programming and support.</li><li>• <b>Contact:</b> Jessica Rojas at <a href="mailto:jrojas@pennylane.org">jrojas@pennylane.org</a> (See attached flyers).</li></ul> <p><b>Our Health Our Wellness (Presented by Black Health Matters)</b></p> <ul style="list-style-type: none"><li>• <b>Webinar:</b> April 22 at 4:00 PM (Cancer awareness and living with cancer).</li><li>• <b>Conference:</b> CA Black Health Network Association Virtual Conference on May 13.</li><li>• <b>Featured Speaker:</b> Dr. Bonds on "Black Men and Boys" (More info to come).</li></ul> <p><b>SPA 1 RCA Community Meeting</b></p> <ul style="list-style-type: none"><li>• <b>When:</b> April 22   10:00 AM – 12:00 PM (See flyer for additional dates).</li></ul> <p><b>AV Health Neighborhood</b></p> <ul style="list-style-type: none"><li>• <b>Meeting:</b> May 7   1:00 PM – 3:00 PM</li></ul>			
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	<ul style="list-style-type: none"><li>• <b>Topic:</b> <i>Impact of stress on the nervous system; includes somatic exercises.</i></li></ul> <p><b>AV Pride Fest</b></p> <ul style="list-style-type: none"><li>• <b>When:</b> <i>June 20   3:00 PM – 8:00 PM</i></li><li>• <b>Details:</b> <i>Free event for the public; entertainment extension tickets available for \$10 (flyer to come)</i></li></ul> <p><b>Take Action LA</b></p> <ul style="list-style-type: none"><li>• <b>When:</b> <i>May 14   10:00 AM – 1:00 PM at Antelope Valley College.</i></li><li>• <b>Donations:</b> <i>Accepting baby/child items for Perinatal Mental Health participants.</i></li><li>• <b>Contact:</b> <a href="mailto:aanderson@dmh.lacounty.gov">aanderson@dmh.lacounty.gov</a></li></ul> <p><b>Healing &amp; Meditation with Coach Afi</b></p> <ul style="list-style-type: none"><li>• <b>When:</b> <i>April 22   7:00 PM</i></li><li>• <b>Where:</b> <i>Center for Spiritual Living, Lancaster.</i></li></ul> <p><b>Not Only a Hero (NOAH)</b></p> <ul style="list-style-type: none"><li>• <b>Focus:</b> <i>Mentorship through sports and teaching <b>life skills</b> to young men.</i></li><li>• <b>Details:</b> <i>Free resources (funded via donations).</i></li><li>• <b>Contact:</b> <i>Patrick Campbell at <a href="mailto:notonlyahero@gmail.com">notonlyahero@gmail.com</a></i></li></ul>			
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Closing	The meeting was adjourned by Rudy Perez at 7:41 p.m. Service providers remained available afterward to respond to attendee questions.		Co-Chair(s)	
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Respectfully submitted by,  
Corina Lara, MSW Intern  
Los Angeles County Department of Mental Health  
Service Area 1 Administration

**Attendees: 36**