

## Transitional Aged Youth Presenting with Co-Occurring Disorders

**DATE & TIME:**

**May 21, 2026**

**9:00AM – 12:00PM**

***Sign-in begins 15 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.***

**PLACE:** Web Broadcast – Zoom

**REGISTRATION:** <https://eventshub.dmh.lacounty.gov>

**DESCRIPTION:** This training will provide an overview of treating Transitional Aged Youth (TAY) up to the age of 22 who have been diagnosed with both a substance use disorder and a mental health disorder. The training will include recognizing the signs of a co-occurring disorder, how to differentiate between a substance use and a mental health disorder, and treatment options. Participants will learn best practices for delivering culturally appropriate services to the TAY population. Three case vignettes will be presented to equip TAY-serving providers with an understanding of the unique co-occurring mental and substance use health needs of TAY, effective standards of care for addressing co-occurring risks, harm reduction therapeutic approaches with TAY populations, and programmatic-system considerations for addressing TAY co-occurring mental and substance use needs. The training will address unique needs of high-risk populations including LGBTQIA+, system-impacted, and marginally-housed youth.

**TARGET AUDIENCE:** DMH staff and mental health contracted providers rendering specialty mental health services to children, youth and families throughout Los Angeles County.

**OBJECTIVES:** As a result of attending this training, participants should be able to:

1. List at least two (2) developmental considerations associated with mental and substance use health risks unique to TAY populations.
2. Identify a minimum of two (2) best practices for engaging TAY and linking them to appropriate care.
3. Describe (2) best practices for improving provider competence in delivering culturally and linguistically appropriate services to TAY presenting with co-occurring mental health and substance use disorders.

**CONDUCTED BY:** Sherry Larkins, Ph.D.

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**DEADLINE:** May 21, 2026

**CONTINUING EDUCATION:** 3.0 Hours (BBS, BRN, CCAPP and Psychology) to be offered by Azusa Pacific University

**COST:** None