

## Helping Children Cope With Parents with Substance Abuse and Mental Health Issues

**DATE & TIME:**

**March 4 & 5, 2026**

**9:00AM – 12:00PM**

***Sign-in begins 15 minutes prior to the training time. All participants must arrive during the sign-in period.  
Late arrivals will not be admitted.***

**PLACE:** Web Broadcast – MS Teams

**REGISTRATION:** <https://eventshub.dmh.lacounty.gov/>

**DESCRIPTION:** This training is designed to enhance service delivery through the Integrated Core Practice Model (ICPM) by strengthening providers' ability to engage children, caregivers, and families in treatment. Consumers, youth and their families, will benefit from interventions that prioritize stabilization and safety, actively involve caregivers, and support permanency and stability. By integrating evidence-based models, and evidence-informed interventions children will have greater access to consistent, developmentally appropriate care that fosters resilience, reduces trauma symptoms, and improves family functioning. In the long term, these benefits translate into reduced placement disruptions, improved caregiver-child relationships, and more sustainable community supports.

**TARGET AUDIENCE:** DMH staff and contractor provider staff delivering specialty mental health services to children/youth and their families.

**OBJECTIVES:** As a result of attending this training, participants should be able to:

1. Describe the impact of parental substance use and mental health conditions on children's emotional, behavioral, and developmental outcomes, drawing on recent ACEs research.
2. Apply trauma-informed care principles: stabilization, working phase, and integration to guide clinical decision-making with children and families.
3. Demonstrate strategies for engaging caregivers and parents in treatment, even when ambivalence, shame, or relapse risks are present.
4. Identify at least 2 evidence-based, child-focused interventions alongside caregiver-supportive models to strengthen resilience and attachment.
5. Describe a collaborative care plan that integrates children's needs, caregiver recovery goals, and natural/community supports, consistent with the Integrated Core Practice Model (ICPM).
6. Identify cultural humility into case conceptualization and treatment planning, demonstrating the ability to adapt evidence-based interventions to the unique cultural values, strengths, and needs of each child and family.

**CONDUCTED BY:** Alejandra Trujillo, LMFT

**COORDINATED BY:** Mireya Segura, LCSW - Mental Health Training Coordinator  
[msegura@dmh.lacounty.gov](mailto:msegura@dmh.lacounty.gov)

**DEADLINE:** When capacity is reached.

**CONTINUING  
EDUCATION:**

**6.0 hours for BBS, BRN, CCAPP-EI  
6.0 CE for Psychologists**

**COST:**

**None**