

**Los Angeles County Department of Mental Health (LACDMH):
Anti-Racism, Inclusion, Solidarity & Empowerment (ARISE)
Division 2026 Mental Health Multicultural Conference**



**Healing in a Land of Diversity:
A Multicultural Approach to Mental Health**

**Tuesday and Wednesday, March 17-18, 2026
8:00 AM – 4:30 PM**

InterContinental Los Angeles Downtown
900 Wilshire Blvd., Los Angeles, CA 90017

Call for Presenters/Proposals

Dear Colleagues:

The Los Angeles County Department of Mental Health Anti-Racism, Inclusion, Solidarity & Empowerment (ARISE) Division is seeking proposals for workshop presentations, panel discussions, and keynote speakers at the 2026 Multicultural Mental Health Conference, themed **“Healing in a Land of Diversity: A Multicultural Approach to Mental Health.”** This vibrant conference will celebrate Los Angeles County’s diverse cultural fabric while exploring innovative, holistic strategies and treatment methods tailored to our community’s varied behavioral health needs.

This is a powerful platform to promote equity, belonging, and inclusion, and will equip behavioral health professionals and community members with relevant tools to support recovery, resilience, and enhance public mental health services.



**LOS ANGELES COUNTY
DEPARTMENT OF
MENTAL HEALTH**
hope. recovery. wellbeing.

Proposals will be accepted for review through **December 1, 2025**. We encourage submissions from local experts in the field of multicultural mental health.

The Conference Themes / Learning Tracks Include:

1. Building Resilience: Strengthening Communities Through Cross-generational Wellbeing.
2. Mental Health Access Across Cultures: Shaping a Healthier Los Angeles for All Communities Utilizing Traditional and Non-traditional Health Methods.
3. Strength in Diversity: Mental Health Support for a Multicultural Society — Challenges and Solutions.

Conference Information:

1. Conference Dates: March 17-18, 2026, from 8:00 a.m. to 4:30 p.m.
2. Location: InterContinental Hotel - Downtown Los Angeles
3. This will be an in-person conference. Virtual attendance is not available.
4. We encourage presenters to include stories and case studies that illustrate best mental health practices and services targeting diverse cultural communities from various backgrounds.
5. Proposals should focus on the themes/learning tracks of the conference identified above.

Description of Conference Sessions:

1. Workshop or Presentation (60 min): An immersive session that introduces tools, techniques, and skills in a highly interactive learning environment.
2. Panel discussion (60 min): An engaging panel conversation that will have one moderator and several chosen speakers.
3. Keynote Presentation (60 min).
4. Continuing Education Units (CEUs) may be offered for participants, pending approval.

Submission Guidelines & Requirements:

Please submit your application to **DMH ARISE Division** ARISEDivision@dmh.lacounty.gov with subject line “**ARISE 2026 Mental Health Multicultural Conference**” and the following:

1. Type of presentation format (keynote speaker, panel conversation, workshop, etc.)
2. Short Bio (120 words or less) and a resume/CV.
3. A 170-word description of your intended presentation topic.
4. Identify your intended population(s) (i.e., American Indian/Alaska Native, Black and African American, Asian Pacific Islander, Latino, Eastern European/Middle Eastern, individuals with disabilities, and Lesbian, Gay, Bisexual, Transgender, Queer or Questioning, Intersex, Asexual, and Two-Spirit and/or the intersectionality between cultures.

