

Residential Substance Use Services

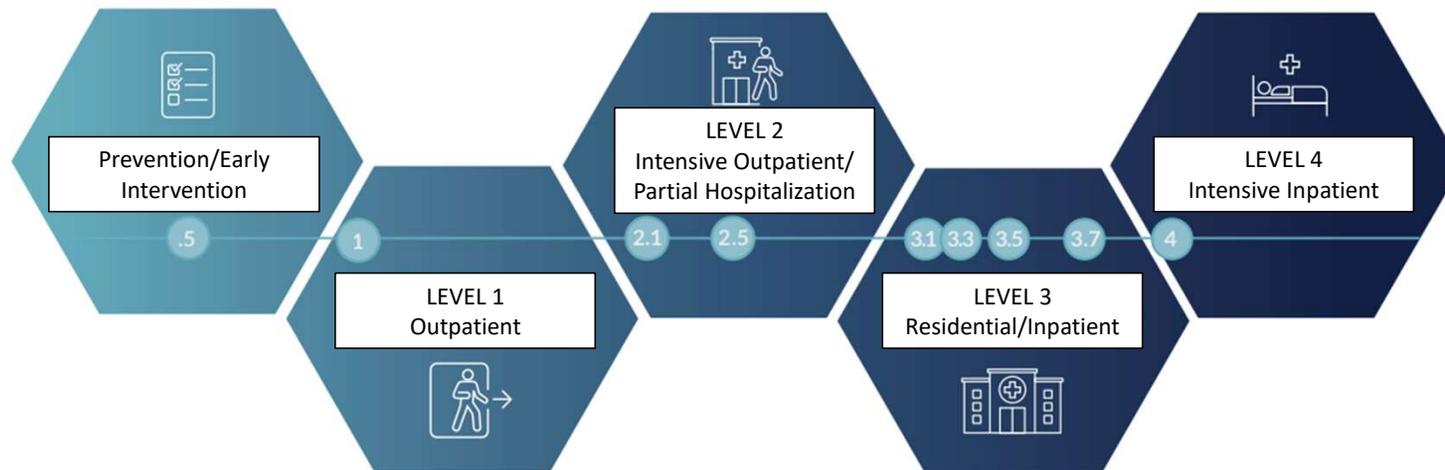
November 18th, 2025

Brian Hurley, M.D., M.B.A., FAPA, DFASAM

Medical Director

Substance Abuse Prevention and Control Bureau,
Department of Public Health

Addiction is a Chronic Disease → Continuum of Ongoing Care



- .5 Early Intervention
- 1 Outpatient Services
- 2.1 Intensive Outpatient Services
- 2.5 Partial Hospitalization Services
- 3.1 Clinically Managed Low-Intensity Residential Services

- 3.3 Clinically Managed Population-Specific High Intensity Residential Services
- 3.5 Clinically Managed High-Intensity Residential Services
- 3.7 Medically Monitored Intensive Inpatient Services
- 4 Medically Managed Intensive Inpatient Services

- Substance use disorder treatment requires a continuous care strategy
- This does not mean longer episodes of residential treatment or repeated residential admissions, but rather using the full continuum of levels of care
- Determination of when it is clinically appropriate to the next level of care is according to **ASAM Criteria**
- Clients step down to next level of care based on their treatment progress and readiness to continue recovery work at that level of care

Primary Prevention Services	Harm Reduction Services	Early Intervention Services	Outpatient Services	Intensive Outpatient Services	Residential Treatment Services	Inpatient Services Withdrawal management	Housing Intervention Services
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- Unlocked and voluntary
- 24-hour living in a structured environment
 - On-site trained personnel at all times, including staff on the overnight shift who are awake to address client needs
- On-site substance use prohibited
- Client resides at the residential setting and treatment is provided on site
- Care coordination, via pass system, enables clients to travel off-site for necessary medical, mental health, or needed services unavailable on-site

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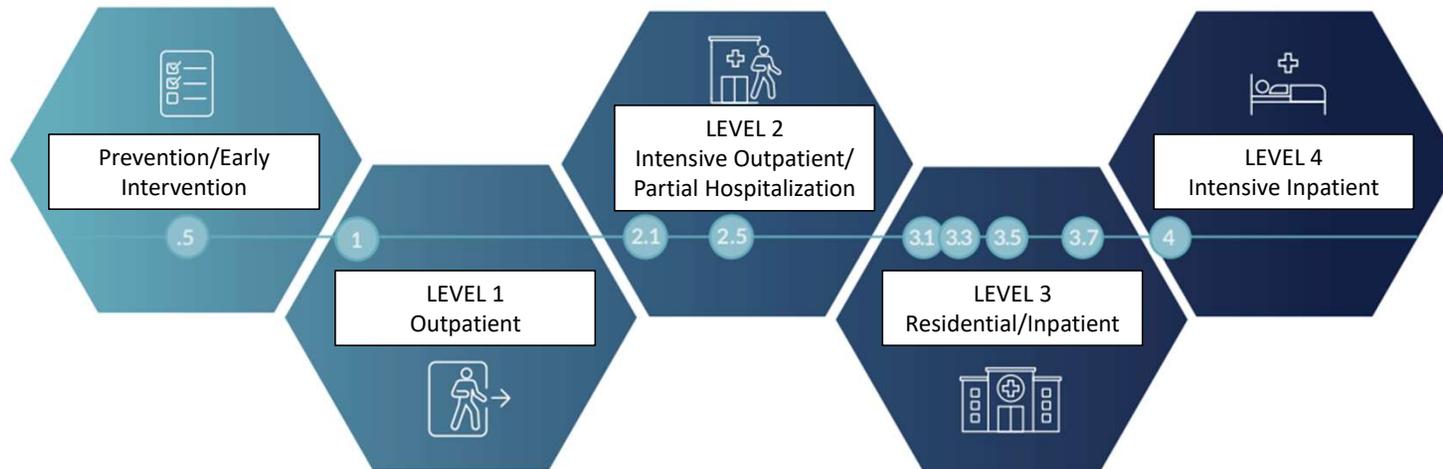
- Screening
- Assessment/intake
- Care planning
- Physical exam
- Individual and group counseling
- Crisis intervention
- Family therapy
- Collateral services
- Therapeutic services
- Care Coordination

- Safeguarding medications and medication services (including provision of or referral for addiction medication services for individuals who use alcohol, opioids, and/or tobacco products)
- Transportation
- Toxicology testing
- Recovery services
- Discharge services
- Room and board

Primary Prevention Services	Harm Reduction Services	Early Intervention Services	Outpatient Services	Intensive Outpatient Services	Residential Treatment Services	Inpatient Services Withdrawal management	Housing Intervention Services
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- Licensed as non-medical facilities by DHCS
- Majority of staff are substance use counselors
- Staff and program clinically supervised by licensed clinicians
- Some residential sites offer on-site medication services





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- Level 3.1 – Clinically Managed Low-Intensity Residential Services
- Level 3.2-WM – Clinically Managed Residential Withdrawal Management
- Level 3.3 – Clinically Managed Population-Specific High-Intensity Residential Services
- Level 3.5 – Clinically Managed High-Intensity Residential Services



- Not less than 22 hours per week of services
- Focus: Stabilization, skill development, and relapse prevention.
- Staff: Multidisciplinary team providing structured programming daily.
- Ideal for clients with psychosocial and behavioral challenges requiring intensive support

Residential 3.3: High-Intensity Residential Services for Clients with Cognitive Problems



- 24-hour structured residential setting for individuals with cognitive or functional impairments
- Rehabilitation and stabilization; emphasis on building daily living skills
- Clinical services and rehabilitative support.
- Ideal for clients needing slower-paced, repetitive learning environments

Residential 3.2: Clinically Managed Residential Withdrawal Management



- Focused on assessing and managing moderate withdrawal from opioids, alcohol, or sedatives
 - Medications required to be offered on-site
 - Withdrawal from stimulants is not an indication for admission
- Admissions are authorized for up to 14 days
- Medical clinician sets protocols, but does not need to be on-site at all times
- Medical evaluation and consultation are available 24 hours a day



- Not less than 20 hours per week of services
 - Not less than ten are required to be on-site clinical services
 - Additional therapeutic services (structured non-clinical activity to promote recovery) permitted
- Focus: Reintegration, relapse prevention, skill-building, peer support
- Staff: Multidisciplinary team providing structured programming daily
- Ideal for clients needing a structured living environment to sustain recovery gains

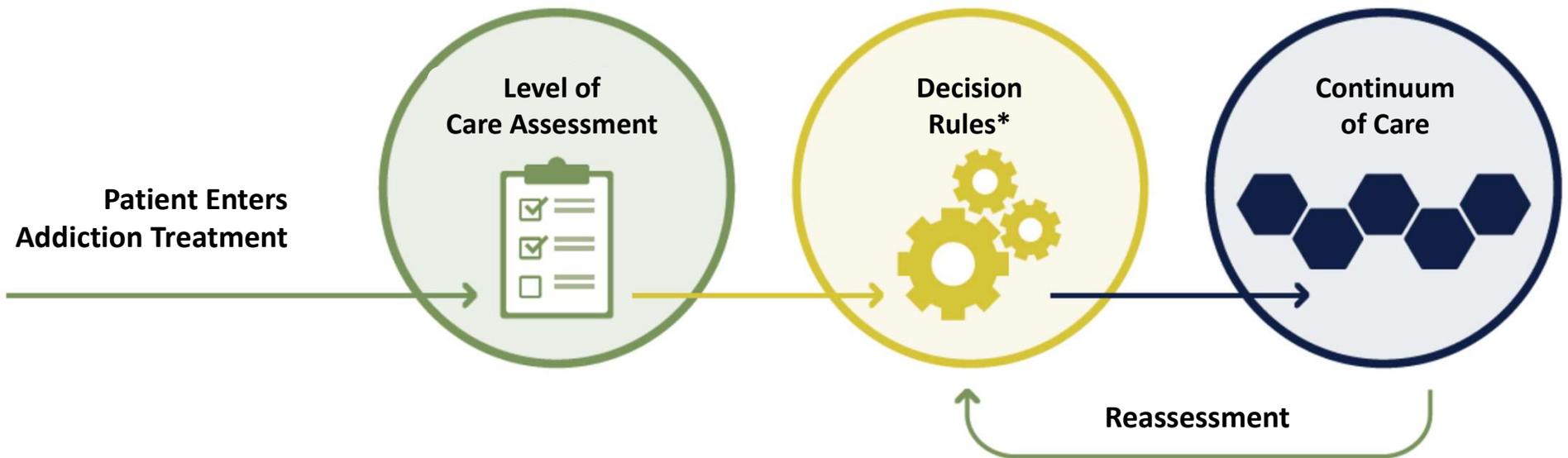
Primary Prevention Services	Harm Reduction Services	Early Intervention Services	Outpatient Services	Intensive Outpatient Services	Residential Treatment Services	Inpatient Services Withdrawal management	Housing Intervention Services
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- Gender specific programs
- Youth
- Addiction Medications on-site
- Parenting Programs
- Perinatal Programs
- Visually Impaired/Blind
- Hearing Impaired/Deaf
- Co-Occurring Mental Health Condition
- Language specific programs
- Physically Disabled and/ or Medically Vulnerable
- Lesbian, Gay, Bisexual, Transgender, Questioning, Intersex, Asexual (LGBTQIA)
- Veteran
- Court Diversion, Probation/Parole, Re-Entry
- Sexually-Exploited

Addiction is a Chronic Disease → Continuum of Ongoing Care



- Longer time in treatment → better treatment outcomes
- It is not duration of *residential treatment* per se that is associated with reduced relapse risk
- Rather: matching characteristics of the patients to the level of care that best meets their needs for as long as they need it
- Residential SUD treatment should be as long as medical necessary
 - Medical necessity is based on **ASAM Criteria**
- For adults in California, residential is managed through review of the client meeting medical necessity for ongoing residential treatment. There is no absolute cap on the duration of residential treatment.



*Decision rules include the Dimensional Admission Criteria and the transition and continued service criteria.

SUBSTANCE ABUSE SERVICE HELPLINE

 **1.844.804.7500**



1. Anyone can call the SASH to be connected to publicly funded SUD treatment

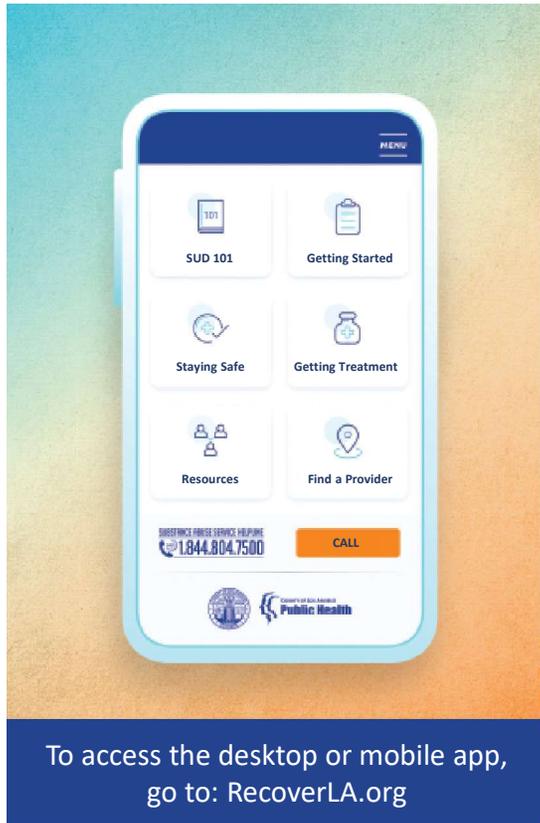
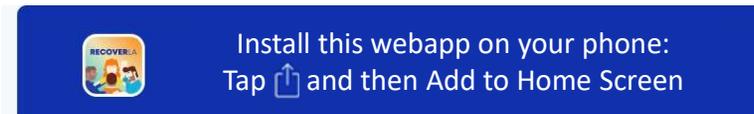


2. Professional staff (clinician or counselor) conduct a screening and helps to connect the caller to a treatment provider that meets their needs.



3. Appointment scheduled by the end of this 3-way call between the caller, SASH agent, and treatment provider.

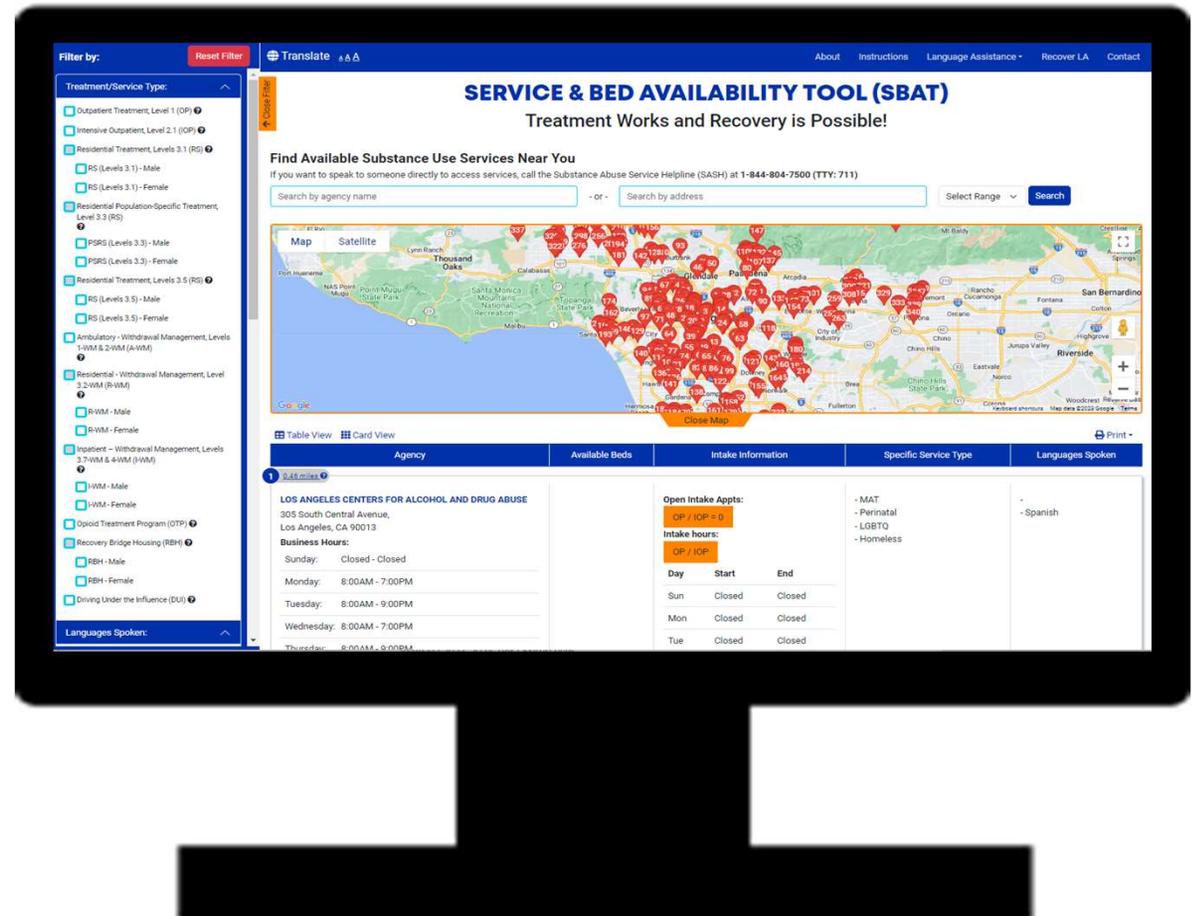
- Free mobile app
- Provides education and resources for those seeking substance use services for themselves or others
- Available in 13 languages
- RecoverLA.org or use the QR code to access the app



The **Service & Bed Availability Tool (SBAT)** at www.SUDHelpLA.org allows anyone with internet to find SUD treatment services, beds, and site contact information.

Filter by:

- Distance
- Treatment/Service Type
- Languages Spoken
- Clients Served (e.g. youth, perinatal, visually impaired/deaf, LGBTQIA, homeless, re-entry, etc.)
- Night/Weekend availability



Filter by: Reset Filter

Translate

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SERVICE & BED AVAILABILITY TOOL (SBAT)

Treatment Works and Recovery is Possible!

Find Available Substance Use Services Near You

If you want to speak to someone directly to access services, call the Substance Abuse Service Helpline (SASH) at 1-844-804-7500 (TTY: 711)

- or -

Select Range
Search



[Table View](#)
[Card View](#)
Print

Agency	Available Beds	Intake Information	Specific Service Type	Languages Spoken
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- Outpatient Treatment, Level 1 (OP)
- Intensive Outpatient, Level 2.1 (IOP)
- Residential Treatment, Levels 3.1 (RS)
 - RS (Levels 3.1) - Male
 - RS (Levels 3.1) - Female
- Residential Population-Specific Treatment, Level 3.3 (RS)
 - PSRS (Levels 3.3) - Male
 - PSRS (Levels 3.3) - Female
- Residential Treatment, Levels 3.5 (RS)
 - RS (Levels 3.5) - Male
 - RS (Levels 3.5) - Female
- Ambulatory - Withdrawal Management, Levels 1-WM & 2-WM (A-WM)
 - Residential - Withdrawal Management, Level 3.2-WM (R-WM)
 - R-WM - Male
 - R-WM - Female
- Inpatient - Withdrawal Management, Levels 3.7-WM & 4-WM (I-WM)
 - I-WM - Male
 - I-WM - Female
- Opioid Treatment Program (OTP)
- Recovery Bridge Housing (RBH)
 - RBH - Male
 - RBH - Female
- Driving Under the Influence (DUI)

Filter by: Reset Filter

Translate

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Client Served: ↑

- Adult
- Youth
- Women
- Medications for Addiction Treatment (MAT)
- Parent/Guardian (Female) with Children
- Parent/Guardian (Male) with Children
- Perinatal
- Visually Impaired/Blind
- Hearing Impaired/Deaf
- Co-Occurring Mental Health Condition
- Physically Disabled and/or Medically Vulnerable
- Developmentally or Intellectually Disabled/Delayed
- Lesbian, Gay, Bisexual, Transgender, Questioning, Intersex, Asexual (LGBTQIA)
- Veteran
- Homeless
- Court Diversion, Probation/Parole, Re-entry
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Additional filters: ↑

- Services available after 5 p.m.
- Intake appointments available on the weekend
- Beds available now

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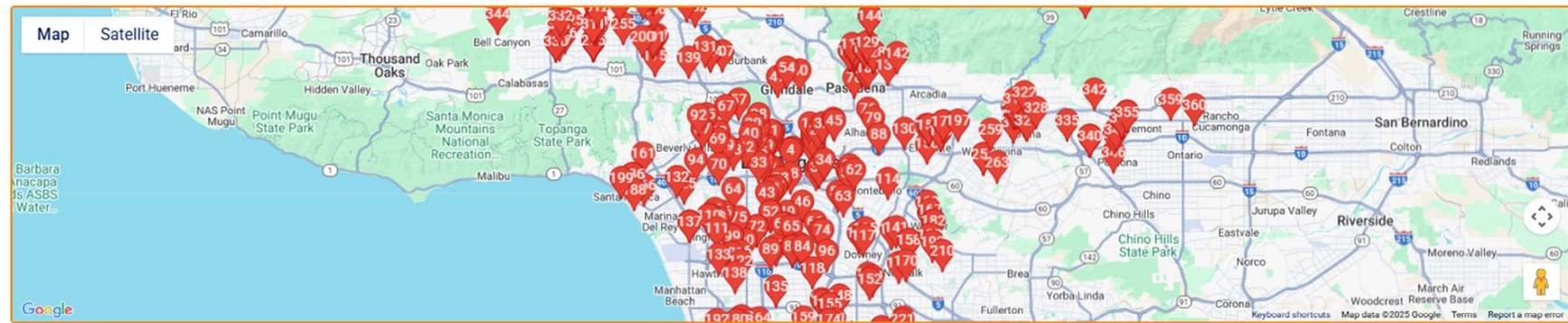


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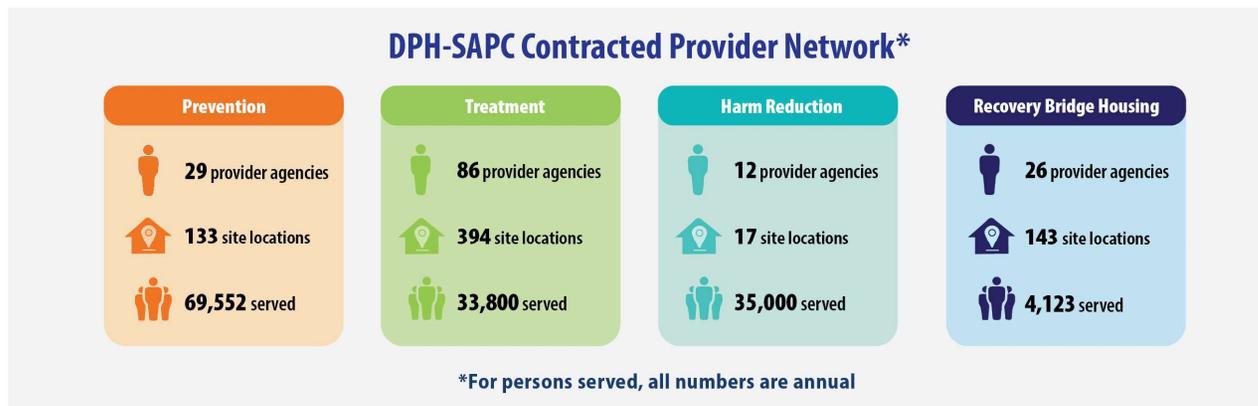
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About SAPC

- The Department of Public Health's Bureau of Substance Abuse Prevention and Control (DPH-SAPC) oversees the most diverse and comprehensive continuum of SUD services in California.



- SAPC is committed to innovative, equitable, and quality-focused substance use **prevention, harm reduction, treatment, and recovery services.**



Questions?

Brian Hurley, M.D., M.B.A., DFASAM, FAPA
bhurley@ph.lacounty.gov

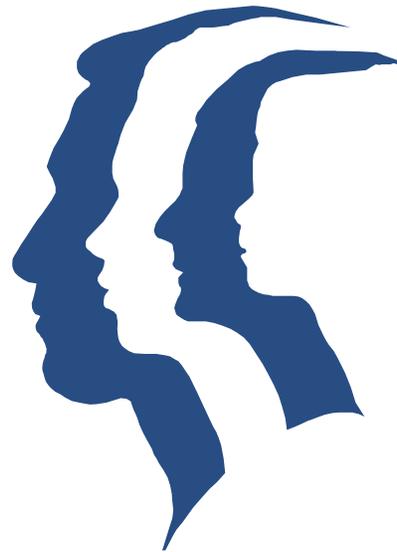
Interested in more?

SAPC Learning and Network Connection (SAPC-LNC) Platform

<http://www.sapc-inc.org/www/lms>

<http://www.sapc-inc.org/www/lms/training-info.aspx?trainingID=397>

<http://www.sapc-inc.org/www/lms/training-info.aspx?trainingID=399>



Thank You!