

# County of Los Angeles Department of Mental Health

## Student Professional Development Program

### Harbor-UCLA Child and Adolescent Program

*What discipline? (Social Work)*

Internship/ Practicum

Specialization: Clinic provides individual, family, group therapy, medication support services, as well as case management services to children ages 5-18 years old. The clinic serves children from underserved communities, often with significant trauma histories. Referral sources are often HUCLA Medical Center, local school districts, the Regional Center, DCFS, or families in the community seeking services and supports. The clinic has individuals trained in TF-CBT, PCIT, and DBT-A. Clinic also hosts a Psychiatry Fellowship and Residency program that promotes interdisciplinary collaboration on shared.

<b>DMH Agency:</b>	HUCLA Child and Adolescent Program	
<b>DMH Agency Address:</b>	21810 Normandie Ave., 1 <sup>st</sup> Fl., Torrance, CA 90502	Service Area <b>#8</b>
<b>DMH Agency Liaison:</b>	G. Kaliah Salas	
<b>New or Returning:</b>	<input checked="" type="checkbox"/> New <input type="checkbox"/> Returning	
<b>Liaison Email Address:</b>	GSalas@dmh.lacounty.gov	
<b>Liaison Phone Number:</b>	424-407-0183	
<b>Liaison Fax Number:</b>	N/A	
<b>Agency ADA accessible</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No If "No" identify:	

**Student Requirements:**

<b>How many positions will you have?</b>	1
<b>Beginning and ending dates:</b>	Fall to Spring/academic year

*Please indicate days and times students should be available to provide services, including mandatory staff meetings (SM), training seminars (TR), supervision (SUP), etc.*

**Student Schedule: Monday, Wednesday, and every other Friday**

<b>Monday</b>	9:00am-5:30pm
<b>Tuesday</b>	N/A
<b>Wednesday</b>	9:00am-5:30pm
<b>Thursday</b>	N/A
<b>Friday</b>	9:00AM-12:00pm

<b>Total hours expected to be worked per week:</b>	20
<b>Number of direct client hours per week anticipated:</b>	5-7
<b>Expected average consumer caseload:</b>	5
<b>What cultural groups typically received services at your site?</b>	Latinx, African-American, Caucasian, LGBTQ+

**Student Professional Development Program**

**Description of Site:** *(Please describe the type of Agency setting and services offered)*

HUCLA-CAP is a DO children mental health clinic with Los Angeles County Dept. of Mental health. The clinic provides individual, family, group therapy, medication support, as well as case management services to children ages 5-18 years old. The clinic serves children from underserved communities, often with significant trauma histories. Referral sources are often HUCLA Medical Center, School Districts, Regional Center, DCFS, or families in the community seeking services and supports. The clinic has individuals trained in TF-CBT, PCIT, and DBT-A. Clinic also hosts a Psychiatry Fellowship and Residency program that promotes interdisciplinary collaboration on many cases. Trainee will receive weekly individual and group therapy, as well as didactic trainings on relevant clinical topics to serve the target population.

**Target population and types of services provided:** *(please check all that apply)*

<input checked="" type="checkbox"/> <b>Individuals</b>	<input checked="" type="checkbox"/> <b>Psychoeducational groups (e.g. Parenting)</b>
<input checked="" type="checkbox"/> <b>Groups</b>	<input type="checkbox"/> <b>Community Outreach</b>
<input checked="" type="checkbox"/> <b>Families</b>	<input checked="" type="checkbox"/> <b>Brief treatment to mid-term treatment</b>
<input checked="" type="checkbox"/> <b>Children &amp; Adolescents</b>	<input checked="" type="checkbox"/> <b>Long term treatment</b>
<input type="checkbox"/> <b>Adults</b>	<input checked="" type="checkbox"/> <b>Crisis Intervention</b>
<input type="checkbox"/> <b>Older Adults</b>	<input type="checkbox"/> <b>Screening and Assessment</b>
<input checked="" type="checkbox"/> <b>Court/Probation referred</b>	<input type="checkbox"/> <b>Psych Testing (For psychology students only)</b>
<input type="checkbox"/> <b>Consultation/Liaison</b>	<input type="checkbox"/> <b>Other (specify):</b> [ ] [ ]

What are the most frequent diagnostic categories of your client population?

Mood Disorders, Anxiety Disorder, ADHD, co-occurring ASD, other disruptive behavior disorders.

What specific (perhaps unique) training opportunities do students have at your agency?

Students at this site learn about how to assess, diagnose and treat children and adolescents. They learn how to use clinical tools to assist with differential diagnoses, and they learn various clinical interventions to use with clients. Students also learn how to complete thorough risk assessments and safety planning. Students will learn how to collaborate across systems to support children and their families.

What evidence-based practices or theoretical orientations will students be exposed to at this site?

Students will get overview training in TF-CBT, PCIT, and DBT-A. Due to limited time of the training year, students will not be certified in the practices. However, they will learn the concepts to apply skills with treatment clients.

Do students have the opportunity to work in a multidisciplinary team environment that includes those with lived experience?

Interns will have the opportunity to work as a party of a multidisciplinary team including psychiatry and case managers to support the treatment needs of the children and youth they serve.

List locations where students will be providing services **other than agency**?

Majority of services are done on site, in the clinic; however, there may be occasions where interagency collaborative meetings (e.g., Child and Family Teams or Individualized Education Plan meetings) may happen off site.

Does your agency allow students to videotape and/or audiotape clients for the purpose of presenting cases in their academic classes? Yes  No

Recording is permitted with appropriate consent and authorization from parent or legal representative

### Student Professional Development Program

#### Supervision:

What types of supervision will be provided for the students and what is the licensure/discipline of the supervisor? Please specify below.

Type	Hours Per Week	On Site Supervisor Degree/Discipline
Individual:	1	LCSW
Group:	1	Ph.D. and LCSW

What is the minimum ratio of supervision to client contact hours?

2:5

Does your agency require a particular range of previous experience or specific prerequisite coursework? *If so, please explain.*

No.

#### Agency Application Process

**Mandatory requirements:** Only students from academic institutions who have a current affiliation agreement with the Los Angeles County Department of Mental Health may be extended a placement opportunity. All students are processed through Human Resources Bureau. All prospective interns must obtain live scan clearance. All interns are required to complete a mandatory HIPAA Compliance and Sexual Harassment Prevention Training (for line staff) as part as the terms of their internship.

DMH Staff/Field Instructor completing this form:

G. Kaliah Salas

Title: MH Clinical Program Head

Email: GSalas@dmh.lacounty.gov

**Program Manager:** G. Kaliah Salas

**District Chief:** Lori M. Willis

Both Program Manager and Chief agree to accept students at this site.

**Electronic Signature:** *G. Kaliah Salas, PsyD*

