

ENGAGING AND WORKING WITH THE TRANSITION AGE YOUTH (TAY) POPULATION

DATE & TIME:

January 13 & 15, 2026

9:00AM – 12:00PM

All registration is completed on the EventsHub prior to the training. Check-in begins 15 minutes prior to the training time. All participants must arrive during the Check-in period. Late arrivals will not be admitted.

PLACE: Web Broadcast – Microsoft Teams

REGISTRATION: <https://eventshub.dmh.lacounty.gov/Account/Events/Trainings/Detail/13416>

DESCRIPTION: This training is specifically designed for Department of Mental Health staff working with the Transition Age Youth (TAY) population. Evidence indicates that there are several systemic, sociocultural, and personal levels that can prevent and delay help-seeking among TAY. These barriers lead to serious consequences such as self-medicating and academic, social, and vocational difficulties. This training will support the development of therapeutic tools that will be useful in the treatment of TAY. This training is designed to provide service providers who work with TAY with an understanding of the current research tied to engaging, supporting, and assisting TAY with moving through their associated systems of care. The training will delve into the current research and findings tied to the shift in belief systems, service systems, and general presentations of TAY in the last decade and especially after the COVID-19 pandemic. The training will also focus on conceptualizing the impact of external factors on how to engage TAY in the mental health system.

TARGET AUDIENCE: DMH Directly Operated and Legal Entity Staff

OBJECTIVES: As a result of attending this training, participants should be able to:

1. Identify at least three social, political, or economic issues facing TAY individuals that were not present five years ago.
2. Identify at least three social, political, or economic issues facing TAY individuals today that were not present 10 years ago.
3. Utilize culturally competent case conceptualization strategies to conceptualize the impact of social, political, or economic issues that present as barriers to seeking assistance, engagement and follow through by TAY consumers.
4. Identify strategies for engaging TAY consumers outside of those already attempted.
5. Identify why current strategies have been ineffective in engaging TAY consumers.
6. Define and identify what are social determinants of health and how to utilize them in case conceptualization for treatment and engagement.

CONDUCTED BY: La Cena Jones, LMFT, DSW

COORDINATED BY: Elmer Ornelas, LCSW, Training Coordinator
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DEADLINE: January 13, 2026 or when maximum capacity is reached.

CONTINUING EDUCATION: NONE

COST: NONE