



LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
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**African Communities
Public Health Coalition**

Black Immigrant and African Heritage

Prevention Work f 4 Communities (PW4C) Project

African Communities Public Health Coalition

Final Report

March 6, 2025

Prepared by African Communities Public Health Coalition

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Introductions

The African Communities Public Health Coalition (ACPHC) has been contracted by the Los Angeles County Department of Mental Health (LACDMH) to implement the *Prevention Works 4 Communities (PW-4-C)* initiative. This outreach and education project is designed to enhance awareness and advocacy for mental health services among Black immigrant and African American populations in Los Angeles County.

This report provides a comprehensive evaluation of the project's mental health awareness and advocacy training component and community presentation findings. The goal is to equip LACDMH with culturally responsive prevention strategies tailored to the Pan-African community, ensuring that future mental health programming effectively addresses the specific needs of these populations.

The PW-4-C project encompasses two key objectives:

1. **Community Needs Assessment** – Conducting a culturally sensitive survey to assess the mental health needs of diverse Pan-African communities, including Caribbean, Haitian, and other Black immigrant groups across Los Angeles County.
2. **Culturally Relevant Outreach & Education** – Promoting LACDMH's mental health services to Pan-African immigrants through tailored, culturally appropriate outreach strategies that foster trust and engagement.

By implementing these strategies, the project aims to build the capacity of mental health service providers to deliver culturally competent care, ensuring both short-term and long-term improvements in access to mental health resources for Pan-African community members. Ultimately, PW-4-C seeks to bridge the gap between underserved Black immigrant populations and essential mental health services, fostering improved emotional well-being and advocacy for mental health within these communities.

Utilizing Toolkits: Community Forums and Webinars for Effective Prevention Programs in Pan-African Communities

As part of our strategic initiative to develop culturally responsive mental health prevention programs for Pan-African communities, we leveraged toolkits, community forums, and webinars to gather critical insights. These platforms served as essential spaces for open dialogue, knowledge-sharing, and collective problem-solving, ensuring that community members had a voice in shaping prevention strategies that authentically reflect their needs, lived experiences, and cultural realities.

In addition to utilizing our survey tool, we encouraged participants to engage in open discussions about the prevalence of mental health stigma, barriers to accessing services, and the systemic challenges that often hinder individuals from seeking support. These conversations provided valuable perspectives that are instrumental in developing more inclusive, effective, and community-centered mental health solutions.

Our **Statement of Work (SOW)** was carefully structured to align with the full spectrum of services offered during the initiative. These included **direct mental health care referrals, outreach programs, and educational initiatives**, all designed to reduce stigma, increase awareness, and improve access to services. A key component of our work focused on addressing systemic barriers such as discrimination,

language isolation, stigma, and exclusion, which often prevent individuals in Pan-African communities from seeking mental health support.

Collaborative Efforts to Reduce Stigma and Improve Access to Mental Health Services

Through partnerships with key stakeholders, community leaders, and organizations, we worked to break down barriers to mental health care. A significant highlight of this project was our targeted outreach and advocacy to combat **Female Genital Mutilation (FGM)**, a practice that has long-term physical and psychological effects on young women.

1. FGM Awareness and Training

- o We collaborated with the **Department of Homeland Security (DHS)** to train officials on best practices for identifying and supporting suspected FGM survivors at U.S. ports of entry. This training was critical in ensuring that interviews and interactions with survivors were conducted in a trauma-informed manner, minimizing re-traumatization.
- o Additionally, we conducted a virtual training session **for the FGM task force National network** and the public to raise awareness and equip stakeholders with necessary knowledge and intervention strategies.

2. Faith-Based and Community-Centered Mental Health Initiatives

- o We worked with faith-based institutions such as **Masjid Salaam**, where our programs focused on integrating mental health awareness with family and faith-centered approaches.
- o Collaborations with **LA County Libraries and Youth Centers** allowed us to provide tailored workshops focused on youth mental health challenges, equipping young people with coping strategies and resources.

3. Educational and Outreach Initiatives

- o We conducted specialized workshops in **LAUSD Adult Schools and Migrant Education Programs**, addressing the unique mental health concerns of African immigrant and African American youth.

Key Achievements: Over 24 Mental Health Outreach and Education Initiatives

Throughout the project, we successfully organized and executed over **24 mental health initiatives** that reached over **1680 individuals** via community events, training sessions, and outreach activities. These efforts were designed to address the diverse mental health needs of the Pan-African community. The breakdown of these initiatives is as follows:

- **9 In-Person Community Mental Health Outreach Events and Activities**
- **7 In-Person Workshops/Trainings for Schools and Youth Centers**
- **4 In-Person Workshops for Faith-Based and Community Centers (Masjid Salaam, Libraries, and Community Centers)**
- **3 In-Person Workshops for LAUSD Adult Schools & Migrant Education Programs**
- **1 Virtual Training for the FGM Task Force and the Public**
- **1 In-Person Training for DHS Officials on FGM Awareness**

Impact and Future Implementation

The insights gathered from these toolkits, forums, and webinars will be instrumental in refining future mental health prevention strategies. The data will help tailor community education, stigma reduction efforts, early referral systems, and other culturally specific prevention services for the growing population of African American and African immigrant youth and young adults. Our continued efforts will ensure that mental health programming remains accessible, relevant, and impactful for the Pan-African community in Los Angeles County.

Summary of the Prevention Works 4 Community (PW4C) Survey Tool

The **Prevention Works 4 Community (PW4C) Survey Tool** was designed to assess the current understanding of **mental health issues** within Black immigrant and African American communities. The survey explored stigmatization, cultural competence, historical trauma, and other social and cultural challenges that affect mental health perceptions and accessibility.

Participant Recruitment and Demographics

Participants were recruited by the President of the African Public Health Communities Coalition and two youth leaders who played an active role in the PW4C project. The survey gathered responses from a diverse group of individuals, including members of African American, Latino, and Black immigrant communities from a wide range of ethnic and national backgrounds.

Participants represented various countries and regions, including:

- **African communities:** Ethiopian, Egyptian, Eritrean, Sierra Leonean, Liberian, Senegalese, Cameroonian, Nigerian, Sudanese, Chadian, Moroccan, South African, Zimbabwean, Mauritanian
- **Caribbean communities:** Jamaican, Belizean, Trinidadian, Barbadian, Dominican, Cuban, Haitian
- **Other immigrant and diaspora groups:** Afghan, Palestinian

Each participant provided insights into their perceptions of mental health, systemic barriers, and recommendations for improving mental health outreach and services in their communities.

Survey questions:

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment?

8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment?

9. How do socioeconomic factors impact access to mental health treatment in your community?

Cultural Adaptations and Strategies:

10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan- African communities?

11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services?

12. Are you aware of any mental health services currently available in your community?

[] Yes [] No

13.If yes, how satisfied are you with the existing mental health services?

(1 = Not Satisfied, 5 = Very Satisfied)

14.Have you or someone you know ever gets mental health treatment in your community?

[] Yes [] No

15.If yes, what was the experience like?

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community?

Key Findings and Themes

The responses from both adult and youth participants revealed several important themes, which are outlined below:

1. Lack of a Unified Definition of Mental Health

- Participants expressed that **mental health is not universally understood or defined** within Black immigrant and African American communities.
- Many respondents indicated that **mental well-being is often associated with extreme cases of mental illness rather than everyday emotional and psychological health.**

2. Limited Discussion of Mental Health Within Families and Communities

- The topic of **mental health remains largely unspoken** among both youth and adults, often due to **cultural taboos, religious beliefs, and stigma.**
- Many individuals felt that **seeking mental health support is perceived as a weakness** or something to be ashamed of.

3. The Role of Historical Trauma, Slavery, and Colonization

- Respondents emphasized that **mental health discussions must take into account the historical trauma of slavery, colonialism, and systemic oppression** that have impacted Black communities for generations.
- This historical context influences **mistrust in healthcare institutions and reluctance to seek professional mental health services.**

4. Insufficient Mental Health Services and Youth Programs

- Participants noted that there is a **general lack of accessible and culturally competent mental health services** for Black youth and adults.
- **Youth in particular lack recreational and supportive spaces** where they can engage in activities that promote mental well-being.

5. Need for Community-Based Social and Recreational Spaces

- Many respondents suggested that **mental health initiatives should be integrated into community spaces** where youth naturally gather.
- Suggested activities included **group yoga, dance, music, basketball, and other social programs** that could incorporate mental health discussions.
- Participants emphasized the need for a **safe, non-judgmental space where young people can freely express themselves** while also learning mental health coping strategies.

6. Early Mental Health Education and Intervention

- Respondents recognized that mental health awareness should begin **at an early age** to help break stigma and encourage open conversations.
- A key suggestion was to **host neighborhood-wide social events** where children and families could gather to discuss mental health in a relaxed setting.

7. Systemic Barriers to Mental Health Access

- Many participants acknowledged that **structural and institutional barriers prevent Black individuals from seeking mental health treatment**.
- These barriers include **high costs, lack of Black or culturally competent therapists, language barriers, and discrimination within the healthcare system**.

8. Importance of Culturally Relevant Mental Health Treatment

- Participants highlighted the **need for mental health providers who understand the cultural backgrounds, traditions, and lived experiences** of Black communities.
- Many respondents felt that **being treated by a therapist who shares or respects their cultural identity** would make seeking mental health care more comfortable.

9. Recommendations for Mental Health System Reform

- Participants suggested **incorporating mental health screenings into routine physical health check-ups** to normalize the discussion of mental well-being.
- The current healthcare system was described as **intimidating and unwelcoming**, with limited time allocated for mental health consultations.
- Respondents advocated for **more flexible and patient-centered mental health care models** that prioritize **trust-building and extended consultation times**.

Summary of the PW4C Project

The Prevention Works 4 Community (PW4C) Project, led by the African Coalition, represents a groundbreaking and culturally tailored mental health outreach and advocacy initiative. This program was designed to address the unique mental health needs of African immigrants and African American

communities, utilizing qualitative evaluations, community engagement, and targeted training modules to foster greater awareness and access to mental health resources.

Successful Community Engagement and Outreach

The African Coalition demonstrated exceptional success in recruiting both youth and adult participants for the program, ensuring that the outreach was inclusive and representative of diverse voices within the community. The initiative implemented multiple layers of training **and** advocacy activities, strengthening mental health awareness at both individual and collective levels.

Key elements of the program included:

- **Mental health training sessions** to educate community members on key mental health concepts, advocacy strategies, and the impact of cultural trauma.
- **Community-based presentations and forums**, which served as platforms for discussion and learning.
- **Outreach efforts** aimed at building knowledge around mental health services, support networks, and available resources.

Impact of Mental Health Training and Awareness Modules

The **initial training curriculum**, which included **mental health awareness modules**, was rigorously evaluated and found to have significant positive outcomes. Participants demonstrated increased knowledge and awareness of critical mental health topics, including:

- **Advocacy and self-empowerment** in mental health
- **Basic mental health concepts**, including recognizing symptoms and seeking support
- **Common Mental Health Disorders** and its impact on African immigrant and African American communities

These newly acquired skills and knowledge were then applied by trained African Coalition staff during various community events and forums, amplifying the reach of the initiative.

Key Findings from Community Presentations and Surveys

- **100% of participants** in community presentations reported enhanced knowledge on mental health and mental health services topics covered during discussions.
- Participants gained greater awareness of where to seek mental health services for themselves or for friends and family members.
- Community-based awareness-building activities proved to be highly effective in **educating African immigrants and African Americans about mental health resources, referral networks, and available health services.**

The survey evaluation results clearly indicate that this type of **culturally tailored advocacy and awareness campaign** is **highly beneficial** for communities in **Los Angeles County**. Expanding these efforts would likely lead to **increased mental health referrals, reduced stigma, and overall improved mental well-being** within these populations.

Challenges Faced During the PW4C Project

Despite its success, the project encountered several challenges:

1. **Scheduling Difficulties** – Coordinating training activities for mental health advocates and organizing community events posed logistical challenges, particularly in balancing availability across different community groups.
2. **Limitations in Data Collection** – Due to **event location constraints and timing issues**, not all community gatherings allowed for comprehensive survey collection, limiting some aspects of data evaluation.

Conclusion and Future Recommendations

The **PW4C Project** has demonstrated a **highly effective model for community-based mental health advocacy and education**. By leveraging **cultural relevance, grassroots outreach, and targeted training**, the initiative successfully increased awareness and improved access to **critical mental health resources**.

The **PW4C Survey Tool** provided valuable insights into the **perceptions, challenges, and needs** of Black immigrant and African American communities regarding mental health. The findings emphasize the need for:

- ♦ **More culturally competent mental health services** tailored to Black communities
- ♦ **Expanded youth-focused mental health programs** integrated into community activities
- ♦ **Early intervention and education initiatives** to foster open discussions about mental health
- ♦ **Policy advocacy to restructure mental health services** and eliminate systemic barriers

By **scaling up these initiatives**, the African Coalition can continue to **reduce stigma, empower communities, and promote lasting mental well-being** for African immigrants and African Americans across Los Angeles County.

Project's Supporting Documents - See Attached

Prevention Works for Community Events List

Date	Location	Event Name	No. of Attendees Interacted	Audience Demographics	Supporting Docs (Flyer, pics, sign-in sheets, surveys)	Topic	Program	Hours	2024 Report Period	Total
4/9/24	East Los Angeles	LAUSD Spring Parents Saturday School	34	Hispanic/Latino	Pics & Sign-up sheets	MH Youth Workshop / Community Outreach	PdW (Mh Community Outreach)	4	Quarter 2	
4/13/24	Headhome	MH Workshop & Celebration of Eid - Masjid Islamic	135	African	Flyer, Pics, & Sign-up sheets	MH Workshop & Community Event	PdW (Mh Community Outreach)	8	Quarter 2	
4/23/24	Gardena	MH Youth Workshop - Gardena B&G Club	13	Black/African American, Hispanic, White	in person (photos)	MH Youth Workshop	PdW (Mh Community Outreach)	1.5	Quarter 2	
5/4/24	Lancaster	DMH Event (Lancaster) Take Action on Mental Health	43	Black/African American, Hispanic, White	Pics & Sign-up sheets	MH Community Event	PdW (Mh Community Outreach)	4	Quarter 2	
5/7/24	Inglewood	MH Youth Workshop - Inglewood Library Teens	12	Black/African American, Hispanic, White	in person (photos)	MH Youth Workshop	PdW (Mh Community Outreach)	2	Quarter 2	
5/11/24	Compton	Community Mental Well-being Celebration	45	Black/African American, Hispanic, White	Flyer, Pics, & Sign-up sheets	MH Community Event	PdW (Mh Community Outreach)	4	Quarter 2	
5/14/24	Los Angeles	FGM Taskforce DHS training on FGM at LAC	-	-	Confidential - no supportive docs	MH Training	PdW (Mh Community Outreach)	2	Quarter 2	
5/14/24	Lancaster	MH Youth Workshops - AV High School	50	Black/African American, Hispanic, White	in person (photos)	MH Youth Workshop	PdW (Mh Community Outreach)	10	Quarter 2	
5/21/24	Inglewood	MH Youth Workshops - Grace Hopper STEAM Middle School	100	Black/African American, Hispanic, White	in person (photos)	MH Youth Workshop	PdW (Mh Community Outreach)	8	Quarter 2	
6/6/24	Los Angeles	Immigration Clinic LAUSD Events Adult School	350	Hispanic, Russian, African, Asian	in person (photos)	Immigration Clinic MH Community Outreach	PdW (Mh Community Outreach)	3	Quarter 2	
6/13/24	Inglewood	Youth Ambassadorship Orientation - Inglewood Community Center Curtis Tucker	6	African American	in person (photos)	MH Youth Training	PdW (Mh Community Outreach)	2	Quarter 2	
6/15/24	Santa Monica	Santa Monica Juneteenth Celebration	40	Hispanic, African/African American, Asian, White	Flyer, Pics, & Sign-up sheets	MH Community Outreach	PdW (Mh Community Outreach)	6	Quarter 2	
6/21/24	Canon	Juneteenth Celebration - Holly J. Mitchell	50	African American, White, Hispanic, Asian, Pacific Islanders, etc.	Flyer, Pics, & Sign-up sheets	MH Community Outreach	PdW (Mh Community Outreach)	6	Quarter 2	
6/25/24	Virtual - LA County & More	FGM Taskforce World Refugee Day	28	African Diaspora, White, Hispanic, African American	Virtual, zoom screenshots	MH Community Event	PdW (Mh Community Outreach)	1.5	Quarter 2	
6/27/24	Inglewood	Youth Ambassadorship Orientation - Grace Hopper	7	Black/African American	in person (photos)	MH Youth Training	PdW (Mh Community Outreach)	2	Quarter 2	
6/28/24	Inglewood	New Year Resource Fair	40	African American, White, Hispanic, Asian	Flyer, Pics, & Sign-up sheets	MH Community/Youth Recruiting & Partnership Building	PdW (Mh Community Outreach)	3	Quarter 2	
6/29/24	South LA	DMH Men's Mental Health & Juneteenth Celebration	75	African American, White, Hispanic, Asian	Flyer, Pics, & Sign-up sheets	MH Community Outreach	PdW (Mh Community Outreach)	6	Quarter 2	
7/1/24	Los Angeles	LAC District Attorney's Community Provider Forum "Cultural Stigma Hindering Our Health"	15	African American, White, Hispanic, Asian, Pacific Islanders, etc.	Virtual, zoom screenshots	MH Community Outreach	PdW (Mh Community Outreach)	1.5	Quarter 3	
7/20/24	Los Angeles	Afro-Latino Culture Festival	50	Black/African American, Hispanic, White	Flyer, pics, sign-up sheets	MH Community Outreach	PdW (Mh Community Outreach)	8	Quarter 3	
7/25/24	Los Angeles	Expose Summer Camp - Youth Workshop	40	African American/Hispanic, etc.	in person (photos) and sign in sheet	MH Youth Workshop	PdW (Mh Community Outreach)	2	Quarter 3	
7/27/24	Santa Monica	Heal the Field Wellness Event	55	White, Hispanic, African American	in person (photos)	MH Community Outreach	PdW (Mh Community Outreach)	2	Quarter 3	
8/7/24	Canon	Canon Sheriff's Night Out	62	African American, White, Hispanic, Asian, Pacific Islanders, etc.	in person (photos) and sign in sheet	MH Community Outreach	PdW (Mh Community Outreach)	6	Quarter 3	
8/25/24	South LA	Ethiopian Church Health Fair	89	African American/Ethiopian	in person (photos)	MH Community Outreach	PdW (Mh Community Outreach)	4	Quarter 3	
8/27/24	Virtual - LA County & More	FGM Taskforce Meeting - Cybersecurity, Gender based violence, & Trafficking	8	African, White, Hispanic, Black	Virtual, zoom screenshots	MH Community Outreach	PdW (Mh Community Outreach)	2	Quarter 3	
8/30/24	Canon/Gardena	Serra Leon Community Soccer Tournament & Community MH Event	100	African	in person (photos)	MH Community Outreach	PdW (Mh Community Outreach)	8	Quarter 3	
9/2/24	Canon/Gardena	Serra Leon Family Fun & Community MH Event	50	African	in person (photos)	MH Community Outreach	PdW (Mh Community Outreach)	6	Quarter 3	
9/2/24	Los Angeles	MH Youth Workshops - Virtual	6	Black/African American	Virtual, zoom screenshots	MH Youth Workshop	PdW (Mh Community Outreach)	2	Quarter 3	
9/24/24	Virtual - LA County & More	FGM Taskforce Meeting	4	African, White, Hispanic, Black	Virtual, zoom screenshots	MH Community Outreach	PdW (Mh Community Outreach)	1.5	Quarter 3	
9/24/24	Inglewood	MH Youth Workshops - Inglewood TAB youth	7	Black/African American	in person (photos)	MH Youth Workshop	PdW (Mh Community Outreach)	2	Quarter 3	

Date	Location	Event Name	No. of Attendees Interacted	Audience Demographics	Supporting Docs (Flyer, pics, sign-in sheets, surveys)	Topic	Program	Hours	2024 Report Period	Total
10/15/24	Inglewood	MH Youth Workshop on Bullying - Inglewood TAB youth	12	Black/African American	in person (photos)	MH Youth Workshop	PdW (Mh Community Outreach)	2	Quarter 4	
10/22/24	Virtual - LA County & More	FGM Taskforce DV Webinar	17	African American, White, Hispanic, Asian, etc.	Virtual, zoom screenshots	MH Community Outreach	PdW (Mh Community Outreach)	1.5	Quarter 4	
10/26/24	Inglewood & Virtual - LA County & More	Youth Ambassador Training Day 1 - Hybrid Event	26	Black/African American & Hispanic	in person (photos)	MH Youth Training	PdW (Mh Community Outreach)	3	Quarter 4	
11/2/24	Virtual - LA County & More	Virtual Youth Ambassador MH Training Day 2	5	Black/African American & Hispanic	in person (photos)	MH Youth Training	PdW (Mh Community Outreach)	3	Quarter 4	
11/9/24	Palmide	BAH Youth Ambassador Training Day 1	5	Black/African American & Hispanic	in person (photos)	Mental Health	PdW (Mh Community Outreach)	8	Quarter 4	
11/15/24	Lemoix	MH Youth Ambassador Training Day 3	15	African American, White, Hispanic, Asian, Pacific Islanders, etc.	in person (photos)	Mental Health	PdW (Mh Community Outreach)	3	Quarter 4	
11/23/24	Inglewood	MH Youth Ambassador Training Day 4	15	Black/African American & Hispanic	in person (photos)	Mental Health	PdW (Mh Community Outreach)	3	Quarter 4	
11/23/24	Palmide	BAH Youth Ambassador Training Day 2	2	Black/African American & Hispanic	in person (photos)	Mental Health	PdW (Mh Community Outreach)	3	Quarter 4	
12/4/24	Compton	DMH Community Event	50	African American, White, Hispanic, Asian, Pacific Islanders, etc.	in person (photos)	Mental Health / Immigration	PdW (Mh Community Outreach)	4	Quarter 4	
12/12/24	South LA	Community Art Build - Youth Campaign Launch	35	African American, White, Hispanic, Asian, Pacific Islanders, etc.	in person (photos)	Mental Health / Immigration	PdW (Mh Community Outreach)	6	Quarter 4	
12/11/24	San Fernando	MH & SU Presentation County Library	4	African American, White, Hispanic, Asian, Pacific Islanders, etc.	in person (photos)	Mental Health	PdW (Mh Community Outreach)	1	Quarter 4	
			Total Outreach =	1680						

April 6, 2024 MH Youth Workshop & Community Outreach - LAUSD Spring Parents Saturday School

MULTILINGUAL MULTICULTURAL EDUCATION DEPARTMENT
MIGRANT EDUCATION PROGRAM

**SPRING 2024
SATURDAY
SCHOOL**

ALL GRADES

PARENT WORKSHOPS **IN PERSON** DANCE CLASSES

English / Language Arts & Development Classes

FEBRUARY 24 - APRIL 27
8:30 AM - 1:30 PM
NINE SATURDAYS

REGISTRATION	IN PERSON OR ON THE FIRST DAY	ONLINE	CALL
	MALABAR STREET ELEMENTARY 3200 MALABAR STREET, ROOM 44 LOS ANGELES, CA 90063	bit.ly/MEPSaturday 	(213) 220-3150 We can mail you a form (one for each child)

Transportation, Child Care, Breakfast & Lunch Provided

 **Migrant Education Program**
(213) 241-0510
mep@lausd.net
bit.ly/MEPLAUSD

High school students have the option to bring homework/projects from their regular school

L.A. Unified | Multilingual Multicultural Education Department
Lucia Acosta Stephens, MMED Executive Director
http://mmmed.lausd.net

FEB 24

MAR 2

MAR 9

MAR 16

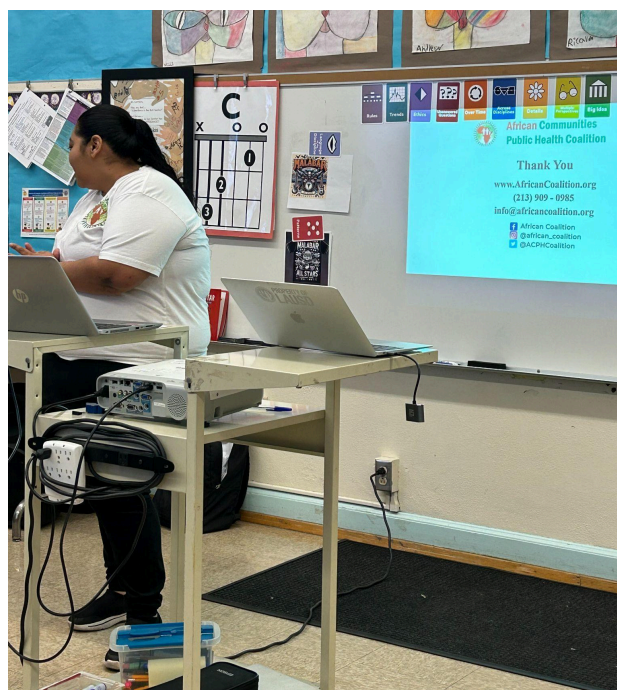
MAR 23

APR 6

APR 13

APR 20

APR 27



April 13, 2024 MH workshop & Celebration of Eid - Masjid Selaam

In the name of Allah, the most gracious and merciful
The African Coalition will be hosting the annual



Eid al Fitr Celebration (End of Ramadan)

April 13th, 2024

Time:

9:00AM - 6:00PM

Location:

**Alondra Community Regional Park
3850 Manhattan Beach Blvd
Lawndale, CA 90260**

The Black - African American communities will celebrate Eid-Al Fitr;
Ensuring an enjoyable learning experiences on mental health topics
for all. There will be plenty of food, drinks, and games for everyone

For more information contact:

Brother Alpha G. Timbo (323) 412-3319
Brother Towfic Said Tahir (323) 922 - 8820
Brother Abdul Rahman Diop (323) 316 - 4798
Brother Gibriel Sesay (562) 387 - 4718
Sister Martha Kamara (310) 613 - 1580

**Ramadan Mubarak!!
Ramadan Kareem!!**

Sponsored by African Communities Public Health Coalition



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May 11, 2024
Community Mental Well-being Celebration





***May 21, 2024
MH Youth Workshops - Grace Hopper STEM Middle School***





June 6, 2024

Immigration Clinic & MH Community Outreach: LAUSD Evans Adult School



**African Communities
Public Health Coalition**

IMMIGRATION CLINIC

Join us for an informational session on immigration topics such as Removal Proceedings, the Asylum Process, and mental health services. Ask staff attorney Edwin Aimufua questions about immigration processes.



THURSDAY

JUNE 6, 2023

10:00AM - 12:15 PM

Evans Community Adult School

717 N Figueroa St, Los Angeles, CA 90012

CONTACT US

(213) 909 - 0985

www.AfricanCoalition.org

5757 W Century Blvd Ste. 600
Los Angeles, CA 90045





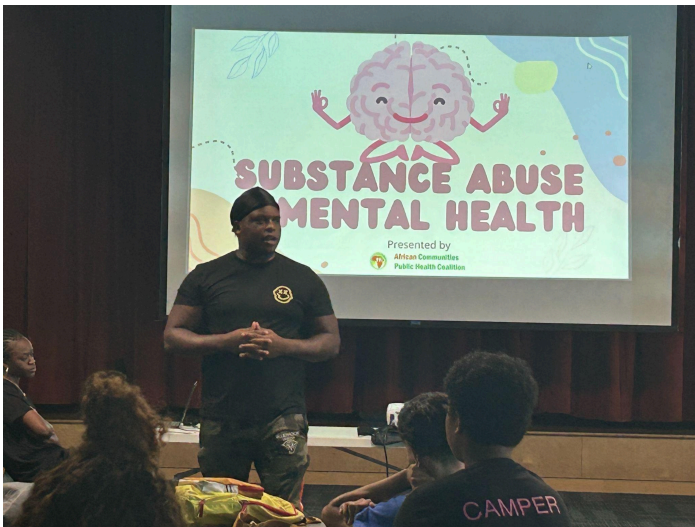
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hope. waiting.





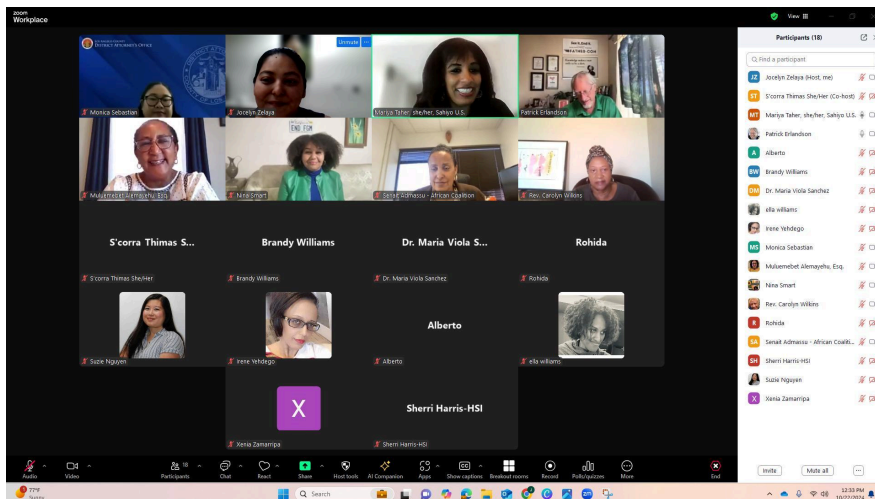
July 26, 2024
Expose Program - Youth Workshop



August 25, 2024
Ethiopian Church Health Fair - MH Community Outreach



October 22, 2024
FGM Taskforce: DV Webinar - MH Community Outreach





Domestic Violence Webinar

October 22, 2024
11:30 AM - 1:00 PM
Meeting ID: 886 3652 6040
Passcode: 082781

Moderator:
Mulu Alemayehu, Esq.
 Founder
 Law Offices of M. Alemayehu, PC Inc.

Dr. Nina Smart
 Co-Founder of
 FGM Taskforce of
 Greater Los Angeles

Mariya Taher
 Co-Founder &
 Executive Director
 Sahiyo US

Patrick Erlandson
 Founder & Executive Director
 Father-Con

Cecilia Zamora
 Victim Services Rep.
 LA County District Attorney Office

Zoom Link:
<https://us06web.zoom.us/j/88636526040>

P4W Surveys Completed

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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 24
 2. Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
 3. Ethnicity: Black
 4. Zip Code: 90405
 5. County of Origin: Los Angeles
 6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? Cultural preservation, religion

8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? We don't know English well, therefore the stigma is what in social settings we are

9. How do socioeconomic factors impact access to mental health treatment in your community? Parents have to work longer hours, therefore neglecting of our needs.

Cultural Adaptations and Strategies: children mental & emotional needs.

10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities? Music, parades, social media.

11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services?
Churches, Colleges involvement
Churches getting involved with mental health services encourage involvement in specific communities as religion centers around culture.

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?

☒ Yes ☐ No

13. If yes, how satisfied are you with the existing mental health services?

(1 = Not Satisfied) 5 (5 = Very Satisfied)

14. Have you or someone you know ever gets mental health treatment in your community?

☒ Yes ☐ No

15. If yes, what was the experience like?

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community?
N/A

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.





LOS ANGELES COUNTY
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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 31
2. Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Hispanic
4. Zip Code: 90640
5. County of Origin: USA - Los Angeles, CA
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? closed minded culture when it comes to mental health
 8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? Lack of access to sufficient services, for example, mental health services can have waitlists on service waiting.
 9. How do socioeconomic factors impact access to mental health treatment in your community? Poor neighborhood houses receive less financial support to provide adequate and sufficient services.
- Cultural Adaptations and Strategies:
10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities? non-traditional therapy options and increasing service capacity.
 11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services? Focus on building relationship with Pan-African communities first, before talking mental health. This way breaking stigma in the community will be easier.

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?
☐ Yes ☒ No
 13. If yes, how satisfied are you with the existing mental health services?
(1 = Not Satisfied, 5 = Very Satisfied)
 14. Have you or someone you know ever gets mental health treatment in your community?
☒ Yes ☐ No
 15. If yes, what was the experience like?
OP, was accessed through school referral.
- Additional Comments:
16. Is there anything else you would like to share about mental health services in your community?
More outreach work is needed to break stigma and fight misinformation.

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.



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Program Evaluation:

12. Are you aware of any mental health services currently available in your community?
☐ Yes ☐ No
13. If yes, how satisfied are you with the existing mental health services?
(1 = Not Satisfied, 5 = Very Satisfied)
14. Have you or someone you know ever gets mental health treatment in your community?
☐ Yes ☐ No
15. If yes, what was the experience like?

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community?

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.



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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 24
2. Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Black
4. Zip Code: 90013
5. County of Origin: US angles
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? Judgment
 8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? I would say unawareness of services
 9. How do socioeconomic factors impact access to mental health treatment in your community?
Depending on family background, it can impact how you could be perceived reaching out for help.
- Cultural Adaptations and Strategies:
10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities? not sure
 11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services?
Hanging more flyers around the community and more marketing through socials.



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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 17
2. Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Latino
4. Zip Code: 90061
5. County of Origin: LA
6. Preferred Language: Eng

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment?
Some barriers are money, stigma, racism, sexism, etc in certain cultures.
 8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment?
Lack of access & stigma are very big problems.
 9. How do socioeconomic factors impact access to mental health treatment in your community?
They prevent many from going & seeking help.
- Cultural Adaptations and Strategies:**
10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities?
Translation services, closer clinics.
 11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services?
- reaching out to communities personally.

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?

☒ Yes ☐ No

13. If yes, how satisfied are you with the existing mental health services?

(1 = Not Satisfied, 5 = Very Satisfied) 5

14. Have you or someone you know ever gets mental health treatment in your community?

☒ Yes ☐ No

15. If yes, what was the experience like?

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community?

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.



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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 14
2. Gender Identity: ☒ Male ☐ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Mexico
4. Zip Code: 90301
5. County of Origin: USA
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? *I don't see any in my community.*
 8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? *I see a bit of stigma in my co.*
 9. How do socioeconomic factors impact access to mental health treatment in your community?
My socioeconomic factors don't allow me to get therapy.
- Cultural Adaptations and Strategies:**
10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities?
We should let more people know about mental health.
 11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services?
I would say bring more awareness to mental health and put posters about it.

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?

☒ Yes ☐ No

13. If yes, how satisfied are you with the existing mental health services?

(1 = Not Satisfied, 5 = Very Satisfied) 4

14. Have you or someone you know ever gets mental health treatment in your community?

☐ Yes ☒ No

15. If yes, what was the experience like?

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community? *No, Nothing Important*

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.





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Prevention Works 4 Community Survey Tool

Participant Information

- Age: 31
- Gender Identity: ☒ Male ☐ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
- Ethnicity: Black
- Zip Code: 90008
- County of Origin: US
- Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

- What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? Mental Health has not been popular in a long time. Part of society by insurance, and that comes to be passed down in the community. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? Money to pay, it has not been covered by insurance. Also, systemic barriers. Some times it's services are not available. Instead of looking for help, they are not looking for help. Cultural Adaptations and Strategies: Systemic policies affect mental health. It's not about the person, it's about the system.
- How do socioeconomic factors impact access to mental health treatment in your community? Money to pay, it has not been covered by insurance. Also, systemic barriers. Some times it's services are not available. Instead of looking for help, they are not looking for help. Cultural Adaptations and Strategies: Systemic policies affect mental health. It's not about the person, it's about the system.
- In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities?
- Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services?

Include it inside of schools and have more money into doing mental health professionals. Also hire mental health response teams to respond to issues faster than police.

I think we need to be creative. Hire what that shows up to Big Community Events and having a mental health section.

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?

☒ Yes ☐ No

13. If yes, how satisfied are you with the existing mental health services?

(1 = Not Satisfied, 5 = Very Satisfied)

14. Have you or someone you know ever gets mental health treatment in your community?

☒ Yes ☐ No

15. If yes, what was the experience like? It's been online, but it's been pretty good. I can speak with a good professional. Other times they don't know about our community.

Additional Comments:

Thanks for all of your work.

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.



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Prevention Works 4 Community Survey Tool

Participant Information

- Age: 17
- Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
- Ethnicity: Two more races
- Zip Code: 90002
- County of Origin: LA
- Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

- What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? Money to build good quality buildings to meet in person. It's not easy.
- What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? People who are poor get dismissed but some can't.
- How do socioeconomic factors impact access to mental health treatment in your community? There isn't much education on mental health in school.
- In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities? My opinion is to connect with African's culture on mental health (experience the process).
- Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services? Bring gifts from Black/African owned businesses to make self-care for mental health participants connected to one another.

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?

☒ Yes ☐ No

13. If yes, how satisfied are you with the existing mental health services?

(1 = Not Satisfied, 5 = Very Satisfied) 4.5

14. Have you or someone you know ever gets mental health treatment in your community?

☒ Yes ☐ No

15. If yes, what was the experience like? They said it helped them be more open and emotional.

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community?

You should never feel uninvolved or indifferent. Your experience matters too!

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.



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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 23
2. Gender Identity: ☒ Male ☐ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: African American
4. Zip Code: 90504
5. County of Origin: China
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? The stigma behind being perceived as weak

8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? Stigma

9. How do socioeconomic factors impact access to mental health treatment in your community? If it's not covered by most health insurance plans.

Cultural Adaptations and Strategies:

10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities? Incorporating further education about mental health for school age children

11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services?

Intervention to mental health services at a young age can be extremely beneficial for the next generation of youth because they are much more receptive to cultural changes. Some youth may be influential enough to change their parents' minds as well.

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?

☒ Yes ☐ No

13. If yes, how satisfied are you with the existing mental health services?

2
(1 = Not Satisfied, 5 = Very Satisfied)

14. Have you or someone you know ever gets mental health treatment in your community?

☒ Yes ☐ No

15. If yes, what was the experience like?

The person that anticipated me but had to get shock treatment to reset her brain. Additional Comments: Chaos which worked temporarily

16. Is there anything else you would like to share about mental health services in your community?

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.



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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 36
2. Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Black
4. Zip Code: 90504
5. County of Origin: US
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? Learning on religion as the only remedy for mental challenges.

8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? Lack of access to receiving treatment, lack of education around mental health

9. How do socioeconomic factors impact access to mental health treatment in your community? Paying for treatment

Cultural Adaptations and Strategies:

10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities? Not Sure

11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services? Not Sure

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?

☒ Yes ☐ No

13. If yes, how satisfied are you with the existing mental health services?

(1 = Not Satisfied, 5 = Very Satisfied) N/A

14. Have you or someone you know ever gets mental health treatment in your community?

☒ Yes ☐ No

15. If yes, what was the experience like?

The experience was positive, but was too expensive to continue

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community?

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.





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Participant Information

1. Age: 13
2. Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Black
4. Zip Code: 90253
5. County of Origin: LA
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? I do not have any I can think of.
8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? For me it is the way they judge behavior.
9. How do socioeconomic factors impact access to mental health treatment in your community?

Cultural Adaptations and Strategies:

10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities? I personally do not know.
11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services? No not any from my personal experience.

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?
☒ Yes ☐ No
13. If yes, how satisfied are you with the existing mental health services?
(1 = Not Satisfied, 5 = Very Satisfied) 3
14. Have you or someone you know ever gets mental health treatment in your community?
☒ Yes ☐ No
15. If yes, what was the experience like?

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community?

It was very helpful
No nothing else from me

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.



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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 14
2. Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Hispanic
4. Zip Code: 90002
5. County of Origin: California
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment?
8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment?
9. How do socioeconomic factors impact access to mental health treatment in your community?

Cultural Adaptations and Strategies:

10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities?
11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services?

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?
☒ Yes ☐ No
13. If yes, how satisfied are you with the existing mental health services?
(1 = Not Satisfied, 5 = Very Satisfied) 3
14. Have you or someone you know ever gets mental health treatment in your community?
☐ Yes ☒ No
15. If yes, what was the experience like?

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community?

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.





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Prevention Works 4 Community Survey Tool

Participant Information

- Age: 43
- Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
- Ethnicity: Asian / Taiwanese
- Zip Code: 91002
- County of Origin: USA
- Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

- What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? Parents in denial, lack of good mentorship programs
- What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? Lack of education & shallow-level discussions
- How do socioeconomic factors impact access to mental health treatment in your community? Not everyone can afford mental health therapy sessions

Cultural Adaptations and Strategies:

- In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities? Holding open discussions re: MH in schools
- Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services? Encourage brave courageous conversations in spaces that encourage youth to open up people.

Program Evaluation:

- Are you aware of any mental health services currently available in your community?

☒ Yes ☐ No

- If yes, how satisfied are you with the existing mental health services?

(1 = Not Satisfied, 5 = Very Satisfied) 3

- Have you or someone you know ever gets mental health treatment in your community?

☒ Yes ☐ No

- If yes, what was the experience like?

Additional Comments:

- Is there anything else you would like to share about mental health services in your community?

the free ones can sometimes be hard to find.

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.



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Prevention Works 4 Community Survey Tool

Participant Information

- Age: 20
- Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
- Ethnicity: Black
- Zip Code: 90044
- County of Origin: Los Angeles
- Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

- What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? Been homeless.
- What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? It's too hard to have medical or any type of insurance.
- How do socioeconomic factors impact access to mental health treatment in your community? Income level, employment status.

Cultural Adaptations and Strategies:

- In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities? My opinion is that we need more relevant and engaging topics for Pan-African.
- Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services? No I can't identify any culturally specific strategies.

Program Evaluation:

- Are you aware of any mental health services currently available in your community?

☒ Yes ☐ No

- If yes, how satisfied are you with the existing mental health services?

(1 = Not Satisfied, 5 = Very Satisfied) 5

- Have you or someone you know ever gets mental health treatment in your community?

☒ Yes ☐ No

- If yes, what was the experience like?

The experience was pretty good, it really helped them.

Additional Comments:

- Is there anything else you would like to share about mental health services in your community? NA

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.





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Prevention Works 4 Community Survey Tool

Participant Information

- Age: 41
- Gender Identity: ☒ Male ☐ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
- Ethnicity: Black
- Zip Code: 90026
- County of Origin: AMERICA / ZIMBABWE
- Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

- What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? Stigma is the biggest cultural barrier. Family & friends should support those who need help.
- What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? Stigma is real but I think it's improving as more people talk about their mental health.
- How do socioeconomic factors impact access to mental health treatment in your community? It can still be expensive, so some people are left out.

Cultural Adaptations and Strategies:

- In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities? Not sure of the existing program, so I know more outreach.
- Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services? Make the discussion more relevant in music & movies. Run outreach on social media, YouTube, TikTok etc.

Program Evaluation:

- Are you aware of any mental health services currently available in your community?

☒ Yes ☐ No

- If yes, how satisfied are you with the existing mental health services?

(1 = Not Satisfied, 5 = Very Satisfied)

- Have you or someone you know ever gets mental health treatment in your community?

☒ Yes ☐ No

- If yes, what was the experience like?

Additional Comments:

- Is there anything else you would like to share about mental health services in your community? I like that the topic is being discussed more openly.

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.



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Prevention Works 4 Community Survey Tool

Participant Information

- Age: 23
- Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
- Ethnicity: MULTI RACIAL
- Zip Code: 90007
- County of Origin: US
- Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

- What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? Lack of access to resources
- What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? Especially in BIPOC communities
- How do socioeconomic factors impact access to mental health treatment in your community? Lower income = lack of access

Cultural Adaptations and Strategies:

- In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities? Cultural events such as holiday celebrations
- Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services? representation within programming

Program Evaluation:

- Are you aware of any mental health services currently available in your community?

☒ Yes ☐ No

- If yes, how satisfied are you with the existing mental health services?

(1 = Not Satisfied, 5 = Very Satisfied)

- Have you or someone you know ever gets mental health treatment in your community?

☒ Yes ☐ No

- If yes, what was the experience like?

Additional Comments:

- Is there anything else you would like to share about mental health services in your community?

N/A

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.





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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 14
2. Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Black
4. Zip Code: 90014
5. County of Origin: Los Angeles
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? I don't have any.
8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? Affordable mental health services is a the biggest.
9. How do socioeconomic factors impact access to mental health treatment in your community? Limiting accessibility of care due to how valuable.
10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities? recruiting diverse healthcare providers from African background
11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services? Increasing access to mental health services

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?

☒ Yes ☐ No

13. If yes, how satisfied are you with the existing mental health services?

(1 = Not Satisfied, 5 = Very Satisfied) 4

14. Have you or someone you know ever gets mental health treatment in your community?

☒ Yes ☐ No

15. If yes, what was the experience like?

They said it's really good and relaxing.

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community? It's not many, but they're creating more and they're very relaxing & comforting.

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.



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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 17
2. Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Hispanic/Latino
4. Zip Code: 90501
5. County of Origin: Los Angeles
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? Stigma, myths against lack of money
8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? lack of access, limited treatment
9. How do socioeconomic factors impact access to mental health treatment in your community?
10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities? closer, less expensive, & more languages
11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services? More languages, more strategies, treatments that help those communities.

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?

☒ Yes ☐ No

13. If yes, how satisfied are you with the existing mental health services?

(1 = Not Satisfied, 5 = Very Satisfied) 3

14. Have you or someone you know ever gets mental health treatment in your community?

☒ Yes ☐ No

15. If yes, what was the experience like?

It was accommodating and helpful.

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community?

No.

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.





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Participant Information

1. Age: 36
2. Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Hispanic
4. Zip Code: 90047
5. County of Origin: USA
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? I don't need help.
8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? Everything is okay. I'm OK
9. How do socioeconomic factors impact access to mental health treatment in your community? Need more awareness
Cultural Adaptations and Strategies:
10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities?
11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services?

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?
☒ Yes ☐ No
13. If yes, how satisfied are you with the existing mental health services?
(1 = Not Satisfied, 5 = Very Satisfied) 3
14. Have you or someone you know ever gets mental health treatment in your community?
☐ Yes ☒ No
15. If yes, what was the experience like?

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community?
More events in the community

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.



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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 17
2. Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Black/African American
4. Zip Code: 90001
5. County of Origin: LA, Nigeria
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment?
The cultural beliefs/traditions on mental health stop individuals from seeking treatment.
8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment?
There is a stigma on how individuals perceive mental health care/treatment is hard to find.
9. How do socioeconomic factors impact access to mental health treatment in your community?
Individuals who are poor do not have the resources to access mental health services.
Cultural Adaptations and Strategies: More awareness
10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities?
More awareness, Pan-African communities having the resources they need.
11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services?
Community events, incentives, mental events that are family friendly to reach everyone.

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?
☐ Yes ☒ No
13. If yes, how satisfied are you with the existing mental health services?
(1 = Not Satisfied, 5 = Very Satisfied) 2
14. Have you or someone you know ever gets mental health treatment in your community?
☐ Yes ☒ No
15. If yes, what was the experience like?

Additional Comments: They don't

16. Is there anything else you would like to share about mental health services in your community?
We need more.

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.





Prevention Works 4 Community Survey Tool

Participant Information

- Age: 15
- Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
- Ethnicity: Black / African American
- Zip Code: _____
- County of Origin: LA
- Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

- What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? None
- What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? None
- How do socioeconomic factors impact access to mental health treatment in your community? None

Cultural Adaptations and Strategies:

- In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan- African communities? None
- Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services? None

Program Evaluation:

- Are you aware of any mental health services currently available in your community?

- If yes, how satisfied are you with the existing mental health services?
(1 = Not Satisfied, 5 = Very Satisfied)

- Have you or someone you know ever gets mental health treatment in your community?

- If yes, what was the experience like?

Additional Comments:

- Is there anything else you would like to share about mental health services in your community?

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.



Prevention Works 4 Community Survey Tool

Participant Information

- Age: 16
- Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
- Ethnicity: Mexican
- Zip Code: 90604
- County of Origin: U.S.
- Preferred Language: English or Spanish, I know both!

Barriers to Seeking Mental Health Treatment: Open-ended response)

- What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment?
I feel that men in Mexican communities don't feel like a man if they speak of their feelings.
- What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment?
I think it's more of an economic issue.
- How do socioeconomic factors impact access to mental health treatment in your community?
It damages them mentally and psychically.

Cultural Adaptations and Strategies:

- In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan- African communities?
public activities probably!
- Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services?
To understand that people struggle and that they should be the people that comfort others, and people to look up to!

Program Evaluation:

- Are you aware of any mental health services currently available in your community?

- If yes, how satisfied are you with the existing mental health services?
(1 = Not Satisfied, 5 = Very Satisfied)

- Have you or someone you know ever gets mental health treatment in your community?

- If yes, what was the experience like?

Additional Comments:

- Is there anything else you would like to share about mental health services in your community?

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.





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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 16
2. Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Mexican
4. Zip Code: 90604
5. County of Origin: LA
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment?

8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? Lack of services available that they know of.

9. How do socioeconomic factors impact access to mental health treatment in your community? They help depending on your financial income.

Cultural Adaptations and Strategies:

10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities? Doing public activities at parks or open spaces.

11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services? Going out to their communities and doing projects for them.

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?
☒ Yes ☐ No
13. If yes, how satisfied are you with the existing mental health services?
(1 = Not Satisfied, 5 = Very Satisfied)
5
14. Have you or someone you know ever gets mental health treatment in your community?
☐ Yes ☒ No
15. If yes, what was the experience like?

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community?

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.



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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 14
2. Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: _____
4. Zip Code: 90605
5. County of Origin: _____
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? none

8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? none

9. How do socioeconomic factors impact access to mental health treatment in your community? none

Cultural Adaptations and Strategies:

10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities? none

11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services? none

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?
☒ Yes ☐ No
13. If yes, how satisfied are you with the existing mental health services?
(1 = Not Satisfied, 5 = Very Satisfied)
5
14. Have you or someone you know ever gets mental health treatment in your community?
☒ Yes ☐ No
15. If yes, what was the experience like?

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community?
none

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.





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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 16
2. Gender Identity: ☒ Male ☐ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Black
4. Zip Code: 93336
5. County of Origin: USA
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment?

8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment?

9. How do socioeconomic factors impact access to mental health treatment in your community?

Cultural Adaptations and Strategies:

10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan- African communities?

11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services?

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?

☒ Yes ☐ No

13. If yes, how satisfied are you with the existing mental health services?

(1 = Not Satisfied, 5 = Very Satisfied) 4

14. Have you or someone you know ever gets mental health treatment in your community?

☒ Yes ☐ No

15. If yes, what was the experience like?

Additional Comments: good experience now that we're not with the police anymore

16. Is there anything else you would like to share about mental health services in your community? NO

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.



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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 16
2. Gender Identity: ☐ Male ☐ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Black
4. Zip Code: 93336
5. County of Origin: LA
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? Access

8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? It's difficult to get

9. How do socioeconomic factors impact access to mental health treatment in your community? Immediate help

10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan- African communities? Cost insurance takes a while to kick in and private insurance is expensive

11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services? As open door policy which is inclusive to the community things

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?

☐ Yes ☐ No

13. If yes, how satisfied are you with the existing mental health services?

(1 = Not Satisfied, 5 = Very Satisfied)

14. Have you or someone you know ever gets mental health treatment in your community?

☐ Yes ☐ No

15. If yes, what was the experience like?

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community?

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.





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Participant Information

- Age: 21
- Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
- Ethnicity: Black
- Zip Code: 92556
- County of Origin: LA
- Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

- What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? Law enforcement, Race
- What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? The higher ups feel like the place and down community don't need resources
- How do socioeconomic factors impact access to mental health treatment in your community?

Cultural Adaptations and Strategies:

- In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan- African communities?
- Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services?

Program Evaluation:

- Are you aware of any mental health services currently available in your community?
☒ Yes ☐ No
- If yes, how satisfied are you with the existing mental health services?
(1 = Not Satisfied, 5 = Very Satisfied) 1
- Have you or someone you know ever gets mental health treatment in your community?
☒ Yes ☐ No

15. If yes, what was the experience like? - It was helpful in a way but it kinda made things worse, because you're talking to like your regular, but the medication and criticism from other people make you feel dumb.
Additional Comments: For instance I've tried going to therapy but I wasn't encouraged when I found out that I needed medical or money I stopped seeking health help.

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.



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Prevention Works 4 Community Survey Tool

Participant Information

- Age: 18
- Gender Identity: ☐ Male ☐ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
- Ethnicity: Other
- Zip Code: 92550
- County of Origin: LA
- Preferred Language: Eng

Barriers to Seeking Mental Health Treatment: Open-ended response)

- What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? Racism and Discrimination
- What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? Education system
- How do socioeconomic factors impact access to mental health treatment in your community? By affecting the thought process of our community

Cultural Adaptations and Strategies:

- In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan- African communities?
- Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services?

Program Evaluation:

- Are you aware of any mental health services currently available in your community?
☒ Yes ☐ No
- If yes, how satisfied are you with the existing mental health services?
(1 = Not Satisfied, 5 = Very Satisfied) 3
- Have you or someone you know ever gets mental health treatment in your community?
☒ Yes ☐ No
- If yes, what was the experience like?

Additional Comments:

- Is there anything else you would like to share about mental health services in your community?

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.





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Participant Information

1. Age: 24
2. Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Black
4. Zip Code: 90505
5. County of Origin: Los Angeles
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? lack of support and not being willing like opening up about these subjects.
8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? Blindness to the actual root causes of mental health issues.
9. How do socioeconomic factors impact access to mental health treatment in your community? limits are at capacity, only accepting returning customers, and/or can't afford insurance.

Cultural Adaptations and Strategies:

10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities? understanding of assertiveness, rather than misinterpretation for attitude or hostility.
11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services?

1. Meeting them where they are.
2. Asking questions that lead to mental health but isn't directly about it.
3. More celebrations in cultural dominant communities that may catch others attention.
4. Overall inclusion.

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?

☒ Yes ☐ No

13. If yes, how satisfied are you with the existing mental health services?

(1 = Not Satisfied, 5 = Very Satisfied) 3

14. Have you or someone you know ever gets mental health treatment in your community?

☒ Yes ☐ No

15. If yes, what was the experience like? The experience was short but useful for long term recovery, knowing what I could be missing a long distance to form recovery, knowing what I could be missing a long distance to form recovery, knowing what I could be missing a long distance to form recovery.

Additional Comments: Before my mental health is improving and encouraging.

16. Is there anything else you would like to share about mental health services in your community?

It would be nice to have check ups and information about mental health, there would be more changes.

Many services that are seen should utilize how to do it, making and flying with information about local resources.

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.



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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 14
2. Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Black/African American
4. Zip Code: 90044
5. County of Origin: LA
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? None that I know of.
8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment?
9. How do socioeconomic factors impact access to mental health treatment in your community?

Cultural Adaptations and Strategies:

10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities?
11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services?

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?

☒ Yes ☐ No

13. If yes, how satisfied are you with the existing mental health services?

(1 = Not Satisfied, 5 = Very Satisfied) 3, somewhat

14. Have you or someone you know ever gets mental health treatment in your community?

☐ Yes ☒ No

15. If yes, what was the experience like?

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community?

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.



Melany Diaz
11/10/24



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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 17
2. Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Hispanic/Latino
4. Zip Code: 90011
5. County of Origin: U.S.
6. Preferred Language: Eng

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment?
- stigma against men, being called weak, etc.
 8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment?
- many don't believe disorders exist, and help is not needed.
 9. How do socioeconomic factors impact access to mental health treatment in your community?
- income, lack of transportation, etc.
- Cultural Adaptations and Strategies:**
10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities?
- translators, comfortable places
 11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services?
- translators, cultural references and ties.

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?
☒ Yes ☐ No
 13. If yes, how satisfied are you with the existing mental health services?
(1 = Not Satisfied, 5 = Very Satisfied)
5
 14. Have you or someone you know ever gets mental health treatment in your community?
☐ Yes ☐ No
 15. If yes, what was the experience like?
N/A
- Additional Comments:** N/A
16. Is there anything else you would like to share about mental health services in your community?
N/A

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.



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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 24
2. Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Black
4. Zip Code: 90011
5. County of Origin: U.S.
6. Preferred Language: ENG

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment?
Needing more resources for the community.
 8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment?
We need more medical institutions.
 9. How do socioeconomic factors impact access to mental health treatment in your community?
Being poor, having no money to pay for services.
- Cultural Adaptations and Strategies:**
10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities?
N/A
 11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services?
N/A

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?
☒ Yes ☐ No
 13. If yes, how satisfied are you with the existing mental health services?
(1 = Not Satisfied, 5 = Very Satisfied)
5
 14. Have you or someone you know ever gets mental health treatment in your community?
☐ Yes ☐ No
 15. If yes, what was the experience like?
Interesting to see behind the scenes
- Additional Comments:** N/A
16. Is there anything else you would like to share about mental health services in your community?
N/A

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.





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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 17
2. Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Black/African
4. Zip Code: 90011
5. County of Origin: Minnesota
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? The stigma that Black/PoC people don't do therapy / don't believe in mental health.
8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? The stigma on mental health exists in my community because it leads to
9. How do socioeconomic factors impact access to mental health treatment in your community? Living in a poorer neighborhood & not having access to nice things.

Cultural Adaptations and Strategies:

10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan- African communities? Advocating to the community you want to reach.
11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services? Family friendly / open document archives / discussions open to the public.

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?
☐ Yes ☒ No
 13. If yes, how satisfied are you with the existing mental health services?
(1 = Not Satisfied, 5 = Very Satisfied)
 14. Have you or someone you know ever gets mental health treatment in your community?
☐ Yes ☒ No
 15. If yes, what was the experience like?
- Additional Comments:**
16. Is there anything else you would like to share about mental health services in your community? NO

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.



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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 14
2. Gender Identity: ☒ Male ☐ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Black
4. Zip Code: 90301
5. County of Origin: _____
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? Cultural barriers could involve stigma or mistrust of mental health services.
8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? Systemic barriers might refer to lack of resources, inadequate representation, or socioeconomic inequalities.
9. How do socioeconomic factors impact access to mental health treatment in your community? Provide psychoeducation tailored to the cultural beliefs around mental health and healing.

10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan- African communities?
11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services?

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?
☐ Yes ☐ No
 13. If yes, how satisfied are you with the existing mental health services?
(1 = Not Satisfied, 5 = Very Satisfied)
 14. Have you or someone you know ever gets mental health treatment in your community?
☐ Yes ☐ No
 15. If yes, what was the experience like?
- Additional Comments:**
16. Is there anything else you would like to share about mental health services in your community?

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.





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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 13
2. Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Black
4. Zip Code: 90050
5. County of Origin: LA
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? No
8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? No
9. How do socioeconomic factors impact access to mental health treatment in your community? No

Cultural Adaptations and Strategies:

10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan- African communities? No
11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services? No

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?
☒ Yes ☐ No
13. If yes, how satisfied are you with the existing mental health services?
(1 = Not Satisfied, 5 = Very Satisfied) 5
14. Have you or someone you know ever gets mental health treatment in your community?
☒ Yes ☐ No
15. If yes, what was the experience like?

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community? No

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.



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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 18
2. Gender Identity: ☒ Male ☐ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Black
4. Zip Code: 90030
5. County of Origin: USA
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? Stigmatism
8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? Yes
9. How do socioeconomic factors impact access to mental health treatment in your community? Open

Cultural Adaptations and Strategies:

10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan- African communities? I don't know
11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services? I can't

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?
☒ Yes ☐ No
13. If yes, how satisfied are you with the existing mental health services?
(1 = Not Satisfied, 5 = Very Satisfied) 5
14. Have you or someone you know ever gets mental health treatment in your community?
☒ Yes ☐ No
15. If yes, what was the experience like?

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community? No

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.





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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 14
2. Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Mixed
4. Zip Code: 90341
5. County of Origin: LA
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? NONE

8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? NONE

9. How do socioeconomic factors impact access to mental health treatment in your community? NONE

Cultural Adaptations and Strategies:

10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan- African communities? NONE

11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services? NONE

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?

☐ Yes ☐ No

13. If yes, how satisfied are you with the existing mental health services?

(1 = Not Satisfied, 5 = Very Satisfied)

14. Have you or someone you know ever gets mental health treatment in your community?

☐ Yes ☐ No

15. If yes, what was the experience like?

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community?

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.



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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 14
2. Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Black
4. Zip Code: 90341
5. County of Origin: California
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? I think major block & hispanics.

8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? Yes

9. How do socioeconomic factors impact access to mental health treatment in your community? Yes

Cultural Adaptations and Strategies:

10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan- African communities? Yes

11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services? No

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?

☐ Yes ☐ No

13. If yes, how satisfied are you with the existing mental health services?

(1 = Not Satisfied, 5 = Very Satisfied)

14. Have you or someone you know ever gets mental health treatment in your community?

☐ Yes ☐ No

15. If yes, what was the experience like?

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community?

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.





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Prevention Works 4 Community Survey Tool

Participant Information

- Age: 33
- Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
- Ethnicity: Black
- Zip Code: 90302
- County of Origin: Belize
- Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? Stigma and Discrimination among peers

8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? I believe the community stigmatize mental health treatment since its considered as a weakness

9. How do socioeconomic factors impact access to mental health treatment in your community? It is not easily accessible to people in diverse communities especially

Cultural Adaptations and Strategies:

10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities? Inclusion of Black communities that have stigma about mental health

11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services? Organizing more programs and activities that focus more on mental health awareness with different Pan African communities

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?

☐ Yes ☒ No

13. If yes, how satisfied are you with the existing mental health services?

(1 = Not Satisfied, 5 = Very Satisfied)

14. Have you or someone you know ever gets mental health treatment in your community?

☐ Yes ☒ No

15. If yes, what was the experience like?

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community?

In my opinion there are not enough mental health awareness and services available in my community so as to decrease the stigma associated with receiving the necessary mental health services needed for our daily lives.

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.



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Prevention Works 4 Community Survey Tool

Participant Information

- Age: 13
- Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
- Ethnicity: Black
- Zip Code: 90301
- County of Origin: California
- Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? Black and Hispanics

8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? Homeless people

9. How do socioeconomic factors impact access to mental health treatment in your community? They do struggle to see which ones they need

Cultural Adaptations and Strategies:

10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities? They can seek help from family

11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services?

- seek help

- Try to get better

- Learn how to get better

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?

☒ Yes ☐ No

13. If yes, how satisfied are you with the existing mental health services?

(1 = Not Satisfied, 5 = Very Satisfied) 3

14. Have you or someone you know ever gets mental health treatment in your community?

☒ Yes ☐ No

15. If yes, what was the experience like?

They seek resources or contact someone

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community? No.

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Participant Information

1. Age: 16
2. Gender Identity: ☒ Male ☐ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: African American
4. Zip Code: 90240
5. County of Origin: California
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? When Americans may be afraid to go to the doctor about their feelings of mental distress

8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? I'm not sure

9. How do socioeconomic factors impact access to mental health treatment in your community? It may be harder to access some treatment because of the high cost

Cultural Adaptations and Strategies:

10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities? I'm not sure

11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services? I'm not sure

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?

☐ Yes ☒ No

13. If yes, how satisfied are you with the existing mental health services?

(1 = Not Satisfied, 5 = Very Satisfied)

14. Have you or someone you know ever gets mental health treatment in your community?

☐ Yes ☒ No

15. If yes, what was the experience like? It was good for them.

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community?

N/A

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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 16
2. Gender Identity: ☐ Male ☐ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Mexican-American
4. Zip Code: 90231
5. County of Origin: U.S.A.
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? Maybe.

8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? I don't know.

9. How do socioeconomic factors impact access to mental health treatment in your community? I don't know

Cultural Adaptations and Strategies:

10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities?

11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services?

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?

☒ Yes ☐ No

13. If yes, how satisfied are you with the existing mental health services?

(1 = Not Satisfied, 5 = Very Satisfied) 4

14. Have you or someone you know ever gets mental health treatment in your community?

☐ Yes ☒ No

15. If yes, what was the experience like?

Additional Comments: None.

16. Is there anything else you would like to share about mental health services in your community? No, I think it's pretty fine.

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.





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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 15
2. Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: African American
4. Zip Code: 90270
5. County of Origin: America
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? The internet?
8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? N/A
9. How do socioeconomic factors impact access to mental health treatment in your community? N/A

Cultural Adaptations and Strategies:

10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities? N/A
11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services? N/A

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?
☒ Yes ☐ No
 13. If yes, how satisfied are you with the existing mental health services?
(1 = Not Satisfied, 5 = Very Satisfied) 2
 14. Have you or someone you know ever gets mental health treatment in your community?
☐ Yes ☐ No
 15. If yes, what was the experience like? N/A
- Additional Comments:
16. Is there anything else you would like to share about mental health services in your community? N/A

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.



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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 17
2. Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Latino
4. Zip Code: 90202
5. County of Origin: USA
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment?
language barriers, and some cultures also don't believe in treatment.
8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment?
lack of access, and also lack of easy access.
9. How do socioeconomic factors impact access to mental health treatment in your community?

Cultural Adaptations and Strategies:

10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities?
more programs that are culturally welcoming.
11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services?
being more opening and similar to the culture.

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?
☐ Yes ☐ No
 13. If yes, how satisfied are you with the existing mental health services?
(1 = Not Satisfied, 5 = Very Satisfied)
 14. Have you or someone you know ever gets mental health treatment in your community?
☐ Yes ☐ No
 15. If yes, what was the experience like?
even though they don't talk about it.
- Additional Comments:
16. Is there anything else you would like to share about mental health services in your community?

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.





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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 17
2. Gender Identity: ☐ Male ☐ Female ☒ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: African American
4. Zip Code: 90001
5. County of Origin: America
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? Some people not speak the same language.
8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? Not everyone is given the same opportunities.
9. How do socioeconomic factors impact access to mental health treatment in your community? I don't know

Cultural Adaptations and Strategies:

10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities?
11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services?

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?
☐ Yes ☒ No
13. If yes, how satisfied are you with the existing mental health services?
(1 = Not Satisfied, 5 = Very Satisfied)
14. Have you or someone you know ever gets mental health treatment in your community?
☒ Yes ☐ No
15. If yes, what was the experience like? They go to therapy

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community? No

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.



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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 17
2. Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Latino
4. Zip Code: 90302
5. County of Origin: U.S.A.
6. Preferred Language: Eng.

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? The stigma of mental illness and therapy prevalent in Hispanic and Latino community.
8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? Lack of money and negative view of mental health help.
9. How do socioeconomic factors impact access to mental health treatment in your community? Lack of money to pay for treatments.

Cultural Adaptations and Strategies:

10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities? Classes teaching mental health cover social importance.
11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services? No.

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?
☒ Yes ☐ No
13. If yes, how satisfied are you with the existing mental health services?
(1 = Not Satisfied, 5 = Very Satisfied) 3
14. Have you or someone you know ever gets mental health treatment in your community?
☒ Yes ☐ No
15. If yes, what was the experience like? I felt seen and understood majority of the time.

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community? No.

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.





Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 17
2. Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Lat
4. Zip Code: 90202
5. County of Origin: US
6. Preferred Language: Eng

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? Certain ethnic groups only confide in traditional ways of thinking
8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? Dismissive if your issue isn't noticed from the start
9. How do socioeconomic factors impact access to mental health treatment in your community?

Cultural Adaptations and Strategies:

10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities?
11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services?

Represent their culture but also point out how some old ways of dealing with issues can hurt the youth instead

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?
☒ Yes ☐ No
13. If yes, how satisfied are you with the existing mental health services?
(1 = Not Satisfied, 5 = Very Satisfied) 4.5
14. Have you or someone you know ever gets mental health treatment in your community?
☐ Yes ☒ No
15. If yes, what was the experience like? Very helpful but also stressful at times.

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community?

They can be so discreet if you don't get suggested by word of mouth.

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.



Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 13
2. Gender Identity: ☒ Male ☐ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Black
4. Zip Code: 90301
5. County of Origin: CA
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? Black and Hispanics
8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? Homeless people
9. How do socioeconomic factors impact access to mental health treatment in your community? Getting more at risk stronger and making bonds.

10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities?
11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services?

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?
☒ Yes ☐ No
13. If yes, how satisfied are you with the existing mental health services?
(1 = Not Satisfied, 5 = Very Satisfied) 5
14. Have you or someone you know ever gets mental health treatment in your community?
☒ Yes ☐ No
15. If yes, what was the experience like?
It was a cool process.

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community?

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.





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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 57
2. Gender Identity: ☐ Male ☒ Female ☐ Non-Binary ☐ Other ☐ Prefer not to say
3. Ethnicity: Hispanic
4. Zip Code: 90005
5. County of Origin: San Diego
6. Preferred Language: English

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? Stigma, embarrassment, gender bias
 8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? Lack of resources
 9. How do socioeconomic factors impact access to mental health treatment in your community? Unknown barriers
- Cultural Adaptations and Strategies:
10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities? Accessibility / Open Availability
 11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services? Community Outreach

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?
☒ Yes ☐ No (Not in my area)
13. If yes, how satisfied are you with the existing mental health services?
(1 = Not Satisfied, 5 = Very Satisfied) 5
14. Have you or someone you know ever gets mental health treatment in your community?
☒ Yes ☐ No
15. If yes, what was the experience like?
Not to find providers

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community? There is a need for more

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.



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Prevention Works 4 Community Survey Tool

Participant Information

1. Age: 17
2. Gender Identity: ☐ Male ☐ Female ☐ Non-Binary ☒ Other ☐ Prefer not to say
3. Ethnicity: Too or More Races
4. Zip Code: 90002
5. County of Origin: LA
6. Preferred Language: Eng

Barriers to Seeking Mental Health Treatment: Open-ended response)

7. What cultural barriers, if any, do you perceive in your community that hinder individuals from seeking mental health treatment? People seem to help European culture people than people of color, they see them as too complex or actually have racism issues that affect
 8. What systemic barriers, such as lack of access or stigma, do you believe exist in your community regarding mental health treatment? Lack of stigma as core to be apart of the community
 9. How do socioeconomic factors impact access to mental health treatment in your community? Young more access to and high quality physician / therapist
- Cultural Adaptations and Strategies:
10. In your opinion, what cultural adaptations could be incorporated into existing LA-DMH programming to facilitate easier access to mental health treatment for Pan-African communities? Teach history and philosophy of racism or exclusion and how that led to it
 11. Can you identify any culturally specific strategies that could be implemented to better engage Pan-African communities in mental health services? Festivals to help find one's culture

Program Evaluation:

12. Are you aware of any mental health services currently available in your community?
☒ Yes ☐ No
13. If yes, how satisfied are you with the existing mental health services?
(1 = Not Satisfied, 5 = Very Satisfied) 4.5
14. Have you or someone you know ever gets mental health treatment in your community?
☐ Yes ☒ No
15. If yes, what was the experience like?

Additional Comments:

16. Is there anything else you would like to share about mental health services in your community? They are limited but helpful when someone gives info about it

Thank you for participating in this survey! Your feedback will help inform efforts to improve mental health services for Pan-African community.

