

▶▶ Crisis Residential Treatment Program (CRTTP)

Paul Arns, PhD, Deputy Director, Managed Care Operations

DeAndre Davis, MUP, Program Manager I, Intensive Care Services



LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
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▶▶ Program Description

CRISIS RESIDENTIAL TREATMENT PROGRAM (CRTP)

- CRTPs are non-institutional residential programs that provide therapeutic and rehabilitative services as an alternative to hospitalization for clients experiencing an acute psychiatric crisis.
- CRTPs may accommodate persons discharged from acute psychiatric inpatient units, Urgent Care Centers, or Enriched Residential Services facilities who are at risk of needing higher level of care.
- CRTPs provide services 24-hours per day, 7 days per week and have a maximum bed capacity of 16 beds. An individual's maximum stay should not exceed 90 days and would typically be shorter.

▶▶ CRTP: Details

Item	Response
Level of Service	Residential
Will the program be funded by the Behavioral Health Services Act (BHSA)?	Yes
Will the program grow, shrink or stay the same?	Grow. Contracted providers.

▶▶ Priority Goal #1: Access to Care Goal for Improvement

The timely and appropriate use of health services to achieve the best possible health outcomes, inclusive of all modalities. Improving Californians' access to care is necessary for improving outcomes.

- CRTPs serve as an alternative to emergency services and acute psychiatric facilities for individuals who require further stabilization. By reducing the need for psychiatric inpatient stays for these individuals, timely and appropriate access to limited higher acuity settings remains available to those in greater need.
- CRTPs offer a range of therapeutic activities and services that help clients to restore, improve and preserve interpersonal and independent living skills needed to support transitions to community living.

▶▶ Priority Goal #2: Homelessness Goal for Reduction

People who are homeless or at risk of homelessness. Addressing the increase in statewide homelessness is crucial to ensuring unhoused individuals living with significant behavioral health needs receive regular access to behavioral health treatment and safe and stable housing where they can recover.

- Safety and stability of CRTP can provide a setting crucial intervention point to break the cycle of homelessness, crises, and re-institutionalization.
- CRTPs may stabilize individuals in crises and allow rapid transition back to community mental health and supports as well as linkage to housing.

▶▶ Priority Goal #3: Institutionalization Goal for Reduction

People who are homeless or at risk of homelessness. Addressing the increase in statewide homelessness is crucial to ensuring unhoused individuals living with significant behavioral health needs receive regular access to behavioral health treatment and safe and stable housing where they can recover.

- CRTPs serve as a community-based alternative to hospitalization for individuals who require crisis stabilization outside of acute settings.

▶▶ Priority Goal #4: Justice Involvement Goal for Reduction

Reducing adults and youth living with behavioral health needs who are involved in the justice system - including those who have been arrested, are living in, who are under community supervision, or who have transitioned from a state prison, county jail, youth correctional facility, or other state, local, or federal carcel settings where they have been in custody of law enforcement authorities.

- CRTPs provide a therapeutic setting for the placement of individuals experiencing mental health crises who might otherwise be incarcerated.

▶▶ Priority Goal #6: Untreated Behavioral Health Conditions

Goal for Reduction

An individual's behavioral health condition that has not been diagnosed or attended to with appropriate and timely care.

- CRTP is effective at reducing untreated behavioral health conditions because it provides short-term, integrated, and continuous on-site mental health treatment in a supportive and structured residential environment.
- Availability of treatment services 7 days per week assures timely delivery.