

**Question, Persuade, Refer (QPR)  
Gatekeeper Training for Suicide Prevention**

**DATE & TIME:** February 19, 2026 9:00AM – 12:00PM

*Sign-in begins 15 minutes prior to the training time. All participants must arrive during the sign-in period.  
Late arrivals will not be admitted.*

**PLACE:** Web Broadcast – Microsoft Teams

**REGISTRATION:** <https://eventshub.dmh.lacounty.gov/Account/Events/Trainings/Detail/13476>

**DESCRIPTION:** The Question, Persuade, Refer (QPR) Certified Gatekeeper Instructor Training is a manualized 3-step model available to the community and provides strategies and interventions for addressing suicidal intentions. As part of this training, individuals trained in QPR will learn to recognize the warning signs of a suicide crisis and to Question, Persuade, and Refer for assistance. This QPR model identifies these trained individuals as gatekeepers who can recognize and refer someone at risk of suicide. Additionally, these gatekeepers serve to reduce stigma and increase access to mental health services among the harder to reach populations.

**TARGET AUDIENCE:** DMH Employees and Contracted Staff Providing Housing-related Supportive Services

**OBJECTIVES:** As a result of attending this training, participants should be able to:

1. Describe at least three ways to demonstrate competence in working with individuals at risk for suicide.
2. Discuss ways to better care for individuals at risk for suicide.
3. Explain cultural factors in suicide risk, and how to ask if someone is contemplating suicide.
4. Identify appropriate ways to intervene if someone is contemplating suicide.

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**DEADLINE:** When capacity is reached.

**CONTINUING EDUCATION:** None

**COST:** None