

## Directly Operated Service Providers in the San Fernando Valley

### Adult/Older Adults

#### Olive View Mental Health Clinic

14238 Saranac Lane  
Sylmar, CA 91342  
Main Line: (818) 485-0888

#### San Fernando Mental Health Center

10605 Balboa Blvd., Ste. 100  
Granada Hills, CA 91344  
Main Line: (818) 832-2400

#### Santa Clarita Mental Health Center

23501 Cinema Dr., Ste. 200  
Valencia, CA 91355  
Main Line: (661) 288-4800

#### West Valley Mental Health Center

20151 Nordhoff St.  
Chatsworth, CA 91311  
Main Line: (818) 407-3200  
eFax: (818) 301-3101

### Children/Young Adults

#### San Fernando Child & Family Center

919 1<sup>st</sup> St.  
San Fernando, CA 91340  
Main Line: (818) 256-1124

#### Valley Coordinated Children's Services

19231 Victory Blvd., Ste. 110  
Reseda, CA 91335  
Main Line: (818) 708-4500

## LACDMH Values

**Integrity.** We conduct ourselves professionally according to the highest ethical standards.

**Respect.** We recognize the uniqueness of every individual and treat all people in a way that affirms their personal worth and dignity.

**Accountability.** We take responsibility for our choices and their outcomes.

**Collaboration.** We work together toward common goals by partnering with the whole community, sharing knowledge, building strong consensus, and sharing decision-making.

**Dedication.** We will do whatever it takes to improve the lives of our clients and communities.

**Transparency.** We openly convey our ideas, decisions and outcomes to ensure trust in our organization.

**Quality and Excellence.** We identify the highest personal, organizational, professional and clinical standards and commit ourselves to achieving those standards by continually improving every aspect of our performance.

**If you are in crisis and need help right away, call our 24/7 toll-free Help Line: [800.854.7771](tel:800.854.7771)**

*Those with hearing or speech disabilities may [call 711](tel:711) and ask the operator – who will serve as the interpreter between the caller and our staff – to call our Help Line.*

[dmh.lacounty.gov](http://dmh.lacounty.gov)



▶ **West Valley Mental  
Health Center**



LOS ANGELES COUNTY  
**DEPARTMENT OF  
MENTAL HEALTH**  
hope. recovery. wellbeing.



## About

West Valley Mental Health Center is a community-based mental health center, operated by the Los Angeles County Department of Mental Health (LACDMH). We are committed to partnering with clients, families, and communities to create hope, wellness and recovery.

Our program is open to clients throughout the county, but generally services communities in the surrounding San Fernando Valley area, known as Service Area 2. The center is open from 8:00 AM to 6:00 PM, Monday through Friday.

At West Valley Mental Health Center, we provide compassionate and culturally responsive services for individuals 18 and older. Our professional team offers a wide range of programs, including crisis intervention, therapy, case management, and support for those living with serious mental health conditions. We work in partnership with our clients to promote recovery, resilience, and a better quality of life.

## Mental Health Assessment/Treatment

A licensed clinician will provide a full mental health assessment to eligible individuals, plan a course of treatment and/or case management as necessary, and triage to appropriate services.

## Case Management Teams

Consider the individual needs of the consumer and family, based on stated goals, and work in partnership to provide services effectively and responsively. Services may include counseling, linkage and referral to housing, employment, medical and dental care, and supportive services in the community.

A staff of psychiatrists provides a full assessment for medication needs and regularly scheduled follow-up visits, in collaboration with the consumer's case manager and/or clinician.



## Group Offerings

- Peer-Led Talk Time
- Grupo de Apoyo (Peer-Led)
- Clients' Community Coalition
- Men's Talk Time
- Self-Esteem Group
- Anger Management Group
- Overcoming Addiction
- Art Group
- Anxiety Reduction Group
- Seeking Safety
- Gentle Yoga

## Some Services Provided

- Screenings & Assessments
- Psychiatric Medication Services
- Crisis Intervention
- Individual Psychotherapy
- Individual Rehabilitation
- Case Management
- Nursing Support Services
- Peer Support
- Housing Support
- Client Volunteer Program (WOW)
- Therapeutic & Rehabilitation Groups
- Substance Abuse Counseling
- Maternal Mental Health Counseling