



## ▶▶ SA 7 Roybal Family Mental Health Center Wellness Warriors

**Wednesdays from 4:00 – 5:00 PM**

**Roybal Family Mental Health Center**

4701 East Cesar E. Chavez Ave., Los Angeles, CA 90022

Are you looking for a fun and supportive environment where your child can learn about mental health and coping skills? Our Wellness Warriors group can help your child learn about feelings, practice coping skills, and connect with peers.

This group is for youth between the ages of **9 to 12** years old.

For more information, please contact Mari Loera, Mental Health Clinical Supervisor, at 323-267-3400. To enroll in this group, scan the QR code and submit your information. A member of our team will contact you to verify enrollment.



LOS ANGELES COUNTY  
**DEPARTMENT OF  
MENTAL HEALTH**  
hope. recovery. wellbeing.