



COUNTY OF LOS ANGELES DEPARTMENT OF MENTAL HEALTH  
 QUALITY, OUTCOMES AND TRAINING DIVISION



Summary of PEI Practice Outcomes (Data as of 6/30/2025)

Evidence-Based Practice	Outcomes, Starting July 2011 through June 30, 2025							
	OMA Data Entry Rate	Treatment Cycles	Inactive Tx Cycles		Completed Practice			
			Completed EBP Yes	Completed EBP No	Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)
AGGRESSION REPLACEMENT TRAINING (ART)	73.51%	3,433	54.22% (n=122)	45.77% (n=103)	ECBI INTENSITY SCALE (n=402)	10.00%	37.53%	N<20
					ECBI PROBLEM SCALE (n=402)	21.00%		
					SESBI-R INTENSITY SCALE (n=21)	6.00%	1.96%	
					SESBI-R PROBLEM SCALE (n=21)	14.00%		
ART SKILLSTREAMING		328	54.23% (n=122)	45.78% (n=103)	ECBI INTENSITY SCALE (n=31)	19.00%	26.27%	N/A
					ECBI PROBLEM SCALE (n=31)	21.00%		
ALTERNATIVES FOR FAMILIES COGNITIVE BEHAVIORAL THERAPY (AF-CBT)	87.76%	1,788	52.26% (n=707)	47.75% (n=646)	PTSD-RI CHILD/ ADOLESCENT SEVERITY SCORE (n=209)	53.00%	64.12%	N/A
					PTSD-RI PARENT SEVERITY SCORE (n=212)	50.00%	62.54%	
					PTSD-RI-5 CHILD/ADOL. SEVERITY SCORE (n=111)	56.00%	33.34%	37.50% (n=30)
					PTSD-RI-5 PARENT SEVERITY SCORE (n=110)	75.00%	33.04%	36.25% (n=29)
BRIEF STRATEGIC FAMILY THERAPY (BSFT)	72.87%	203	63.19% (n=103)	36.81% (n=60)	RBPC ANXIETY-WITHDRAWAL (n=69)	66.00%	67.00%	N/A
					RBPC ATTENTION PROBLEMS-IMMATURITY (n=69)	60.00%		
					RBPC CONDUCT DISORDER (n=69)	50.00%		
					RBPC MOTOR TENSION EXCESS RAW SCORE (n=69)	50.00%		

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BRIEF STRATEGIC FAMILY THERAPY (BSFT)	72.87%	203	63.19% (n=103)	36.81% (n=60)	RBPC PSYCHOTIC BEHAVIOR (n=69)	100.00%	67.00%	N/A
					RBPC SOCIALIZED AGGRESSION (n=69)	50.00%		
CARING FOR OUR FAMILIES (CFOF)	71.10%	733	67.15% (n=372)	32.86% (n=182)	ECBI INTENSITY SCALE (n=59)	20.00%	24.79%	N/A
					ECBI PROBLEM SCALE (n=59)	30.00%		
CENTER FOR THE ASSESSMENT & PREVENTION OF PRODROMAL STATES (CAPPS)	84.68%	214	42.48% (n=79)	57.53% (n=107)	SOPS DISORGANIZED SYMPTOMS (n=45)	60.00%	56.97%	N<20
					SOPS GENERAL SYMPTOMS (n=45)	57.00%		
					SOPS NEGATIVE SYMPTOMS (n=45)	58.00%		
					SOPS POSITIVE SYMPTOMS (n=45)	66.00%		
					SOPS TOTAL OF (n=45)	60.00%		
CHILD-PARENT PSYCHOTHERAPY (CPP)	72.90%	8,415	47.19% (n=3,294)	52.82% (n=3,687)	TSCYC PTS (n=995)	17.00%	46.76%	30.05% (n=128)
COGNITIVE BEHAVIORAL INTERVENTION FOR TRAUMA IN SCHOOLS (CBITS)	100.00%	134	71.67% (n=86)	28.34% (n=34)	PTSD-RI CHILD/ ADOLESCENT SEVERITY SCORE (n=34)	28.00%	55.74%	N/A
					PTSD-RI PARENT SEVERITY SCORE (n=21)	23.00%	33.88%	
					PTSD-RI-5 CHILD/ADOL (n=12)	N<20	N<20	N<20
					PTSD-RI-5 PARENT SEVERITY SCORE (n=5)			
CRISIS ORIENTED RECOVERY SERVICES (CORS)	41.59%	4,212	60.45% (n=1,828)	39.56% (n=1,196)	OQ TOTAL SCORE (n=226)	20.00%	61.42%	N<20
					PSC-35 (n=14)	N<20	N<20	N<20

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DEPRESSION TREATMENT QUALITY IMPROVEMENT (DTQI)	98.61%	1,376	64.55% (n=865)	35.45% (n=475)	PHQ-9 TOTAL SCORE (n=463)	55.00%	63.17%	39.66% (n=23)
DIALECTICAL BEHAVIOR THERAPY (DBT)	51.21%	385	53.85% (n=119)	46.16% (n=102)	DERS TOTAL SCORE (n=60)	10.00%	62.50%	N<20
FAMILIES OVERCOMING UNDER STRESS (FOCUS)	93.44%	877	69.9% (n=555)	30.11% (n=239)	FAD AFFECTIVE INVOLVEMENT (n=103)	50.00%	42.05%	32.88% (n=24)
					FAD AFFECTIVE RESPONSIVENESS (n=103)	50.00%		
					FAD BEHAVIORAL CONTROL (n=103)	0.00%		
					FAD COMMUNICATION (n=103)	50.00%		
					FAD GENERAL FUNCTIONING (n=103)	0.00%		
					FAD PROBLEM SOLVING (n=103)	0.00%		
					FAD ROLES (n=103)	0.00%		
FAMILY CONNECTIONS (FC)	38.71%	24	44.45% (n=8)	55.56% (n=10)	ECBI INTENSITY SCALE (n=1)	N<20	N<20	N/A
					ECBI PROBLEM SCALE (n=1)			
FUNCTIONAL FAMILY THERAPY (FFT)	70.02%	1,770	66.16% (n=985)	33.85% (n=504)	YOQ TOTAL SCORE (n=789)	29.00%	81.94%	N<20
					YOQ-SR TOTAL SCORE (n=709)		82.54%	
GROUP COGNITIVE BEHAVIORAL THERAPY FOR MAJOR DEPRESSION (GROUP CBT)	98.08%	1,151	42.03% (n=369)	57.98% (n=509)	PHQ-9 TOTAL SCORE (n=254)	42.00%	68.84%	N<20
INCREDIBLE YEARS (IY)	84.18%	2,882	63.43% (n=1,629)	36.57% (n=939)	ECBI INTENSITY SCALE (n=1,028)	18.00%	64.46%	N<20
					ECBI PROBLEM SCALE (n=1,028)	35.00%		

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INDIVIDUAL COGNITIVE BEHAVIORAL THERAPY (IND CBT)- ANXIETY	47.29%	4,739	36.84% (n=1,746)	39.08% (n=1,852)	GAD-7 (n=1,013)	63.00%	68.59%	48.34% (n=305)
INDIVIDUAL COGNITIVE BEHAVIORAL THERAPY (IND CBT)- DEPRESSION	25.07%	8,922	34.21% (n=3,052)	40.84% (n=3,644)	PHQ-9 (n=1,990)	58.00%	65.23%	51.86% (n=459)
INDIVIDUAL COGNITIVE BEHAVIORAL THERAPY (IND CBT)- TRAUMA	7.77%	1,452	36.16% (n=525)	38.77% (n=563)	PCL-5 TOTAL SCORE (n=236)	60.00%	67.24%	47.05% (n=80)
					PTSD-RI ADULT SEVERITY SCORE (n=18)	N<20	N<20	N/A
					PTSD-RI CHILD/ ADOLESCENT SEVERITY SCORE (n=16)	N<20		
					PTSD-RI PARENT SEVERITY SCORE (n=5)	N<20		
					PTSD-RI-5 CHILD/ADOL. SEVERITY SCORE (n=23)	52.00%	29.88%	N<20
					PTSD-RI-5 PARENT SEVERITY SCORE (n=11)	N<20	N<20	N<20
INTERPERSONAL PSYCHOTHERAPY FOR DEPRESSION (IPT)	79.91%	9,570	49.75% (n=4,024)	50.26% (n=4,065)	PHQ-9 (n=2,198)	50.00%	55.69%	37.62% (n=339)
LOVING INTERVENTION FAMILY ENRICHMENT PROGRAM (LIFE)	92.87%	433	64.64% (n=265)	35.37% (n=145)	ECBI INTENSITY SCALE (n=152)	23.00%	77.95%	N<20
					ECBI PROBLEM SCALE (n=152)	50.00%		
MANAGING AND ADAPTING PRACTICE (MAP)	73.68%	163408	32.21% (n=25,696)	38.70% (n=30,869)	ECBI INTENSITY SCALE (n=6,072)	25.00%	52.61%	35.33% (n=803)
					ECBI PROBLEM SCALE (n=6,072)	43.00%		
					PCL-5 TOTAL SCORE (n=4)	N<20	N<20	N<20
					PHQ-9 (n=4,867)	55.00%	61.74%	40.58% (n=1,015)
					PTSD-RI CHILD/ ADOLESCENT SEVERITY SCORE (n=135)	48.00%	40.67%	N/A

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MANAGING AND ADAPTING PRACTICE (MAP)	73.68%	163408	32.21% (n=25,696)	38.70% (n=30,869)	PTSD-RI PARENT SEVERITY SCORE (n=140)	47.00%	38.79%	N/A
					PTSD-RI-5 CHILD/ADOL. SEVERITY SCORE (n=651)	48.00%	42.53%	26.37% (n=217)
					PTSD-RI-5 PARENT SEVERITY SCORE (n=536)	52.00%	35.06%	22.75% (n=187)
					RCADS- TOTAL ANXIETY (n=5,286)	42.00%	52.18%	33.43% (n=1,136)
					RCADS-P TOTAL ANXIETY (n=4,818)	41.00%	47.55%	29.90% (n=1,016)
MENTAL HEALTH INTEGRATION PROGRAM (MHIP) - ANXIETY	123.92%	3339	38.51% (n=1,286)	57.74% (n=1,928)	GAD-7 TOTAL SCORE (n=1,232)	54.00%	96.63%	100.00% (n=511)
MENTAL HEALTH INTEGRATION PROGRAM (MHIP) - DEPRESSION		7438	32.13% (n=2,390)	61.35% (n=4,563)	PHQ-9 TOTAL SCORE (n=2,278)	57.00%	95.59%	100.00% (n=603)
MENTAL HEALTH INTEGRATION PROGRAM (MHIP) - TRAUMA		306	27.12% (n=83)	64.65% (n=196)	PCL-C TOTAL SCORE (n=62)	24.00%	78.48%	N<20
MINDFUL PARENTING GROUPS (MPG)	64.00%	16	85.72% (n=6)	14.29% (n=1)	DECA-INFANT-P TOTAL RAW SCORE (n=0)	N/A	N<20	N/A
					DECA-TODDLER-P TOTAL RAW SCORE (n=0)			
MULTIDIMENSIONAL FAMILY THERAPY (MDFT)	78.33%	99	86.37% (n=38)	13.64% (n=6)	RBPC ANXIETY-WITHDRAWAL (n=7)	N<20	N<20	N<20
					RBPC ATTENTION PROBLEMS-IMMATURITY (n=7)			
					RBPC CONDUCT DISORDER (n=7)			
					RBPC MOTOR TENSION EXCESS RAW SCORE (n=7)			
					RBPC PSYCHOTIC BEHAVIOR (n=7)			
					RBPC SOCIALIZED AGGRESSION (n=7)			

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MULTISYSTEMIC THERAPY (MST)	25.87%	126	72.28% (n=73)	27.73% (n=28)	PSC-35 (n=N/A)	N/A	N/A	N/A
NURTURING PARENTING PROGRAM (NPP)	0.00%	3	33.33% (n=1)	66.67% (n=2)	ECBI INTENSITY SCALE (n=0)	N/A	N/A	N/A
					ECBI PROBLEM SCALE (n=0)	N/A		
PARENT-CHILD INTERACTION THERAPY (PCIT)	70.09%	5,303	39.46% (n=1,601)	60.55% (n=2,457)	ECBI INTENSITY SCALE (n=1,100)	36.00%	69.36%	45.02% (n=131)
					ECBI PROBLEM SCALE (n=1,100)	61.00%		
PORTLAND IDENTIFICATION AND EARLY REFERRAL (PIER) EARLY PSYCHOSIS PROGRAM	0.00%	136	45.71% (n=16)	54.29% (n=19)	GAF-M (n=12)	N<20	N<20	N<20
					SOPS DISORGANIZED SYMPTOMS (n=12)			
					SOPS GENERAL SYMPTOMS (n=12)			
					SOPS NEGATIVE SYMPTOMS (n=12)			
					SOPS POSITIVE SYMPTOMS (n=12)			
					SOPS TOTAL OF ALL SCORES (n=12)			
PROBLEM-SOLVING THERAPY (PST)	65.05%	412	62.5% (n=235)	37.5% (n=141)	PHQ-9 TOTAL SCORE (n=162)	45.00%	68.94%	N<20
PROGRAM TO ENCOURAGE ACTIVE AND REWARDING LIVES FOR SENIORS (PEARLS)	78.38%	177	49.03% (n=76)	50.97% (n=79)	PHQ-9 TOTAL SCORE (n=47)	45.00%	61.85%	N<20
PROLONGED EXPOSURE THERAPY FOR POST-TRAUMATIC STRESS DISORDER (PE-PTSD)	50.75%	102	55.36% (n=31)	44.65% (n=25)	PCL-5 TOTAL SCORE (n=16)	N<20	N<20	N<20
					PDS SYMPTOM SEVERITY SCORE (n=13)			N/A
PROMOTING ALTERNATE THINKING STRATEGIES (PATHS)	47.65%	747	33.39% (n=182)	66.61% (n=363)	ECBI INTENSITY SCALE (n=36)	19.00%	19.79%	N/A

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PROMOTING ALTERNATE THINKING STRATEGIES (PATHS)	47.65%	747	33.39% (n=182)	66.61% (n=363)	ECBI PROBLEM SCALE (n=36)	33.00%	19.79%	N/A
REFLECTIVE PARENTING PROGRAM (RPP)	91.79%	256	71.06% (n=167)	28.94% (n=68)	ECBI INTENSITY SCALE (n=96)	6.00%	63.58%	N<20
					ECBI PROBLEM SCALE (n=96)	15.00%		
SEEKING SAFETY (SS)	67.89%	22,392	40.13% (n=7,198)	59.88% (n=10,741)	PCL-5 TOTAL SEVERITY SCORE (n=541)	54.00%	47.38%	37.58% (n=124)
					PTSD-RI ADULT SEVERITY SCORE (n=446)	30.00%	36.56%	N/A
					PTSD-RI CHILD/ ADOLESCENT SEVERITY SCORE (n=1,417)	31.00%	37.67%	
					PTSD-RI PARENT SEVERITY SCORE (n=678)	36.00%	18.82%	
					PTSD-RI-5 CHILD/ADOL. SEVERITY SCORE (n=303)	46.00%	28.27%	15.19% (n=41)
					PTSD-RI-5 PARENT SEVERITY SCORE (n=191)	47.00%	17.82%	8.89% (n=24)
STEPPED CARE (SC)	40.14%	21,775	100% (n=15,035)	0% (n=0)	OQ TOTAL SCORE (n=1,248)	20.00%	30.04%	18.86% (n=644)
					PSC-35 (n=985)	28.87%	10.60%	14.46% (n=731)
STRENGTHENING FAMILIES (SF)	37.38%	237	89.01% (n=81)	10.99% (n=10)	RBPC ANXIETY-WITHDRAWAL (n=15)	N<20	N<20	N/A
					RBPC ATTENTION PROBLEMS-IMMATURITY (n=15)			
					RBPC CONDUCT DISORDER (n=15)			
					RBPC MOTOR TENSION EXCESS RAW SCORE (n=15)			
					RBPC PSYCHOTIC BEHAVIOR (n=15)			

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STRENGTHENING FAMILIES (SF)	37.38%	237	89.01% (n=81)	10.99% (n=10)	RBPC SOCIALIZED AGGRESSION (n=15)	N<20	N<20	N/A
TRAUMA FOCUSED COGNITIVE BEHAVIORAL THERAPY (TF-CBT)	97.85%	29,326	53.14% (n=11,959)	46.86% (n=10,546)	PTSD-RI CHILD/ ADOLESCENT SEVERITY SCORE (n=2,613)	48.00%	56.11%	N/A
					PTSD-RI PARENT SEVERITY SCORE (n=2,528)	50.00%	49.64%	N/A
					PTSD-RI-5 CHILD/ADOL. SEVERITY SCORE (n=3,201)	50.00%	55.03%	37.56% (n=690)
					PTSD-RI-5 PARENT SEVERITY SCORE (n=2,742)	53.00%	47.15%	32.52% (n=597)
TRIPLE P- POSITIVE PARENTING PROGRAM (TRIPLE P)	120.16%	6,913	59.75% (n=3,021)	40.25% (n=2,035)	ECBI INTENSITY SCALE (n=2,034)	27.00%	68.81%	37.44% (n=155)
					ECBI PROBLEM SCALE (n=2,034)	50.00%		
UCLA TIES TRANSITION MODEL (UCLA TTM)	91.67%	213	52.58% (n=92)	47.43% (n=83)	ECBI INTENSITY SCALE (n=12)	N<20	N<20	N<20
					ECBI PROBLEM SCALE (n=12)			

\* CORS data collection was delayed until mid 2013 so compliance rate might be understated.

\*\*MAP, TF-CBT, and Triple P compliance rates do not include data for inactive treatment cycles reported to CiMH at the time of the data transition to DMH. Data reported on here only includes information contained in our DMH PEI OMA system.

MHIP does not collect a "post" measure. Pre/Post changes reported are determined from first questionnaire with scores to last questionnaire with scores.

\*\*\*PSC-35 data collection began on July 1, 2019.

\*\*\*\*All treatment cycles that began on or after 7/1/2019 no longer require the general OQ/YOQ/YOQ-SR measures except for the following practices which utilize these measures as their sole outcome measure: CORS (OQ), Stepped Care (OQ) and FFT (YOQ/YOQ-SR)."

\*\*\*\*\*Treatment cycle counts highlighted in grey denotes no changes since the previous report (June 2022).