



▶▶ The City of Paramount in Partnership with Service Areas 6 & 7 Presents
Unity in Motion: Bridging Communities

Saturday, May 30, 2026
8:00 – 11:00 AM

Join us for Unity in Motion: A community resource fair in partnership with the City of Paramount, LACDMH Service Areas 6 and 7. This gathering brings Black and Latino communities together to advance holistic wellbeing, increase access to culturally responsive services, and strengthen connections among residents, providers, and local partners.

Spend the day engaging in preventive health education, substance-use awareness, wellness activities, and bilingual, culturally grounded support for families. Whether you're participating in the 5K walk/run or connecting with community organizations, Unity in Motion offers a welcoming space to honor resilience, celebrate unity, and uplift collective wellbeing. There are two ways to join:

In-person

Paramount Park
14400 Paramount Blvd.,
Paramount, CA 90723

Virtually

Instagram Live
@LACDMHSA6
@LACDMHSA7

For more information, contact KThompson@dmh.lacounty.gov or SA7Administration@dmh.lacounty.gov.



LOS ANGELES COUNTY
DEPARTMENT OF MENTAL HEALTH
hope. recovery. wellbeing.

