

## CONSIDERATIONS WHEN ASSESSING OLDER ADULTS IN A BIO-PSYCHO-SOCIAL ASSESSMENT

DATE & TIME:

January 21, 2026

11:30AM – 12:30PM

*Sign-in begins 15 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.*

PLACE: Web Broadcast – Microsoft Teams

REGISTRATION: [EventsHub Registration Link](#)

**DESCRIPTION:** This one-hour presentation will train clinicians on completing a bio-psycho-social assessment when the client is an older adult (age 60+). A bio-psycho-social assessment is routinely completed at the start of any client's mental health treatment and is updated periodically. The assessment is key in helping a clinician understand a person's biological and functional abilities, assess their psychological and social functioning, identify strengths and resources, and determine any needs and challenges as they work to create a treatment plan that is mutually agreed upon. For an older adult, there are additional factors to assess and evaluate, including cognitive changes and impairments such as dementia, low social interaction as well as social isolation, safety in the home environment, risk of or actual abuse and/or neglect, and substance use/abuse which can be more detrimental with aging, or when combined with medications. Identifying these and other factors at the start of treatment can prevent symptoms from worsening, provide early interventions, and help maintain a better quality of life.

**TARGET AUDIENCE:** DMH and contract providers currently serving Older Adult clients

**OBJECTIVES:** As a result of attending this training, participants should be able to:

1. Identify at least 3 age-specific biological, psychological, and social factors essential to assessing adults aged 60+.
2. Describe and apply at least 2 cognitive screening methods used in evaluating older adults.
3. Demonstrate 2 assessment strategies for identifying safety risks such as isolation, abuse, or substance misuse in older adults.

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**DEADLINE:** When capacity is reached.

**CONTINUING EDUCATION:** 1.0 Hours (BBS, BRN, CCAPP and Psychology)

**COST:** NONE

