



Centro de Bienestar Wellness Program

6330 Rugby Ave, Suite 200
Huntington Park, CA 90255

Phone: 323.826.6300

Fax: 213.652.1844

Se Habla Español

Hours of Operation

Monday – Friday

8:00 a.m. – 5:00 p.m.



LACDMH Values

Integrity. We conduct ourselves professionally according to the highest ethical standards.

Respect. We recognize the uniqueness of every individual and treat all people in a way that affirms their personal worth and dignity.

Accountability. We take responsibility for our choices and their outcomes.

Collaboration. We work together toward common goals by partnering with the whole community, sharing knowledge, building strong consensus and sharing decision-making.

Dedication. We will do whatever it takes to improve the lives of our clients and communities.

Transparency. We openly convey our ideas, decisions and outcomes to ensure trust in our organization.

Quality and Excellence. We identify the highest personal, organizational, professional and clinical standards and commit ourselves to achieving those standards by continually improving every aspect of our performance.

If you are in crisis and need help right away, call our 24/7 toll-free Help Line: 800.854.7771

Those with hearing or speech disabilities may [call 711](#) and ask the operator – who will serve as the interpreter between the caller and our staff – to call our Help Line.

dmh.lacounty.gov



▶▶ **Rio Hondo MHC –
Centro de Bienestar
Wellness Program**



LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
hope. recovery. wellbeing.



About

The Los Angeles County Department of Mental Health (LACDMH) Rio Hondo Centro de Bienestar began as a Wellness Center in Huntington Park. In response to community feedback, LACDMH increased staffing at Centro de Bienestar to provide comprehensive specialty mental health services.

Eligibility

We offer services to adults ages 18 and older who need mental health services. Adults eligible for services include those who need specialty mental health services and those who have co-occurring substance use disorders.

Team Approach

Services are offered through a multi-disciplinary team that includes:

- Psychiatrists
- Registered nurses
- Therapists
- Case managers
- Substance abuse counselors

Services Offered

- Screening and assessment
- Individual therapy
- Group therapy
- Medication evaluation and management
- Medication-assisted treatment for substance use disorders
- Case management
- Treatment planning
- Care coordination
- LPS designated staff for crisis evaluation

Notice to Patients

Rio Hondo Centro de Bienestar serves all patients regardless of their ability to pay. Discounts for essential services are based on family size and income. For more information, ask to speak to a Financial Services worker.

