



## Resources in L.A. County and the United States

National Suicide Prevention Lifeline  
Call/text/chat 988  
[suicidepreventionlifeline.org](https://suicidepreventionlifeline.org)

Crisis Text Line  
Text "LA" to 741741 [crisistextline.org](https://crisistextline.org)

Los Angeles County Information Line  
"211" [211la.org](https://211la.org)

Los Angeles County  
Department of Public Health  
[lapublichealth.org](https://lapublichealth.org)

Substance Abuse and Mental Health  
Services Administration [samhsa.gov](https://samhsa.gov)

Centers for Disease Control and  
Prevention [cdc.gov](https://cdc.gov)

American Red Cross [redcross.org](https://redcross.org)

## LACDMH Values

**Integrity.** We conduct ourselves professionally according to the highest ethical standards.

**Respect.** We recognize the uniqueness of every individual and treat all people in a way that affirms their personal worth and dignity.

**Accountability.** We take responsibility for our choices and their outcomes.

**Collaboration.** We work together toward common goals by partnering with the whole community, sharing knowledge, building strong consensus, and sharing decision-making.

**Dedication.** We will do whatever it takes to improve the lives of our clients and communities.

**Transparency.** We openly convey our ideas, decisions and outcomes to ensure trust in our organization.

**Quality and Excellence.** We identify the highest personal, organizational, professional and clinical standards and commit ourselves to achieving those standards by continually improving every aspect of our performance.

**If you are in crisis and need help right away, call our 24/7 toll-free Help Line: 800.854.7771**

*Those with hearing or speech disabilities may [call 711](https://call711) and ask the operator – who will serve as the interpreter between the caller and our staff – to call our Help Line.*

[dmh.lacounty.gov](https://dmh.lacounty.gov)



► **Family First  
Prevention  
Services Act  
(FFPSA)**



LOS ANGELES COUNTY  
**DEPARTMENT OF  
MENTAL HEALTH**  
*hope. recovery. wellbeing.*



## About

The Family First Prevention Services Act (FFPSA) is a pilot program launching in service areas 2 and 6 in partnership with the Los Angeles County Department of Children and Family Services (DCFS), Department of Public Health (DPH), Probation Department, and Office of Child Protection (OCP). Through this program, agencies will provide early intervention mental health services using evidence-based practices (EBPs) delivered by clinical staff as part of multi-disciplinary teams for children ages 2 to 18.

The early intervention model aims to:

1. reduce trauma-related symptoms and substance use, enhance resilience, and bolster peer and parental support for children.
2. improve access to mental health services for underserved populations who may be unaware of available services or hesitant to seek help due to stigma or discrimination.

## Mission

The goal is to deliver EBPs to children and youth, as described in the Los Angeles County's Comprehensive Prevention Plan (CPP) for FFPSA programs. This unique pilot program will be working with the specific EBPs:

1. Family Functional Therapy (FFT)
2. Multi-Systemic Therapy (MST)
3. Parent-Child Interactive Therapy (PCIT)



## Target Population

- Children and families prior to open DCFS cases
- Children ages: 2-18 and their families
- **FFT** youth ages 11-18 with moderate to severe behavioral and emotional needs, substance abuse issues, and/or juvenile justice involvement and their families.
- **MST** youth ages 12-17 with serious emotional or behavior needs, possible substance abuse issues and/or juvenile justice involvement, and their families
- **PCIT** children ages 2-7 with intense emotional and/or behavior needs and their parents/caregivers.

For any additional information, please contact us at:

[DMHFFPSA@dmh.lacounty.gov](mailto:DMHFFPSA@dmh.lacounty.gov)