☒ Cultural Competency

Honest, Open, Proud Program (HOPp)

DATE & TIME: **December 10, 2025**   **9:00AM – 12:00PM**

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Sign-in begins 15 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted. (The meeting link will be sent a week prior to the training date).

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PLACE: Web Broadcast – Zoom

REGISTRATION: https://eventshub.dmh.lacounty.gov

DESCRIPTION: This training aims to empower the peer workforce to identify and overcome the negative impact of internalized shame and stigma related to mental illness. It will demonstrate the necessity and importance of effective self-disclosure in self-empowerment and providing peer support services. Participants will learn strategies to share their lived experience safely and effectively in their roles as peer professionals.

TARGET AUDIENCE: DMH and contract provider staff providing peer support services.

OBJECTIVES: **As a result of attending this training, participants should be able to:**
1. Identify barriers to self-disclosure such as stigma, stereotype, prejudice, and discrimination.
2. Analyze the costs and benefits of self-disclosure.
3. Develop and apply effective strategies for self-disclosure within the framework of peer support services.

CONDUCTED BY: **Mary Mojica**
Project Return Peer Support Network

COORDINATED BY: **Jung Ahn, LCSW – Training Coordinator**
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DEADLINE: **When capacity is reached.**

CONTINUING EDUCATION: **None**

COST: **None**