

Multidisciplinary Assessment Team (MAT)/Child and Family Team (CFT) 102: Exploring the Summary of Findings Report

DATE & TIME:

February 17, 2026

9:00AM - 12:30PM

Sign-in begins 15 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

PLACE:

Web Broadcast – MS Teams

REGISTRATION:

<https://eventshub.dmh.lacounty.gov>

DESCRIPTION: Building on the MAT/CFT 101 training and the MAT: Guidelines SOF Report Webinar, this training will further participants' knowledge of the Multidisciplinary Assessment Team (MAT)/Child and Family Team (CFT) clinical assessor's role in creating a court-ordered MAT Summary of Findings (SOF) report. The training will focus on strengthening the assessor's ability to gather and document information regarding a family's description including the family's vision, strengths, and worries. Participants will also learn ways to best document the child's summary section of the SOF report including the following: child strengths, underlying needs, mental health history, trauma, current developmental functioning, physical and dental health, education/daycare, and observation of parent/family and child interaction. The discussion will explore ways to identify and document trauma events, experiences, and effects, also known as the 3 Es of trauma. The 3 Es of trauma will highlight the impact on a child's current symptoms and behaviors. Participants will discuss the importance of cultural considerations when gathering and documenting information for the SOF report. Using videos and case scenarios, participants will have the opportunity to identify components of the family summary and practice identifying the 3 Es of trauma.

Pre-requisite: Participants should have completed both MAT/CFT 101 training and MAT: Guidelines SOF Report Webinar.

TARGET AUDIENCE: **DMH staff and contracted mental health providers rendering MAT services to children and youth.**

OBJECTIVES:

As a result of attending this training, participants should be able to:

1. Identify at least 4 ways to engage family/child/youth when completing the MAT/SOF report.
2. Identify salient information to include in the Family and Child Summary sections of the MAT/SOF report.
3. Demonstrate an understanding of the 3Es of trauma, including the impact on a child's ongoing and future behavior.
4. Identify the importance of culture in the MAT SOF report.

CONDUCTED BY:

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COORDINATED BY:

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DEADLINE:

When capacity is reached.

CONTINUING EDUCATION:

3.5 hours for BBS, BRN, CCAPP-EI
3.5 CE for Psychologist

COST:

NONE