### **Latino UsCC - Meeting Minutes**

**Date:** January 21, 2025

Attendees: Alexis Lopez; Alice Noriega Torres; Angel Marin; Barbara Rabelo; Betty Mendoza; Blanca Watson; Blanca Soto; *Richard (captioner)*; *Carmen Perez (presenter)*; *Dr. Chiyah Lawrence*; *Claudia (interpreter)*; *Claudia Fierro*; *Claudia Lindgren (interpreter)*; Danny Jestakom; Dr. Luis Guzman; Gabriela Gonzalez; Gabriela Velasquez; *Dr. Gina Obiakor (presenter)*; Gustavo Loera; Idalia Gallardo; Irma Velasquez; Jenn Yates; *Dr. Jennifer Alquijay*; Jennyfer Ibarra-McMahon; Jessica Valadez; *Jorge Urrea (presenter)*; *Julie Matsumoto (presenter)*; Karina Palma-Rojas; Laura Iniguez Segura; Lorena Barbosa; *Lucy (interpreter)*; Maria Elena Arauco; Maria Guerra; Martha Ortiz; *Martha Sanchez (presenter)*; *Mirtala Parada Ward*; Noura Amami; Patricia Veliz Macal; *riKu Matsuda*; Sara Z Mijares; Susana Ascencion; *Tsu Yen Chen*; *Yailin Noriega*; Yanettas; Yolanda Becerra Jones; Zuleima Molgado

# Agenda:

#### 1. Welcome and Introductions:

- Jennifer facilitated introductions and clarified that the meeting would be in English, with Spanish translation available.
- Participants introduced themselves, shared their origins, and spoke about notable cultural aspects of their countries.

### 2. Land Acknowledgment:

### 3. Approval of Minutes:

Minutes from the previous meeting were presented and approved.

#### 4. Presentations:

- Carmen Perez presented on the "Personalismo Advocacy and Latino Mental Health Equity Project," including objectives, implementation, and outcomes.
- Breaking Bread Podcast and YouTube Series: Julie Matsumoto and Jorge
  Urrea discussed their initiative to address mental health among transitional-aged youth through culinary arts.
- Latina Empowerment Program: Martha Sanchez provided updates on workshops empowering Latina survivors of domestic violence.

 Latino Social Media Campaign: Dr. Gina Obiakor introduced a campaign to address mental health awareness using culturally relevant social media strategies.

### 5. Technical and Logistical Challenges:

 Several technical difficulties occurred, including connectivity issues and background noise on the Spanish line.

## 6. Other Updates:

 Community members shared ongoing and completed projects, emphasizing cultural preservation, community health, and mental health advocacy.

## 7. Closing Remarks:

 Participants were encouraged to review additional materials shared in the chat and prepare for upcoming meetings.