

**Crisis Intervention/De-Escalation****DATE & TIME:****March 31, 2026****9:00AM – 1:00PM**

***Sign-in begins 15 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.***

**PLACE:** MLK Behavioral Health Center (Building 18-Conference Room 1511)  
12021 S. Wilmington Ave.  
Los Angeles, CA 90059

**REGISTRATION:** <https://eventshub.dmh.lacounty.gov>

**DESCRIPTION:** This four-hour course provides mental health professionals with evidence-informed, trauma-responsive strategies for crisis intervention and de-escalation when working with children, youth, and adults in child welfare and community-based settings. The training introduces the STAMP Model (Safety, Techniques, Assessment, Maintenance, and Preventative Planning), a structured framework designed to enhance clinical decision-making, threat assessment, and violence prevention during escalating situations. Participants will examine how symptoms of mental health disorders, trauma exposure, and environmental stressors contribute to agitation and crisis behaviors. The course emphasizes early identification of warning signs, differentiation between premeditated (planned) and reactive (emotionally driven) violence, and the application of practical de-escalation interventions to reduce risk and promote safety. Through clinical case examples and facilitated discussion, participants will develop skills to respond effectively during acute crises, collaborate with clients and systems, and implement preventative safety planning strategies. This training is designed to enhance clinician competence, confidence, and safety when responding to high-risk situations in both clinical and field-based practice settings.

**TARGET AUDIENCE:** DMH directly operated clinical staff and contracted mental health providers who deliver services to children, youth, and adults in child welfare and community-based settings.

**OBJECTIVES:** **As a result of attending this training, participants should be able to:**

1. Identify at least three mental health or trauma-related factors that increase the risk of agitation or escalation.
2. Recognize at least four observable signs of agitation indicating the need for de-escalation.
3. Differentiate between premeditated violence and reactive violence by identifying at least two characteristics of each.
4. Identify three de-escalation interventions consistent with the STAMP Model during a crisis situation.
5. Identify one culturally responsive strategy that considers cultural, systemic, or contextual factors impacting crisis behavior and de-escalation.

**CONDUCTED BY:** Luis Orozco, DSW  
Founder & Executive Director of Whittier Counseling Center

**COORDINATED BY:** Marcela Barajas, LCSW Training Coordinator  
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**DEADLINE:** When capacity is reached.

**CONTINUING EDUCATION:** 4.0 hours for BBS, BRN, CCAPP-EI  
4.0 CE for Psychologist

**COST:**

**NONE**