The Assessment and the Problem List

1. Assessments should contain enough information to...

- A. Understand the interrelationship between the client's symptoms/behaviors and the client as a whole person
- B. Enable the reader to see the role/influence of social determinants/life circumstances (e.g., conditions in which people are born into, grow, live, learn, and work) and social identity (e.g., culture, religion, spirituality) in the client's life.
- C. See the impact of significant supports, living situation, substance use, etc. on the mental health of the client
- D. Allow the client and staff to collaborate in the development of a mutually agreed upon plan of treatment and recovery based on the formulation
- E. All the Above

2. Which of the following is <u>NOT</u> part of the intended purpose of the Problem List?

- A. Provide a snapshot of a client's problems that represents significant symptoms and needs identified during the assessment and throughout the course of the client's treatment
- B. Replace the need for documentation of the care or treatment plan
- C. Allow treatment team, or anyone encountering the client, to get a quick global view of the client's issues without having to go through the assessment or other documents in the clinical record
- D. Method of quickly sharing information to coordinate care with other providers and agencies

3. The Problem List is required to include which of the following:

- A. Goals for treatment
- B. Symptoms, conditions, diagnoses, social drivers and/or risk factors identified through the Assessment, diagnostic evaluation, crisis encounters, or other types of service encounters
- C. Problems identified by the therapist only
- 4. The Problem List is related to the Assessment in that it provides a snapshot of the important information about the client such as symptoms, conditions, diagnoses, social drivers and/or risk factors that were identified through the assessment process.
 - A. True
 - B. False