

Caregiving for our Aging Loved Ones

DATE & TIME:

May 20, 2026

11:30AM – 12:30PM

***Sign-in begins 15 minutes prior to the training time. All participants must arrive during the sign-in period.
Late arrivals will not be admitted.***

PLACE: Web Broadcast – Microsoft Teams

REGISTRATION: [EventsHub - Registration Link](#)

DESCRIPTION: This training will provide participants with an overview of informal family caregivers who are working and caring for people that are unable to live fully independently due to illness, disability, age, or chronic conditions. It will enhance their ability to identify and address common issues faced by family caregivers. Participants will learn about how the changing demographics of the family structure, chronic disease and healthcare shape family caregiving in the United States. Clinicians will learn screening and assessment tools for family caregivers that can be used to build appropriate interventions that help clients manage caregiver stress.

TARGET AUDIENCE: DMH and contract providers currently serving Older Adult clients

OBJECTIVES: As a result of attending this training, participants should be able to:

1. Explore key demographics and characteristics of family caregivers from various cultural groups within the United States.
2. Identify factors during a client assessment that indicate a client may be in a family caregiver role and learn to ask that question.
3. Describe three financial, emotional or physical factors that can increase the stress on a family caregiver.
4. Specify three interventions that can be used to help a client manage family caregiver stress.

CONDUCTED BY: Dr. Donna Benton, Ph.D.
USC Leonard Davis School of Gerontology and USC Family Caregiver Support Center

COORDINATED BY: Dustin Jones – Training Coordinator
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DEADLINE: When capacity is reached.

CONTINUING EDUCATION: 1.0 hour for BBS, BRN, CCAPP-EI
1.0 CE for Psychologist

COST: NONE