



COUNTY OF LOS ANGELES DEPARTMENT OF MENTAL HEALTH
 QUALITY, OUTCOMES AND TRAINING DIVISION



Summary of PEI Practice Outcomes (Data as of 12/31/2025)

| Evidence-Based Practice | Outcomes, Starting July 2011 through December 31, 2025 | | | | | | | |
|---|--|------------------|---------------------|---------------------|---|---|--------------------------|------------------------------|
| | OMA Data Entry Rate | Treatment Cycles | Inactive Tx Cycles | | Completed Practice | | | |
| | | | Completed EBP Yes | Completed EBP No | Outcome Measure | Percent Improvement Pre to Post Treatment | All Time Matched Pairs % | Matched Pairs % (Last 3 yrs) |
| AGGRESSION REPLACEMENT TRAINING (ART) | 73.52% | 3433 | 42.66% (n=1,310) | 57.34% (n=1,761) | ECBI INTENSITY SCALE (n=402) | 10.00% | 37.54% | N<20 |
| | | | | | ECBI PROBLEM SCALE (n=402) | 21.00% | | |
| | | | | | SESBI-R INTENSITY SCALE (n=21) | 6.00% | 1.96% | |
| | | | | | SESBI-R PROBLEM SCALE (n=21) | 14.00% | | |
| ART SKILLSTREAMING | | 328 | 54.22% (n=122) | 45.78% (n=103) | ECBI INTENSITY SCALE (n=31) | 19.00% | 26.27% | N/A |
| | | | | | ECBI PROBLEM SCALE (n=31) | 21.00% | | |
| ALTERNATIVES FOR FAMILIES COGNITIVE BEHAVIORAL THERAPY (AF-CBT) | 88.26% | 1804 | 52.32% (n=710) | 47.68% (n=647) | PTSD-RI CHILD/ ADOLESCENT SEVERITY SCORE (n=209) | 53.00% | 64.11% | N/A |
| | | | | | PTSD-RI PARENT SEVERITY SCORE (n=212) | 50.00% | 62.54% | N/A |
| | | | | | PTSD-RI-5 CHILD/ADOL. SEVERITY SCORE (n=114) | 56.00% | 33.93% | 36.14% |
| | | | | | PTSD-RI-5 PARENT SEVERITY SCORE (n=113) | 76.00% | 33.63% | 34.94% |
| BRIEF STRATEGIC FAMILY THERAPY (BSFT) | 73.15% | 203 | 63.19% (n=103) | 36.81% (n=60) | RBPC SOCIALIZED AGGRESSION (n=69) | 50.00% | 66.99% | N/A |
| | | | | | RBPC MOTOR TENSION EXCESS RAW SCORE (n=69) | 50.00% | | |
| | | | | | RBPC PSYCHOTIC BEHAVIOR (n=69) | 100.00% | | |
| | | | | | RBPC ATTENTION PROBLEMS-IMMATURITY (n=69) | 60.00% | | |
| | | | | | RBPC ANXIETY-WITHDRAWAL (n=69) | 66.00% | | |
| BRIEF STRATEGIC FAMILY THERAPY (BSFT) | 73.15% | 203 | 63.19% (n=103) | 36.81% (n=60) | RBPC CONDUCT DISORDER (n=69) | 50.00% | 66.99% | N/A |

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| | | | Completed EBP Yes | Completed EBP No | Outcome Measure | Percent Improvement Pre to Post Treatment | All Time Matched Pairs % | Matched Pairs % (Last 3 yrs) |
| CARING FOR OUR FAMILIES (CFOF) | 70.54% | 733 | 67.15% (n=372) | 32.85% (n=182) | ECBI INTENSITY SCALE (n=59) | 20.00% | 24.79% | N/A |
| | | | | | ECBI PROBLEM SCALE (n=59) | 30.00% | | |
| CENTER FOR THE ASSESSMENT & PREVENTION OF PRODROMAL STATES (CAPPS) | 84.68% | 214 | 42.47% (n=79) | 57.53% (n=107) | SOPS TOTAL OF (n=45) | 60.00% | 56.96% | N<20 |
| | | | | | SOPS NEGATIVE SYMPTOMS (n=45) | 58.00% | | |
| | | | | | SOPS POSITIVE SYMPTOMS (n=45) | 66.00% | | |
| | | | | | SOPS DISORGANIZED SYMPTOMS (n=45) | 60.00% | | |
| | | | | | SOPS GENERAL SYMPTOMS (n=45) | 57.00% | | |
| CHILD-PARENT PSYCHOTHERAPY (CPP) | 72.70% | 8509 | 47.29% (n=3,338) | 52.71% (n=3,721) | TSCYC PTS (n=1,001) | 17.00% | 46.41% | 28.13% |
| COGNITIVE BEHAVIORAL INTERVENTION FOR TRAUMA IN SCHOOLS (CBITS) | 100.00% | 134 | 71.07% (n=86) | 28.93% (n=35) | PTSD-RI CHILD/ ADOLESCENT SEVERITY SCORE (n=34) | 28.00% | 55.74% | N/A |
| | | | | | PTSD-RI PARENT SEVERITY SCORE (n=21) | 23.00% | 33.87% | N/A |
| | | | | | PTSD-RI-5 CHILD/ADOL (n=12) | N<20 | N<20 | N<20 |
| | | | | | PTSD-RI-5 PARENT SEVERITY SCORE (n=5) | N<20 | N<20 | N<20 |
| CRISIS ORIENTED RECOVERY SERVICES (CORS) | 41.90% | 4212 | 60.45% (n=1,828) | 39.55% (n=1,196) | PSC-35 (n=14) | N<20 | 27.45% | N<20 |
| | | | | | OQ TOTAL SCORE (n=226) | 20.00% | 61.41% | N<20 |
| DEPRESSION TREATMENT QUALITY IMPROVEMENT (DTQI) | 98.47% | 1376 | 64.55% (n=865) | 35.45% (n=475) | PHQ-9 TOTAL SCORE (n=463) | 55.00% | 63.17% | 39.66% |
| DIALECTICAL BEHAVIOR THERAPY (DBT) | 53.29% | 392 | 51.93% (n=121) | 48.07% (n=112) | DERS TOTAL SCORE (n=60) | 10.00% | 62.50% | N<20 |
| | | | | | FAD AFFECTIVE INVOLVEMENT (n=105) | 50.00% | | |
| | | | | | FAD AFFECTIVE RESPONSIVENESS (n=105) | 50.00% | | |

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| | | | Completed EBP Yes | Completed EBP No | Outcome Measure | Percent Improvement Pre to Post Treatment | All Time Matched Pairs % | Matched Pairs % (Last 3 yrs) |
| FAMILIES OVERCOMING UNDER STRESS (FOCUS) | 93.17% | 881 | 69.88% (n=559) | 30.12% (n=241) | FAD BEHAVIORAL CONTROL (n=105) | 0.00% | 42.51% | 32.00% |
| | | | | | FAD COMMUNICATION (n=105) | 50.00% | | |
| | | | | | FAD GENERAL FUNCTIONING (n=105) | 0.00% | | |
| | | | | | FAD PROBLEM SOLVING (n=105) | 0.00% | | |
| | | | | | FAD ROLES (n=105) | 0.00% | | |
| FAMILY CONNECTIONS (FC) | 38.71% | 24 | 44.44% (n=8) | 55.56% (n=10) | ECBI INTENSITY SCALE (n=1) | N<20 | N<20 | N/A |
| | | | | | ECBI PROBLEM SCALE (n=1) | | | |
| FUNCTIONAL FAMILY THERAPY (FFT) | 71.51% | 1783 | 66.18% (n=994) | 33.82% (n=508) | YOQ TOTAL SCORE (n=797) | 31.00% | 82.00% | N<20 |
| | | | | | YOQ-SR TOTAL SCORE (n=716) | 29.00% | | N<20 |
| GROUP COGNITIVE BEHAVIORAL THERAPY FOR MAJOR DEPRESSION (GROUP CBT) | 100.09% | 1151 | 42.03% (n=369) | 57.97% (n=509) | PHQ-9 TOTAL SCORE (n=254) | 42.00% | 68.83% | N<20 |
| INCREDIBLE YEARS (IY) | 84.70% | 2882 | 63.43% (n=1,629) | 36.57% (n=939) | ECBI INTENSITY SCALE (n=1,028) | 18.00% | 64.45% | N<20 |
| | | | | | ECBI PROBLEM SCALE (n=1,028) | 35.00% | | |
| INDIVIDUAL COGNITIVE BEHAVIORAL THERAPY (IND CBT)-ANXIETY | 26.63% | 4823 | 36.93% (n=1,781) | 39.19% (n=1,890) | GAD-7 (n=1,028) | 63.00% | 68.21% | 45.86% |
| INDIVIDUAL COGNITIVE BEHAVIORAL THERAPY (IND CBT)-DEPRESSION | 50.12% | 9063 | 34.37% (n=3,115) | 41.05% (n=3,720) | PHQ-9 (n=2,023) | 58.00% | 65.01% | 48.26% |
| INDIVIDUAL COGNITIVE BEHAVIORAL THERAPY (IND CBT)-TRAUMA | 8.32% | 1491 | 36.08% (n=538) | 38.63% (n=576) | PCL-5 TOTAL SCORE (n=241) | 60.00% | 66.57% | 43.96% |
| INDIVIDUAL COGNITIVE BEHAVIORAL THERAPY (IND CBT)-TRAUMA | 8.32% | 1491 | 36.08% (n=538) | 38.63% (n=576) | PTSD-RI ADULT SEVERITY SCORE (n=18) | N<20 | N<20 | N/A |
| | | | | | PTSD-RI CHILD/ ADOLESCENT SEVERITY SCORE (n=16) | N<20 | N<20 | N/A |
| | | | | | PTSD-RI PARENT SEVERITY SCORE (n=5) | N<20 | N<20 | N/A |

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| | | | Completed EBP Yes | Completed EBP No | Outcome Measure | Percent Improvement Pre to Post Treatment | All Time Matched Pairs % | Matched Pairs % (Last 3 yrs) |
| | | | | | PTSD-RI-5 CHILD/ADOL. SEVERITY SCORE (n=23) | 52.00% | 29.11% | N<20 |
| | | | | | PTSD-RI-5 PARENT SEVERITY SCORE (n=11) | N<20 | N<20 | N<20 |
| INTERPERSONAL PSYCHOTHERAPY FOR DEPRESSION (IPT) | 80.46% | 9769 | 49.77% (n=4,101) | 50.23% (n=4,139) | PHQ-9 (n=2,222) | 50.00% | 55.25% | 34.76% |
| LOVING INTERVENTION FAMILY ENRICHMENT PROGRAM (LIFE) | 107.67% | 433 | 64.63% (n=265) | 35.37% (n=145) | ECBI INTENSITY SCALE (n=152) | 23.00% | 77.95% | N<20 |
| | | | | | ECBI PROBLEM SCALE (n=152) | 50.00% | | |
| MANAGING AND ADAPTING PRACTICE (MAP) | 76.71% | 166104 | 31.65% (n=25,696) | 38.75% (n=31,463) | RCADS-P TOTAL ANXIETY (n=4,916) | 41.00% | 47.54% | 28.24% |
| | | | | | RCADS- TOTAL ANXIETY (n=5,406) | 42.00% | 52.29% | 31.64% |
| | | | | | PTSD-RI-5 PARENT SEVERITY SCORE (n=559) | 52.00% | 35.07% | 21.46% |
| | | | | | PTSD-RI-5 CHILD/ADOL. SEVERITY SCORE (n=680) | 48.00% | 42.61% | 24.92% |
| | | | | | PTSD-RI PARENT SEVERITY SCORE (n=140) | 47.00% | 38.78% | N/A |
| | | | | | PCL-5 TOTAL SCORE (n=4) | N<20 | N<20 | N<20 |
| | | | | | PHQ-9 (n=4,958) | 55.00% | 61.78% | 38.52% |
| | | | | | PTSD-RI CHILD/ ADOLESCENT SEVERITY SCORE (n=135) | 48.00% | 40.66% | N/A |
| | | | | | ECBI PROBLEM SCALE (n=6,162) | 43.00% | 52.58% | 32.94% |
| MANAGING AND ADAPTING PRACTICE (MAP) | 76.71% | 166104 | 31.65% (n=25,696) | 38.75% (n=31,463) | ECBI INTENSITY SCALE (n=6,162) | 25.00% | 52.58% | 32.94% |
| MENTAL HEALTH INTEGRATION PROGRAM (MHIP) - ANXIETY | 37.47% | 3328 | 39.81% (n=1,275) | 60.19% (n=1,928) | GAD-7 TOTAL SCORE (n=1,232) | 54.00% | 96.63% | 100.00% |
| MENTAL HEALTH INTEGRATION PROGRAM (MHIP) - DEPRESSION | 83.04% | 7431 | 34.31% (n=2,383) | 65.69% (n=4,563) | PHQ-9 TOTAL SCORE (n=2,278) | 57.00% | 95.60% | 100.00% |
| MENTAL HEALTH INTEGRATION PROGRAM (MHIP) - TRAUMA | 3.40% | 302 | 28.73% (n=79) | 71.27% (n=196) | PCL-C TOTAL SCORE (n=62) | 24.00% | 78.49% | N<20 |

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| | | | Completed EBP Yes | Completed EBP No | Outcome Measure | Percent Improvement Pre to Post Treatment | All Time Matched Pairs % | Matched Pairs % (Last 3 yrs) |
| MINDFUL PARENTING GROUPS (MPG) | 64.00% | 16 | 85.71% (n=6) | 14.29% (n=1) | DECA-INFANT-P TOTAL RAW SCORE (n=0) | N<20 | N<20 | N/A |
| | | | | | DECA-INFANT-P TOTAL RAW SCORE (n=1) | | | |
| MULTIDIMENSIONAL FAMILY THERAPY (MDFT) | 77.69% | 99 | 86.36% (n=38) | 13.64% (n=6) | RBPC SOCIALIZED AGGRESSION (n=7) | N<20 | N<20 | N<20 |
| | | | | | RBPC MOTOR TENSION EXCESS RAW SCORE (n=7) | | | |
| | | | | | RBPC PSYCHOTIC BEHAVIOR (n=7) | | | |
| | | | | | RBPC ATTENTION PROBLEMS-IMMATURITY (n=7) | | | |
| | | | | | RBPC ANXIETY-WITHDRAWAL (n=7) | | | |
| | | | | | RBPC CONDUCT DISORDER (n=7) | | | |
| MULTISYSTEMIC THERAPY (MST) | 25.81% | 126 | 72.28% (n=73) | 27.72% (n=28) | PSC-35 | N/A | N/A | N/A |
| NURTURING PARENTING PROGRAM (NPP) | 0.00% | 3 | 33.33% (n=1) | 66.67% (n=2) | ECBI INTENSITY SCALE (n=0) | N<20 | N<20 | N<20 |
| | | | | | ECBI PROBLEM SCALE (n=0) | | | |
| PARENT-CHILD INTERACTION THERAPY (PCIT) | 70.58% | 5366 | 39.39% (n=1,614) | 60.61% (n=2,484) | ECBI INTENSITY SCALE (n=1,107) | 36.00% | 69.23% | 43.23% |
| PARENT-CHILD INTERACTION THERAPY (PCIT) | 70.58% | 5366 | 39.39% (n=1,614) | 60.61% (n=2,484) | ECBI PROBLEM SCALE (n=1,107) | 61.00% | 69.23% | 43.23% |
| PORTLAND IDENTIFICATION AND EARLY REFERRAL (PIER) EARLY PSYCHOSIS PROGRAM | 136.00% | 137 | 44.44% (n=16) | 55.56% (n=20) | SOPS TOTAL OF ALL SCORES (n=12) | N<20 | N<20 | N<20 |
| | | | | | GAF-M (n=12) | | | |
| | | | | | SOPS DISORGANIZED SYMPTOMS (n=12) | | | |
| | | | | | SOPS GENERAL SYMPTOMS (n=12) | | | |

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| | | | Completed EBP Yes | Completed EBP No | Outcome Measure | Percent Improvement Pre to Post Treatment | All Time Matched Pairs % | Matched Pairs % (Last 3 yrs) |
| | | | | | SOPS NEGATIVE SYMPTOMS (n=12) | | | |
| | | | | | SOPS POSITIVE SYMPTOMS (n=12) | | | |
| PROBLEM-SOLVING THERAPY (PST) | 67.56% | 412 | 62.50% (n=235) | 37.50% (n=141) | PHQ-9 TOTAL SCORE (n=162) | 45.00% | 68.94% | N<20 |
| PROGRAM TO ENCOURAGE ACTIVE AND REWARDING LIVES FOR SENIORS (PEARLS) | 80.18% | 181 | 48.41% (n=76) | 51.59% (n=81) | PHQ-9 TOTAL SCORE (n=47) | 45.00% | 61.84% | N<20 |
| PROLONGED EXPOSURE THERAPY FOR POST-TRAUMATIC STRESS DISORDER (PE-PTSD) | 51.55% | 100 | 54.39% (n=31) | 45.61% (n=26) | PCL-5 TOTAL SCORE (n=16) | N<20 | N<20 | N<20 |
| | | | | | PDS SYMPTOM SEVERITY SCORE (n=13) | | | N/A |
| PROMOTING ALTERNATE THINKING STRATEGIES (PATHS) | 47.65% | 747 | 33.39% (n=182) | 66.61% (n=363) | ECBI INTENSITY SCALE (n=36) | 19.00% | 19.78% | N/A |
| PROMOTING ALTERNATE THINKING STRATEGIES (PATHS) | 47.65% | 747 | 33.39% (n=182) | 66.61% (n=363) | ECBI PROBLEM SCALE (n=36) | 33.00% | 19.78% | N/A |
| REFLECTIVE PARENTING PROGRAM (RPP) | 93.89% | 256 | 71.06% (n=167) | 28.94% (n=68) | ECBI INTENSITY SCALE (n=96) | 6.00% | 63.58% | N<20 |
| | | | | | ECBI PROBLEM SCALE (n=96) | 15.00% | | |
| SEEKING SAFETY (SS) | 68.29% | 22584 | 40.13% (n=7,276) | 59.87% (n=10,857) | PCL-5 TOTAL SEVERITY SCORE (n=556) | 54.00% | 47.56% | 34.64% |
| | | | | | PTSD-RI ADULT SEVERITY SCORE (n=446) | 30.00% | 36.38% | N/A |
| SEEKING SAFETY (SS) | 68.29% | 22584 | 40.13% (n=7,276) | 59.87% (n=10,857) | PTSD-RI CHILD/ ADOLESCENT SEVERITY SCORE (n=1,417) | 31.00% | 37.68% | N/A |
| | | | | | PTSD-RI PARENT SEVERITY SCORE (n=678) | 36.00% | 18.82% | N/A |
| | | | | | PTSD-RI-5 CHILD/ADOL. SEVERITY SCORE (n=313) | 44.00% | 27.97% | 12.93% |
| | | | | | PTSD-RI-5 PARENT SEVERITY SCORE (n=196) | 47.00% | 17.52% | 7.57% |
| STEPPED CARE (SC) | 40.70% | 23667 | 100.00% (n=16,476) | 0.00% (n=0) | PSC-35 (n=1,155) | 29.26% | 12.06% | 17.08% |
| | | | | | OQ TOTAL SCORE (n=1,318) | 22.00% | 29.75% | 17.52% |

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| | | | Completed EBP Yes | Completed EBP No | Outcome Measure | Percent Improvement Pre to Post Treatment | All Time Matched Pairs % | Matched Pairs % (Last 3 yrs) |
| STRENGTHENING FAMILIES (SF) | 37.44% | 237 | 89.01% (n=81) | 10.99% (n=10) | RBPC ANXIETY-WITHDRAWAL (n=15) | N<20 | N<20 | N/A |
| | | | | | RBPC ATTENTION PROBLEMS-IMMATURITY (n=15) | | | |
| | | | | | RBPC CONDUCT DISORDER (n=15) | | | |
| | | | | | RBPC MOTOR TENSION EXCESS RAW SCORE (n=15) | | | |
| | | | | | RBPC PSYCHOTIC BEHAVIOR (n=15) | | | |
| STRENGTHENING FAMILIES (SF) | 37.44% | 237 | 89.01% (n=81) | 10.99% (n=10) | RBPC SOCIALIZED AGGRESSION (n=15) | N<20 | N<20 | N/A |
| TRAUMA FOCUSED COGNITIVE BEHAVIORAL THERAPY (TF-CBT) | 98.00% | 29730 | 53.09% (n=12,144) | 46.91% (n=10,732) | PTSD-RI CHILD/ ADOLESCENT SEVERITY SCORE (n=2,613) | 48.00% | 56.10% | N/A |
| | | | | | PTSD-RI PARENT SEVERITY SCORE (n=2,528) | 50.00% | 49.63% | N/A |
| | | | | | PTSD-RI-5 CHILD/ADOL. SEVERITY SCORE (n=3,285) | 50.00% | 54.88% | 35.10% |
| | | | | | PTSD-RI-5 PARENT SEVERITY SCORE (n=2,815) | 53.00% | 47.03% | 30.47% |
| TRIPLE P- POSITIVE PARENTING PROGRAM (TRIPLE P) | 121.15% | 6958 | 59.85% (n=3,050) | 40.15% (n=2,046) | ECBI INTENSITY SCALE (n=2,053) | 27.00% | 68.80% | 34.99% |
| TRIPLE P- POSITIVE PARENTING PROGRAM (TRIPLE P) | 121.15% | 6958 | 59.85% (n=3,050) | 40.15% (n=2,046) | ECBI PROBLEM SCALE (n=2,053) | 50.00% | 68.80% | 34.99% |
| UCLA TIES TRANSITION MODEL (UCLA TTM) | 96.76% | 213 | 53.76% (n=100) | 46.24% (n=86) | ECBI INTENSITY SCALE (n=14) | N<20 | N<20 | N<20 |
| | | | | | ECBI PROBLEM SCALE (n=14) | | | |

* CORS data collection was delayed until mid 2013 so compliance rate might be understated.

**MAP, TF-CBT, and Triple P compliance rates do not include data for inactive treatment cycles reported to CiMH at the time of the data transition to DMH. Data reported on here only includes information contained in our DMH PEI OMA system.

MHIP does not collect a "post" measure. Pre/Post changes reported are determined from first questionnaire with scores to last questionnaire with scores.

***PSC-35 data collection began on July 1, 2019.

****All treatment cycles that began on or after 7/1/2019 no longer require the general OQ/YOQ/YOQ-SR measures except for the following practices which utilize these measures as their sole outcome measure: CORS (OQ), Stepped Care (OQ) and FFT (YOQ/YOQ-SR)."