



LOS ANGELES COUNTY  
**DEPARTMENT OF  
MENTAL HEALTH**  
hope. recovery. wellbeing.

# SERVICE AREA 1

RESOURCE DIRECTORY  
LAST UPDATE 4/6/2026



# SERVICE AREA 1: ANTELOPE VALLEY

Includes Acton, Agua Dulce, Gorman, Lake Hughes, Lake Los Angeles, Lancaster, Littlerock, Palmdale, Quartz Hill, and others.

We understand these are difficult times. In our ongoing effort to keep Service Area 1 individuals and communities connected and informed, we have organized the following resources to assist you in navigating our network or providers. Additional countywide mental health resources are also available [on our website](#).

The Los Angeles County Department of Mental Health (LACDMH) supports the wellbeing of our county residents and communities. [Los Angeles County Help Line for Mental Health & Substance Use Services](#) is available 24/7 to provide mental health support, resources, and referrals at [\(800\) 854-7771](#).

## [SA1 Directly-Operated and Contracted Provider List](#)

### ANGER MANAGEMENT

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- [A New Vision For You II \(ANVFI\)](#)
- [Alba Wellness](#)
- [Grace Resource Center](#)
- [Hope4Families](#)
- [Olive Support Services](#)

### BREASTFEEDING SUPPORT

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- [Antelope Valley Partners for Health](#)
- [Kaiser Permanente – Center for Healthy Living](#)
- [La Leche League](#)

## COUNSELING

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- [A New Vision For You II \(ANVFY\)](#)
- [Action Drug Rehab & Mental Health](#)
- [Alba Wellness Group](#)
- [AV Family Connections](#)
- [Child and Family Guidance Center](#)
- [Hathaway-Sycamores Child and Family Services](#)
- [Miracles Counseling Center](#)
- [Ohana Center](#)
- [Parents Anonymous](#)
- [Spirit of Ashe LLC](#)
- [Tessie Cleveland Community Services Corp.](#)
- [TimeList](#)

## DOMESTIC VIOLENCE

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- [A New Vision For You II \(ANVFY\)](#)
- [Alternatives to Violence Project](#)
- [AV Saving Grace](#)
- [California Victim Compensation Program \(CalVCP\)](#)
- [Kandake Living](#)
- [Legal Aid Foundation of Los Angeles \(LAFLA\)](#)
- [RAINN - National Sexual Assault Hotline](#)
- [Neighborhood Legal Services of Los Angeles County](#)
- [Olive Support Services](#)
- [Tessie Cleveland Community Services Corp.](#)
- [The Hotline](#)
- [Three Hart Connection](#)
- [Two Lifestyles](#)
- [Valley Oasis](#)

## EMPLOYMENT

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- [Antelope Valley AJCC](#)
- [California Dept. of Rehabilitation](#)
- [Children's Center of the Antelope Valley \(CCAV\)](#)
- [Men Taking Over Reforming Society, Inc \(M.E.N.T.O.R.S.\)](#)
- [Mental Health America of Los Angeles \(MHALA\)](#)
- [New Road Foundation](#)
- [Olive Support Services](#)
- [Paving The Way Foundation](#)
- [Street Company](#)
- [Streets of Blue](#)

## FAITH-BASED SERVICES

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- [Desert Vineyard Church](#)
- [Foundation Christian Ministries](#)
- [Grace Chapel](#)
- [Greater Works Christian Church](#)
- [Lancaster United Methodist Church \(Youth Support Assoc\)](#)
- [Palmdale Vineyard Church](#)
- [Prevailing Word Christian Center](#)
- [St. Mary's Catholic Church](#)
- [St. Paul's Episcopal Church](#)
- [Wayside Christian Church](#)

## **FAMILY SUPPORT & CHILD CARE**

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- [A Caring Mind](#)
- [A New Vision For You II \(ANVFY\)](#)
- [All for Kids Family Resource Center](#)
- [AV Family Connections](#)
- [AV Partners for Health](#)
- [Changent](#)
- [Child and Family Guidance Center](#)
- [Child Care Resource Center \(CCRC\)](#)
- [DCFS Father Strong](#)
- [DeFrancis Early Intervention Services](#)
- [Desert Vineyard](#)
- [Help Me Grow LA](#)
- [National Alliance on Mental Illness AV \(NAMI\)](#)
- [Olive Support Services](#)
- [Parents Anonymous](#)
- [Parents in Partnership](#)
- [Penny Lane Centers](#)
- [Sycamores](#)
- [WOW Flower Project](#)

## **FOOD/SHELTER/CLOTHING**

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- [APLA Health/Wesley Health Centers](#)
- [AV Dream Center](#)
- [AV Partners for Health](#)
- [Cornerstone Church of Littlerock](#)
- [Desert Vineyard Church](#)
- [Grace Resource Center](#)
- [Homeless Organization of Los Angeles \(HOLA\)](#)
- [Hope Chapel](#)
- [Hope the Mission](#)
- [Los Angeles Regional Food Bank](#)
- [Legacy Commons for Active Seniors](#)
- [Mental Health America of Los Angeles \(MHALA\)](#)
- [New Horizon 4 Life](#)
- [Palmdale 7<sup>th</sup> Day Adventist Church Community Services](#)
- [Palmdale Vineyard Church](#)
- [Palmdale Lighthouse](#)
- [Salvation Army](#)
- [Salvation Army Shelter](#)
- [SAVES](#)
- [Shekinah Worship Center](#)
- [St. Vincent De Paul](#)
- [Sycamores](#)
- [The People Concern](#)
- [Twin Lakes Community Church](#)
- [United Methodist Church](#)
- [Valley Oasis](#)

## **GRIEF SUPPORT**

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- [Gateway Services](#)
- [GriefShare](#)
- [Kaiser Permanente Bereavement](#)
- [Live Oak Mental Wellness Project](#)
- [Oasis Hospice Grief and Loss Groups](#)

## HOUSING

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- [APLA Health/Wesley Health Centers](#)
- [Basta](#)
- [Bet Tzedek](#)
- [Housing Authority of the City of Palmdale](#)
- [Kensington Campus](#)
- [Lancaster Connect](#)
- [Los Angeles County Development Authority](#)
- [Maravilla Foundation](#)
- [Men Taking Over Reforming Society, Inc \(M.E.N.T.O.R.S.\)](#)
- [Mental Health America of Los Angeles \(MHALA\)](#)
- [Neighborhood Legal Services of Los Angeles County \(NLSLA\)](#)
- [Olive Support Services](#)
- [Penny Lane Centers](#)
- [Salvation Army](#)
- [SHARE! Collaborative Housing](#)
- [South Antelope Valley Emergency Services \(SAVES\)](#)
- [Sycamores](#)
- [Valley Oasis](#)
- [Volunteers of America](#)

## IMMIGRATION SERVICES

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- [AV Immigration Law](#)
- [CCRC \(Greater Valley Immigration\)](#)
- [Esperanza Immigrant Rights Project](#)
- [Immigrant Defenders Law Center](#)
- [Hermandad Mexicana Nacional  
\(Mexican National Brotherhood\)](#)
- [Kids In Need of Defense \(KIND\)](#)
- [LA County Office of Immigrant Affairs](#)
- [Legal Aid Foundation of Los Angeles \(LAFLA\)](#)
- [Penny Lane Centers](#)
- [SALVA](#)
- [Survivor Justice Center](#)
- [UCLA Prevention Center of Excellence](#)

## LEGAL ASSISTANCE

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- [Alliance for Children's Rights](#)
- [AV Self-Help Legal Access Center](#)
- [Basta](#)
- [Bet Tzedek Legal Services](#)
- [Harriett Buhai Center for Family Law](#)
- [Legal Aid Foundation of Los Angeles \(LAFLA\)](#)
- [Neighborhood Legal Services of Los Angeles County \(NLSLA\)](#)

## LGBTQIA2S+

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- [APLA Health](#)
- [AV College Pride Center](#)
- [Bet Tzedek](#)
- [Break the Cycle](#)
- [California Youth Crisis Line](#)
- [Center Link](#)
- [Gender Justice LA](#)
- [Gender Sexuality Info](#)
- [LGBT National Help Center](#)
- [OUTreach Center](#)
- [Penny Lane Centers](#)
- [RISE](#)
- [The Trevor Project](#)
- [Trans LifeLine](#)
- [TransYouth Family Allies](#)
- [Transforming Family](#)

## **MEDICAL SERVICES**

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- [Antelope Valley Adult Day Care Center](#)
- [Antelope Valley Community Clinic](#)
- [Antelope Valley Medical Center](#)
- [APLA Health/ Wesley Health Centers](#)
- [Antelope Valley Partners for Health \(AVPH\)](#)
- [Bartz-Altadonna Community Health Center \(BACHC\)](#)
- [Catalyst Foundation](#)
- [City of Hope](#)
- [Garrison Family Medical Group](#)
- [Heritage Sierra Medical Group](#)

## **MATERNAL MENTAL HEALTH**

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- [All for Kids Sunrise Center](#)
- [Alliance for Children's Rights](#)
- [Alliance of Antelope Valley](#)
- [AV Family Connections](#)
- [AV Hospital Women & Infants Pavilion](#)
- [AV Mommy Mentor Network](#)
- [AV Partners for Health](#)
- [Care Net Women's Resource Center](#)
- [Family First Medical Group](#)
- [First 5 LA / AAIMM \(African American Infant & Maternal Mortality\)](#)
- [FPA Women's Health](#)
- [Kaiser Permanente](#)
- [LA Care Maternity Care Program](#)
- [Nurse Family Partnership](#)
- [Planned Parenthood](#)
- [Women and Infants Pavilion](#)
- [Women, Infants, and Children \(WIC\)](#)
- [Women's Clinic of the Antelope Valley](#)
- [WOW Flower Project](#)

## **TRANSPORTATION**

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- [Access](#)
- [Antelope Valley Transit Authority](#)
- [Catalyst Foundation](#)
- [South Antelope Valley Emergency Services \(SAVES\)](#)
- [Metro Link](#)

## **MENTAL HEALTH/BEHAVIORAL HEALTH**

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- [A Caring Mind, Inc.](#)
- [Alba Wellness Group](#)
- [Antelope Valley Partners for Health \(AVPH\)](#)
- [APLA Health/Wesley Health Centers](#)
- [Children's Center of the Antelope Valley \(CCAV\)](#)
- [Eric A. Garcia "You Are Enough" Foundation](#)
- [Live Oak Mental Wellness Project](#)
- [Mental Health America of Los Angeles \(MHALA\)](#)
- [National Alliance on Mental Illness \(NAMI\)](#)
- [Parents Anonymous](#)
- [Penny Lane Centers](#)
- [Star View / BHUCC \(Behavioral Health Urgent Care Center\)](#)
- [Tessie Cleveland Community Services Corp.](#)
- [Wesley Health Centers](#)

## **SUICIDE PREVENTION**

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- [Eric A. Garcia "You Are Enough" Foundation](#)

## VETERANS SERVICES

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- [Antelope Valley VA Clinic](#)
- [Legacy Commons for Active Seniors](#)
- [Legal Aid Foundation of Los Angeles \(LAFLA\)](#)
- [MHLA Veterans Program](#)
- [New Horizon 4 Life](#)
- [Red White Blue Community Development Corporation](#)
- [Veterans Affair](#)
- [Veterans Call Center](#)
- [Veterans Crisis Line](#)

## SENIOR SERVICES

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- [AltaMed](#)
- [Alzheimer's Association Southland Chapter](#)
- [Americana Referral Services](#)
- [Antelope Valley Adult Day Care Center](#)
- [Antelope Valley Senior Center](#)
- [Antelope Valley Transit Authority \(AVTA\)](#)
- [Assisted Living Specialist](#)
- [Bet Tzedek Legal Services](#)
- [Elder Abuse Hotline](#)
- [Family First Medical Group](#)
- [Heritage Clinic – Lancaster](#)
- [High Desert Medical Group](#)
- [IHSS \(In-Home Supportive Services\)](#)
- [Kaiser Permanente](#)
- [Legacy Commons for Active Seniors](#)
- [MPTF \(Motion Picture & Television Fund\)](#)
- [MSSP \(Multipurpose Senior Services Program\)](#)
- [New Horizon Senior Care](#)
- [New Road Foundation](#)
- [SCV Senior Center](#)
- [Tessie Cleveland Community Services Corp.](#)

## ONLINE RESOURCE DIRECTORIES

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- [A New Vision for You II & III](#)
- [Antelope Valley Partners for Health](#)
- [Black Infants and Families](#)
- [Lancaster Connect](#)
- [Miracles Counseling Center](#)
- [One Degree](#)
- [Palmdale School District](#)
- [Personal Involvement Center](#)
- [Sycamores](#)

## SUBSTANCE ABUSE TREATMENT

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- [A New Vision For You II \(ANVFY\)](#)
- [Action Drug Rehab & Mental Health](#)
- [Alpha Recovery Center](#)
- [APLA Health/Wesley Health Centers](#)
- [AV Council on Alcoholism & Drug Dependency \(NCADD\)](#)
- [Bartz Altadonna Community Health Center \(BACHC\)](#)
- [Children's Center of the Antelope Valley \(CCAV\)](#)
- [Cycles of Change Recovery Services](#)
- [High Road Program](#)
- [Kaiser Permanente](#)
- [Men Taking Over Reforming Society, Inc \(M.E.N.T.O.R.S.\)](#)
- [New Directions, Alcohol and Drug Services](#)
- [New Road Foundation](#)
- [Penny Lane Centers](#)
- [Recover LA](#)
- [Substance Abuse and Prevention Control \(SAPC\)](#)
- [Tarzana Treatment Centers](#)
- [Volunteers of America L.A. TAY Access Center](#)
- [Wesley Health Centers](#)
- [White Oak Recovery Center](#)

## **TRANSITIONAL AGE YOUTH (AGES 16-25)**

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- [Alliance for Children's Rights](#)
- [Asian Youth Center](#)
- [AV Partners for Health](#)
- [Change Lanes Youth Support Services](#)
- [Children's Center of the AV](#)
- [Future Leaders California](#)
- [Mental Health America of Los Angeles \(MHALA\)](#)
- [New Road Foundation](#)
- [Paving the Way Foundation](#)
- [Penny Lane Centers](#)
- [Project Joy](#)
- [Sanctuary of Hope \(SOH\)](#)
- [Seen & Heard](#)
- [Soluna](#)
- [Sycamores](#)
- [Teen Line](#)
- [Youth Build](#)

# COUNTYWIDE WELLBEING RESOURCES

All resources that are not based in a specific Service Area

## MENTAL HEALTH SERVICES (NOT LACDMH/CONTRACT)

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- [Cedarwood Counseling Center](#)
- [Breakthrough Parenting Academy](#)
- [Mental Health America](#)
- [North Los Angeles County Regional Center \(NLACRC\)](#)

## DEPT. OF SOCIAL SERVICES INFORMATION

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- [Resource Guide](#)

## DEPT. OF HEALTH SERVICES INFORMATION

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- [Resource Guide](#)

## DEPT. OF PUBLIC HEALTH SERVICES INFORMATION

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- [Resource Guide](#)

[\\*Additional Resources you've discovered and would like to share](#)