

**COUNTY OF LOS ANGELES-DEPARTMENT OF MENTAL HEALTH  
SERVICE AREA ADMINISTRATION**

**Service Area 7**

**SALT 7 Minutes**

**5/09/25**

**10am-12pm**

[Join Microsoft Teams Meeting](#)

+1 323-776-6996 Conference ID: 350 434 600#

<b>Agenda Items</b>	<b>Discussion</b>	<b>Action Item</b>	<b>Person Responsible</b>	<b>Due Date</b>
Welcome/Land Acknowledgement	Jaime Gomez welcomed participants and reminded participants that transcripts and minutes of the meeting can be viewed on the SA7 microsite. The SALT 7 meeting was held in hybrid mode held in person at Helpline Youth Counseling Center in the City of Whittier. Jaime Gomez informed participants that minutes to the previous meeting can be found in the Service Area 7 website as well as community events. Live stream on Instagram. Participants were reminded that the May is Mental Health Awareness for SA7 is taking place on May 13, 2025, at Rio Hondo College. There will be an array of activities and services from free haircuts to free facials. Reminded participants on SALT 7 Instagram and Facebook and the Pod Cast, "Coffee with a Side of Healing."	On-going	Jaime Gomez/Co chairs	6/13/25
Co-Chair Update Yvonne Sandoval	Ms. Yvonne reported on the following events greeted new participants. Encouraged everyone to attend the June 7 event in the City of South Gate. Ms. Sandoval has secured a senior "field trip" and thus far 40 or so seniors from the City of Commerce has reserved their seat in the shuttle bus. Acknowledged Mother's Day and well wishes were sent to all participants. Commissioner Manalo participated in the Clergy Breakfast at the Artesia Library spoke on the importance of mental health. The Commissioner's Board is requesting co-chairs to attend the meetings in person and be able to report on Service Area events and spending.	On-going	Yvonne Sandoval Sydney Tabizon	6/13/25

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DMH Updates Manuel Rosas. Service Area 7, Chief	<p>Acknowledged May is Mental Health Awareness month. The May 13 event will be happening at Rio Hondo College from 11am-3pm. A variety of local agencies will be present as well as motivational speakers, free activities, free haircuts, hygiene kits etc. Over 70 community agencies will be hosting resource tables. In the process of finalizing the June 7th Men’s Health Event, an event focused on bringing awareness to men’s health and mental health issues. More updates will be coming regarding the transition from MHSA to BHSA. The Peer resource Center will be hosting a senior appreciation event today at 1pm at the PRC in the City of Huntington Park.</p>	On-going		
Provider/Public Announcements	<p>Jaime Gomez announced that the SALT 7 is proposing moving to: Department of Public Health in the City of Whittier, Spiritt Family Services or Telecare in Santa Fe Springs. A vote was taken and participants agreed to move the meeting Department of Public Health. Proposed also holding the SALT 7 meetings during the evening hours, thus accommodating people who are unable to participate during the morning hours due to work. Cal Poly High School students talked about high schools not having gym facilities and would like to have schools’ partner with local gyms to offer vouchers for students who cannot afford gym fees, exercise helps students in relieving anxiety and depression with teens, they are asking for the Department of Mental Health to support and advocate for the need.</p>	On-going	Providers and community members	6/13/25

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	<p>NAMI Walks is scheduled on May 13, 2025, and other valuable information can be accessed on the NAMI website Housing Rights Center is hosting a Housing Rights Workshop on May 13, 2025, at 5pm at the Montebello Senior Center Erika Corral, due to the May is Mental Health event, the Health Neighborhood was re-scheduled for May 20 at Spiritt Family The Clergy Breakfast will take place on June 26 at St. Helens Church.</p>			
<p>Care Court Presentation, Esther Lee, Program Manager for SA7 and 8.</p>	<p>The CARE (Community Assistance Recovery and Empowerment Act). Care Court started on December 1, 2023, is unique to California only and now in all Counties within California. CARE Court only applies to those people on the schizophrenia spectrum and other psychotic disorders who may also have substance use issues and who lack medical decision-making capacity. Family, Community and other County offices can petition for Care Court. A detailed explanation of the process was explained and how to file a petition and where to file, including sample forms and other important documentation. Ms. Lee was able to answer a variety of questions from attendees. The Care Court Website was shared on the Chat Box.</p>	<p>On-going</p>		<p>6/13/25</p>

**Attendees: 47**