

▶▶ Day Treatment Intensive Day Rehabilitation

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LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
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▶▶ Program Description

DAY TREATMENT INTENSIVE (DTI)

- Provides structured multi-disciplinary mental health services intended to provide an alternative to hospitalization, avoid placement in a more restrictive setting, and/or assist the client in living within a community setting.

DAY REHABILITATION (DR)

- Provides an organized and structured treatment program to improve, maintain or restore personal independence and functioning consistent with requirements for learning and development. Services are designed for clients with chronic psychiatric impairments, assisting with maintaining their best functional level.

▶▶ Program Description

DAY TREATMENT INTENSIVE (DTI) & DAY REHABILITATION (DR)

- Services can include assessment, treatment planning, therapy and psychosocial rehabilitation.
- Services must be available for at least three (3) hours each day.
- Services should include family or significant support person involvement monthly.
- Requires Pre-Authorization.

▶▶ Program Description

DAY REHABILITATION (DR)

- Provides an organized and structured treatment program to improve, maintain or restore personal independence and functioning consistent with requirements for learning and development. Services are designed for clients with chronic psychiatric impairments, assisting with maintaining their best functional level. DR services can include, assessment, treatment planning, therapy and psychosocial rehabilitation.
- Services must be available for at least three (3) hours each day.
- Includes family or significant support person involvement monthly.

▶▶ DTI/DR Details

Item	Response
Level of Service	Intensive Outpatient Services
Will the program be funded by the Behavioral Health Services Act (BHSA)?	Yes
Will the program grow, shrink or stay the same?	The program will grow based on forecasting of need/eligibility for this level of service.

▶▶ Priority Goal #1: Access to Care Goal for Improvement

The timely and appropriate use of health services to achieve the best possible health outcomes, inclusive of all modalities. Improving Californians' access to care is necessary for improving outcomes.

- DTI provides support for clients stepping down from an acute or crisis setting to support a higher level of outpatient care for stabilization. It enhances the continuum of care for system services accessible for clients offering intensive intervention within the community.
- When a client's mental health need requires more intervention than routine outpatient visits, this level of care provides the support that is needed.

▶▶ Priority Goal #3: Institutionalization Goal for Reduction

People who are homeless or at risk of homelessness. Addressing the increase in statewide homelessness is crucial to ensuring unhoused individuals living with significant behavioral health needs receive regular access to behavioral health treatment and safe and stable housing where they can recover.

- DTI is designed to provide an alternative to hospitalization, avoid placement in a more restrictive setting or assist the client in living within a community setting.
- Intensive Outpatient Services are provided to individuals with chronic psychiatric impairments to assist with semi-independent or independent living.

▶▶ Priority Goal #4: Justice Involvement Goal for Reduction

Reducing adults and youth living with behavioral health needs who are involved in the justice system - including those who have been arrested, are living in, who are under community supervision, or who have transitioned from a state prison, county jail, youth correctional facility, or other state, local, or federal carcel settings where they have been in custody of law enforcement authorities.

- As this expands non-institutional community treatment alternatives, it creates opportunities for individuals to engage in care, learn new skills, and reduce involvement in the criminal justice system.