

COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH
Service Area Leadership Team Monthly Meeting
Service Area 1

Palmdale Mental Health Center
2260 East Palmdale Blvd., Suite. J
Palmdale, CA 93550
July 17, 2025
3:00pm – 5:00pm

[Join Meeting via MS Teams](#)

Meeting ID: 215 193 088 578

Passcode: pJ96dh6i

Email: SALT1@dmh.lacounty.gov

Approved Minutes

Agenda Items	Comments/Discussion/Recommendations/Conclusion	Action Item	Person(s) Responsible	Due Date
Welcome, Labor & Land Acknowledgements	<p>The meeting was called to order at 3:08 PM by liaison Yvette Perez, who introduced herself as the SALT 1 liaison and welcomed all attendees.</p> <p>The meeting was facilitated by Co-Chairs, Heather Varden and Rudy Perez. Rudy Perez began by reviewing housekeeping rules, after which he and Heather Varden jointly presented the Labor and Land Acknowledgments.</p>		Yvette Perez, SALT 1 Liaison, Heather Varden & Rudy Perez, Co-Chairs	N/A
Review and Approve Meeting Minutes from 5/15/2025	<p>Paper copies of the minutes were available in the training room, distributed via email prior to the meeting, and displayed on-screen for online attendees.</p> <p>A motion to approve the minutes was made by Hannah Frank and seconded by Wendy Cabil. The motion carried with unanimous approval: Voting Results:</p> <ul style="list-style-type: none">○ In-person votes in favor: 11○ Online votes in favor: 7○ Total votes in favor: 18		Heather Varden, Rudy Perez, Co-Chairs, SALT1 Voting members	N/A

	<ul style="list-style-type: none">○ Votes opposed: 0○ Abstentions: 0 <p>Outcome: The motion is approved unanimously with 18 votes in favor, none opposed, and no abstentions.</p>			
Stakeholder Meeting Code of Conduct	<p>James Coomes provided an overview of the Stakeholder Code of Conduct, emphasizing that these guidelines are in place to ensure equity and respect for all participants. One key rule is designed to help meetings run smoothly: when speaking, individuals are limited to 2 minutes to allow everyone an opportunity to contribute.</p> <p>Attendees were encouraged to reach out to DMH staff with any questions regarding the Code of Conduct. As James noted, "There is a story behind every rule, each one is in place because something went wrong in the past." The Code includes an enforcement clause, although it is hoped that issues will be resolved long before reaching that stage. Similarly, while a reporting process exists, the goal is to foster a respectful environment where such steps are rarely, if ever, necessary.</p> <p>There is a mandatory attestation requirement, and all attendees are asked to review and sign the form to confirm their understanding and agreement.</p> <ul style="list-style-type: none">• Online attendees may submit the form electronically.• Yvette Perez offered to review the attestation form individually after the meeting if there were questions.• Completed forms should be emailed to SALT1@dmh.lacounty.gov <p>James Coomes asked if there were any questions; none were raised by attendees.</p>	SALT members and participants must submit the Stakeholder Meeting Code of Conduct Attestation to SALT1@dmh.lacounty.gov	James Coomes, SA1 District Chief, Yvette Perez, SALT 1 Liaison	Annual

Budget	<div><div>2024-2025 SALT 1 Events</div><table><tr><th></th><th>Completed</th></tr><tr><td><ul style="list-style-type: none">▪ Indigenous Peoples Day (October)▪ Back to School Event▪ Supportive Housing Models▪ Stigma & Discrimination (Hate Crimes Awareness Month October)▪ Justice Involvement▪ Senior Services</td><td><div><div>✓ National Suicide Prevention Month 9/5/2024</div><div>✓ Hispanic Heritage Month 10/15/2024</div><div>✓ DV Conference 10/25/2024</div><div>✓ Day of Giving 12/12/2024</div><div>✓ Men’s Event 12/21/2024</div><div>✓ Black History Month 2/8/2025</div><div>✓ Child Abuse/Exploitation DCFS Prom Event 3/8/2025</div><div>✓ Women’s Event 3/15/2025</div><div>✓ Asian & Pacific Islander Heritage Month 5/1/2025 (AVHN)</div><div>✓ Maternal Mental Health 5/3/2025 and 4/2026</div><div>✓ Take Action Event 5/7/2025</div><div>✓ Pride Month Event 6/7/2025 (AVHN)</div><div>✓ Fatherhood Event (movies) 6/20/2025</div><div>✓ Learning Symposium-Collaboration with Regional Center 6/25/2025</div><div>✓ Human Trafficking Awareness 6/26/2025</div></div></td></tr></table><div><p>Review of allocation and expenditure graphics for 24/25 fiscal year listed above.</p><p><u>SALT 1 Fiscal Year 2025-2026</u> Budget Allocation of \$50,000 Expense: \$0 Remaining \$50,000</p><p>Gabby Muniz led the discussion on the SALT 1 budget for Fiscal Year 2025–2026. She invited all attendees to review the current budget and provided context for past and proposed events:</p></div></div>		Completed	<ul style="list-style-type: none">▪ Indigenous Peoples Day (October)▪ Back to School Event▪ Supportive Housing Models▪ Stigma & Discrimination (Hate Crimes Awareness Month October)▪ Justice Involvement▪ Senior Services	<div><div>✓ National Suicide Prevention Month 9/5/2024</div><div>✓ Hispanic Heritage Month 10/15/2024</div><div>✓ DV Conference 10/25/2024</div><div>✓ Day of Giving 12/12/2024</div><div>✓ Men’s Event 12/21/2024</div><div>✓ Black History Month 2/8/2025</div><div>✓ Child Abuse/Exploitation DCFS Prom Event 3/8/2025</div><div>✓ Women’s Event 3/15/2025</div><div>✓ Asian & Pacific Islander Heritage Month 5/1/2025 (AVHN)</div><div>✓ Maternal Mental Health 5/3/2025 and 4/2026</div><div>✓ Take Action Event 5/7/2025</div><div>✓ Pride Month Event 6/7/2025 (AVHN)</div><div>✓ Fatherhood Event (movies) 6/20/2025</div><div>✓ Learning Symposium-Collaboration with Regional Center 6/25/2025</div><div>✓ Human Trafficking Awareness 6/26/2025</div></div>		Gabriela Muniz, Program and Special Projects (O&E), SALT 1 Voting Members	6/30/26
	Completed							
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	<p>Fiscal Year 2024-2025 events listed on the left of the budget sheet were proposed but did not occur. Events listed on the right were approved and successfully implemented.</p> <p>Gabby encouraged SALT 1 members to start thinking about activities or events they would like to see included in this fiscal year’s budget.</p> <div><div>SALT 1 BUDGET DISCUSSION & VOTING ITEMS</div><table><tr><td>Monthly SALT 1 Meetings</td><td>Light lunch, snacks & refreshments</td><td>\$500/month</td></tr><tr><td></td><td></td><td>10 months \$5,000</td></tr><tr><td></td><td>Evening Dinners</td><td>October 2025: \$1,499</td></tr><tr><td></td><td></td><td>April 2026: \$1,499</td></tr></table></div> <p>Comments: Hannah Frank believes that the day of giving is important because it has a significant community impact and is a big event SALT 1 should support.</p> <p>Gabby Muniz also proposed voting on allocating funds for the following:</p> <ul style="list-style-type: none">• Monthly meeting refreshments - \$500/month• Two (2) evening dinners at Gino’s Italian Restaurant to be held in October 2025 and April 2026. \$1,499/dinner.	Monthly SALT 1 Meetings	Light lunch, snacks & refreshments	\$500/month			10 months \$5,000		Evening Dinners	October 2025: \$1,499			April 2026: \$1,499			
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	<p>Gabby then asked members to vote on these proposed expenditures.</p> <p>Comments: Monica Olson asked how funds are reallocated if fewer than 12 SALT 1 meetings are held in a fiscal year. Specifically, she inquired whether there is a set process for reallocating unused funds.</p> <p>Gabby Muniz responded that while there is no formal process in place, funds are reallocated based on current needs. Gabby added that she provides periodic budget updates to keep SALT 1 members informed about how the budget is being utilized.</p> <p>Heather Varden asked SALT 1 voting members whether there was a motion to approve the budget allocation for meeting refreshments and the two (2) dinner events at Gino’s Italian Restaurant. Monica Olson made the motion to approve. Sandy Ramirez seconded the motion.</p> <p>Wendy Cabil inquired whether the snacks would remain the same as in previous meetings.</p> <p>Gabby Muniz responded that due to budget constraints, SALT will provide vegetable and fruit trays from Stater Bros. Vendors for other events may vary; however, this specific budget does not cover vendor expenses.</p> <p>Jamie Walker, representing BHSA, informed SALT 1 members of new spending parameters related to meetings. The updated guidelines specify that:</p> <ul style="list-style-type: none">• For meetings lasting less than 3.5 hours, only light snacks and refreshments—such as juice, water, fruit, or similar items—are permitted.			
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	<ul style="list-style-type: none">• We can no longer expect to serve a full lunch for regular SALT meetings because of these new parameters. <p>Jamie emphasized that if things are not like they used to be, it is because of the new guidelines.</p> <p>Heather Varden called motion to approve</p> <p>Voting Results:</p> <ul style="list-style-type: none">○ In-person votes in favor: 10○ Online votes in favor: 3○ Total votes in favor: 13○ Votes opposed: 0○ Abstentions: 0 <p>Outcome: The motion is approved unanimously with 13 votes in favor, none opposed, and no abstentions.</p> <table><tr><td rowspan="16">Prospective Events</td><td rowspan="4">National Suicide Prevention Awareness Month (September)</td><td>\$2,500</td></tr><tr><td>Keynote Speaker/Training</td></tr><tr><td>Food</td></tr><tr><td>Wellness Activities</td></tr><tr><td rowspan="4">Hispanic Heritage Month (September)</td><td>\$2,500</td></tr><tr><td>Keynote Speaker/ Cultural Competency Training</td></tr><tr><td>Food</td></tr><tr><td>Wellness Activities</td></tr><tr><td rowspan="4">Domestic Violence Awareness Month (October)</td><td>\$2,500</td></tr><tr><td>Keynote Speaker</td></tr><tr><td>Food</td></tr><tr><td>Wellness Activities</td></tr><tr><td rowspan="4">Day of Giving (December)</td><td>\$10,000</td></tr><tr><td>Food</td></tr><tr><td>Essential Items</td></tr><tr><td>Wellness Activities</td></tr></table>	Prospective Events	National Suicide Prevention Awareness Month (September)	\$2,500	Keynote Speaker/Training	Food	Wellness Activities	Hispanic Heritage Month (September)	\$2,500	Keynote Speaker/ Cultural Competency Training	Food	Wellness Activities	Domestic Violence Awareness Month (October)	\$2,500	Keynote Speaker	Food	Wellness Activities	Day of Giving (December)	\$10,000	Food	Essential Items	Wellness Activities			
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	<p>Gabby Muniz presented prospective events based on the list above. Want to discuss thoughts and support of these events: National Suicide Prevention Awareness, Hispanic Heritage, Domestic Violence, and Day of Giving. It sounds like based on feedback; SALT 1 will stick to the Day of Giving. Gabby asked what it is that members want to see. The goal is to increase participation and see SALT1 members at these events. What are the expectations of collaborators, what do you want to see – collaborators showing up to planning meetings for these events and obtain a better idea of what SALT1 members are looking for.</p> <p>Comments: Hannah Varden is opening it up for discussion. Monica Olson wanted to know if it would be possible to makes these more training events. Hannah Frank mentioned Regional Center has training. Jodi Kyman would like to see if SALT 1 can do a stigma discrimination training. Made comment that the Sheriff’s Department has an amazing group that speaks on hate crimes. A member asked about trunk or treat to which Amber Anderson responded that DMH will not be having a trunk of treat this year. For trunk or treat inquiries, reach out to Timeless Foundation, they will be hosting trunk or treat this year.</p> <p>Heather Varden asked about National Suicide Prevention Month and Wendy Cabil inquired about whether SALT 1 budget went to the Juneteenth event, which Gabby Muniz responded that Juneteenth did take up some of the SALT 1 budget. Amber Anderson inquired about tying in some type of event on our political climate to support through immigration and what is happening with the names/addresses being given out. Or training for the community providers to outreach our community. Maribel Torres asked for clarification on Hispanic Heritage month.</p>			
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Correction to the spelling of Wendy’s last name from Cabril to Cabil.

	<p>Gabby Muniz asked members about their thoughts on a collaboration for Domestic Violence Awareness month. Jodi Kyman stated the City of Palmdale does a huge day of giving and asked if SALT1 can collaborate with them (Patricia Morales is the contact). Gabby Muniz asked if City of Palmdale participates in the SALT 1 meetings so that we can start collaborating and having discussions about these events. Nick A’s comment - wouldn’t we focus on mental health issues - focusing on mental health issues on Hispanic communities. Amber Anderson suggests shifting budget to increase funds for mental health/Hispanic heritage month.</p> <p>Gabby Muniz – There are no collaborators in mind for these events but stated that SALT 1 does hold planning meetings each month and is encouraging participation in these meetings. These meetings are every other Tuesday at 9am and are held virtually. Meeting details will be sent with approved minutes from 5/15/25.</p> <p>After discussion of proposed events and budget, Heather Varden, Co-Chair, suggested the following:</p> <ul style="list-style-type: none">• \$2,000 for Suicide Prevention• \$5,000 for Hispanic Heritage• \$2,000 Domestic Violence• \$9,000 for Day of Giving <p>A motion to approve by Hannah Frank, Jodi Kyman seconds.</p> <p>Voting Results:</p> <ul style="list-style-type: none">○ In-person votes in favor: 7○ Online votes in favor: 9○ Total votes in favor: 16			
		SALT 1 Liaison to send out SALT 1 planning meeting virtual meeting details.	Yvette Perez, SALT 1 Liaison	7/25/25

- **Votes opposed:** 0
- **Abstentions:** 0

Outcome: The motion is **approved unanimously** with 16 votes in favor, none opposed, and no abstentions.

Procurement Timeline

MEMBER DISCUSSION

- It is recommended for SALT members to discuss procurement requests 4 months prior to the event date.

VOTE

- It is recommended for SALT members to vote on procurement requests 3 months prior to the event date.

PROCUREMENT REQUESTS

- DMH staff are **required** to submit procurement request at least 60 days prior to event date

EVENT DATE

Member Discussion	Voting	Procurement Requests	Event Date
March	April	May	July
April	May	June	August
May	June	July	September
June	July	August	October
July	August	September	November
August	September	October	December
September	October	November	January
October	November	December	February
November	December	January	March
December	January	February	April
January	February	March	May
February	March	April	June

Report Out on DMH O&E and other Outreach and Engagement Activities	<table><tr><th>Event Name/Date/Location</th><th>Date</th><th>Location</th><th># Served</th></tr><tr><td>AVC Block Party</td><td>5/15/2025</td><td>Palmdale</td><td>40</td></tr><tr><td>Healing and Empowerment Family Enrichment event</td><td>5/16/2025</td><td>Lancaster</td><td>12</td></tr><tr><td>Mental Health Resource Fair</td><td>5/17/2025</td><td>Lancaster</td><td>75</td></tr><tr><td>AV High School</td><td>5/21/2025</td><td>Lancaster</td><td>65</td></tr><tr><td>Faith-Based Leadership Workshop (Valley Oasis)</td><td>5/22/2025</td><td>Lancaster</td><td>60</td></tr><tr><td>AV High School</td><td>5/23/2025</td><td>Lancaster</td><td>120</td></tr><tr><td>Unity for Youth</td><td>5/31/2025</td><td>Lancaster</td><td>40</td></tr><tr><td>New Directions/Take Action Event</td><td>5/31/2025</td><td>Lancaster</td><td>60</td></tr><tr><td>Penny Lane/TAY Pride Event</td><td>6/14/2025</td><td>Lancaster</td><td>150</td></tr><tr><td>Juneteenth/City of Lancaster</td><td>6/15/2025</td><td>Lancaster</td><td>1000</td></tr><tr><td>Movie with Dad's Event</td><td>6/21/2025</td><td>Lancaster</td><td>55</td></tr><tr><td>Regional Center Event</td><td>6/25/2025</td><td>Lancaster</td><td>66</td></tr><tr><td>Human Trafficking Awareness Event</td><td>6/25/2025</td><td>Lancaster</td><td>50</td></tr><tr><td>Like Oak Wellness Event</td><td>6/25/2025</td><td>Palmdale</td><td>45</td></tr><tr><td>North Los Angeles Regional Center Resource Event</td><td>7/8/2025</td><td>Lancaster</td><td>75</td></tr><tr><td>North Los Angeles Regional Center Resource Event</td><td>7/9/2025</td><td>Lancaster</td><td>75</td></tr></table>				Event Name/Date/Location	Date	Location	# Served	AVC Block Party	5/15/2025	Palmdale	40	Healing and Empowerment Family Enrichment event	5/16/2025	Lancaster	12	Mental Health Resource Fair	5/17/2025	Lancaster	75	AV High School	5/21/2025	Lancaster	65	Faith-Based Leadership Workshop (Valley Oasis)	5/22/2025	Lancaster	60	AV High School	5/23/2025	Lancaster	120	Unity for Youth	5/31/2025	Lancaster	40	New Directions/Take Action Event	5/31/2025	Lancaster	60	Penny Lane/TAY Pride Event	6/14/2025	Lancaster	150	Juneteenth/City of Lancaster	6/15/2025	Lancaster	1000	Movie with Dad's Event	6/21/2025	Lancaster	55	Regional Center Event	6/25/2025	Lancaster	66	Human Trafficking Awareness Event	6/25/2025	Lancaster	50	Like Oak Wellness Event	6/25/2025	Palmdale	45	North Los Angeles Regional Center Resource Event	7/8/2025	Lancaster	75	North Los Angeles Regional Center Resource Event	7/9/2025	Lancaster	75	Diana Luna-Miller recapped Juneteenth attendance reflecting 1,000 participants.	Diana Luna Miller, Programs & Special Projects (O&E)	Ongoing
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	<p>We participated in 75 events that took place on fiscal year 24/25.</p> <p>Reached out to over 14,000 community members.</p> <ul style="list-style-type: none">• Juneteenth Event – over 1,000 participants• Human Trafficking event ~ 50 participants• Live Oak event ~45 participants• Regional Center Event - ~75 participants for each event. <p>The number of attendees is a rough estimate based on sign-in sheets. It does not reflect vendors in attendance.</p> <p>Current Events: Looking back to school events. The City of Lancaster, we will participate in their annual backpack event. DMH will be at 2 of the</p>																																																																										

	<p>4 hubs. We will be at Joe Walker Middle School and Parkview Educational Complex (AV Child and Adolescent Program will cover this event). We will also participate in back-to-school events at the Antelope Valley Mall on August 9 from 11a-3pm. All events are open to the community. Flyers will be distributed. The outreach and engagement team will also participate in the National Senior Citizen Day on 8/20/25. Feel free to contact Diana Luna-Miller or Gabby Muniz if anyone is interested in participating in these events. Also, the O&E team holds bi-weekly planning meetings to coordinate these events.</p> <table><tr><th>Event Name</th><th>Date</th><th>Location</th></tr><tr><td>City of Lancaster Backpack Event</td><td>8/2/2025</td><td>Lancaster</td></tr><tr><td>Back to School Event/Sole of the Community</td><td>8/9/2025</td><td>Palmdale</td></tr><tr><td>National Senior Citizen Day</td><td>8/20/2025</td><td>Lancaster</td></tr><tr><td>Tamarisk Elementary School/Book House Jamboree</td><td>8/23/2025</td><td>Palmdale</td></tr><tr><td>Back to School Event/The Palmdale Aerospace Academy</td><td>8/28/2025</td><td>Palmdale</td></tr></table> <p>Comments: Eric Serrano, Coordinator for community engagement for the City of Lancaster, would like to invite the community for their backpack event. It will be held on August 2, 2025. If there are agencies who would like a booth, the City of Lancaster has space available at no cost. Connect with Eric Serrano if interested in hosting a booth space or volunteering? Please Connect: communityservices@cityoflancasterca.gov</p>	Event Name	Date	Location	City of Lancaster Backpack Event	8/2/2025	Lancaster	Back to School Event/Sole of the Community	8/9/2025	Palmdale	National Senior Citizen Day	8/20/2025	Lancaster	Tamarisk Elementary School/Book House Jamboree	8/23/2025	Palmdale	Back to School Event/The Palmdale Aerospace Academy	8/28/2025	Palmdale	SALT 1 Liaison will email the event flyers to the SALT 1 distribution list.	Yvette Perez	7/25/25
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Committee Member Reports	<p>Co-Chair Updates: Rudy Perez attended an in service on 211. These resources follow up; they do not just provide resources. Jamie Walker and LaKia Taylor (outreach coordinator for 211 LA) facilitated the presentation. Those wishing to connect with LaKia can reach out to</p>		Rudy Perez, Co-Chairs, Committee Members	Ongoing																		

	<p>Jamie Walker jwalker@lacounty.gov. Rudy Perez also shared that the mental health commission seat is still open.</p> <p>Wendy Cabil – Attended homelessness workshop. Shared lived experience going through an eviction process. Jason Robinson added enlightening things about the system. Wendy appreciated the facilitators’ patience and her peers. She left feeling hopeful that they were heard and about what was shared in this event. Still in transition of becoming and developing in Behavioral Health Model. Encourages everyone to come in person to these types of meetings whether it is in person or online. Online collaboration is a barrier, but she hopes this barrier can be overcome. The email address is always promoted where everyone can send their public comments. Communitystakeholder@dmh.lacounty.gov. Wendy Cabil also shared an update on the Underserved Cultural Committees informing the group that a lot happened in May, however, there is no meeting scheduled this month (July).</p> <p>UCCs Updates: Riku Matsuda shared the link for the MHSA or BHSA. Provided the link in the chat for the listserv. Invited everyone to participate in these meetings. MHSA/BHSA Stakeholder Materials - Department of Mental Health</p> <p>MHSA Listserv Sign Up: County of Los Angeles, California</p> <p>UnderServed Cultural Committees (UsCC’s) – Riku Matsuda reporting out on behalf of UsCC’s.</p> <ul style="list-style-type: none">• Riku is the liaison for Access for All UsCC, as well as LGBTQIA2S+ Champion network.• LGBTQIA2S+ Champion network meets quarterly to provide peer support and technical assistance. <p><u>UsCC’s Meeting Schedule</u></p> <ul style="list-style-type: none">• Access for all UsCC - Every second Wednesday of the month, 10:00 a.m.-12:00 p.m.		Riku Matsuda	
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	<ul style="list-style-type: none">• American Indian/Alaska Native UsCC - Every first Wednesday of the month, 2:00 p.m.-4:00 p.m.• Asian Pacific Islander UsCC - Every fourth Monday of the month, 2:00 p.m.-4:00 p.m.• Black and African Heritage UsCC - Every first Thursday of the month, 10:00 a.m.-12:00 p.m.• Eastern European / Middle Eastern UsCC - Every last Wednesday of the month, 2:00 p.m.-4:00 p.m.• Latino UsCC - Every third Tuesday of the month, 2:00 p.m.-4:00 p.m.• LGBTQIA2-S UsCC - Every first Thursday of the month, 2:00 p.m.-4:00 p.m. <p>DMH Updates: James Coomes reported out on the June 12th AV Board Motion – Bridging Resources in the Antelope Valley where 80 community providers and stakeholders attended which took place at the Hellenic Center. Participants were taken on site tours during this event. Thanks to SALT, because of SALT we were able to reach out to a lot of our partner organizations. Medicaid reform – not much to share but the challenge we will experience a lot of changes that will happen will start after the term election. For a lot of budgeting, organizations that are involved in budgeting, James commented that we need to start planning early. James also referenced a letter that recently went out by the directors of mental health, public health, and health services on immigration and Medicaid reform. We do not know what this is going to look like and understand that our community members are facing fear. James stressed that we would do everything we can possibly do to continue to support all these communities that need our care.</p>			James Coomes, SPA 1 District Chief
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	BHSA Act – budgeting process is taking place now. We will see somethings being implemented this year such as a carve out of funding for Substance Abuse services. There are a lot of funding questions and issues that are up in the air that we do not know about, therefore information will continue to be shared as it comes.			
Community and Family Member / Supporters Time (Public Comments)	<p>Comments:</p> <p>Wendy Cabil shared great news that she has obtained a new place and can sign her lease by Monday. She appreciates all of the support from behind the scenes. This is the beginning of her advocacy journey to push for advocacy reform and push it for others with disabilities and older folks. Wendy shared that an article by the Department of Agriculture Department of Justice and Aging came out referencing how older adults are the fastest growing population in the homeless sector. She went on to mention that a lot of good stuff is coming in 2026 and how she wants to help lift and elevate that topic. Wendy hopes we can get Commissioner Fran to come share with us as a speaker.</p> <p>Steven Urias who is a facilitator for NAMI informed attendees that NAMI has meetings twice a month. As a counselor his role is to talk to people who are dealing with mental issues. Steven asks those who attend about their lived experiences of what they have gone through the past two weeks. Steven would like to express the importance of SALT meetings because they give him feedback. Steven shared that every day it is a struggle for him, how he is in a wheelchair and how he tries to do his best. Steven shares that a failed suicide attempt got him into a wheelchair. Steven shares that the SALT meetings mean a lot to him. Steven expressed concerns about receiving the link to the SALT meetings and how the meetings are not run professionally.</p> <p>Heather Varden, Co-Chair reminded participants that consumer time is for public comments. There is allotted time for provider updates.</p>	Correction to the spelling of Wendy’s first name from Wendi to Wendy.	Community members	

Agency Updates and Community Announcements	<p>Dr. Lisa from Parents Anonymous stated that they have opened a new office in Antelope Valley (Palmdale) that will be serving parents, children, and youth. Asked to speak with Carlos or Kelly that attend the SALT meetings. Dr. Lisa also shared that Parents Anonymous are still operating the California parent youth helpline. Will have an opening for the new center and will send invite to after the school year starts.</p> <p>Sgt. Rene Gonzalez (LASD) & Jacqueline Diaz-Fontana (You Are Enough Foundation) presented a proposal to hold an event on September 25, 2025, at City of Hope, that highlights the online risks facing youth today. The objective of this event is to inform the community about threats to mental health, safety and wellbeing within the context of social media, gaming platforms, and digital technologies. This event will be led by Clayton Cranford, a nationally recognized expert in child online safety and behavioral threat. The event will provide evidence-based insights and tools/strategies to mitigate digital threats. The team is asking for SALT members to vote to approve this event. The request is \$1,499 for the speaker, \$400 for food & beverage, and \$600 for the venue which subtotals \$2,499.</p> <p>Jacqueline Diaz mentioned that You are Enough Foundation can take care of the food or whatever is left. If anyone wants to sponsor, we are open to that as well.</p> <p>James Coomes is supportive of the event and has no vote in it. Wants to lift up that the budget this year (FY25-26) is \$50,000 and not \$100,000. This is roughly 5% of the budget for SALT. There are still planning to do for other events therefore, expressed that we need to be mindful of how much money is allocated for future</p>			
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	<p>events. If You are Enough Foundation can support the cost of the food, that drops \$400.</p> <p>Hannah Frank stated that the budget for suicide prevention in the amount of \$2,500 was already approved. John Keith. stated that a young lady (Brews the Blues) came in speaking about doing something similar and suggested the possibility of leveraging the school districts as this can be an event we can collaborate on. Jodi Kyman suggested reaching out to both cities (Palmdale, Lancaster) so they can partner with us. Since the budget is already approved for \$2,500, we will have \$401 remaining because You Are Enough Foundation said they would cover the food. Rudy Perez mentioned that it was already discussed an idea of pulling money from other events later in the year.</p> <p>Heather Varden called for a motion to use <u>up to</u> \$2,499. A motion to approve by Jodi Klum and Wendy Cabil seconds this motion.</p> <p>The motion carried with unanimous approval:</p> <p>Voting Results:</p> <ul style="list-style-type: none">○ In-person votes in favor: 8○ Online votes in favor: 3○ Total votes in favor: 11○ Votes opposed: 0○ Abstentions: 0 <p>Outcome: The motion is approved unanimously with 11 votes in favor, none opposed, and no abstentions.</p> <p>James referenced that Item 4 – reporting on things previously approved and future events, new items are in item 8 of the agenda.</p> <p>Sarah Haven Regional Manager from Valley Oasis presented on a Domestic Violence Conference that will take place on October 22,</p>			
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	<p>2025, called Voices of Resilience and Hope Building Healthy Households. Save the dates will be going out to the community. This event will have two keynote speakers and a presentation from Children’s Center of the Antelope Valley (CCAV) and Parents Anonymous. Valley Oasis will share their trauma services and what they do to help families experience domestic violence. Valley Oasis is hoping SALT 1 can help sponsor this event.</p> <p>Heather Varden asked if Sarah has the breakdowns of the costs. Jodi Kyman wants to make a motion to provide <u>up to</u> \$2,500 and Wendy Cabil seconds the motion. Heather Varden only concern is not knowing who the speakers are and knowing the breakdown of the costs. Gabby Muniz invited Valley Oasis to join the SALT1 planning committee meetings as we now have an identified Domestic Violence partner.</p> <p>Sarah Haven – Location of event is at the Rancho Vista gold course gold course will also cater the event and are anticipating 150 guests and the keynote speakers will be Dr. Doug from CCAV and Jodi from Parents Anonymous. Wendy Cabil – we don’t have any specifics and do not know if all the money is going to go to this event. Maribel is not a voting member but wants to suggest if there is anyone else that has an event we can look at and see since this is our first representer for DV awareness month. Gabby Muniz reminded SALT that this is why we propose events for the year, and it is why we must be here and present to get these events moving forward and participate in the SALT planning meetings.</p> <p>Hannah Frank calls a preliminary vote to agree for the funds (up to \$2,500) go to this DV event that will be held in October with the stipulation that a budget will be provided by the next meeting to see where the SALT funds will go. Jodi Kyman seconds.</p>		Sarah Haven, Valley Oasis	8/21/25
		Provide budget breakdowns at the next SALT 1 meeting.		

	<p>The motion carried with unanimous approval:</p> <p>Voting Results:</p> <ul style="list-style-type: none">○ In-person votes in favor: 9○ Online votes in favor: 2○ Total votes in favor: 11○ Votes opposed: 0○ Abstentions: 1 <p>Outcome: The motion is approved unanimously with 11 votes in favor, none opposed, and no abstentions.</p> <p>Theresa Mendez asked if the voting was over for Valey Oasis. Theresa Mendez wants to oppose with no comments.</p> <p>John Keith from the Lancaster Police Department presented an overview on the Human Trafficking Summit that took place at the Lancaster MOAH on June 26, 2025. He also emphasized the importance of those doing the work being present at these meetings to give us the input on how to guide these meetings. Also raised the importance of SALTs mission which is an example of how coming together can help us accomplish more and bridge gaps.</p> <p>Monica Olson shared that applications are open for the board of directors with Live Oaks Mental Wellness Project. Please visit their website at www.liveoakmentalwellnessproject.com</p> <p>Jackie Diaz-Fontana is having an assembly for care packages at YMCA on July 26th from 9-1130am. These packages are for people that are in crisis at the BUC. The other packages are going to be for suicide survivors’ loss. Asked if anyone interested in volunteering or bringing items who have an Amazon wish list. To go to Youareenoughfoundation.org or follow-on social media.</p>			
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	<p>Jodi Kyman City of Palmdale reached out to Jodi to put something together at the senior center for bereavement. Will be partnering with Healing Solutions in Lancaster. Will do music and any fund things if anyone wants to be a part of it reach out to Jodi. A flyer is in process and will be distributed once ready.</p> <p>Rudy Perez- reminder to turn in membership applications and the stakeholder code of conduct. The CAF forms deadline for those who attended the July 15th CAF training are due by July 31st.</p>			
Closing	Adjourned meeting at 5:03pm. Service providers will stick around if attendees have questions.		Co-Chairs	

Respectfully Submitted by,
Yvette Perez, MHA
SALT1 Liaison
Los Angeles County Department of Mental Health
Service Area 1 Administration

Attendees: 72 attendees