



▶▶ Service Area 7 Peer Resource Center Grounded over Coffee

Every Monday
10:00 – 11:30 AM

Service Area 7 Peer Resource Center invites you to join us for Grounded Over Coffee, a welcoming space to connect and relax. This informal gathering offers community members the opportunity to chat with Peer Resource Center staff over coffee and engage in open conversations about mental health, emotional wellness, and self-care. Join us for meaningful connection in a safe, judgment-free environment.

There are two ways to join:

Virtually on

[Microsoft Teams Meeting](#)

or call 323.776.6996

Conference ID: 608 385 273#

In-person

6330 Rugby Avenue Suite 200,
Huntington Park CA 90255

For more information, contact: hvphu@dmh.lacounty.gov (213) 523-9992

Follow us on social media: [@LACDMHSA7](#)  



LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
hope. recovery. wellbeing.

Service Area 7
PRC
Peer Resource Center