

# County of Los Angeles Department of Mental Health

## Student Professional Development Program

### Long Beach API Family Mental Health Center

*What discipline? (Social Work)*

☒ Internship/☐ Practicum

Specialization: (Mental health)

<b>DMH Agency:</b>	Long Beach API Family Mental Health Center	
<b>DMH Agency Address:</b>	4510 E. Pacific Coast Hwy., Suite 600. Long Beach, CA 90804	Service Area <b>8</b>
<b>DMH Agency Liaison:</b>	Angela Lu and Derek Hsieh	
<b>New or Returning:</b>	<input type="checkbox"/> New <input checked="" type="checkbox"/> Returning	
<b>Liaison Email Address:</b>	<a href="mailto:alu@dmh.lacounty.gov">alu@dmh.lacounty.gov</a> ; <a href="mailto:dhsieh@dmh.lacounty.gov">dhsieh@dmh.lacounty.gov</a>	
<b>Liaison Phone Number:</b>	562 346-1125; 562-346-1128	
<b>Liaison Fax Number:</b>	562-685-0867	
<b>Agency ADA accessible</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No If "No" identify:	

#### Student Requirements:

<b>How many positions will you have?</b>	1
<b>Beginning and ending dates:</b>	Academic School Year

#### Student Schedule: Tuesday through Friday

<i>Please indicate days and times students should be available to provide services, including mandatory staff meetings (SM), training seminars (TR), supervision (SUP), etc.</i>	
<b>Monday</b>	
<b>Tuesday</b>	
<b>Wednesday</b>	SM, TR
<b>Thursday</b>	
<b>Friday</b>	

<b>Total hours expected to be worked per week:</b>	16-20
<b>Number of direct client hours per week anticipated:</b>	8-10
<b>Expected average consumer caseload:</b>	8-12
<b>What cultural groups typically received services at your site?</b>	Cambodian, Vietnamese, Chinese, Filipino,

Caucasian, Hispanic, Black, others

## Student Professional Development Program

### Description of Site: *(Please describe the type of Agency setting and services offered)*

We are a LACDMH directly operated outpatient mental health clinic that specializes in serving the AAPI population, but we welcome clients from all backgrounds. We provide a full range of outpatient mental health services to adults, older adults, and youth age 8 and older, including psychotherapy (utilizing both supportive and evidence-based practices such as CBT, IPT, TF-CBT, DBT, MAP, MPAP, mindfulness-based approaches, etc.), medication support services, including MAT, targeted case management, employment support services, housing referrals, and groups/events that foster social connection. Services are currently available in English, Khmer, Vietnamese, Korean, Laotian, Chinese (Mandarin, Cantonese), Japanese, Tagalog, Burmese and Samoan

### Target population and types of services provided: *(please check all that apply)*

<input checked="" type="checkbox"/> Individuals	<input checked="" type="checkbox"/> Psychoeducational groups (e.g. Parenting)
<input checked="" type="checkbox"/> Groups	<input checked="" type="checkbox"/> Community Outreach
<input checked="" type="checkbox"/> Families	<input checked="" type="checkbox"/> Brief treatment to mid-term treatment
<input checked="" type="checkbox"/> Children & Adolescents	<input checked="" type="checkbox"/> Long term treatment
<input checked="" type="checkbox"/> Adults	<input checked="" type="checkbox"/> Crisis Intervention
<input checked="" type="checkbox"/> Older Adults	<input checked="" type="checkbox"/> Screening and Assessment
<input checked="" type="checkbox"/> Court/Probation referred	<input type="checkbox"/> Psych Testing (For psychology students only)
<input checked="" type="checkbox"/> Consultation/Liaison	<input type="checkbox"/> Other (specify):

### What are the most frequent diagnostic categories of your client population?

Depressive and Anxiety Disorders including PTSD (70-80%) , Schizoaffective, Bipolar, Others

### What specific (perhaps unique) training opportunities do students have at your agency?

culturally sensitive services, individual psychotherapy, EBP, children and adults, full range of diagnoses, groups

### What evidence based practices or theoretical orientations will students be exposed to at this site?

CBT, IPT, SS, CORS, TF-CBT, MAP, MPAP, DBT

### Do students have the opportunity to work in a multidisciplinary team environment that includes those with lived experience?

yes

### List locations where students will be providing services **other than agency**?

Mainly at agency

Does your agency allow students to videotape and/or audiotape clients for the purpose of presenting cases in their academic classes? Yes ☒ No ☐

## Student Professional Development Program

### Supervision:

*What types of supervision will be provided for the students and what is the licensure/discipline of the supervisor? Please specify below.*

Type	Hours Per Week	On Site Supervisor Degree/Discipline
Individual:	1	LCSW
Group:		

What is the minimum ratio of supervision to client contact hours?

1:10

Does your agency require a particular range of previous experience or specific prerequisite coursework? *If so, please explain.*

At least one years of prior clinical experience working with diverse populations, prior assessment experience, familiarity with theoretical models or practice of specific treatment modalities

### Agency Application Process

**Mandatory requirements:** *Only students from academic institutions who have a current affiliation agreement with the Los Angeles County Department of Mental Health may be extended a placement opportunity. All students are processed through Human Resources Bureau. All prospective interns must obtain live scan clearance. All interns are required to complete a mandatory HIPAA Compliance and Sexual Harassment Prevention Training (for line staff) as part as the terms of their internship.*

**DMH Staff/Field Instructor completing this form:**

Derek Hsieh

Title: MHC Program Head

Email: [dhsieh@dmh.lacounty.gov](mailto:dhsieh@dmh.lacounty.gov) Date: 5-14-2025

Program Manager: Derek Hsieh

District Chief: Jennifer Bailey



Both Program Manager and Chief agree to students accepted at this site.

Electronic Signature: Derek Hsieh

Date: \_\_\_\_\_