

# County of Los Angeles Department of Mental Health

## Student Professional Development Program

### East San Gabriel Valley

### Mental Health Center

#### Social Work

Internship

|                                |  |                                 |
|--------------------------------|--|---------------------------------|
| <b>DMH Agency:</b>             | East San Gabriel Valley Mental Health Center   |                                 |
| <b>DMH Agency Address:</b>     | 1359 N. Grand Avenue<br>Covina, CA 91724   | <b>Service Area</b><br><b>3</b> |
| <b>DMH Agency Liaison:</b>     | Valerie Pintado-Hernandez and Leslie Lopez   |                                 |
| <b>New or Returning:</b>       | New <input type="checkbox"/> Returning <input checked="" type="checkbox"/>                 |                                 |
| <b>Liaison Email Address:</b>  | <a href="mailto:vpintadohernandez@dmh.lacounty.gov">vpintadohernandez@dmh.lacounty.gov</a> |                                 |
| <b>Liaison Phone Number:</b>   | 626 – 430 - 2863   |                                 |
| <b>Alternate Phone Number:</b> |  |                                 |
| <b>Agency ADA accessible</b>   | <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No<br>If "No" identify:   |                                 |

#### Student Requirements:

|  |   |
|--|---|
| <b>How many positions will you have?</b> | 1   |
| <b>Beginning and ending dates:</b>       | consistent with Academic Year requirement |

#### Student Schedule: Day(s) present at clinic will be discussed upon acceptance of placement

|  |  |
|--|--|
| <i>Please indicate days and times students should be available to provide services, including mandatory staff meetings (SM), training seminars (TR), supervision (SUP), etc.</i> |  |
| <b>Monday</b>  | 8am-5pm  |
| <b>Tuesday</b>   | 8am-5pm  |
| <b>Wednesday</b>   | 8am-5pm  |
| <b>Thursday</b>  | 8am-5pm; Staff Meetings 8:30-10am; twice a month |
| <b>Friday</b>  | 8am-5pm  |

|  |       |
|--|-------|
| <b>Total hours expected to be worked per week:</b>         | 18+   |
| <b>Number of direct client hours per week anticipated:</b> | 10-15 |
| <b>Expected average consumer caseload:</b>                 | 10-12 |

# County of Los Angeles Department of Mental Health

|  |   |
|--|---|
| <b>What cultural groups typically receive services at your site?</b> | Multi-cultural populations (Asian, Latino, African American), LGBTQIA2-S, as well as homeless population. |
| <b>Student Professional Development Program</b>                      |   |

**Description of Site:** *(Please describe the type of Agency setting and services offered)*

**Target population and types of services provided:** *(please check all that apply)*

|  |  |
|--|--|
| <input checked="" type="checkbox"/> <b>Individuals</b> | <input checked="" type="checkbox"/> <b>Psychoeducational groups (e.g. Parenting)</b> |
|--|--|

East San Gabriel Valley Mental Health Center (ESGVMHC) is a directly operated Department of Mental Health agency that provides mental health treatment to severely, persistently mentally ill adults aged 18 and older. Services that are provided at ESGVMHC include: psychosocial assessments, medication treatment, mental health triages, individual psychotherapy, group therapy, individual rehabilitation, and case management.

|  |  |
|--|--|
| <input checked="" type="checkbox"/> <b>Groups</b>          | <input checked="" type="checkbox"/> <b>Community Outreach</b>                    |
| <input type="checkbox"/> <b>Families</b>                   | <input checked="" type="checkbox"/> <b>Brief treatment to mid-term treatment</b> |
| <input type="checkbox"/> <b>Children &amp; Adolescents</b> | <input checked="" type="checkbox"/> <b>Long term treatment</b>                   |
| <input checked="" type="checkbox"/> <b>Adults</b>          | <input checked="" type="checkbox"/> <b>Crisis Intervention</b>                   |
| <input checked="" type="checkbox"/> <b>Older Adults</b>    | <input checked="" type="checkbox"/> <b>Screening and Assessment</b>              |
| <input type="checkbox"/> <b>Court/Probation referred</b>   | <input type="checkbox"/> <b>Psych Testing (For psychology students only)</b>     |
| <input type="checkbox"/> <b>Consultation/Liaison</b>       | <input type="checkbox"/> <b>Other (specify):</b>                                 |

What are the most frequent diagnostic categories of your client population?

The most frequent diagnostic categories of our client population are: mood disorders, anxiety disorders, posttraumatic stress disorder, and psychotic disorders such as Schizophrenia and Schizoaffective disorder.

What specific (perhaps unique) training opportunities do students have at your agency?

Students will have access to DMH training opportunities, such as crisis intervention, suicide screening, and evidence-based practices.

What evidence-based practices or theoretical orientations will students be exposed to at this site?

Cognitive Behavioral Therapy, Cognitive Processing Therapy, Acceptance and Commitment Therapy, Motivational Interviewing, Prolonged Exposure Therapy, and Dialectical Behavior Therapy.

Do students have the opportunity to work in a multidisciplinary team environment that includes those with lived experience?

Yes. Students will be able to interact with psychiatrists, nurses, clinical social workers, community workers, psychiatric technicians, and volunteers with lived experience.

List locations where students will be providing services **other than agency?**

Students will be providing services in the clinic. They will not be field based.

# County of Los Angeles Department of Mental Health

Does your agency allow students to videotape and/or audiotape clients for the purpose of presenting cases in their academic classes? Yes  No

## Student Professional Development Program

**Supervision:**

*What types of supervision will be provided for the students and what is the licensure/discipline of the supervisor? Please specify below.*

| Type               | Hours Per Week | On Site Supervisor Degree/Discipline          |
|--------------------|----------------|---|
| <b>Individual:</b> | 1 hour         | Cristina Rodriguez, LCSW                      |
| <b>Group:</b>      | 1 hour         | Cristina Rodriguez, LCSW; Frances Liese, LCSW |

What is the minimum ratio of supervision to client contact hours? 1 hour/ 7-9 client contact hrs

Does your agency require a particular range of previous experience or specific prerequisite coursework? *If so, please explain.*

No, first year students are welcome.

**Agency Application Process**

**Mandatory requirements:** *Only students from academic institutions who have a current affiliation agreement with the Los Angeles County Department of Mental Health may be extended a placement opportunity. All students are processed through Human Resources Bureau. All prospective interns must obtain live scan clearance. All interns are required to complete a mandatory HIPAA Compliance and Sexual Harassment Prevention Training (for line staff) as part as the terms of their internship.*

**DMH Staff completing this form:** Frances Liese

**Title:** MH Clinical Supervisor

**Program Head:** Shawn Kim

**Phone #:** 626-430-2900

**District Chief:** Michelle Majors

**Phone #:** 626-430-2900